



Leaving Home in an Emergency

A visual guide



Sometimes an emergency, such as a wild fire, flood, storm, earthquake, power outage or heat wave, may happen near my home. If it is not safe, I may need to leave home for awhile.



EARTHQUAKES



FLOODS



FOREST FIRES



HEATWAVES



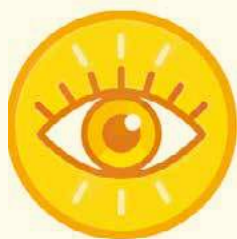
EXTREME WEATHER EVENT

What I might notice



HEAR

I may hear alarms, sirens, phones or people talking quickly.



SEE

I may see bright lights, water, smoke, fire, or other things that I don't usually see. I might also see emergency responders such as police, firefighters, or emergency medical professionals.



FEEL

It is okay if I feel worried, confused, upset or scared. The people supporting me will help me understand what is happening and stay safe.





Getting ready to leave

We may need to get ready to leave. We will pack things we might need like medications, equipment, and supplies. We will have them ready in case we need to go.



Leaving Home



Emergency workers may tell us to leave home. This is called an evacuation. We may need to leave quickly.

We may travel in different types of vehicles.



I can use headphones, sunglasses, a communication tool or a comfort item to help me stay calm.



Getting the support I need

I may need help with medication, eating, breathing, moving, using the restroom, communicating, personal care or staying calm.





My support person can explain my needs and share my emergency information with responders.



I can communicate by speaking, pointing, signing, writing, using pictures or using a communication device.

Staying somewhere safe

We may go to a family member's home, hotel, hospital, shelter or another safe place. The new place may be unfamiliar, noisy, bright or crowded. My schedule may change, and I may need to wait.



Getting the support I need

We will return home when emergency officials say it is safe.



My home or neighborhood may look different, and some services may not be working. The people supporting me will make sure the home and my equipment are safe.

It may take time for routines to return to normal.





My Emergency Information

About Me

My name:

I like to be called:

My address:

How I communicate:

Primary support person and
phone number:

Another emergency contact:

Responders Should Know

My medical needs,
medications, and equipment:

My mobility and personal
care needs:

My food, feeding, or allergy
needs:

My sensory or emotional
support needs:

Things that help me feel calm:

Things that may cause
distress:

My preferred hospital or
medical provider:

My Emergency Plan

Who will help me leave:

How I will travel:

Where my emergency
supplies are kept:

Plan for pets and service
animals:

Anything else responders
should know: