UNRAVELLE D BRAIN HEALTH FESTIVAL

UnRavelled Outreach is a mission-driven, evidence-based, advocacy-minded "festival" of arts programming that runs concurrently with the award-winning play *UnRavelled* to transform the conversation around dementia, using the intersection of art and brain health to spread a message of hope, possibility, and creativity in the FTD ecosystem and beyond.

Thanks to the support of our sponsors, all programming is FREE.

UnRavelled is a play written by playwright Jake Broder that follows the true story of Anne Adams a gifted biologist who abandons her prestigious career to follow her new desire to paint, her consuming obsession with Maurice Ravel and his composition Boléro, and her fracturing marriage — at the heart of this dramatic transformation is a diagnosis of FTD.

Friday, Oct 17____

12:00 pm - 1:00 pm

Cedars-Sinai Grand Rounds

Cedars-Sinai Susanne and Ervin Bard Pavilion · 127 S San Vicente Blvd. Los Angeles, CA 90048 Pavilion PEC 6&7 Dr. Bruce Miller presents the case of Anne Adams. Registration Required by October 3.

9:30 am - 9:50 pm

Anne Adams Art Gallery

The Wallis: Promenade

A curated gallery exhibition showcasing the work of Anne Adams and exploring how neurodegeneration and compensation resulting from dementia can lead to transmodal communication.

1:00 pm - 2:00 pm

Movement Workshop: Brain Health Dance Social

Facilitated by Magda Kaczmarska · The Wallis: Classroom A · Registration Required

Brain Health Dance Socials translate complex public health and neuroscience concepts into fun, accessible and engacing events that celebrate community and seed brain healthy habits.

Music and Movement Workshop

Facilitated by Cathy Lopera · The Wallis: Classroom C · Registration Required
Focused on creative connection through singing, dancing, and playful group activities, this session invites participants to explore self-expression and social engagement in a supportive environment.

5:30 pm - 6:30 pm

Storytelling Workshop: Voices and Verses - A Journey Through Caregiving

Facilitated by Laura Calderon Cuevas · The Wallis: Classroom A · Registration Required

This workshop invites caregivers to explore their personal journeys through reflective journaling and shared storytelling, offering space to process the emotional layers of daily life.

Visual Art Workshop: Stamping a Mandala

Facilitated by Verónica Rojas \cdot The Wallis: Classroom $C \cdot$ Registration Required

Participants will create a personal symbol to make their own stamp, each contributing to a collaborative community mandala. Participants will leave with a new tool: the act of stamping, which invites a calming, meditative state that supports focus and presence.

6:30 pm - 7:15 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B

An interactive lobby full of dementia VR experiences, representatives from top dementia organizations in LA and across the country, book giveaways, and pop-up brain health exhibits.

7:30 pm - 9:00 pm *UnRavelled* Performance

The Wallis: Goldsmith Theater

9:00 pm - 9:30 pm

Talkback: UnRavelling Boléro

The Wallis: Goldsmith Theater

This panel will explore the case that started it all through a blend of scientists, caretakers, and artists.

9:00 pm - 9:50 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B



Wallis Annenberg Center

for the Performing Arts 9390 N. Santa Monica Blvd.

Beverly Hills, CA 90210

UNRAVELLED BRAIN HEALTH FESTIVAL

Wallis Annenberg Center for the Performing Arts 9390 N. Santa Monica Blvd. Beverly Hills, CA 90210

Saturday, Oct 18 ___

10:00 am - 11:00 am

Music and Movement Workshop

Facilitated by Cathy Lopera · The Wallis: Classroom C · Registration Required
Focused on creative connection through singing, dancing, and playful group activities, this session invites participants to explore self-expression and social engagement in a supportive environment.

Storytelling Workshop: Voices and Verses – A Journey Through Caregiving

Facilitated by Laura Calderon Cuevas · The Wallis: Classroom A · Registration Required

This workshop invites caregivers to explore their personal journeys through reflective journaling and shared storytelling, offering space to process the emotional layers of daily life.

12:00 pm - 2:00 pm

UnRavelled Summit

The Wallis: Classroom A \cdot Invitation Only

12:00 pm - 9:50 pm

Anne Adams Art Gallery

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5:00 pm - 6:00 pm

Movement Workshop: Brain Health Dance Social

Facilitated by Magda Kaczmarska \cdot The Wallis: Classroom A \cdot Registration Required

Brain Health Dance Socials translate complex public health and neuroscience concepts into fun, accessible and engaging events that celebrate community and seed brain healthy habits.

Visual Art Workshop: Stamping a Mandala

Facilitated by Verónica Rojas · The Wallis: Classroom C · Registration Required

Participants will create a personal symbol to make their own stamp, each contributing to a collaborative community mandala. Participants will leave with a new tool: the act of stamping, which invites a calming, meditative state that supports focus and presence.

6:30 pm - 7:15 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B

An interactive lobby full of dementia VR experiences, representatives from top dementia organizations in LA and across the country, book giveaways, and pop-up brain health exhibits.

7:30 pm - 9:00 pm UnRavelled Performance

The Wallis: Goldsmith Theater

9:00 pm - 9:30 pm

Talkback: What's Coming Next?

The Wallis: Goldsmith Theater

This panel will discuss the future of FTD through a policy, science, and advocacy lens.

9:00 pm - 9:50 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B



UNRAVELLED BRAIN HEALTH FESTIVAL

Wallis Annenberg Center for the Performing Arts 9390 N. Santa Monica Blvd. Beverly Hills, CA 90210

Sunday, Oct 19__

12:00 pm - 4:15 pm

Anne Adams Art Gallery

The Wallis: Promenade

A curated gallery exhibition showcasing the work of Anne Adams and exploring how neurodegeneration and compensation resulting from dementia can lead to transmodal communication.

12:45 pm - 1:45 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B

An interactive lobby full of dementia VR experiences, representatives from top dementia organizations in LA and across the country, book giveaways, and pop-up brain health exhibits.

1:00 pm - 2:00 pm

Movement Workshop: Stories in the Moment

Facilitated by Magda Kaczmarska · Silverado Beverly Place Memory Care Community
Stories in the Moment uses movement-based improvisation, narrative, and gesture-based choreography
to collaborate with people living with dementia and their caregivers to tell their stories and build new
connections within their communities. Participants will leave with enhanced brain health, increased
wellbeing and feelings of increased connection and expression. Exclusive to Silverado Residents Only.

1:30 pm - 1:50 pm

Talkback: Doing Better Than Diagnosis To Death

The Wallis: Goldsmith Theater

This panel will explore how we can change the narrative around dementia as storytellers and advocates.

2:00 pm - 3:30 pm UnRavelled Performance

The Wallis: Goldsmith Theater

The Wallis: Grand Hall

3:30 pm - 4:15 pm

Interactive Lobby

The Wallis: Grand Hall, Goldsmith Lobby, Sculpture Garden, and Wallis Classroom B

