Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted Living Calendar



(5)

Tentien Kyn

WP - Willows Place **VSR -** Van Sickle Room JC - Johns Chapel ME - Main Entrance **RGP** - Rose Garden Patio **ML-**Main Lobby **SL -** Swingley Lounge **APL -** Arbor Plus Lounge **PR** - Pool Room

(6)

8:00 a.m. Billiards - PR 8:45 a.m. Sit & Be Fit- VSR 9:30 a.m. Healthy Hands - VSR 10:30 a.m. Lunch at Smokey Bones-ML 2:00 p.m. Cardio Drumming-VSR 3:45 p.m. Trivia with Lisa-APL

(8)

29

(2)8:45 a.m. Strong Stability & Balance- VSR 9:30 a.m. Musical Moments-VSR 10:00 a.m. Morning Showdown Games with Lisa-**APL** 1:30 p.m. Crafty creations-VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Sit & Be Fit- VSR 9:30 a.m. Healthy Hands - VSR 10:00 a.m. Nails with Lisa-Room B-27 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL

10:00 a.m. Kickstart Independent morning Games-APL 12:00 p.m. Moments of Music with Margaret-**ML**

10:00 a.m. Chapel-**JC**

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8:45 a.m. Sit & Be Fit-VSR 9:30 a.m. Healthy Hands-VSR **10:00 a.m.** Morning Showdown Games with Lisa-**APL** 2:00 p.m. Cardio Drumming -VSR

3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa-Room B-27 **10:30 a.m.** Chapel -**JC** 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL 4:00 p.m. Happy Hour-ML

8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Healthy Hands - VSR 3:45 p.m. Trivia with Lisa-APL

(9)8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Musical Moments-VSR 10:00 a.m. Morning Showdown Games with Lisa-APL 1:30 p.m. Barber Shop Chorus-VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & LO:00 a.m. Kickstart Independent Balance - VSR morning Games-APL 9:30 a.m. Healthy Hands - VSR 12:00 p.m. Moments of Music 10:00 a.m. Nails with Lisa- Room B-27 with Margaret-**ML** 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL

(10)

(17)

(13) 8:45 a.m. Sit & Be Fit-VSR 9:30 a.m. Healthy Hands-VSR **10:00 a.m**. Morning Showdown Games with Lisa-APL 2:00 p.m. Cardio Drumming -VSR

3:45 p.m. Trivia with Lisa-APL

(14)8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa-Room B-27 **10:30 a.m.** Chapel -**JC** 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL 4:00 p.m. Happy Hour-ML

8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Healthy Hands - VSR 11:00 a.m. Nails with Lisa- Room B-27 12:30 p.m. Pumpkin Patch -ML 3:45 p.m. Trivia with Lisa-APL

(16)8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Musical Moments-VSR **10:00 a.m.** Morning Showdown Games with Lisa-APL 1:30 p.m. Entertainment with Ed Pawelski -VSR

9:30 a.m. Healthy Hands - VSR 10:00 a.m. Nails with Lisa-Room B-27 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability &

Balance - VSR

10:00 a.m. Kickstart Independent morning Games-APL 12:00 p.m. Moments of Music with Margaret-ML

(18)

(25)

(19)

(20) 8:45 a.m. Sit & Be Fit-VSR 9:30 a.m. Healthy Hands-VSR 10:00 a.m. Morning Showdown Games with Lisa-APL 2:00 p.m. Cardio Drumming -VSR

3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa- Room B-27 10:30 a.m. Chapel -JC 2:00 p.m. Bingo -VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Healthy Hands - VSR 10:30 a.m. Casino lunch trip-ML 3:45 p.m. Trivia with Lisa-APL

(23) 8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Musical Moments-VSR **10:00 a.m.** Morning Showdown Games with Lisa-APL 1:30 p.m. Cookies from Countries:

3:45 p.m. Trivia with Lisa-APL

Romania-VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa- Room B-27 2:00 p.m. Bingo -VSR 3:00 p.m. Schedar the German Shepard Visit -VSR 3:45 p.m. Trivia with Lisa-APL

10:00 a.m. Kickstart Independent morning Games-APL 12:00 p.m. Moments of Music with Margaret-ML

(26)

10:00 a.m. Chapel-JC

10:00 a.m. Chapel-**JC**

(27) 8:45 a.m. Strong Stability & Balance - VSR **10:00 a.m.** Morning Showdown Games with Lisa-APL **10:30 a.m.** Chapel -**JC** 2:00 p.m. Cardio Drumming -VSR

3:45 p.m. Trivia with Lisa-APL

(28) 8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa- Room B-27 10:30 a.m. Chapel -JC 2:00 p.m. Halloween Bingo -VSR 3:45 p.m. Trivia with Lisa-APL 4:00 p.m. Happy Hour-ML

8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Healthy Hands - VSR 3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 9:30 a.m. Musical Moments-VSR 10:00 a.m. Resident Council Meeting-12:30 p.m. Haunted Bus Tour -ML

3:45 p.m. Trivia with Lisa-APL

8:45 a.m. Strong Stability & Balance - VSR 10:00 a.m. Nails with Lisa-Room B-27 1:00 p.m. Halloween Carnival -WP

October