

Medical / Dental / Vision Rates

For associates who are paid weekly
All Other Locations

Weekly MEDICAL Premium*

Plan and Coverage Tier	Rate	Wellness Rate Associate only	Wellness Rate Associate and Spouse
Complete PPO			
Associate Only	\$48.00	\$36.46	\$36.46
Associate + Spouse	\$138.23	\$126.69	\$120.92
Associate + Child(ren)	\$86.31	\$74.77	\$74.77
Family	\$187.15	\$175.62	\$169.85
Balanced CDHP			
Associate Only	\$26.31	\$14.77	\$14.77
Associate + Spouse	\$75.69	\$64.15	\$58.39
Associate + Child(ren)	\$47.31	\$35.77	\$35.77
Family	\$102.69	\$91.15	\$85.38
Essentials PPO			
Associate Only	\$13.15	\$1.61	\$1.61
Associate + Spouse	\$37.85	\$26.31	\$20.54
Associate + Child(ren)	\$23.77	\$12.23	\$12.23
Family	\$51.23	\$39.69	\$33.92

More about Wellness Rates

You can reduce your per paycheck medical premiums by participating in our wellbeing program. **Save \$50/month (\$600/year) for individual coverage or \$75/month (\$900/year) for Associate + Spouse or Family coverage.**

Here's how it works:

Associates (and participating spouse) must complete 3 out of 7 items on the premium incentive checklist on Personify Health by November 30, 2025.

To get started:

Go to [Personify Health](#)
First time users must enter the passphrase "luckier-passionfruit-65" during enrollment. If you're already registered, no passphrase is needed.

Weekly DENTAL Premium

Plan and Coverage Tier	Rate
Dental Enhanced	
Associate Only	\$5.54
Associate + Spouse	\$11.31
Associate + Child(ren)	\$13.38
Family	\$19.62
Dental Basic	
Associate Only	\$1.95
Associate + Spouse	\$4.17
Associate + Child(ren)	\$4.87
Family	\$7.10

Weekly VISION Premium

Plan and Coverage Tier	Rate
Vision Enhanced	
Associate Only	\$0.82
Associate + Spouse	\$1.97
Associate + Child(ren)	\$1.48
Family	\$2.63
Vision Basic	
Associate Only	\$0.44
Associate + Spouse	\$1.05
Associate + Child(ren)	\$0.79
Family	\$1.39

*Rates are for both Highmark BCBS and Kaiser (CA only)