



33 OF THE FINEST FACIALS IN LONDON

Whether you want glow, lift, hydration or improved skin health, the city's facial scene has never been better. These are the top-tier treatments worth your time, trust — and cash. *By Rose Beer*

MELANIE GRANT AT MELANIE GRANT STUDIO 129 Mount Street, W1

Best for: A luxe, less-is-more approach. "Skin responds to consistency, not novelty," celebrity facialist Melanie Grant, below right, tells me when we meet at her beautiful new Mount Street studio. Designed in partnership with designer and gallerist Rose Uniacke, it eschews the traditional clinic concept in favour of the look and feel of a residential sanctuary. And boy does it deliver. The same restraint and refinement defines Grant's highly sought-after skincare philosophy, which is to "do less, better, and always tailored". I couldn't agree more.

Treatment to try: The Bespoke Skin Health Treatment, £450 for 90 minutes. melaniegrant.com

SKIN ROCKS Multiple locations

Best for: Excellent, no-nonsense skincare. As a long time fan of Caroline Hirons's brilliantly formulated skincare, I was thrilled to discover the Skin Rocks facials are just as good. Pick from six easy-to-understand treatments that take the guesswork out of booking, each tailored on the day and finished with the brand's signature lifting or lymphatic drainage massage. If in doubt, try the popular Amplified Facial for a fresher, brighter, glowier face.

Treatment to try: The Amplified Facial, from £75. skinrocks.com

SEED TO SKIN AT LIBERTY LONDON Regent Street, W1

Best for: Superlative farm-to-face skincare. Few beauty brands have as much control over — or dedication to — what goes into their formulas as Seed to Skin. Ingredients are grown,

harvested, formulated and bottled on the founder's Tuscan estate, giving this beautiful brand remarkable traceability. Happily, the facials are just as good, pairing the exceptional products with massage and cryotherapy to lift, soothe and refresh.

Treatment to try: The Reverse Signature Facial, £140 for 60 minutes. seedtoskin.com

SARAH BRADDEN Nejati Clinic, 25A Lowndes Street, SW1

Best for: A spiritual reset. When life is overwhelming, I call cosmetic



acupuncturist and intuitive healer Sarah Bradden, who has an unrivalled ability to support body and mind. Her restorative treatment sessions are out of this world. She deals with the nervous system, skin and everything that lies beneath with a combination of acupuncture, facial massage, PEMF, light therapy, tuning forks and energy work. Your skin will glow afterwards, yes, but perhaps more importantly, you'll leave feeling like a calmer, more grounded and positive version of yourself.

Treatment to try: The Bradden Method Reset, £595. sarahbradden.com

MINA LEE 106A Draycott Avenue, SW3

Best for: Holistic, mind and body care. If you suspect your state of mind is playing out on your skin, this could be the facial for you. South Korean facialist Lee, right, has earned a reputation for treating the whole person, not just their complexion, getting to the root of stubborn skin woes and blending acupuncture, massage, reiki and carefully selected skincare

from around the world to treat them. So remarkable are her powers that her waiting list now stretches to nearly two years. While you wait, her trusted colleagues Flavia and Yoke are fab, too.

Treatment to try: The Bespoke Facial, from £375. minalee.london

IRIS MAGLANOC
Clinicity, 36 Great Titchfield Street, W1

Best for: A sculpted jawline and cheekbones. It's no exaggeration to say that I was blown away by my first facial with Iris Maglanoc. Combining a South Korean bone-setting massage called golki with myofascial release,

lymphatic drainage, craniosacral therapy and advanced Korean skin tech, the results are nothing short of remarkable. You'll leave svelte, symmetrical and grounded too.

Treatment to try: The Bespoke Facial, £350 for 90 minutes. irismaglanoc.com

AUGUSTINUS BADER AT THE SKIN LAB LONDON 17-18 Dover Street, W1

Best for: Lovers of those beautiful blue bottles.



FACE VALUE
Get the glow with a facial

THE TAKTOUK CLINIC AT THE CHANCERY ROSEWOOD 30 Grosvenor Square, W1

Best for: Five-star skin. Less than a year since opening inside the former US Embassy on Grosvenor Square, the Rosewood Clinic from Dr Wassim Taktouk, right, has become one of the capital's biggest beauty hits. The excellent Glacé Facial combines SkinCeuticals products with cupping, LED, massage and a skincare-infused oxygen blast for a luminous, glass-like complexion.

Treatment to try: The Glacé Facial, £450 for 90 minutes. drwassimtaktouk.com

JOANNE EVANS AT SKIN MATTERS 119B Portland Road, W11

Best for: Long-term skin health. Joanne Evans has 36 years of clinical experience under her belt and few facialists rival her when it comes to building healthier, more resilient skin. Treatments — all bespoke — are flawless, while you'll leave the clinic, below, feeling listened to, cared for and with



an arsenal of product recommendations to see you through until next time.

Treatment to try: The Skin Matters 360, from £515 for 120 minutes. skin-matters.co.uk

TERESA TARMEEY 206-208 Kensington Park Road, W11 and Claridge's Spa, Brook Street, W1

Best for: Serious skin solutions. Long-loved by the A-list crowd, Teresa Tarmeey is the name to know when your skin is misbehaving. Her results-driven facials deliver advanced tech and forensic attention to detail to tackle multiple concerns in a single session, from acne and scarring to pigmentation and thread veins.

Treatment to try: The Advanced Facial, from £289 for 55 minutes. teresatarmeey.com

DERMALOGICA 37 Duke of York Square and locations across town

Best for: Reliable all-round results. Whether you're after a quick glow-up, thorough extractions, or something more serious, Dermalogica's hardworking and well-priced facials deliver each time. Little wonder they have remained a beauty-editor staple for years.

Treatment to try: The LuminFusion Facial, £160 for 45 minutes. dermalogica.co.uk

DR DAVID JACK Liberty London, Regent Street, W1 and locations across town

Best for: Intelligent skin science. With a degree in anatomy and eight years of experience in NHS plastic surgery, Dr David Jack brings medical kudos to his roster of stylish clinics. My favourite is perhaps the Liberty London outpost, where the futuristic Nano Lift Collagen Treatment is the one to book.

Treatment to try: The Nano Lift Collagen Treatment, from £300 for 60 minutes. drdavidjack.com

THE ONE THAT I WANT

The places, products and protocols the skincare pros value most right now



Mina Lee
"I have long advocated PDRN [polydeoxyribonucleotide, derived from salmon DNA] so I returned to South Korea, found some of the highest purity and concentration PDRN products, tested them all and began stocking the best at my clinic. The Pyderin product range is my pick!"
From £96. getharley.com



Sarah Bradden
"Dr Barbara Sturm's Glow Drops give beautiful hydration and an instant luminosity. I couldn't be without them."
£125. spacenk.com

Karen Bartov
"The future of aesthetics is about smarter treatments, not more aggressive ones. That's why I introduced RedTouch Pro into my clinic. I'd been waiting for a technology that doesn't just treat the visible signs of ageing but also addresses the biological cause. It encourages the skin to produce new, high-quality collagen, rather than simply resurfacing the skin."



Joanne Evans
"The product I value most? Skin Matters calming gel, which I developed after seeing clients struggling with reactive, compromised skin. It calms inflammation, supports the barrier and helps the skin recover after treatments or everyday stress."
£65. skin-matters.co.uk



Nichola Joss
"I adore Nooance beauty tech right now. For me, its LED devices are a true gamechanger."
Nooance Elite X600 LED mask, £599. nooance-paris.com



Debbie Thomas
"The newest generation of IPL is XPL by Lumenis. It softens redness, pigmentation and blotchiness, while gentle fractional lasers such as LaseMD Ultra support smoother texture, luminosity and early ageing changes. The exciting part is how carefully combining technologies can improve the way skin reflects light."

Dr Priya Verma
"I could not live without Alastin A-LUMINATE brightening serum. It combines peptide technology with niacinamide and tranexamic acid to even skin tone, brighten the skin, calm inflammation and boost collagen without irritation."
£145. skintique.co.uk



BARBARA STURM BOUTIQUE & SPA 125 Mount Street, W1

Best for: A luxurious glow. A pristine Mount Street space dedicated to healthier, stronger skin, Sturm's boutique spa, above, showcases the brand's science-led, anti-inflammatory philosophy with impeccably executed treatments. Expect expert therapists, gleaming, resilient skin and sterling shopping on your way out.

Treatment to try: The STURMGLOW Oxygen Facial, £245 for 60 minutes. en.drsturm.com

111SKIN 111 Harley Street, W1

Best for: Pre-party prep. Hands up who else swears by 111Skin's sheet masks? Happily, the brand's clinically informed, skin-health-focused facials are just as impressive, delivering the kind of plump, juicy, camera-ready skin we all crave.

Treatment to try: The 3D Hollywood Facial, £330 for 60 minutes. 111harleystreet.com

THE CLINIC BY MARYAM ZAMANI 110-112 King's Road, SW3

Best for: Red carpet radiance. Regenerative pro-ageing medicine meets aesthetics at oculoplastic surgeon Dr Maryam Zamani's excellent clinic. The surgery-shy needn't stay away. Alongside her renowned aesthetic expertise, Zamani offers a generous menu of advanced facial treatments designed to enhance skin health, restore radiance and more.

Treatment to try: The Fire and Ice Hydrfacial, from £400. drmaryamzamani.com

DIMPLE AMANI 12 Beauchamp Place, SW3

Best for: Holistic facial sculpting. Having spent more than 15 years travelling the world to hone her craft, London-born facialist Dimple Amani returned with an arsenal of must-try treatments that integrate Ayurvedic principles alongside lymphatic drainage, gua sha and infrared therapy to sculpt, lift and restore. A great antidote to hectic city life.

Treatment to try: The Bespoke Facial Sculpt, £230 for 60 minutes. dimple-amani.com

DR PRIYA VERMA ART Clinic, 14A Lowndes Street, SW1

Best for: Regenerative skin health. Dr Priya Verma, left, delivers far more than subtle, refined tweaks at her elegant Belgravia clinic. Her exclusive Signature Belgravia Facial, taken while lying on an infrared PEMF mat (if you've not tried this you must), combines a personalised peel, plant-grade LED, LPG tissue stimulation, plant-derived exosomes and more to support wellbeing alongside skin. The result? Smoother, brighter, expensive-looking skin and a calmer mind.

Treatment to try: The Belgravia Facial, £295 for 90 minutes. drpriyaverma.com