

>> **HOLKHAM 10K** <<

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OUTLAW.**



HOLKHAM 10K **RACE INFORMATION**

04 July 2026

Holkham Hall, Wells-next-the-Sea,
Norfolk NR23 1RG



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EVENT PHOTOS

EVENT PHOTOS

You can pre-order high-resolution event photos at a reduced price! Get **ALL** of your high resolution official digital photos from Outlaw Nottingham when you purchase a pre-event photo bundle from our official photography partner **Two26 Photography**.

Visit the Two26 event page [here](#) to pre-order. You'll receive a minimum of 5 photos **GUARANTEED** or your money back.

EVENT SCHEDULE

SATURDAY, 5 JULY

	EVENT	TIME
Car Park Open	All	06:30
Event Expo Open	All	07:30
Registration	Gravel Sprint Holkham 10K Outlaw Half Holkham and Aquabike Future Outlaw	07:00 - 08:45 10:00 - 12:15 12:30 - 17:00 13:00 - 14:45
Transition Open	Gravel Sprint Outlaw Half Holkham and Aquabike	07:00 - 08:45 12:30 - 17:30
Race Start	Gravel Sprint Holkham 10K Future Outlaw	09:00 12:30 15:00
Outlaw Prayer	All (Lady Elizabeth Wing)	13:00



INFORMATION

EVENT INFORMATION

DIRECTIONS AND PARKING

The main entrance for the public, cars and small coaches to Holkham Park, the Hall and other attractions, is via the north gates of the estate on Park Road.

You can pre-purchase event parking for a cost of £6.50 per day.

BOOK PARKING NOW

REGISTRATION

Event Registration is held in the marquee at the back of the Event Village.

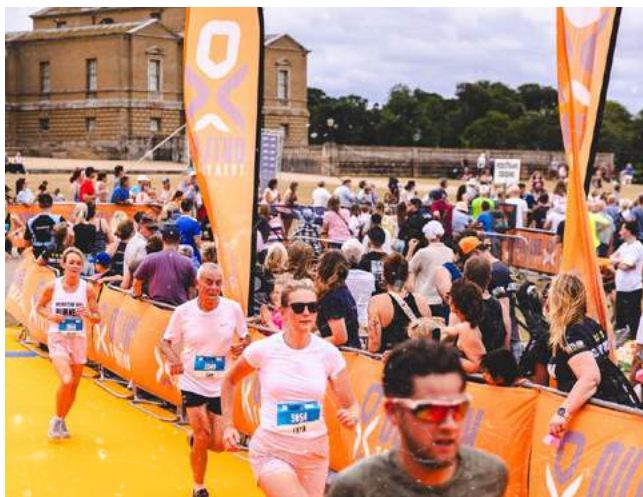
Race Pack Collection:

For entries made before 22nd June, Race Packs will be sent out in the post before the event. If you haven't received yours by race weekend then please come to the registration area and we will be able to create you a new one.

If you entered after this date, your race pack will not be sent out and you will need to collect it from registration before the event.

Identification Requirements:

At Registration, you must present photo ID.



BRIEFING AND START

Please listen carefully to the commentators before the race begins. They will announce when it's time to head to the start area and share any last-minute updates or safety information. Race numbers will be grouped by colour according to estimated finish times—please check your number and listen out for your colour group to be called. Faster runners will be guided to the front, while slower runners will be encouraged to position themselves further back. This helps everyone get off to the best possible start.

TIMING

Your race pack will contain your Race Number which will have your timing chip embedded. Please remember to bring a race belt or pins to affix your race numbers, Please do not fold or amend your race number.

MEDICAL SUPPORT

We will have a professional medical team on site who specialise in supporting events of this type. If you require medical assistance at any point, please approach an event marshal.

To help our teams to help you, please write your emergency contact details and any medical conditions/medications on the reverse of your number.

If the weather is warm, please take care to look after yourself. Use sun protection, stay hydrated and manage your pace.

CUT OFF TIME

You have 2 hours to complete the event.

THE COURSE

THE COURSE

The course is undulating and takes place on mixed terrain including unsurfaced farm roads – a normal road shoe or light trail shoe is advised. Please take care as the surface can be uneven and there will be loose stones in places.

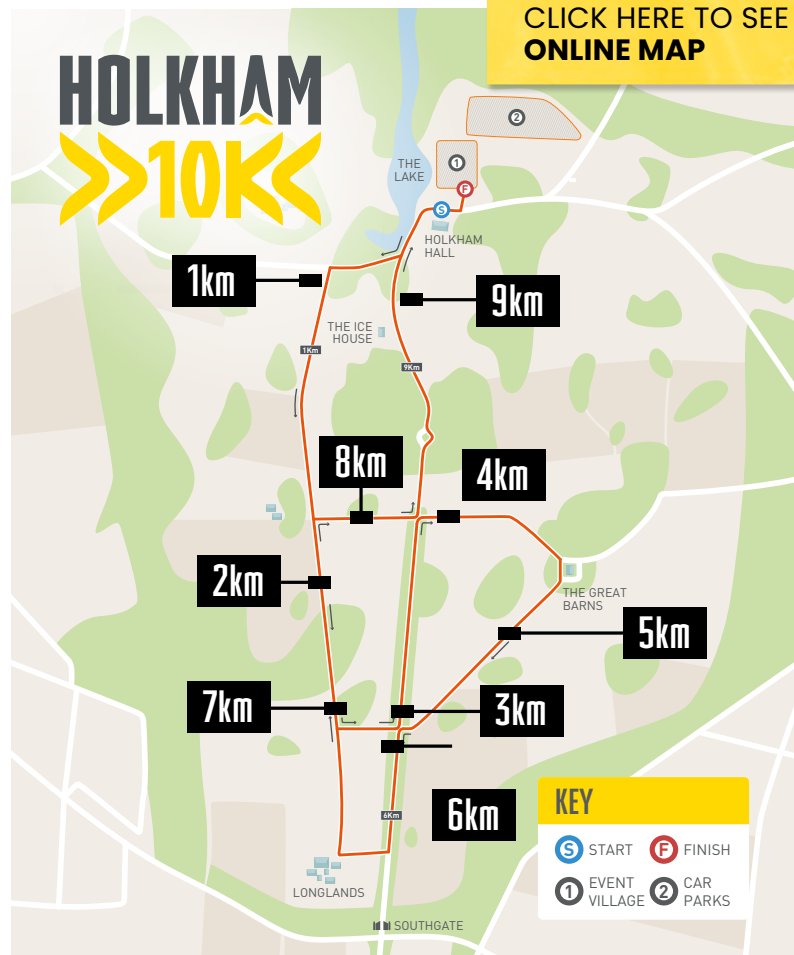
The route begins in the parking area opposite the courtyard and finishes on the famous Outlaw orange carpet in the Event Village. It will be signposted and marshals will be available to help direct you.

After crossing the start line, follow the road round the Hall before turning right towards the Walled Garden, then left onto the farm track.

Take the second left off the track then left again onto South Drive to follow a figure of 8 loop out towards the Great Barns and back onto the farm track via Longlands.

At this point, take the third right to turn back to South Drive. Turn left to head up to the Obelisk, before descending towards the finish chute with fantastic views of the lake and the house.

[CLICK HERE TO SEE ONLINE MAP](#)



DRINK STATIONS

There will be two drink stations, one at each of the cross roads on South Drive with water and HIGH5 Aqua gels. You will pass each one twice at these approximate distances:

- > 1.9 miles
- > 2.5 miles
- > 3.6 miles
- > 5.2 miles

Please do not drop litter anywhere other than in the bins.



RESULTS & AWARDS

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FINISH

When you finish, you will receive your medal and drinks will be available. You will exit at the side of the finisher's enclosure into the village.

RESULTS & AWARDS

Results will be available live on our event website outlawtriathlon.com or can be viewed on the Results Base website. Visit the framed digital display board in the Event Village to take your photo with your medal and time.

Awards will be presented at 14:00 to the winners in the Open and Female age categories. Presentations will take place on the grassed area in front of the main house.



LOST PROPERTY

Items we find or are handed in can be collected in person from the Enquiries Tent on race weekend, or returned on payment of Postage dependant upon the size of the item. Lost property will be kept for 4 weeks post event.

PARTNERS

EVENT PARTNERS



Alzheimer's Research UK - National Charity Partner

Is the charity leading the search for a cure for dementia, and we will not stop until we've found one. Through research, we will keep people connected to their families, their worlds and themselves for longer. We stand for everyone affected by dementia. We stand for their families and loved ones. We stand for a cure.



HUUB – Official Merchandise and Swim Partner

HUUB is a premium endurance sport apparel and equipment brand with an ethos of continuous improvement and deliverance of speed in all its products. Born in 2011, HUUB now dominates swim, cycle and run, promising innovation and speed. Focusing wholly on the athlete and maximising performance and comfort, the HUUB team explores both the odd and the conventional to create the best.



HIGH5 - Nutrition Partner

HIGH5 will be providing nutrition on the route and on the finish line. EnergySource Drink Citrus, ZERO hydration and Energy Gels, in a mix of flavours and consistencies, will be available at feedstations. Fuel your way to success!



TheTriCoach - Training Partner

At The Tri Coach, our mission is to provide triathlon coaching centred around the individual, not just with performance strategies, but with long-term health, resilience, and recovery in mind. We have a team of experienced, qualified coaches to help you achieve your goals! We pride ourselves on our approachable and accessible coaching for all abilities. Alongside our amazing community of like minded athletes, supporting each other towards individual goals.



GivenGain - Official Fundraising Platform Partner

As a non-profit and Foundation ourselves, we ensure more of your donations are going to the right places. Unlike other giving platforms, GivenGain doesn't make a profit out of fundraising. We believe that's the right way to do it. It's these values, combined with best-in-class features and unrivalled 1-1 support, that make us one of the fastest-growing giving platforms in the UK.



Erdinger

Is ERDINGER Alkoholfrei part of your ritual? One tradition that stands out at the end of your workout: reaching for a cold can of ERDINGER Alkoholfrei. Good luck on race day - Your post-sport ritual can unlock your true potential and ensure you have loads of fun along the way.



Sportscaped - Official Bespoke Merchandise Partner

Our Official Bespoke Merchandise Partner, offering custom frames to elevate your sports photos into stunning pieces of art that celebrate your journey.

CLUBS

OUR CLUBS



We have several clubs that we've been working with for years and we're always on the look out for new groups to join the Outlaw family and help run an area of the event. If you and your club would like to benefit from the perks we offer to clubs, please contact us on volunteers.events@the.team.

OUTLAW HOLKHAM 2026 WEEKEND CLUBS



Runners-next-the-Sea



King's Lynn Tri



Ely Tri



Dreampace



Thank you to Williams of London for providing all of the oranges, apples and bananas for our volunteers and athletes this weekend!

AN INCLUSIVE ENVIRONMENT FOR ALL ATHLETES

We're proud of our commitment to creating a welcoming, inclusive environment for all athletes, with focus on supporting female participation.

This includes women's-only toilets available at race site and feed stations with free sanitary products provided, our pregnancy deferral policy, extended cut-off times, equal prizes, strong female representation, women's specific sizing finisher t-shirts, zero tolerance on harassment and post event feedback opportunities.

THANK YOU TO ALL OUTLAWS

Our volunteers are an integral part of the Outlaw Family and we could not run our events, with the amazing atmosphere of support and care that they have, without them.

So, thank you to the Volunteers, Crew and Officials that help to organise all of our events, North Norfolk District Council and Holkham Estate, a truly amazing venue, all of our sponsors, and finally you the athlete.

> THANK YOU!

If you know someone that would like to volunteer, please share this link with them
www.outlawtriathlon.com/volunteers/

*Please note changes to this information may be required to ensure that the event is organised safely and within the law, these changes may be made without notification. The organiser has the final decision. This information is the copyright of The Team Mass Participation, reproduction of this text or style is forbidden.