

A green hospital starts with you

Outpatient care

Clinical care

Discontinuation of proton pump inhibitors without a current indication

Identifying, tampering and stopping unnecessarily used proton pump inhibitors (long-term use without indication).

Outpatient care

Clinical care

Targeted prescribing of proton pump inhibitors (as gastroprotection)

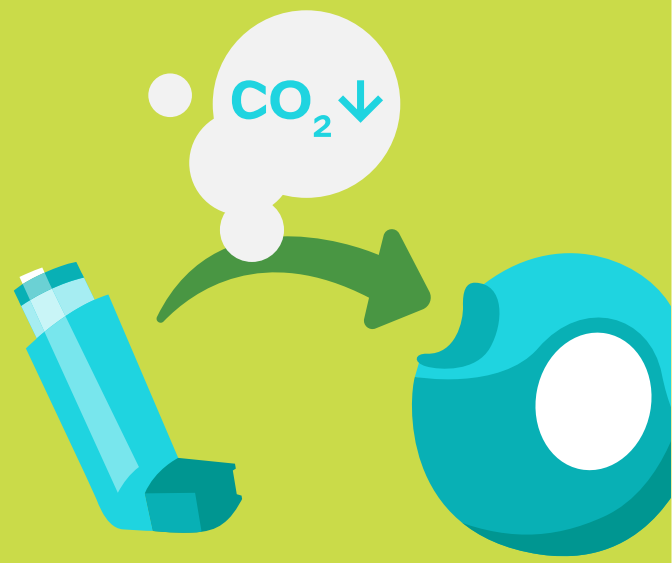
Targeted prescribing of proton pump inhibitors as gastroprotection based on risk factors, such as age, (co-)medication, history and comorbidities, according to the Proton Pump Inhibitors Knowledge Document *1.



Outpatient care

Climate-aware prescription of inhalation medication

Give preference to climate-friendly inhalation medication (dry powder inhaler, soft mist inhaler or pressured metered dose inhalers based on a more sustainable propellant) when starting therapy, or switch from a traditional pressured metered dose inhalers to a climate-friendly inhaler *2.



Clinical care

Administer paracetamol orally instead of intravenously

Administer paracetamol preferably orally instead of intravenously, unless there is a specific indication for intravenous administration.

Clinical care

Treatment with oral antibiotics when bioavailability is good

Treatment with oral antibiotics when bioavailability is good, provided there are no indications of malabsorption.

Clinical care

Administer antiemetics orally or rectally instead of intravenously

Administer antiemetics preferably orally or rectally instead of intravenously, unless there is a specific indication for intravenous administration.



Outpatient care

Clinical care

Restrictive opioid prescribing with sharing indication and intended treatment duration

Restrictive prescribing of opioids for acute pain, with a clear indication and pre-determined treatment duration.



Clinical care

Sharing the indication and intended treatment duration of multiple anticoagulant therapies with primary care

Preventing unnecessarily long use of multiple anticoagulant therapies by sharing the indication and intended treatment duration with primary care providers.

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