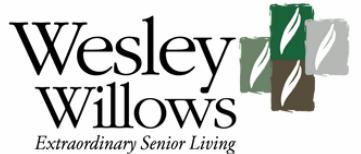


Sunday

Assisted Living Calendar

**Monday**

Location Key

WP - Willows Place **VSR** - Van Sickle Room
JC - Johns Chapel
RGP - Rose Garden Patio
ML - Main Lobby **SL** - Swingley Lounge
AR - Activity Room 2nd Floor C Wing
PR - Pool Room

Tuesday**Wednesday****Thursday****Friday****Saturday**

10:00 a.m. Chapel-JC

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
10:00 a.m. Morning Showdown Games with Lisa-AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa -AR
6:00 p.m. Name that Tune-AR
7:00 p.m. Reminisce-AR

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:30 a.m. Lunch at Spring Garden-ML
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown Games with Lisa-AR
1:30 p.m. Crafty Creations-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music with Margaret-ML
1:00 p.m. Who am I challenge-AR

10:00 a.m. Chapel-JC

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
10:00 a.m. Morning Showdown Games with Lisa-AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Nails with Lisa- AR
10:30 a.m. Chapel -JC
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:00 p.m. Bake & Taste-VSR
7:00 p.m. Tea Time Chats-VSR

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit- VSR
9:30 a.m. Healthy Hands - VSR
1:30 p.m. Pub Style Trivia -AR
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown Games with Lisa-AR
1:30 p.m. Entertainer: Ed Pawelski-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music with Margaret-ML
1:00 p.m. Name that Tune-AR

10:00 a.m. Chapel-JC

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
2:00 p.m. Cardio Drumming -VSR
1:00 p.m. Movie Matinee-AR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Nails with Lisa- AL
10:30 a.m. Chapel -JC
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:00 p.m. Mocktails & Masterpieces-VSR
7:00 p.m. Soup for the Soul-AR

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:30 a.m. Casino Trip-ML
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown Games with Lisa-AR
1:30 p.m. Cookies from Countries-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music with Margaret-ML
1:00 p.m. UnscrambleAR

10:00 a.m. Chapel-JC

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Morning Showdown Games with Lisa-AR
10:30 a.m. Chapel -JC
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
10:00 a.m. Nails with Lisa- Room B-27
10:30 a.m. Chapel -JC
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:00 p.m. Show & Tell-VSR
7:00 p.m. Reminisce -AR

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
12:30 p.m. Snow Sculptures-ML
3:45 p.m. Trivia with Lisa-ML

8:45 a.m. Strong Stability & Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Resident Council Meeting-WP
1:30 p.m. Hot Cocoa Bar-VSR
3:45 p.m. Trivia with Lisa-AR

8:45 a.m. Strong Stability & Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music with Margaret-ML
1:00 p.m. Finisce the Phrase-AR

January