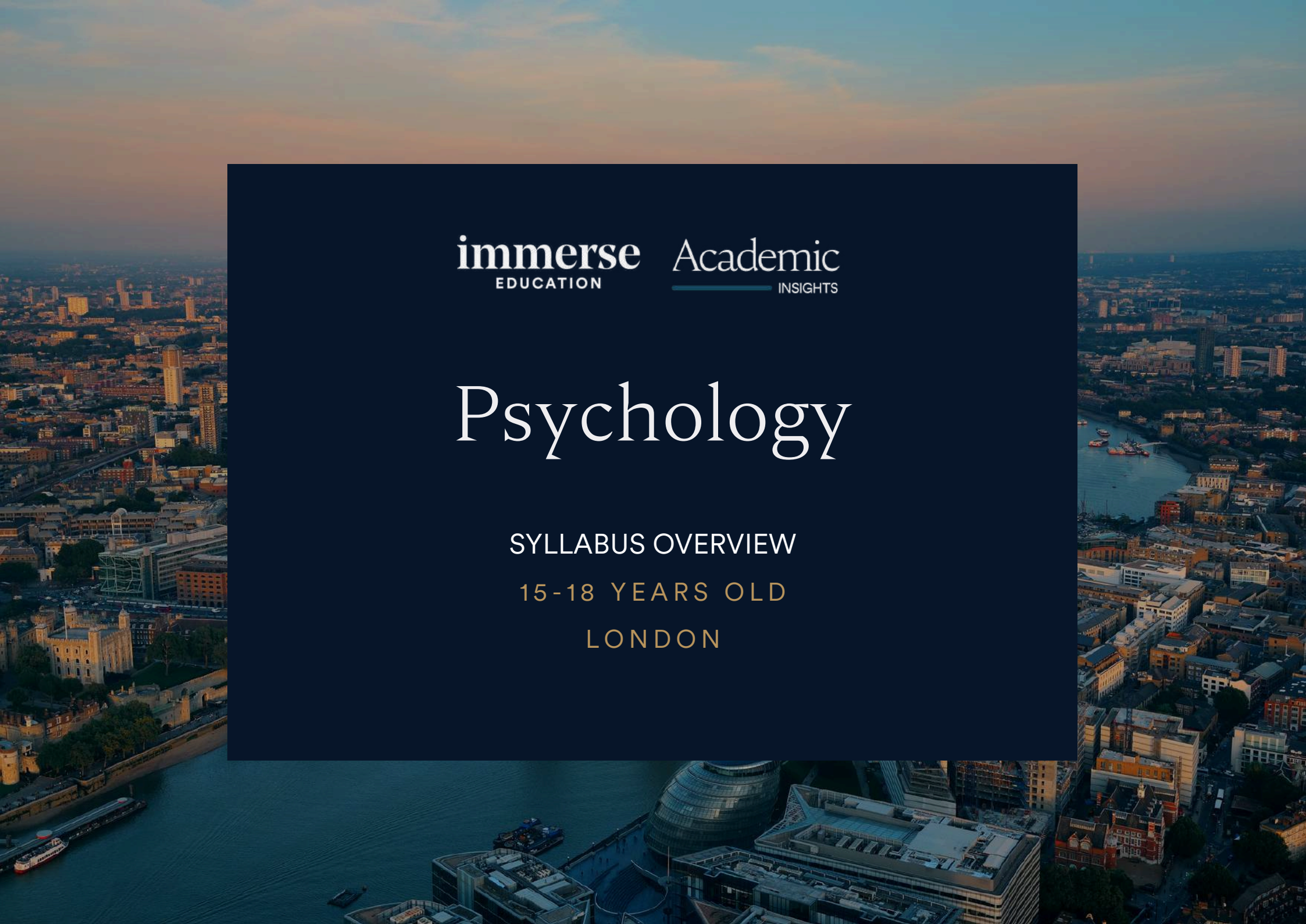


An aerial photograph of London at dusk, showing the River Thames, the City of London, and the modern architecture of the Shard and the Gherkin. The sky is a mix of orange, pink, and blue.

immerse Academic
EDUCATION INSIGHTS

Psychology

SYLLABUS OVERVIEW

15-18 YEARS OLD

LONDON

About the Programme

Immerse Education is an award-winning provider of summer experiences offering academic and career-focused programmes for high school students worldwide, in such locations as Boston, Cambridge, London, New York, Oxford, San Francisco, Singapore, Sydney, Tokyo, and Toronto. Our programmes aim to deliver engaging, academically challenging content within a university-style classroom environment.

The Academic Insights programmes give participants a valuable introduction to studying their chosen subject at an advanced university level, preparing them for future academic success and life at university. During the programme, students experience university-style teaching, explore complex topics, and develop the skills, confidence, and curiosity needed for successful applications and higher-level study.



PLEASE NOTE:

The topics depicted in this guide represent examples of the types of modules students can look forward to participating in during the programme. Please note that final syllabi are subject to modification.



LONDON



15-18



ACADEMIC INSIGHTS

Academic Sessions

Sessions during the programme are organised into thematic areas that allow students to explore a broad range of topics in depth. The programme combines two types of sessions: theory-based sessions that introduce advanced concepts similar to university study, and practical-based sessions that encourage students to apply this knowledge to case studies, real-world projects, or research tasks. Topics highlighted in this guide are indicative and may be adapted by tutors to reflect their academic expertise or participants' interests. This approach helps students develop both subject knowledge and the ability to think critically and independently.



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Preparatory work

Some tutors may ask participants to complete preparatory work before the start of the programme, such as assigned reading, independent pre-research, or a series of short exercises. These tasks help ensure that all students begin the course with a shared foundation of understanding and are ready to engage in higher-level discussion and analysis. Preparatory materials are provided in advance and designed to make students feel more confident, better prepared, and able to get the most out of their academic experience once the programme begins.

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Academic Difficulty

Immerse Education's Academic Insights programmes are designed to introduce students to university-level study and build on necessary skills. The material can be challenging, but tutors provide structured guidance, personalised feedback, and encouragement throughout. Each participant is supported according to their own level and learning goals, ensuring that everyone is able to progress and achieve their potential. This academically stimulating experience is something to look forward to — an opportunity to build confidence, expand knowledge, and develop valuable study skills in a supportive and inspiring environment.



Aim of the Psychology Programme

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Introduction to Psychology

Psychology examines how people perceive, think, and respond to the world around them. This programme provides students with an academic introduction to the major approaches and research methods used in the discipline. Through interactive lectures and practical exercises, participants analyse theories of learning, memory, emotion, and social behaviour. Set in London, the course encourages students to think critically about the mind and develop the analytical skills needed for advanced study.

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LONDON



15-18



ACADEMIC INSIGHTS



Introduction to the Mind and Brain

Explore the biological foundations of behaviour and cognition. You will study brain anatomy, neural communication, and the physiological basis of memory and emotion. Students examine how neuroscience informs our understanding of perception and mental health. This topic develops awareness of how psychology connects with biology and medicine, providing a foundation for more advanced study in neuropsychology and cognitive science.

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Cognitive Psychology and Decision-Making

Study how humans process information, reason, and make judgements. You will explore theories of perception, attention, and memory, and evaluate how biases influence decision-making. Students analyse experimental research and learn to interpret data critically. This topic helps participants understand how cognitive functions explain everyday thinking and supports academic skills in research and evaluation.





Developmental Psychology

Examine how people grow and change from childhood through adulthood. You will study cognitive and social development, focusing on how experiences and environment shape identity. Students learn about key theories such as Piaget's stages of development and the role of attachment in psychological health. This topic builds understanding of how development affects learning and behaviour across the lifespan.



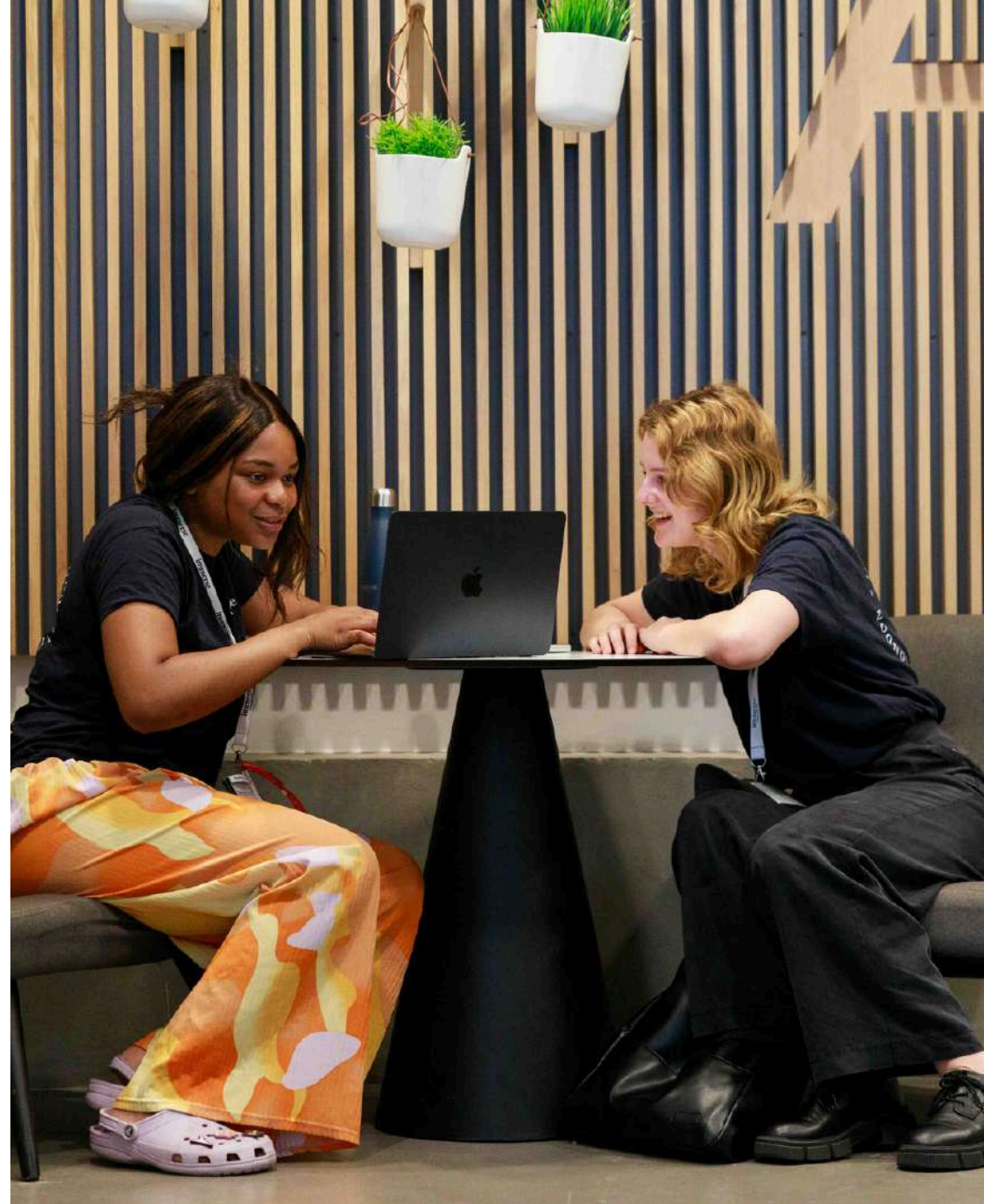
Social Psychology and Group Behaviour

Investigate how individuals behave in social settings and how groups influence thought and action. You will explore topics such as conformity, prejudice, leadership, and social identity. Students analyse famous studies in social psychology and discuss their relevance to modern society, including the influence of media and culture. This topic develops critical awareness and the ability to connect theory with real-world issues.



Behavioural Psychology

Discover how experience shapes behaviour. You will study conditioning, reinforcement, and learning theory, analysing how these concepts apply to education, therapy, and personal development. Students examine the transition from classical behaviourism to cognitive-behavioural perspectives. This topic helps participants understand the foundations of experimental psychology and strengthens analytical and comparative reasoning.





Psychological Research and Ethics

Learn how psychologists investigate the mind scientifically. You will study research methods, data interpretation, and experimental design while considering ethical standards in psychological research. Students review key studies to understand how ethical considerations influence scientific progress. This topic builds academic integrity, research literacy, and analytical writing skills — essential preparation for university-level study in psychology.





Personal Project

Each Academic Insights programme includes an individual project focused on independent research and academic reflection. The Personal Project allows students to explore a specific topic or question in greater depth, applying theoretical knowledge and original thinking. With guidance from their tutor, participants develop their ideas throughout the programme and present their findings at the end. The Personal Project may take the form of essay, presentation, creative piece, or report.

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After Your Programme

By the end of the programme, students gain a solid understanding of their chosen subject and how it is studied at university. They leave with enhanced independent thinking, critical research and analysis, and communication skills, as well as confidence for advanced learning. Each participant receives an individual feedback report from their tutor, highlighting strengths, progress, and personalised recommendations for future study. Students can also use their Personal Project and tutor feedback as part of their university applications or portfolios, showcasing both academic ability and intellectual curiosity.

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FAQS

