



Person-Centered Planning

Everyone deserves a chance to be heard, share what matters to them, and set goals for the future. Person-Centered Planning helps make that happen.



What is person centered planning?

Person-Centered Planning (PCP) is a facilitated process that helps people with developmental and intellectual disabilities plan for their future. PCP supports people during key transitions such as starting in a transition program, graduating from school, starting work, retiring, or finding new roles in the community. Together with a facilitator and trusted supports the person leaves with a visual plan that shows what matters most to them and clear next steps.

Topics Covered:

- History and experience
- Strengths, gifts and talents
- Skills and interests
- What works/what doesn't work
- Vision and goals for the future
- Next steps toward inspired action



Who is involved in the planning process?

The focus person must be present and can invite anyone they would like to participate. A neutral facilitator will guide the conversation and record what is shared. Other participants may include school staff, parents or guardians, family members, friends, specialists, service providers, caregivers, or other community members chosen by the focus person.

How is Person-Centered Planning different from a Person-Centered Service Plan?



- **Person-Centered Planning (PCP)** is a voluntary, creative process with a facilitator. It focuses on the person's strengths, goals, and future, creating a visual plan with clear next steps.
- **Person-Centered Service Plan (PCSP)** is a required plan created with a Case Resource Manager through the Developmental Disabilities Administration (DDA). It documents eligibility, services, and supports.

PCP process at a glance

-  **Meet & Greet**
Connect with the facilitator, discuss what's important, and learn about the process.
-  **Planning Meeting**
Everyone gathers to support the person, talk about their life, and explore what's possible.
-  **Create the Plan**
The facilitator will turn the conversation into a clear, easy-to-follow plan.
-  **Follow-Up Meeting**
Review the completed plan, celebrate progress, and adjust next steps if needed.

How to request Person-Centered Planning services

To request a PCP, contact your DDA Case Resource Manager, county coordinator, school, or employment provider to ask about access to a facilitator. PCP is available through DDA for individuals on the The Individual and Family Services (IFS) waiver, Children's Intensive In-Home Behavioral Support (CIIBS) waiver or Individual Technical Assistance.

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