

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Administrative Holiday

1

8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- Room **B-27**
10:30 a.m. Chapel -**JC**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

2

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands - **VSR**
11:00 a.m. Lunch at Thunderbay Grill-**ML**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

3

8:45 a.m. Strong Stability & Balance- **VSR**
9:30 a.m. Musical Moments-**VSR**
10:00 a.m. Late Bloomers Garden Club **RGP**
1:30 p.m. Cookies from Countries-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

4

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands - **VSR**
10:00 a.m. Nails with Lisa-**Room B-27**
1:00 p.m. Fashion Show-**CTC**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

5

12:00 p.m. Moments of Music with Margaret-**ML**

6

7

10:00 a.m. Chapel-**JC**

8

8:45 a.m. Sit & Be Fit-**VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel -**JC**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**
4:00 p.m. Happy Hour-**ML**

9

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Healthy Hands - **VSR**
10:15 a.m. Morning Bingo with RU Students -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

10

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Musical Moments-**VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
1:00 p.m. DC Winery-**ML**
3:45 p.m. Trivia with Lisa-**APL**

11

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Healthy Hands - **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

12

12:00 p.m. Moments of Music with Margaret-**ML**

13

14

10:00 a.m. Chapel-**JC**

15

8:45 a.m. Sit & Be Fit-**VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel -**JC**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

16

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Healthy Hands - **VSR**
11:00 a.m. Nails with Lisa- **Room B-27**
1:00 p.m. Edwards Apple Orchard -**ML**
3:45 p.m. Trivia with Lisa-**APL**

17

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Musical Moments-**VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
1:30 p.m. Entertainment with Ed Pawelski -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

18

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Healthy Hands - **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

19

12:00 p.m. Moments of Music with Margaret-**ML**

20

21

10:00 a.m. Chapel-**JC**

22

8:45 a.m. Sit & Be Fit-**VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- Room B-27
10:30 a.m. Chapel -**JC**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**
4:00 p.m. Happy Hour-**ML**

23

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Healthy Hands - **VSR**
11:00 a.m. Casino lunch trip-**ML**
3:45 p.m. Trivia with Lisa-**APL**

24

8:45 a.m. Strong Stability & Balance - **VSR**
9:30 a.m. Musical Moments-**VSR**
10:00 a.m. Resident Council meeting-**WP**
1:30 p.m. Let's Tie Dye -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

25

8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
2:00 p.m. Bingo -**VSR**
3:45 p.m. Trivia with Lisa-**APL**

26

12:00 p.m. Moments of Music with Margaret-**ML**

27

28

10:00 a.m. Chapel-**JC**

29

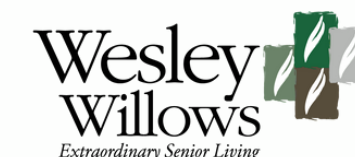
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8:45 a.m. Strong Stability & Balance - **VSR**
10:00 a.m. Nails with Lisa- Room B-27
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3:45 p.m. Trivia with Lisa-**APL**

30

September

Assisted Living Calendar



Location Key

WP - Willows Place **VSR** - Van Sickle
Room JC - Johns Chapel **ME** - Main
Entrance **RGP** - Rose Garden Patio
ML - Main Lobby **SL** - Swingley Lounge
APL - Arbor Plus Lounge