

The Ultimate Guide To Opening A Central Kitchen

For Multi-Branch F&B Businesses

















The term "Central Kitchen" is a catch-all phrase referring to Central Kitchens, Central Production Units (CPUs), Roasteries, Bakeries, Prep Kitchens, Virtual Kitchens, Ghost Kitchens and Commissary Kitchens.

Whatever you call them, they are taking the F&B industry by storm.

So if you are responsible for expanding your restaurant chain and improving operational efficiency, this guide will explain how a Central Kitchen could be a key part of your strategy for achieving those goals.

The guide is full of practical advice and should equip you with everything you need to know to get started.

If you have any questions or want to discuss what this could look like for your business, don't hesitate to reach out to me directly on nouhad@supy.io.

Now... let's get into it.

Nou, Editor.

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Designing an Efficient Central Kitchen for Multi-Location Restaurants



Is a central kitchen right for your restaurant business?

- Single-location restaurants
- Fine dining restaurants
- Farm-to-table restaurants
- Experimental dining concepts

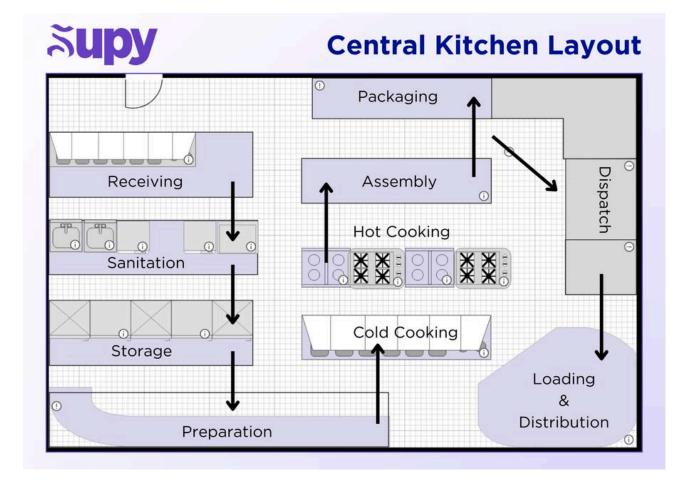
- Multi-branch chains
- QSR restaurants
- Cloud kitchens
- Delivery-focused brands

1- Introduction

For restaurateurs looking to expand across multiple locations, investing in a central kitchen is the way to go!

Centralized hubs consolidate food prep and distribution, streamlining operations for multi-location chains. This model improves inventory management, enhances labor efficiency, and ensures consistency.

2. The Core Principles of Efficient Central Kitchen Design



Designing a central kitchen that efficiently serves multiple locations requires you to focus on a few key areas.

Space Utilization and Layout Optimization

One of the key aspects of kitchen design is creating logical zoning areas. These are clearly designated areas for preparation, cooking, and storage. By separating these functions, kitchens can reduce the risk of cross-contamination and ensure that their workflows remain streamlined. For instance, by placing the storage zone close to areas of food preparation, you can minimize the time your staff spends on retrieving ingredients, thus enhancing operational speed.

Designing the kitchen's flow is another critical aspect. A well-thought-out kitchen layout encourages the smooth movement of people and ingredients, minimizing bottlenecks or the need for unnecessary movement. Efficient central kitchen designs focus on organizing high-traffic areas, such as ingredient assembly, cooking stations, and packaging, to allow staff to easily transition between tasks without stepping on each other's toes!

It's also a good idea to factor in any plans for expansion into your central kitchen's design. As your operations grow across multiple business locations, your central kitchen may also need to scale up production.

By designing a flexible layout with modular equipment and adaptable spaces, you're planning for both your immediate and future needs, saving the headache of a major overhaul down the line.

An example of a leading brand that leverages modular, scalable designs in its central kitchens is Nando's. By utilizing a centralized model, Nando's ensures consistency in its signature sauces, marinades, and core ingredients, which are prepared and packaged in bulk at central facilities before being distributed to individual restaurant locations.

To supplement this approach, brands can also invest in appropriate furniture, like customizable prep tables, movable shelves, and adaptable cooking stations. This allows for increased responsiveness in the kitchen, greater ease of movement, as well as room for adaptability to future demands.

Equipment Selection and Placement

By investing in multi-functional, energy-efficient pieces of equipment and placing them strategically throughout, managers of central kitchens can ensure smooth, efficient operations while reducing labor and production bottlenecks.

Below are a few examples of how to select and place your machinery in different central kitchen environments:

1. Roastery: In roasteries, coffee roasting equipment like drum roasters, grinders, and packaging machines should be your main focal points. High-temperature roasters should be placed in a ventilated area that minimizes heat buildup in the workspace and ensures easy access for cooling and packaging processes.

Meanwhile, grinders should be kept near roasting stations (but away from storage areas!) to minimize the time it takes to process beans (without contaminating a freshly roasted batch). This proximity also allows roasters to oversee the batch's quality and make any necessary adjustments efficiently.

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2. Prep Kitchen: For prep kitchens that focus on preparing ingredients for multiple locations, some essential items include: vegetable cutters, commercial slicers, mixers, and vacuum-sealing machines for preservation.

Try positioning your prep stations near storage areas and packaging equipment, while high-use equipment, such as mixers and slicers, should be kept close to your designated prep areas to minimize movement and time wasted gathering ingredients.

3. Cloud Kitchen: This type of kitchen does not have a physical storefront and deals with a high volume of delivery or takeout-only orders, often for multiple brands at the same time. As a result, they must be designed for rapid production that maximizes efficiency at the same time.

High-speed cooking equipment, such as combi ovens, deep fryers, and induction cookers can help meet this demand, and it's best to keep them in a central location proximal to assembly stations, allowing cooks to quickly move items from cook to prep.

Similarly, high-quality refrigeration units should be placed somewhere accessible but separate from the main cooking zone, while packaging stations are best placed adjacent to the cooking area for quick assembly and delivery.

4. Bakery: Here, it's common to find specialized items like dough mixers, proofing cabinets, convection ovens, and cooling racks. All items should be placed in a designated dough-prep area, away from high-heat zones. In addition, place your convection ovens in a central location near your cooling racks to allow a seamless transfer of baked goods from the oven.

These types of establishments also typically have pastry sections, where baked goods like pastries, bread, and desserts are found. Since such confectionary items are prepared in cooler environments, it is best to keep your pastry section separate from the hot kitchen. In this way, you can also avoid any mixing of aromas.

Workflow Optimisation

Next, it's time to think about how you can optimize your workflows. This is a critical step to consider, as it directly impacts your central kitchen's efficiency levels, cost control, and overall performance.

The optimization process starts with designing systems that reduce bottlenecks, ensuring that each stage of production in your kitchen moves seamlessly into the next. In a central kitchen design, establishing a logical sequence to tasks—such as food preparation > cooking > packaging > distribution—is key to minimizing delays.

Mapping out these processes and organizing workstations based on task flow allows for smooth transitions and maximizes productivity.

Once that's done, think about how you can implement technology solutions to make things run smoothly in your kitchen. Cloud-based inventory management systems, kitchen display systems (KDS), and real-time communication tools are all designed to centralize the process of tracking your orders, ingredients, and inventory across multiple locations. This integration allows for faster decision-making and reduces the risk of miscommunication or delays in production.

Finally, don't forget to keep your staff in the loop! Training staff on efficient workflow management is an equally important part of an optimized workflow system. Host regular training sessions and team-building activities to teach your team about best practices for process optimization, how to use any new technology, and how to coordinate between departments to make sure everyone is informed and on the same page.

Although it's no easy task, by focusing on optimizing your workflows, your commercial kitchen can learn how to maximize its efficiency, reduce costs, and make it easier than ever to manage multiple locations.



Equipment Selection & Placement in Central Kitchens

Streamlined Kitchen Zoning for Enhanced Workflow

3. Managing Costs During the Central Kitchen Design Process



There is, of course, one aspect of designing your own central kitchen that leaves most people stumped: cost management.

We don't have tips on how to bring down the build cost, but we do have advice on how to set your kitchen up so that you maximise future savings through efficient design

Think about your energy costs. As you set up plans for your new central kitchen, think about including energy-efficient systems to keep your energy related costs low. This includes installing things like optimized lighting systems, smart appliances, and energy management systems that are specifically designed to cut down on electricity and gas usage.

You should also consider how to deal with any potential sources of waste. In most kitchen environments, you can do this by implementing sustainable practices, like precise portion control and efficient ingredient storage, to minimize food wastage. This, of course, further drives down unnecessary costs.

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Further, you can also make large savings by implementing a centralized inventory management and bulk purchasing system. By consolidating orders for each new location, restaurants can take advantage of supplier discounts and minimize transportation expenses. A well-organized central kitchen allows for real-time inventory tracking and advanced demand forecasting, reducing the risk of overstocking and spoilage.

Although investing in a central kitchen may initially seem very expensive, your return on investment (ROI) can be substantial A central kitchen provides substantial cost savings by reducing food costs, labor expenses, waste, energy consumption, and logistics. Opening one supports long-term financial efficiency, making it a high-impact investment for multi-location operators.

Over five years, you would find that these savings easily more than offset the initial amount of money that was put into the facility, yielding a healthy ROI while supporting the smooth expansion of multi-location operations.

You can fund the building of your central kitchen in many ways, including small business loans, commercial financing, and specialized food and beverage (F&B) investment funds. Many banks and lenders are familiar with the F&B industry's unique needs, making it easier to find financing options suited to central kitchen facilities, which typically require more upfront capital due to equipment and space requirements. Additionally, business grants or loans aimed at supporting small to medium-sized enterprises (SMEs) might offer financing options, especially if your project aligns with local economic goals like job creation or sustainability.

Working with an accountant is essential to assess how a central kitchen could save your business money in the long term. From bulk purchasing to labor efficiencies, central kitchens have been known to cut costs due to centralized inventory management and staff optimization. If you're interested, Supy can help introduce you to F&B-associated accountants who can further explore the financial impact of this investment on your business's unique operations!

4. Logistical Strategies for Supporting Multi-Location Operations



Once you've got your workflows in place, it's time to think about logistics—after all, an effective chain of logistics is critical to determining multi-location success.

One of the most important logistical knots you'll need to straighten out is making sure your items are delivered and distributed on time. This involves setting up a well-coordinated delivery schedule that aligns with the needs of each restaurant location, considering peak hours and demand fluctuations. It's a good idea to make the use of modern technology for real-time delivery tracking to keep your items fresh and secure.

You'll also need to think about how to overcome logistical challenges such as traffic congestion, spoilage, and scheduling conflicts:

- You can resolve any traffic issues by optimizing delivery routes with software designed to consider traffic patterns to find the fastest and safest route.
- To combat spoilage, use refrigerated trucks and precise temperature control systems during transit to preserve food quality.
- Efficient scheduling software allows central kitchens to synchronize their production and dispatch with each restaurant's needs. This is a great way to reduce downtime and waste.

By implementing these strategies, central kitchens can enhance efficiency, reduce waste, and ensure a consistent supply chain for multi-location operations.

5. Future Trends in Central Kitchen Design for Multi-Location Restaurants

As the restaurant industry continues to evolve, future trends in central kitchen design are increasingly influenced by the rise of ghost kitchens and delivery kitchens. These virtual dining concepts prioritize delivery and takeout, necessitating a redesign of central kitchens to accommodate higher production volumes. This shift pushes operators to create layouts that support rapid meal preparation and packaging while minimizing waste.

Innovations in automation and robotics are also reshaping central kitchen operations. With automated cooking appliances and robotic systems, restaurant operators can streamline repetitive tasks, reduce labor costs, and ensure a consistent quality of food. Integrating these technologies into off-site kitchen design allows for smoother workflows and enhanced productivity, making it easier for small businesses to scale their operations.

Finally, there's increasing potential for AI and IoT integration in central kitchen management. With AI, restaurant owners and managers can analyze their customers' preferences and demand patterns, optimizing inventory and reducing food waste. IoT devices also enable real-time monitoring of equipment and conditions, ensuring that food safety standards are consistently met. This data-driven approach can significantly enhance operational efficiency and provide valuable insights for better decision-making.

By staying ahead of these trends, restaurant operators can create efficient, scalable systems that meet the demands of today's dynamic foodservice landscape.

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6. Leveraging Technology for Central Kitchen Efficiency

Just like POS terminals revolutionized front-of-house management, now software like Supy is revolutionizing the restaurant back-of-house.

The key to successfully managing your central kitchen is using software that integrates seamlessly with your inventory management software for your branches.

This means data can flow seamlessly between them, and enables additional functionality such as:

Managing Requisitions from Branches to Central Kitchen:

Smoothly order, confirm, ship, and track items from your Central Kitchen to various branches, and ensure streamlined and efficient distribution processes, enhancing operational efficiency and accuracy.

Transfer and Track Costs between Central Kitchen and Branches:

This provides clear visibility into cost allocations, and ensures accurate financial tracking across all branches.

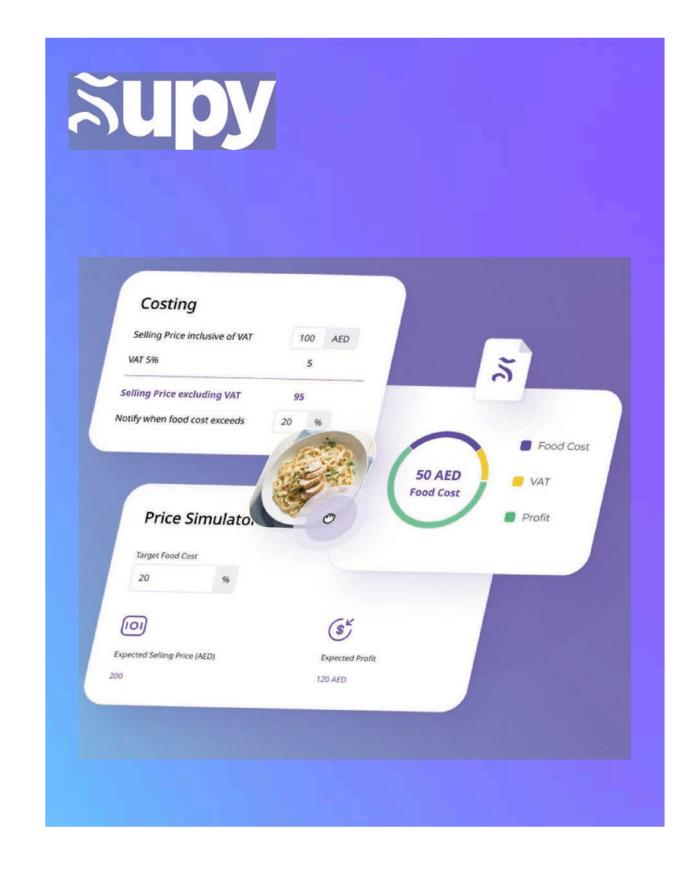
Selling To External B2B Clients: Track sales invoices from your Central Kitchen and sell to external clients. For example, if you run a coffee chain and roast your own beans, you can sell those beans to external clients and manage the Central Kitchen inventory.

Create Customized Price Lists: Being able to offer different pricing to different types of customers and set dynamic margin pricing will allow you to always sell at a healthy profit margin.

Manage Production Schedules: Let your Central Kitchen team know how much of each production item needs to be created each day, to streamline their workflow.

Supy can help you with all of this functionality with our specialist Central Kitchen module.





7. Conclusion

In conclusion, the design and operation of your central kitchen can play a pivotal role in the success of multi-location restaurants.

Throughout this ebook, we explored essential strategies for layout optimization, streamlined operations, and effective cost management.

These principles not only enhance productivity but also ensure consistency and quality across all restaurant sites. By leveraging thoughtful central kitchen design, operators can support their multi-location operations, driving growth and maintaining customer satisfaction.

For restaurant owners looking to transform their operations, we encourage you to <u>sign up to Supy's newsletter</u> - for even more actionable advice!

Additionally, if you're interested in seeing how else our solutions can streamline your centralized kitchen operations and make managing multiple locations a breeze, why not book a free demo today?

Take the first step towards optimizing your multi-location restaurant strategy with Supy today!





Supy helps increase your hospitality business's profitability by giving you real time insights on your back of house operations. Supy is built to enable users to easily capture data from complex back of house processes, in order to provide accurate and precise insights allowing you to take business decisions that have a direct impact on your bottom line.



The Restaurant Inventory
Software For A Stronger
Bottom Line





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"Implementing Supy's digital procurement process has resulted in the most substantial cost savings we've experienced!"



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Efficient operations management requires optimal inventory control to ensure minimal waste and maximum product availability. Thanks to Supy's system, we've achieved the ideal balance in inventory management, leading to exceptional performance improvement and increased operational efficiency









Key Features

- Menu Engineering
- Internal Ordering
- Central Kitchen Production
- Supplier Ordering
- Supplier Invoice Control
- Synchronized Stock Count on Mobile
- Automated Inventory
- Real Time Analytics
- Multiple Inventories per Branch
- User Permissions
- Variance Reports
- Integration to POS & Accounting

Key Benefits

-30% on CoGS

thanks to clear analytics & real time decision-making

-75% variance

thanks to high-precision tracking of stock events & real time notifications

100s of hours saved

on operational tasks, by outsourcing your manual labour

Maximize profits

by uncovering purchasing and selling trends, and adapting fast.



Book A Demo Now!



