



Young Hearts, Big Impact:

How To Teach Your Kids About the Global Water Crisis

Fun Ways To Help Your Kids Understand the Importance of Clean Water



In this guide, you'll find a collection of discussion questions and activities designed to help children understand the global water crisis through the eyes of Diana, a 6-year-old girl from a small village in Uganda. By exploring Diana's story, young learners can build empathy by recognizing the struggle of others, grasp the importance of clean water, and feel inspired to take action. This guide aims to foster empathy, understanding, and a sense of empowerment among children aged 4-8.

Diana's Story

Diana lives in a small village in Uganda. She's 6 years old, with bright eyes and a big smile.

She loves to learn, play, and make new friends.

Every morning, Diana wakes up before the sun. But unlike many other kids her age, Diana doesn't get ready for school. Instead, she has a big job to do.



Diana has to walk a long way to get water for her family.

She puts on her well worn shoes and picks up a big, empty jug. She waves goodbye to her little brother and starts her journey.

The path is always dusty and full of rocks. But Diana keeps walking because her family needs water.



After walking for what feels like forever, Diana finally reaches a pond. The water is brown and muddy. It doesn't look like the clean water you get from the tap at home. But it's the only water Diana has.

She carefully fills her jug with the dirty water. It gets heavy, and Diana has to use all her strength to lift it. She starts the long walk back home, the sun getting hotter and hotter.

By the time Diana gets back to her village, she is tired and thirsty. But the water must be strained and boiled carefully before she can drink it.



Diana helps her mother strain the water through a cloth to remove some of the dirt and bugs. Then, they put the water in a pot to boil. It takes a long time, and Diana is very thirsty, but she knows she has to wait.



Recently, she's heard that a village nearby has just gotten a fresh water tap. This means they have clean water flowing right from a pipe in their village! Other kids like her don't have to walk for hours to get dirty water anymore. They can just turn on the tap!

She imagines how wonderful it would be to have a tap in her own village.

She pictures children her age running up to the tap with their cups and jugs. They turn the handle, and clean, sparkling water pours out. The children drink the water, laughing and smiling.

Diana dreams of a future where her village
gets a fresh water tap too.

Maybe she and her family can have clean water. Instead of walking
for hours, she can go to school every day, ready to learn and play.
She won't have the heavy burden of fetching water.



But until then, she'll keep walking.

Discussion Questions and Activities

Objective: Help children understand the global water crisis through Diana's story and develop empathy for those affected.

Age Group: 4-8 years old

Discussion Questions:

1. Understanding Diana's Life:

What does Diana have to do every morning instead of going to school?

Why is the water Diana collects not safe to drink right away?

2. Empathy Building:

How would you feel if you had to walk a long way every day to get water for your family?

What do you think it would be like to drink water that isn't clean?

3. Dreaming of a Better Future:

What exciting news did Diana hear about the nearby village?

How would Diana's life change if her village got a fresh water tap?

4. Taking Action:

Why do you think it's important for everyone to have clean water?

How can we help kids like Diana get clean water?



Activities:

Water Carrying Challenge:

Materials: A small jug or bucket filled with water.

Activity: Have the children try to carry the jug or bucket for a short distance. Discuss how it felt and how hard it must be for Diana to do this every day.

Discussion: Ask how carrying the water made them feel and how they think Diana feels doing this every morning.

Drawing and Storytelling:

Materials: Paper, crayons, or markers.

Activity: Encourage the children to draw a picture of Diana's village before and after getting a fresh water tap.

Discussion: Have them explain their drawings and talk about how the clean water changes life for Diana and her friends.

Water Filter Experiment:

Materials: A tea towel, an empty bucket, and a container of dirty water (use water mixed with soil).

Activity: Create a simple water filter by placing the towel over the top of the bucket. Pour the dirty water through and watch it strain out the big pieces of dirt and debris.

Discussion: Explain that even though this filter helps, it's still important to have a source of clean water. Discuss why Diana's family has to boil their water even after filtering.

Map Activity:

Materials: A map of the world or a globe.

Activity: Show the children where Uganda is on the map and compare it to where they live.

Discussion: Talk about how different places around the world face different challenges with water and why it's important to help each other.

By using these discussion questions and activities, children can better understand the challenges faced by Diana and other kids like her, develop empathy, and feel empowered to help make a difference.



Take Action

At Acts for Water, we are dedicated to transforming lives by providing clean and accessible water to communities who need it the most. We are motivated by the belief that clean water is a fundamental human right. We focus on practical expressions of love and delivering clean water to everyone. No strings attached.

Our goal is to create sustainable solutions that will help communities well into the future.

With your love, you can help children like Diana access the clean water they desperately need. You can be a part of turning dreams of fresh water taps into reality. Your gift allows children to go to school, play, and thrive without the daily burden of fetching water.

Let's work together to create a world where clean water is accessible to all.



Donate Today

Your gift of \$24 provides one girl with clean water and access to a toilet for her entire education. No gift is too small.



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