

Ningen Dock

Comprehensive Executive Health *Screening Program

***Screening programs vary by medical institution.**

Depending on the facility and the time available, programs may range from a half-day comprehensive health screening to one-day, two-day, or multi-day programs.

Medical Examination

- Medical interview
- Auscultation and physical examination (head, neck, chest, abdomen)

Physical Measurements

- Height, weight, BMI
- Blood pressure
- Waist circumference
- Body composition analysis

Blood Tests

- Glucose metabolism and diabetes screening
- Lipid profile
- Anemia screening
- Liver and pancreatic function tests
- Helicobacter pylori antibody test
- Infectious disease screening
- Hepatitis virus screening
- Kidney function tests
- Thyroid function tests
- Tumor markers: CEA, CA19-9, AFP, PSA (men), CA125 (women)

Urinalysis

- Routine urinalysis
- Urine sediment examination

Osteoporosis Screening

- Bone density measurement (DEXA scan)

Hearing Test

- Standard pure-tone audiometry

Ophthalmologic Examination

- Visual acuity test
- Intraocular pressure test
- Fundus examination

Brain and Cerebrovascular Examination

- Brain MRI
- Brain MRA
- Neck MRA
- Carotid artery ultrasound

Oral Function Assessment

- Oral hygiene evaluation
- Oral dryness assessment
- Bite force measurement
- Tongue and lip motor function
- Tongue pressure measurement
- Chewing and swallowing function tests

Chest Examination

- Chest CT scan

Cardiovascular Examination

- Resting ECG

Abdominal Examination

- Abdominal ultrasound

Pelvic Examination

- Pelvic MRI (prostate/female reproductive organs)

Upper Gastrointestinal Endoscopy

- Esophagus, stomach, duodenum

Colonoscopy

- Cecum, colon and rectum

PET/CT Scan

- Scan range: Top of head to thighs

Breast Examination (Women Only)

- Breast PET scan
- Breast ultrasound

Gynecological Examination (Women Only)

- Pap smear
- Transvaginal ultrasound