

FAMILY RESOURCES

PECS Picture Cards

A free printable starter set to begin picture exchange at home.



38 ready-to-cut cards



Sentence strip + blanks

Inspired by the picture exchange approach. Not affiliated with or endorsed by Pyramid Educational Consultants.

From **Alpaca Health**

alpacahealth.io

How to use these cards

Picture exchange gives your child a clear, low-pressure way to ask for what they want. Start small and keep it warm.

- 1 Print the pictures your child cares about most and cut them out.
- 2 Protect each card with a laminator or clear packing tape.
- 3 Add a small Velcro dot to the back and stick the cards to a folder, binder, or the fridge.
- 4 Start with just one or two of your child's most motivating pictures.
- 5 When your child hands you a picture, immediately give them the item and say its name out loud.
- 6 As they get the hang of it, add more pictures and introduce the "I want" strip to build short sentences.
- 7 Keep the cards somewhere your child can always reach them.

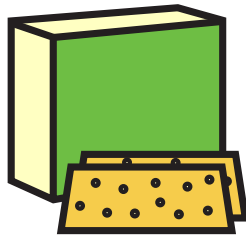
A GENTLE REMINDER

Follow your child's lead and celebrate every exchange. This starter set supports learning at home. It does not replace guidance from a Board Certified Behavior Analyst or speech-language pathologist, who can tailor a communication plan to your child.

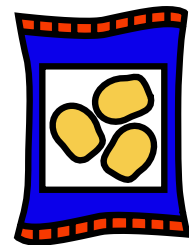
FOODS & SNACKS



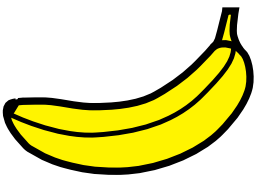
Cookie



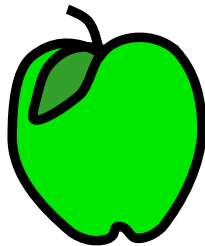
Cracker



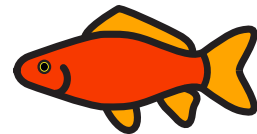
Chips



Banana



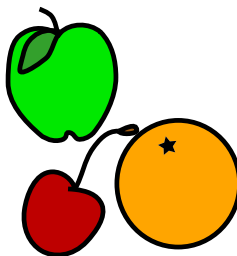
Apple



Goldfish crackers



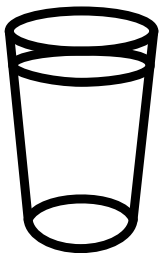
Yogurt



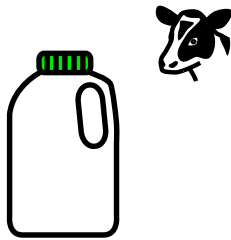
Fruit snack

PECS PICTURE CARDS

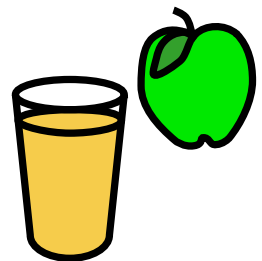
● DRINKS



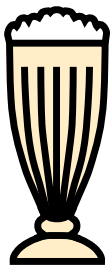
Water



Milk

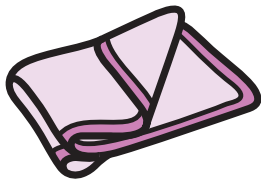


Juice



Chocolate milk

● COMFORT



Blanket

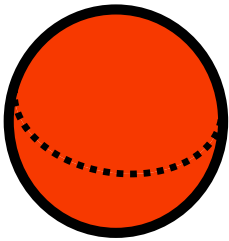


Stuffed animal

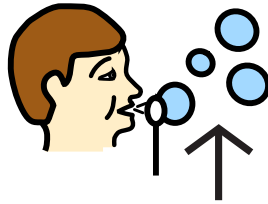


Hug

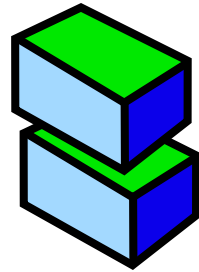
● TOYS & PLAY



Ball



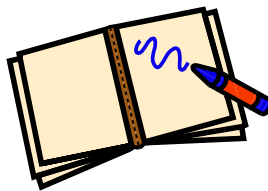
Bubbles



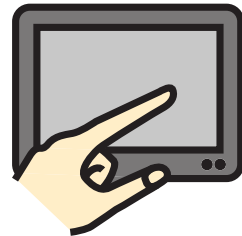
Blocks



Toy car



Book

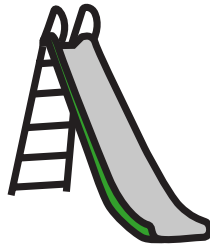


Tablet

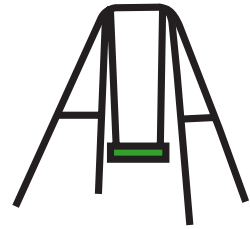
● ACTIVITIES



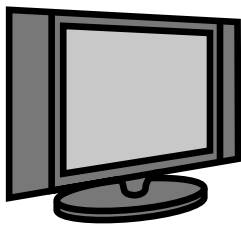
Go outside



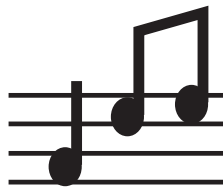
Park



Swing

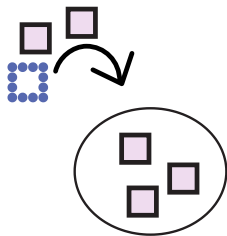


Watch TV

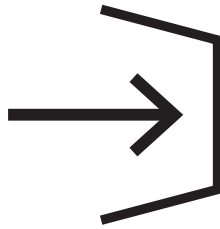


Music

● CORE WORDS



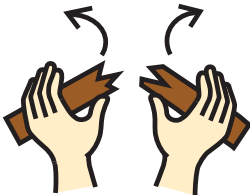
More



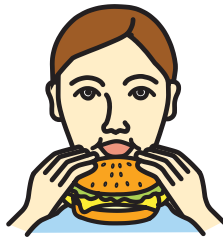
All done



Help



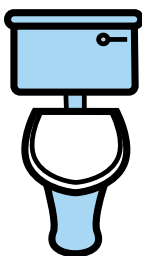
Break



Eat



Drink

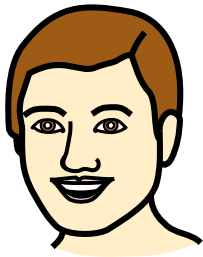


Bathroom

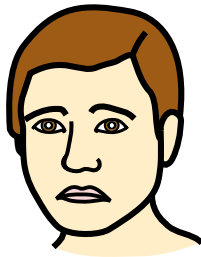


Wait

● FEELINGS



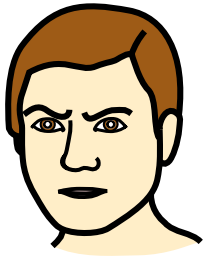
Happy



Sad



Tired



Mad

● BUILD A SENTENCE

I want...

Sentence-starter card · cut out

How it works: stick the “I want” card at the start of the strip, then let your child add a picture to finish the sentence. Handing you the whole strip is a big communication step.

I want...

start here

attach a picture here

attach a picture here

Make it yours: add a strip of the soft (loop) side of Velcro across the blank space, and the hook side to the back of each card. Your child chooses a picture, presses it on, and hands you the strip.

NEXT STEP

Want a communication plan built around your child?

Alpaca Health matches your family with a Board Certified Behavior Analyst (BCBA) who can build picture exchange and other communication supports right into your child's therapy plan.

- In-network with Medicaid and 100+ commercial insurance plans
- Families matched with a provider in under 24 hours
- Free ADOS-2 autism evaluations for young children
- Care at home, in clinic, or over telehealth



Scan to get matched

or visit secure.alpacahealth.io/signup

PECS PICTURE CARDS

● WRITE YOUR OWN

Every child is different. Use these blanks for the people, foods, toys, and places that matter most to your child. A real photo often works even better than a drawing.

draw or add a photo	draw or add a photo
draw or add a photo	draw or add a photo

CREDITS & LICENSE

Picture symbols © Mulberry Symbols, used under CC BY-SA 2.0 UK. A few symbols (hug, wait, tired) © OpenMoji, CC BY-SA 4.0. Both licenses permit commercial use with attribution and share-alike. "PECS" refers to the Picture Exchange Communication System; this free resource is inspired by that approach and is not affiliated with or endorsed by Pyramid Educational Consultants. For a communication plan built around your child, Alpaca Health can match your family with a Board Certified Behavior Analyst. Learn more at alpacahealth.io.