SMALL CHECK-INS. BIG PICTURE. BETTER CARE.

Welcome to IBD Connect

IBD CONNECT

IBD Connect is designed to help you better understand your condition between appointments.

By spending just 2 minutes on a regular basis checking in, you can build a clearer picture of your health, prepare for appointments with confidence and take a more active role in managing your inflammatory bowel disease (IBD).

Whether you're working towards remission or maintaining it, IBD Connect helps you stay connected to what matters most: your health.

Take a more active role in your IBD care

Living with IBD means your symptoms can change between appointments. IBD Connect has been designed to help you better understand your condition, recognise patterns over time, and feel more confident managing your health.

By spending just 2 minutes each week or fortnight updating the app, you'll build a clearer picture of how you're feeling and create valuable information that supports both you and your care team.

Regular check-ins can make a difference

IBD Connect has been designed to fit easily into your routine. Using the app regularly to update your symptoms will give you a good baseline against which future changes can be seen and understood. This will support better conversations, better decisions and ultimately better outcomes for you.

IBD CONNECT

How IBD Connect Can Help



STAY ON TOP OF YOUR SYMPTOMS

Regular symptom check-ins make it easier to recognise changes early, helping you understand whether your condition is improving, staying stable or becoming more active.

BETTER UNDERSTAND YOUR HEALTH

Track the factors that may influence how you feel, including your symptoms, quality of life and other day-to-day experiences. Over time, this can help you identify patterns and better understand what affects you.

BE BETTER PREPARED FOR APPOINTMENTS

Complete your pre-clinic questionnaires in the app before your appointment, so your care team has the information they need and your consultation can focus on what matters most to you.

FEEL MORE IN CONTROL

Managing IBD can sometimes feel unpredictable. Regular check-ins help you stay connected with your health and give you greater confidence in understanding your condition between appointments.

WORK TOGETHER WITH YOUR CARE TEAM

IBD Connect is designed to complement your clinical care, not replace it. Your pre-clinic questionnaires are securely shared with your care team to support more informed conversations and personalised care.

HELPING SHAPE THE FUTURE OF IBD CARE

As one of our early users, your feedback will help us improve IBD Connect and shape future features that support people living with IBD.

V1.0