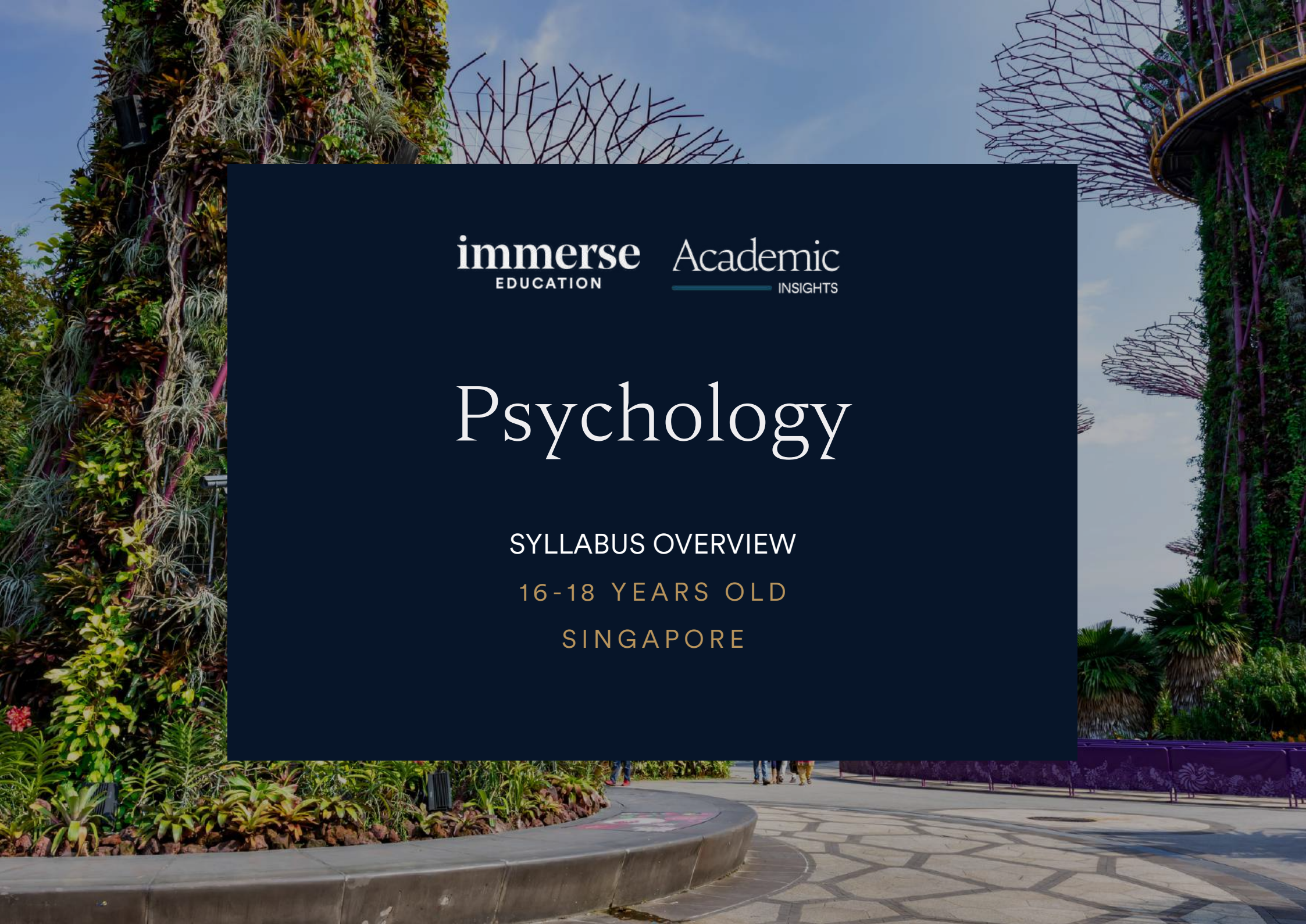




immerse Academic
EDUCATION INSIGHTS

Psychology

SYLLABUS OVERVIEW

16-18 YEARS OLD

SINGAPORE

About the Programme

Immerse Education is an award-winning provider of summer experiences offering academic and career-focused programmes for high school students worldwide, in such locations as Boston, Cambridge, London, New York, Oxford, San Francisco, Singapore, Sydney, Tokyo, and Toronto. Our programmes aim to deliver engaging, academically challenging content within a university-style classroom environment.

The Academic Insights programmes give participants a valuable introduction to studying their chosen subject at an advanced university level, preparing them for future academic success and life at university. During the programme, students experience university-style teaching, explore complex topics, and develop the skills, confidence, and curiosity needed for successful applications and higher-level study.



PLEASE NOTE:

The topics depicted in this guide represent examples of the types of modules students can look forward to participating in during the programme. Please note that final syllabi are subject to modification.



Academic Sessions

Sessions during the programme are organised into thematic areas that allow students to explore a broad range of topics in depth. The programme combines two types of sessions: theory-based sessions that introduce advanced concepts similar to university study, and practical-based sessions that encourage students to apply this knowledge to case studies, real-world projects, or research tasks. Topics highlighted in this guide are indicative and may be adapted by tutors to reflect their academic expertise or participants' interests. This approach helps students develop both subject knowledge and the ability to think critically and independently.



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Preparatory work

Some tutors may ask participants to complete preparatory work before the start of the programme, such as assigned reading, independent pre-research, or a series of short exercises. These tasks help ensure that all students begin the course with a shared foundation of understanding and are ready to engage in higher-level discussion and analysis. Preparatory materials are provided in advance and designed to make students feel more confident, better prepared, and able to get the most out of their academic experience once the programme begins.

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Academic Difficulty

Immerse Education's Academic Insights programmes are designed to introduce students to university-level study and build on necessary skills. The material can be challenging, but tutors provide structured guidance, personalised feedback, and encouragement throughout. Each participant is supported according to their own level and learning goals, ensuring that everyone is able to progress and achieve their potential. This academically stimulating experience is something to look forward to — an opportunity to build confidence, expand knowledge, and develop valuable study skills in a supportive and inspiring environment.



Aim of the Psychology Programme

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Introduction to Psychology

Psychology provides insight into what drives human thought and behaviour. This programme introduces students to key theories and research across the main branches of the discipline, from cognitive and developmental psychology to neuroscience and social behaviour. Participants analyse how evidence informs understanding and apply this knowledge to real-world contexts. Set in Singapore, an international centre for learning and innovation, the course encourages analytical reasoning and cross-cultural understanding, essential for higher study in psychology and related fields.

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SINGAPORE



16-18



ACADEMIC INSIGHTS



Introduction to the Mind and Brain

Students explore how activity within the brain influences thought, emotion, and behaviour. The topic examines the anatomy of the brain and the ways in which neurons communicate to shape perception and memory. Participants analyse case studies and imaging research that reveal how neuroscience supports psychological theory. Through these investigations, students gain a deeper appreciation of how biological processes underpin human experience and cognition.

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Cognitive Psychology and Decision-Making

Participants investigate how humans process information, make judgements, and solve complex problems. The topic introduces theories of attention, perception, and memory while exploring how biases affect reasoning and decision-making. Students review landmark experiments in cognitive psychology and evaluate the reliability of mental processes. This area of study develops logical analysis, scientific reasoning, and awareness of how cognition shapes behaviour in everyday life.





Developmental Psychology

Students examine how individuals grow and change across different stages of life. The topic introduces the cognitive, emotional, and social aspects of development, highlighting the impact of genetics, culture, and environment. Participants consider theories from Piaget, Vygotsky, and modern neuroscience to understand how early experiences influence learning and personality. This area encourages reflection on how developmental research informs education, health, and social policy.



Social Psychology and Group Behaviour

This topic focuses on how social environments influence behaviour and identity. Students explore the dynamics of groups, conformity, prejudice, and leadership through real-world examples and classic psychological studies. Participants discuss how cultural context shapes social interaction and analyse how modern issues such as social media affect perception and communication. The topic builds awareness of the interconnectedness between individual psychology and collective human behaviour.

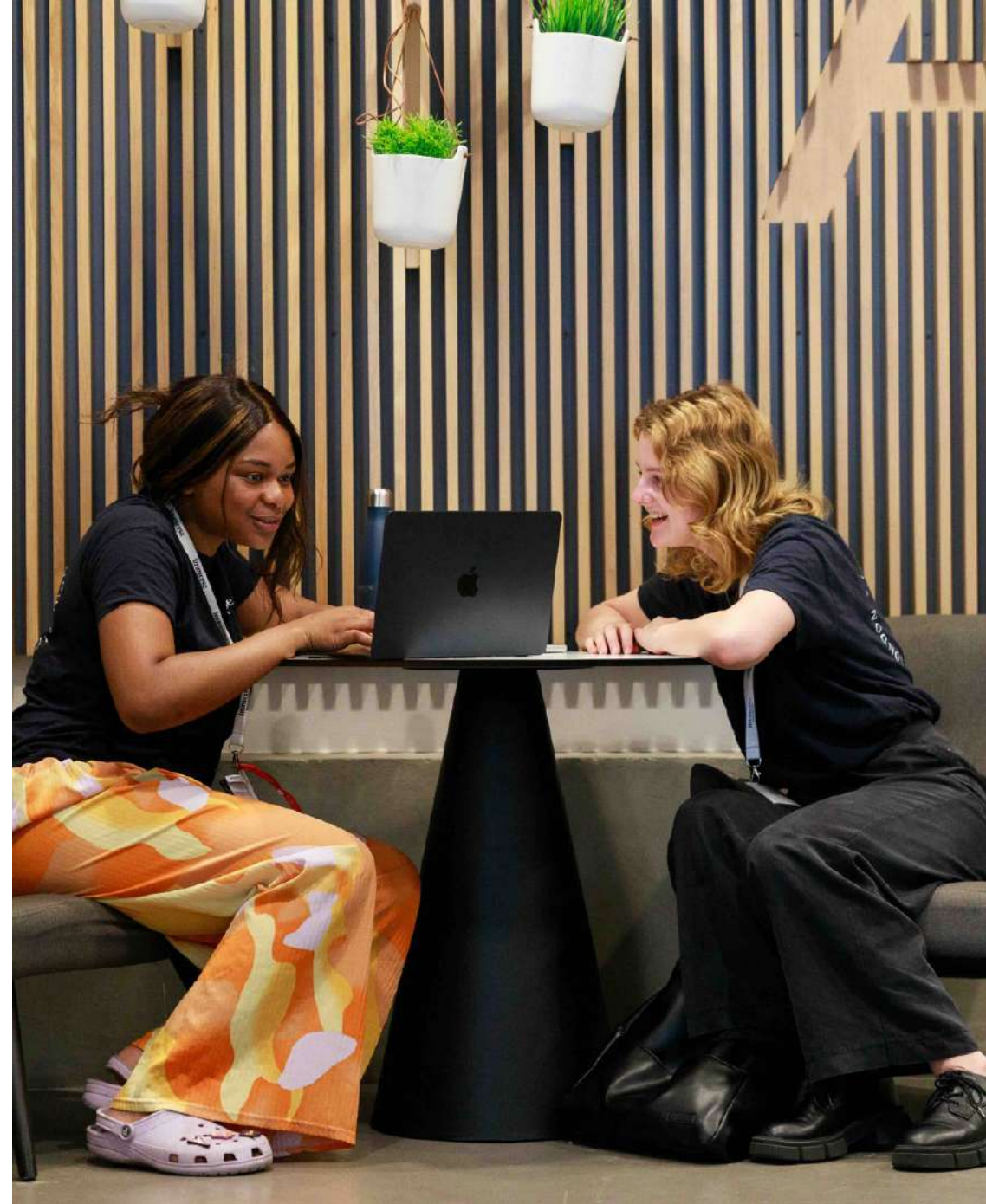
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Behavioural Psychology

Participants study how behaviour is learned, reinforced, and modified through experience. The topic covers key ideas from classical and operant conditioning to cognitive-behavioural approaches, connecting theory with applications in therapy, education, and everyday life. Students analyse experimental findings that reveal how habits form and change over time. This exploration strengthens understanding of how behaviourism has evolved into a broader study of learning and motivation.





Psychological Research and Ethics

Students gain insight into how psychologists design, conduct, and evaluate research. The topic introduces experimental design, data interpretation, and the principles that ensure ethical research practice. Participants examine historical and contemporary case studies to understand the balance between discovery and responsibility in science. This area helps students build research literacy, develop critical evaluation skills, and recognise the importance of integrity in academic psychology.





Personal Project

Each Academic Insights programme includes an individual project focused on independent research and academic reflection. The Personal Project allows students to explore a specific topic or question in greater depth, applying theoretical knowledge and original thinking. With guidance from their tutor, participants develop their ideas throughout the programme and present their findings at the end. The Personal Project may take the form of essay, presentation, creative piece, or report.





After Your Programme

By the end of the programme, students gain a solid understanding of their chosen subject and how it is studied at university. They leave with enhanced independent thinking, critical research and analysis, and communication skills, as well as confidence for advanced learning. Each participant receives an individual feedback report from their tutor, highlighting strengths, progress, and personalised recommendations for future study. Students can also use their Personal Project and tutor feedback as part of their university applications or portfolios, showcasing both academic ability and intellectual curiosity.

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FAQS

