RE-DEFINING HR & BEYOND

A Newsletter By



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WELCOME to the Latest Edition of RethinkHR Newsletter!

Hello, HR leaders, innovators, and advocates for change!

We're excited to share the latest edition of theour newsletter, packed with insights, inspiration, and a glimpse of the game-changing events that are shaping HR's future! We're on an incredible journey together, and here's a quick look at our recent milestones and the thrilling road ahead.

Last month, we wrapped up India's Most Agile HR Leaders 2024—a celebration of resilience, adaptability, and visionary HR strategies that are reshaping organizations nationwide. This initiative brought together HR pioneers who are leading the charge toward agile, people-centered workplaces and reimagining the role of HR in a rapidly evolving world. From embracing technology to redefining engagement, these leaders are setting the stage for a new era of employee experience. And now, get ready for what's next: the highly anticipated RethinkHR Conference in Bangalore this month! This event will be a powerhouse of ideas, networking, and knowledge sharing, spotlighting vital topics like workplace safety, employee engagement, and cutting-edge HR strategies. Don't miss the chance to be part of this vibrant community of HR innovators pushing the envelope in every aspect of people management.

In this edition, we're diving into a core pillar of inclusive workplace culture—the **Prevention of Sexual Harassment (POSH)** Act. Since its inception in 2013, the POSH Act has been instrumental in safeguarding rights and ensuring a safe and respectful working environment. Today, as we explore the latest trends, challenges, and best practices around POSH, we aim to empower HR professionals and organizations alike to build workplaces where respect and safety are foundational.

The POSH Act represents more than just compliance; it's a commitment to building inclusive, empowering workplaces. By embracing its principles, we're actively creating spaces where every team member can contribute, innovate, and thrive without fear of harassment or discrimination. For HR leaders, understanding the POSH Act's nuances is crucial—not just as guardians of workplace policy, but as champions of a respectful, inclusive culture.

Let's continue to lead with vision, empathy, and agility. Welcome again to the RethinkHR community, where together, we're shaping the future of HR!

The Importance of having POSH at the Workplace in India

The Prevention of Sexual Harassment (POSH) policy is a crucial framework for ensuring a safe and respectful work environment in India. Mandated by the Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act, 2013, POSH compliance is essential for organizations with ten or more employees. Here's why implementing a POSH policy is vital for workplaces across the country.

Legal Compliance

Organizations must adhere to the POSH Act to avoid legal repercussions. Non-compliance can lead to penalties and damage to reputation. A well-defined POSH policy provides clear guidelines for reporting incidents of harassment, ensuring a structured approach to addressing complaints.

Creating a Safe Work Environment

POSH training educates employees about what constitutes sexual harassment, helping them recognize inappropriate behavior and understand their rights. Establishing support systems empowers employees to report incidents without fear of retaliation, fostering a culture where harassment is not tolerated.

Enhancing Employee Engagement and Satisfaction

A safe and respectful workplace leads to increased job satisfaction and higher employee engagement. When employees feel valued and secure, they are more likely to be committed to their work, resulting in improved retention rates and productivity.

Preventing Toxic Work Culture

A proactive approach through POSH policies helps identify and address issues before they escalate into serious problems, preventing toxic workplace cultures. Organizations that prioritize POSH demonstrate their commitment to inclusivity and respect for all employees, which is essential for attracting diverse talent.

Reputation Management

Companies that adhere to POSH standards are viewed as responsible employers, enhancing their reputation in the market. This positive image can lead to better business opportunities and attract top talent in a competitive job market.

In conclusion, implementing a robust POSH policy goes beyond compliance; it is about cultivating a workplace culture that values safety, respect, and equality. By investing in POSH training and policies, organizations can create an environment where all employees feel secure and empowered, ultimately leading to enhanced performance and well-being.



Current Industry Trends in POSH Compliance

Increase in Complaints

Recent statistics reveal a notable 40% increase in sexual harassment complaints across various sectors. According to reports from BSE 30 companies, there were 932 cases reported in FY24 compared to previous years. This surge reflects growing awareness among employees about their rights under the POSH Act.

Spotlight on Sectoral Insights:

Banking & Technology: Companies like ICICI Bank reported a jump from 43 cases in FY23 to 133 cases in FY24. Similarly, TCS saw complaints rise from 49 cases to 110 cases during the same period.

Cultural Shift: The increase in complaints is attributed to improved reporting mechanisms and a cultural shift within organizations that encourages victims to come forward.

Legislative Amendments on the Horizon

The Indian government is considering amendments that would extend the time-frame for filing complaints from three months to one year, providing victims with additional time to process their experiences.

Government Initiatives

State governments are taking proactive measures:

Kerala's Compliance Portal: Employers are required to register their ICCs and submit annual reports on compliance.

Haryana's Mandate: All companies must submit documentation demonstrating adherence to the POSH Act

Companies Leading The Change

Successful Case Studies of POSH Training in Indian Organizations



Implementing effective POSH (Prevention of Sexual Harassment) training is crucial for fostering a safe workplace culture. Here are some notable case studies from Indian organizations that have successfully integrated POSH training, demonstrating the impact and effectiveness of these initiatives.



Aditya Birla Chemicals

Aditya Birla Chemicals conducted a comprehensive half-day POSH training session for its Internal Committee (IC) members across various factories and business sectors. Facilitated by Shivangi Prasad, the training utilized multiple case studies to highlight responsibilities under the POSH Act. Participants found the session engaging and informative, with meaningful takeaways that emphasized the importance of creating a safe work environment.



BPCL (Bharat Petroleum Corporation Limited)

BPCL engaged experts from POSH at Work to facilitate workshops focused on POSH and women empowerment. These workshops were designed to enhance awareness and understanding of gender diversity issues within the organization. Feedback highlighted the effectiveness of the training in improving facilitation skills and promoting a respectful workplace culture.



Welingkar Institute of Management

The Welingkar Institute incorporated POSH training into its induction program, led by Adv. Shivangi Prasad. This initiative aimed to ensure a safer and more inclusive environment for students and staff alike. The training focused on legal aspects while fostering awareness about harassment, contributing to a more informed community.

ServiceNow



In anticipation of the 10th anniversary of the POSH law, ServiceNow organized in-person sensitization sessions for its workforce in India. The goal was to reinforce their commitment to preventing harassment and promoting inclusivity. Over 3,500 employees were set to be sensitized through these sessions, showcasing an organizational commitment to employee safety and awareness.

Talent Sapphire Pvt. Ltd.



Talent Sapphire has adopted a unique case study-based approach to POSH training, which emphasizes real-world scenarios that employees TALENT SAPPHIRE might encounter. This method not only engages participants but also enhances their understanding of legal provisions and practical applications of the POSH Act. The interactive nature of this training promotes problem-solving skills and fosters a safe workplace culture

These case studies illustrate that effective POSH training can significantly enhance awareness, compliance, and workplace culture in Indian organizations. By utilizing engaging methods such as case studies, role-playing, and interactive discussions, these organizations have successfully created environments where employees feel safe and empowered to report harassment. Implementing such comprehensive training programs is essential for fostering respect and inclusivity in the workplace.

Challenges Ahead

Despite positive developments, challenges persist:

- Backlog of Complaints: The backlog of unresolved complaints has grown significantly, with pending resolutions increasing by 67% from FY23 to FY24.
- ▶ Fear of Retaliation: Many employees hesitate to report incidents due to fear of retaliation or stigma associated with coming forward.
- ▶ **Resource Constraints:** Smaller organizations may struggle with implementing robust POSH policies due to limited resources or lack of awareness about compliance requirements.



Everything You Need to Know about POSH Act & Building Safe Workplaces



Creating a workplace where everyone feels safe, respected, and valued is no longer just a corporate ideal—it's a necessity. The Prevention of Sexual Harassment (POSH) Act, introduced in 2013, stands as a powerful framework in India to combat workplace harassment, fostering environments that uphold dignity and respect for women. But implementing POSH isn't just about compliance; it's about commitment to a culture of safety, trust, and inclusivity. In this blog, we'll explore the essence of the POSH Act, discuss recent trends, and share actionable steps to promote a harassment-free workplace.

The POSH Act

Introduced to address workplace harassment, the **Prevention of Sexual Harassment of Women at Workplace (POSH) Act** empowers organizations to create a safe and respectful work environment. Its scope covers every workplace with ten or more employees, mandating the formation of **Internal Complaints Committees (ICCs)** to handle harassment complaints with fairness and confidentiality.

Key provisions of the POSH Act include:

- Formation of an ICC: Each workplace must establish an ICC to manage complaints of sexual harassment. The committee should have an impartial structure, with members trained to address complaints confidentially and respectfully.
- Awareness and Training: Employers are responsible for conducting regular awareness and training programs to inform employees about the POSH Act, what constitutes harassment, and how to report incidents safely.
- ▶ Legal Obligations and Compliance: Organizations that fail to comply with POSH can face significant penalties, including fines and even revocation of business licenses. This reinforces the importance of adherence not just as a legal formality but as an ethical imperative.

The Rising Awareness and Current Trends in POSH Compliance

In recent years, there has been a significant increase in reported sexual harassment cases across various industries, reflecting a heightened awareness of workplace rights and a stronger resolve to combat misconduct. According to Complykaro's recent data, sexual harassment complaints in FY24 increased by 40% compared to the previous year, with 932 cases reported among BSE 30 companies alone.

This trend highlights a positive shift towards transparency and accountability in organizations, driven by:

- Sectoral Shifts in Culture and Reporting: Industries like banking and technology have seen a pronounced rise in complaints, with companies such as ICICI Bank experiencing an increase from 43 cases in FY23 to 133 cases in FY24. TCS and other prominent tech firms are also witnessing more complaints, largely attributed to better reporting mechanisms and a culture that empowers employees to speak up.
- ▶ Increased Awareness of Rights: Employees today are more informed about their rights and the resources available to them under the POSH Act. This awareness fosters a work environment where issues are no longer brushed aside but addressed with seriousness and empathy.

Protecting Yourself Under the POSH Act

As an employee or job seeker, knowing your rights under the POSH Act can be empowering. Whether you're starting a new role or navigating a long-standing position, here are some proactive steps to protect yourself:

- Know Your Rights: Familiarize yourself with the POSH Act's provisions. Understanding what constitutes sexual harassment and your rights as an employee can empower you to recognize and address inappropriate behavior effectively.
- ▶ **Document Incidents:** If you experience or witness harassment, document key details—dates, times, locations, and people involved. Having a well-organized record can strengthen your case if you decide to report the incident.

- Utilize Company Resources: Many organizations have specific policies for handling harassment complaints. Before joining a new company or inquiring within your current role, learn about the company's POSH policy and the support it offers to ensure a safe working environment.
- Seek Support Networks: Workplace harassment can be an isolating experience. If you're uncomfortable or unsure, reach out to trusted colleagues, professional associations, or external organizations dedicated to women's rights.

What To Do If You Experience Harassment

Should harassment occur despite preventative measures, it's essential to know the steps for taking action:

- ▶ File a Complaint with the ICC: Report the incident to your company's ICC within three months of the occurrence. The ICC is required to handle all cases with confidentiality and fairness. If your organization doesn't have an ICC, contact a Local Committee established under the POSH Act.
- Consider Legal Recourse: If the internal process fails to address your concerns or if you face retaliation after filing a complaint, legal options are available. Filing a report with the police under relevant sections of the Indian Penal Code (IPC) may offer further recourse.
- Seek External Support Services: Many NGOs and legal aid organizations provide guidance on workplace issues. They can offer insights into navigating your situation and support you in asserting your rights effectively.

Best Practices for Organizations Implementing POSH

For HR leaders and organizations, implementing the POSH Act involves more than just policy compliance. It's about building a culture that prioritizes safety and respect. Here are some best practices that organizations can adopt:

- ► Conduct Regular Training and Awareness Programs: Routine training on gender sensitivity, harassment prevention, and bystander intervention can create a more aware and responsible workforce.
- Create Robust Awareness Campaigns: Inform employees about POSH policies through campaigns, newsletters, and easily accessible resources. Awareness ensures that employees know their rights and how to report issues if they arise.
- ▶ **Establish Clear Reporting Mechanisms:** Make reporting processes straightforward and safe. Employees should feel confident and protected when coming forward with complaints.
- Encourage Open Dialogue: A culture that values transparency encourages employees to voice their concerns without fear. Leaders should be approachable and willing to discuss workplace safety issues openly.
- Regular Compliance Audits: Conduct periodic audits to assess the effectiveness of POSH compliance measures, including ICC operations and the impact of training programs.

Looking Forward

The POSH Act goes beyond legal requirements—it embodies an ethical commitment to cultivating a workplace where everyone can contribute without fear of harassment or discrimination. For organizations, adopting POSH practices isn't just about avoiding penalties; it's about building an inclusive, forward-thinking work environment that attracts and retains top talent.

At RethinkHR, we believe in empowering HR professionals to take proactive steps in implementing effective POSH policies that go beyond compliance. By promoting a culture of respect, dignity, and safety, we can redefine workplace norms and help create workplaces that are truly welcoming to all.

Thank you for joining us in this important discussion! We encourage HR leaders to embrace these guidelines as part of their mission for a respectful workplace. Stay tuned for our next edition, where we'll dive into more emerging HR trends and insights. Together, we can make significant strides towards a future where every workplace feels safe, supportive, and inclusive.

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Courtesy Power Moves



We want to hear from you!

As we look into the future, it is clear that POSH compliances will be a top priority for HR Leaders. The landscape surrounding the POSH Act is evolving rapidly, marked by increased awareness and proactive corporate initiatives aimed at fostering safer workplaces for women across India. While significant progress has been made since the enactment of this law, ongoing efforts are essential for overcoming existing challenges.

As HR leaders and organizational stakeholders, it is crucial to advocate for robust POSH policies that prioritize employee safety and well-being. Together, we can create truly safe and inclusive workplaces where every employee feels empowered to thrive without fear of harassment or discrimination.

Thank you for being part of this important conversation! Stay tuned for our next edition where we will explore more HR trends and insights! Feel free to share your thoughts or suggestions on topics you'd like us to cover next!



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Thank you for joining us on this journey with The RethinkHR Newsletter community, and we look forward to hearing from you! We look forward to empowering your business success with actionable HR insights and strategic guidance in the months ahead! Until then, stay tuned!