

THE  
MONARCH  
SAN ANTONIO



Wellness & Recovery





# Germaine de Capuccini

## FACIAL EXPERIENCES



At Monarch Wellness & Recovery Spa, we are proud to partner with Germaine de Capuccini, one of Europe's most prestigious skincare brands. These treatments blend time-honored techniques with advanced innovation and naturally derived ingredients to support skin longevity, recovery, and visible results.

### ROYAL WELLNESS FACIAL

50 minutes | \$179

Deep hydration powered by advanced hyaluronic acid technology to restore moisture balance, smooth fine lines, and revitalize the complexion. All skin types. Effect with targeted ingredients of hyaluronic acid, collagen, niacinamide and firming amino acids.

### GLOW FACIAL

50 minutes | \$199

An anti-fatigue, brightening treatment featuring Vitamin C, Japanese plum Ume, Ferulic Acid, and Vitamin E to stimulate collagen renewal and enhance radiance.

### LIFTING FACIAL

80 MINUTES | \$299

A sculpting, firming facial targeting loss of elasticity and early signs of aging using Red Macroalgae, natural ceramides, and Monk Fruit.

### LONGEVITY FACIAL

80 MINUTES | \$299

A multi-sensory, epigenetic-inspired facial personalized to strengthen the skin and deliver comprehensive anti-aging benefits.



# Skin Authority Facial Experiences

## ADVANCED SKIN WELLNESS



Skin Authority is a science-driven skincare brand dedicated to restoring skin health through innovative, non-invasive treatments. Grounded in clinical research, each therapy strengthens the skin barrier, improves cellular function, and supports long-term resilience.

## COMPLETE SKIN WELLNESS FACIAL

50 minutes | \$299

Advanced skin recovery supporting hydration balance, cellular repair, and long-term resilience. Powered by SGF-4 Technology™, this treatment boosts collagen, microcirculation, and cell renewal while refining tone and calming inflammation.

*Targets: Photoaging, hyperpigmentation, loss of volume, scars, inflammation, compromised recovery.*

## VITAMIN A & D RECOVERY FACIAL

50 MINUTES | \$189

80 MINUTES | \$299

(includes D-Stress Scalp Therapy)

An immune-supportive facial that brightens tone, smooths texture, and reduces inflammation. Vitamin D3, antioxidants, peptides, and oils support collagen, elastin, and hydration for deeper recovery.

*Targets: Dry or depleted skin, inflammation, dullness, preventive wellness.*

## MEN'S VITALITY FACIAL

50 MINUTES | \$189

A resurfacing treatment combining sugarcane glycolic exfoliation and precision dermaplaning to reveal smoother, brighter, more adaptive skin.

*Targets: Hydration, smooth tone, improved texture.*

## HYDRAFACIAL

25 MINUTES | \$200

50 MINUTES | \$299

HydraFacial is a non-invasive, results-driven treatment that delivers instant radiance with no downtime.

Advanced vortex technology deeply cleanses, gently exfoliates, and performs painless extractions while infusing the skin with hydrating, antioxidant-rich serums.

This multi-step facial improves texture and tone, refines pores, and softens the appearance of fine lines. Fully customizable for all skin types, it leaves the complexion refreshed, radiant, and event-ready.

Choose the 25-minute Express HydraFacial for an immediate glow or elevate your experience with the 50-minute HydraFacial, which includes a targeted booster and LED light therapy for enhanced results and long-lasting radiance.

## REGENERATIVE GROWTH FACTOR SKIN RECOVERY FACIAL

100 MINUTES | \$349

Advanced derma stamping paired with collagen-boosting actives to repair structural damage, improve pigmentation, and enhance luminosity with minimal downtime.

*Targets: Breakouts, deep wrinkles, hyperpigmentation, scars, compromised skin repair.*





# Enhancements

## 60-SECOND EYE RENEWAL | \$29

Instant smoothing and brightening for the eye area.

*Targets: Firming, lifting, puffiness.*

## 7-MINUTE REFRESH | \$39

Oxygenating boost to detoxify and restore radiance.

*Targets: All skin types.*

## UNDER-EYE RESCUE | \$39

Deeply hydrating, depuffing eye mask.

*Targets: Hydration, puffiness.*

## ILLUMINATING HAND REJUVENATION | \$39

Exfoliation and nourishment to restore softness  
and brightness.



# Massage Experiences



## WELLNESS FLOW MASSAGE

50 MINUTES | \$179

80 MINUTES | \$269

A soothing Swedish-style massage promoting relaxation, circulation, and balance.



### JOURNEY BACK TO ORIGINS MASSAGE

50 MINUTES | \$189

80 MINUTES | \$279

Inspired by ancestral Hilotra techniques, blending sports massage and stretching.

### BLISS CANDLE MASSAGE

50 MINUTES | \$199

80 MINUTES | \$289

Warm, melted candle oil nourishes the skin while calming massage techniques melt away tension.

### INNER BALANCE SHIATSU RITUAL

50 MINUTES | \$189

80 MINUTES | \$279

Shiatsu-inspired pressure along energy meridians using nourishing body milk.

### DEEP TISSUE MASSAGE

50 MINUTES | \$209

Therapeutic massage targeting deeper muscle layers to relieve chronic tension.

### VITAMIN D RECOVERY MASSAGE

50 MINUTES | \$199

Restorative massage supporting muscle balance and skin health with Vitamin D3-infused oils.

*Targets: Hydration, inflammation, pain relief, stress reduction, immune support.*



# Body Therapies



## D-TOX & RESTORE WELLNESS WRAP

50 MINUTES | \$199

Purifying full-body renewal using exfoliation, volcanic clay, and Vitamin D3 hydration.

*Targets: Clarifying, hydration, smooth texture, whole-body recovery.*

## RADIANT WELLNESS BODY PEEL

80 MINUTES | \$299

Shower-less exfoliation and antioxidant mask ritual with face and scalp massage.

*Targets: Brightening, smooth texture, preventive skin wellness.*



# The Art Of Wellness

## BODY RITUALS

### VIVID AWAKENING RITUAL

50 MINUTES | \$189

Tropical exfoliation and massage with rhythmic sound therapy.

### LONGEVITY COCOON

50 MINUTES | \$199

Antioxidant-rich exfoliation and body wrap for silky, revitalized skin.

### ROOTS TO LONGEVITY RITUAL

80 MINUTES | \$279

Ancestral massage techniques with baobab oil and cocoa butter.

### HARMONY RITUAL

100 MINUTES | \$349

Complete exfoliation, massage, and facial journey for total renewal.





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**SPA AND THERMAL SERVICES**

Sunday to Thursday 9 AM – 6 PM

Friday to Saturday 9 AM – 7 PM

A valid credit card is needed to secure the booking.

Please note our 24-hour cancellation policy.

An automatic 22% service charge will be added to all services.