

Sunday

Assisted Living Calendar



Monday

Location Key

WP – Willows Place **VSR** – Van Sickle Room
JC – Johns Chapel
RGP – Rose Garden Patio
ML-Main Lobby **SL** – Swingley Lounge
AR – Activity Room 2nd Floor C Wing
PR – Pool Room

Tuesday

Wednesday

Thursday

Friday

Saturday



1

2

3

8 :45 a.m. Sit & Be Fit- VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Morning Bingo -VSR
1:00 p.m. Movie Matinee-VSR

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music
with Margaret-ML
1:00 p.m. Who am I challenge-AR

4

10:00 a.m. Chapel-JC

5

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
10:00 a.m. Morning Showdown Games
with Lisa-AR
1:00 p.m. Movie Matinee-AR-
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

6

8:45 a.m. Strong Stability &
Balance - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa -AR
6:00 p.m. Name that Tune-AR
7:00 p.m. Reminisce-AR

7

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability & Balance -
VSR
9:30 a.m. Healthy Hands - VSR
10:30 a.m. Lunch at Spring Garden-ML
3:45 p.m. Trivia with Lisa-AR

8

8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown Games
with Lisa-AR
1:30 p.m. Crafty Creations-VSR
3:45 p.m. Trivia with Lisa-AR

9

8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

10

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music
with Margaret-ML
1:00 p.m. Hangman Challenge-AR

11

10:00 a.m. Chapel-JC

12

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
10:00 a.m. Morning Showdown Games
with Lisa-AR
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

13

8:45 a.m. Strong Stability &
Balance - VSR
10:00 a.m. Nails with Lisa- AR
10:30 a.m. Chapel -JC
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:00 p.m. Bake & Taste-VSR
7:00 p.m. Tea Time Chats-VSR

14

8:00 a.m. Billiards - PR
8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands - VSR
1:30 p.m. Pub Style Trivia -AR
2:00 p.m. Cardio Drumming-VSR
3:45 p.m. Trivia with Lisa-AR

15

8:45 a.m. Strong Stability
& Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown
Games with Lisa-AR
1:30 p.m. Entertainer: Ed Pawelski-VSR
3:45 p.m. Trivia with Lisa-AR

16

8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa-AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

17

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music
with Margaret-ML
1:00 p.m. Name that Tune-AR

18

10:00 a.m. Chapel-JC

19

8:45 a.m. Sit & Be Fit-VSR
9:30 a.m. Healthy Hands-VSR
2:00 p.m. Cardio Drumming -VSR
1:00 p.m. Movie Matinee-AR
3:45 p.m. Trivia with Lisa-AR

20

8:45 a.m. Strong Stability &
Balance - VSR
10:00 a.m. Nails with Lisa- AL
10:30 a.m. Chapel -JC
2:00 p.m. Bingo-VSR
3:45 p.m. Trivia with Lisa-AR
6:00 p.m. Mocktails & Masterpieces-VSR
7:00 p.m. Soup for the Soul-AR

21

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Healthy Hands - **VSR**
10:30 a.m. Casino Trip-ML
3:45 p.m. Trivia with Lisa-AR

22

8:45 a.m. Strong Stability
& Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Morning Showdown
Games with Lisa-AR
1:30 p.m. Cookies from Countries-VSR
3:45 p.m. Trivia with Lisa-AR

23

8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

24

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music
with Margaret-ML
1:00 p.m. UnscrambleAR

25

10:00 a.m. Chapel-JC

26

8:45 a.m. Strong Stability &
Balance - VSR
10:00 a.m. Morning Showdown Games
with Lisa-AR
10:30 a.m. Chapel -JC
1:00 p.m. Movie Matinee-AR
2:00 p.m. Cardio Drumming -VSR
3:45 p.m. Trivia with Lisa-AR

27

8:45 a.m. Strong Stability &
Balance - VSR
10:00 a.m. Nails with Lisa- Room B-27
10:30 a.m. Chapel -JC
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR
4:00 p.m. Happy Hour-ML
6:00 p.m. Show & Tell-VSR
7:00 p.m. Reminisce -AR

28

:00 a.m. Billiards - PR
8:45 a.m. Strong Stability &
Balance - **VSR**
9:30 a.m. Healthy Hands - VSR
12:30 p.m. Snow Sculptures-ML
3:45 p.m. Trivia with Lisa-ML

29

8:45 a.m. Strong Stability
& Balance- VSR
9:30 a.m. Moments of Music-ML
10:00 a.m. Resident Council Meeting-
WP
1:30 p.m. Hot Cocoa Bar-VSR
3:45 p.m. Trivia with Lisa-AR

30

8:45 a.m. Strong Stability &
Balance - VSR
9:30 a.m. Healthy Hands - VSR
10:00 a.m. Nails with Lisa- AR
2:00 p.m. Bingo -VSR
3:45 p.m. Trivia with Lisa-AR

31

9:30 a.m. Mug & Mingle-AR
12:00 p.m. Moments of Music
with Margaret-ML
1:00 p.m. Finisce the Phrase-AR

January