



Medical / Dental / Vision Rates

For associates who are paid bi-weekly
All Other Locations

Bi-weekly MEDICAL Premium*

Plan and Coverage Tier	Rate	Wellness Rate Associate only	Wellness Rate Associate and Spouse
Complete PPO			
Associate Only	\$162.46	\$139.38	\$139.38
Associate + Spouse	\$462.92	\$439.85	\$428.31
Associate + Child(ren)	\$292.62	\$269.54	\$269.54
Family	\$633.69	\$610.62	\$599.08
Balanced CDHP			
Associate Only	\$89.54	\$66.46	\$66.46
Associate + Spouse	\$255.23	\$232.15	\$220.62
Associate + Child(ren)	\$161.08	\$138.00	\$138.00
Family	\$349.38	\$326.31	\$314.77
Essentials PPO			
Associate Only	\$44.77	\$21.69	\$21.69
Associate + Spouse	\$127.38	\$104.31	\$92.77
Associate + Child(ren)	\$80.77	\$57.69	\$57.69
Family	\$174.46	\$151.38	\$139.85

More about Wellness Rates

You can reduce your per paycheck medical premiums by participating in our wellbeing program. **Save \$50/month (\$600/year) for individual coverage or \$75/month (\$900/year) for Associate + Spouse or Family coverage.**

Here's how it works:

Associates (and participating spouse) must complete 3 out of 7 items on the premium incentive checklist on Personify Health by November 30, 2025.

To get started:

Go to [Personify Health](#)
First time users must enter the passphrase "luckier-passionfruit-65" during enrollment. If you're already registered, no passphrase is needed.

Bi-weekly DENTAL Premium

Plan and Coverage Tier	Rate
Dental Enhanced	
Associate Only	\$11.08
Associate + Spouse	\$22.62
Associate + Child(ren)	\$26.77
Family	\$39.23
Dental Basic	
Associate Only	\$3.90
Associate + Spouse	\$8.35
Associate + Child(ren)	\$9.74
Family	\$14.19

Bi-weekly VISION Premium

Plan and Coverage Tier	Rate
Vision Enhanced	
Associate Only	\$1.64
Associate + Spouse	\$3.95
Associate + Child(ren)	\$2.95
Family	\$5.26
Vision Basic	
Associate Only	\$0.87
Associate + Spouse	\$2.10
Associate + Child(ren)	\$1.58
Family	\$2.78

*Rates are for both Highmark BCBS and Kaiser (CA only)