

High School Transition Toolkit

TRANSITION CHECKLIST



Consider the following checklist of skills, activities, and services when creating your child's high school transition plan for his/her IEP.

Independent Living

Identify skills and abilities that will help your son or daughter be as independent as possible:

- ☐ Money management/budgeting
- ☐ Opening a line of credit (to establish credit history)
- ☐ Bill paying
- ☐ Decision-making
- ☐ Self-advocacy
- ☐ Sex education
- ☐ Registering to vote
- ☐ Communication
- ☐ Transportation training
- ☐ Daily living skills (e.g., cooking, shopping)

Financial and Legal

- ☐ Apply for Supplemental Security Income (SSI).
- ☐ Arrange for a Representative Payee for SSI benefits (if money management is a concern).
- ☐ Seek benefits planning (including Social Security Work Incentives, such as PASS and IRWE).
- ☐ Establish a special needs trust.
- ☐ Seek guardianship (if less restrictive decision-making alternatives are not appropriate).

Social/Recreational

- ☐ Build friendships outside the family.
- ☐ Create a circle of support (family, friends, neighbors).
- ☐ Identify and connect with groups that share similar interests, such as:
 - Athletic
 - Faith-Based
 - Creative
 - Technological
 - Humanitarian
 - Environmental
 - Civic/Leadership

Employment/Post-Secondary Education

- ☐ Identify potential jobs/careers.
- ☐ Identify personal contacts useful in finding jobs.
- ☐ Research college programs.
- ☐ Gain work experience.
- ☐ Practice job skills.
- ☐ Obtain Assistive Technology and Training.
- ☐ Apply for employment services from DVR (last year of school) and DDA (age 21).

Adult employment services are provided through the Division of Vocational Rehabilitation (DVR) and the Developmental Disabilities Administration (DDA). Learn more: informingfamilies.org/employment.

Health & Safety

Identify needed skills and/or resources to be healthy and safe:

- ☐ Emergency recognition and response
- ☐ Personal care/hygiene
- ☐ Counseling
- ☐ Healthy relationships
- ☐ Physical/Occupational therapy
- ☐ Adult medical care provider

TIP for IEPs

Talk to the IEP Team about ways to include supports and instruction needed to reach goals that meet the student's needs.

Housing and In-Home Supports

- ☐ Apply for DDA services/supports (e.g., Personal Care, Supported Living, Companion Home, Adult Family Home).
- ☐ Apply for HUD federal housing assistance. (Contact your local Housing Authority to find out how long the waiting list is.)