A green hospital starts with you

Activities of Daily Living

Reducing washing of unused (clean) linen

Take a critical look at the inventory of linen in the patient room by, for example, using a separate linen cart. As a result, after discharge, the unused linen in the room no longer needs to be washed.

Activities of Daily Living

Reducing linen use

Reduce the use of linen by using or changing linen only when necessary.

Activities of Daily Living

Reducing absorbent mat use

Reduce the use of absorbent mats by only using absorbent mats when there is an indication for this.

Activities of Daily Living

Washable underpad

Replace disposable absorbent mats with washable underpads.

Activities of Daily Living

Recycling incontinence materials

Separate collection of incontinence materials and recycling.

Monitoring parameters

Reducing blood testing

Take a critical look at the need to carry out blood tests and reduce them where possible.

Monitoring parameters

Reusable transport equipment for laboratory samples

Transporting samples from departments to labs with reusable transport equipment.

Monitoring parameters

Reusable blood pressure cuff

Replace disposable blood pressure cuffs with reusable blood pressure cuffs.

Monitoring parameters

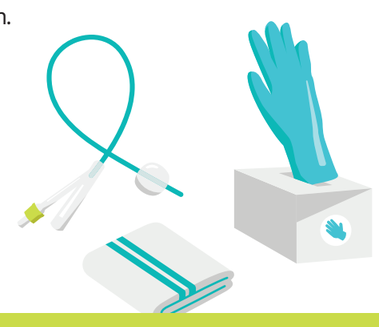
Reusable pulse oximeters

Replace disposable pulse oximeters with reusable pulse oximeters.

Nursing practice

Non-sterile bladder catheterization

Clean bladder catheterization with the no-touch technique instead of sterile bladder catheterization.



Nursing practice

Wound care irrigation with tap water

Use tap water for wound irrigation of traumatic and/or surgical wounds instead of NaCl.

Nursing practice

Reusable non-sterile suture removal materials

Replace sterile disposable suture removal material with clean, reusable materials.

Nursing practice

Using the same infusion system on every ward

Use the same infusion system across wards to avoid replacing it when patients are transferred between wards.

Nursing practice

Replacing IV lines every seven days

Reduce the frequency of changing infusion lines from once every four days to once every seven days.

Nursing practice

Reducing maintenance IV flow rate

Reduce the keep-vein-open (KVO) infusion rate (NaCl) from 5 ml/h to 2 ml/h for central and peripheral intravenous lines.

General resources

Hazardous waste collection bins

Hazardous waste is collected in waste collection bins made from recycled plastic instead of regular waste collection bins.

General resources

Paper medication cup

Replace disposable plastic medication cups with paper medication cups.

General resources

Reducing medication cup use

Reduce the use of medication cups by making a medication cup patient-specific and reusable.

General resources

Reducing glove use

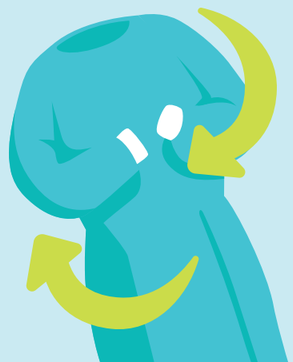
Reduce the use of (non-sterile) gloves by only using gloves when there is an indication for this.

Samen de zorg vergroenen

General resources

Reusable isolation gown

Replace disposable isolation gowns with washable isolation gowns.



General resources

Reusable baby bottle

Replace disposable baby bottles with reusable baby bottles.

Interested in learning more about the programme?

Scan the QR code for more information, or contact us at contact@samendezorgvergroenen.nl.