CARROT

Adoption support with Carrot

Carrot provides comprehensive hormonal health, fertility, and family-building benefits, including support for adoption — from planning through post-placement.*

Visit get-carrot.com/signup to activate your benefits today and start exploring the available resources, including funds to help pay for eligible expenses.**

Activate my benefits

Types of adoption	What to know	Estimated cost in the U.S. (USD)
Private domestic infant agency adoption	This is also known as "private agency adoption." Both the birth family and adoptive parents are located in the same country, and an adoption agency typically assists with these placements.	$45,000–$65,000+
Foster care adoption	If a child in foster care cannot be reunited with their birth parents, the child may become eligible for adoption to find a permanent home.	$0–$5,000 *In the U.S., expenses are usually offset by the federal adoption tax credit.*
Independent adoption *Many states permit independent adoption; however, some states prohibit independent adoptions or have strict regulations.*	An independent adoption, also known as a "direct placement," often involves an adoption without the use of an agency. The adoptive and expectant parents may find one another either directly or with the assistance of an intermediary. Attorneys assist both parties with the adoption process.	$35,000–$50,000
Intercountry adoption	Adopting a child from another country requires compliance with laws in both the child's country of origin and the country of the adoptive parents.	$35,000–$60,000+

With your Carrot benefits, you can:

- Use your funds to help pay for eligible expenses and services, such as agency, attorney, and court fees
- Get recommendations for local, top-rated adoption agencies and attorneys
- Meet virtually with Carrot's adoption experts as often as you need to discuss the process, estimated costs, and more — at no cost to you
- Explore on-demand, expert-produced articles and guides on topics like choosing an adoption agency, birth planning, and creating an adoptive parent profile — no more endless online searching
- Join an expert-led online group session with fellow Carrot members to connect, learn, ask questions, and share in a supportive setting

What's next? Visit get-carrot.com/signup to activate your benefits today and start exploring the available resources.

*Services available may vary based on plan design, geography, and local rules and regulations.
**Funds used through Carrot may be considered taxable income