

# Intake Form: Movement Disorder

## Chief Complaint

In your own words, what brings you in today?

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## History of Present Illness (HPI)

Briefly describe your present symptoms:

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Date symptoms began? \_\_\_\_\_

Describe the frequency of the problem (*continuous, intermittent, daily, hourly etc.*):

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On a scale from 0 to 10, 0 being no problem at all and 10 being severe as possible, how would you rate it? \_\_\_\_\_

What body parts are most affected? \_\_\_\_\_

Have you previously received a diagnosis for this problem? (*circle one*)    **Yes**    **No**

If so, what was the diagnosis: \_\_\_\_\_

Who made the diagnosis: \_\_\_\_\_

What tests have been performed to evaluate this problem (*i.e. MRI, lab tests, etc.*)?

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What treatments have been tried for this problem (*i.e. medications, physical therapy, etc.*)?

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What improves the problem (*medication, rest, sitting, etc.*)?

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What worsens the problem (*exercise, poor sleep, stress, etc.*)?

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Has your problem interfered with your activities of daily living, such as bathing, feeding, or clothing yourself, or has it impacted your occupation? If so, what?

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Who in your family has a similar problem?

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Are you interested in participating in research trials? (*circle one*)    **Yes**    **No**    **Maybe**

**Surgical History**      ☐ No prior surgeries or procedures

Procedure	Date (MM/YYYY)	Complications?

**Review of Systems****Constitutional**   ☐ None of the below

- ☐ Fever / Chills
- ☐ Unintentional weight gain / loss
- ☐ Exercise intolerance
- ☐ Fatigue
- ☐ Night sweats
- ☐ Inability to sleep
- ☐ Sleeping too much

**HEENT**   ☐ None of the below

- ☐ Blurred vision / vision loss
- ☐ Hearing change
- ☐ Nosebleeds
- ☐ Difficulty chewing / swallowing
- ☐ Change in smell / taste
- ☐ Double vision
- ☐ Ringing in the ears
- ☐ Hoarseness / prolonged sore throat
- ☐ Speech changes / difficulty
- ☐ Snoring

**Respiratory**   ☐ None of the below

- ☐ Shortness of breath
- ☐ Wheezing
- ☐ Chronic cough

**Cardiovascular**   ☐ None of the below

- ☐ Chest pain / pressure / heaviness
- ☐ Swelling of feet / ankles
- ☐ Palpitations
- ☐ Fainting spells

**Gastrointestinal**   ☐ None of the below

- ☐ Nausea / Vomiting
- ☐ Constipation
- ☐ Diarrhea
- ☐ Heartburn / Indigestion
- ☐ Abdominal pain
- ☐ Blood in stool

**Genitourinary**   ☐ None of the below

- ☐ Pain or burning with urination
- ☐ Blood in urine
- ☐ Sexual dysfunction / impotence
- ☐ Frequent urination
- ☐ Change in menstrual cycle

**Neurologic**   ☐ None of the below

- ☐ Headache
- ☐ Numbness / Tingling
- ☐ Involuntary movements / tremor / twitching / cramps
- ☐ Memory loss
- ☐ Poor balance / falls
- ☐ Seizures / Convulsions

**Psychiatric**   ☐ None of the below

- ☐ Mood change
- ☐ Depression
- ☐ Anxiety
- ☐ Hallucinations
- ☐ Paranoia
- ☐ Delusions

**Endocrine**   ☐ None of the below

- ☐ Heat or cold intolerance
- ☐ Excessive sweating
- ☐ Excessive thirst / urination
- ☐ Hair change

**Hematologic/Immune**   ☐ None of the below

- ☐ Easy bruising or bleeding
- ☐ Swollen lymph nodes

**Musculoskeletal**   ☐ None of the below

- ☐ Joint pain
- ☐ Neck pain +/- shooting pain into arms
- ☐ Low-back pain +/- shooting pain into legs

## Movement Disorder Questionnaire

Handedness (*circle one*)    **Left**    **Right**    **Both**

Do you have a tremor? (*circle one*)    **Yes**    **No**

*If yes, where:*

- |                               |                                 |                                     |                                    |                                    |
|-------------------------------|---------------------------------|-------------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> Hand | <input type="checkbox"/> Tongue | <input type="checkbox"/> Right Hand | <input type="checkbox"/> Right Arm | <input type="checkbox"/> Right Leg |
| <input type="checkbox"/> Face | <input type="checkbox"/> Trunk  | <input type="checkbox"/> Left Hand  | <input type="checkbox"/> Left Arm  | <input type="checkbox"/> Left Leg  |

When do you notice your tremor? *check all that apply*

- ☐ At rest
- ☐ With action (writing, eating, using a tool)
- ☐ Holding an arm/leg outstretched

Does anything make your tremor **better**? *check all that apply*

- ☐ Medication
- ☐ Certain positions
- ☐ Alcohol
- ☐ Other \_\_\_\_\_

Does anything make your tremor **worse**? *check all that apply*

- ☐ Stress
- ☐ Activity/Exercise
- ☐ Caffeine
- ☐ Other \_\_\_\_\_

Have you tried any medications for your tremor? *check all that apply*

- |                                |   |            |           |
|--------------------------------|---|------------|-----------|
| <input type="checkbox"/> _____ | <b>Did it help? (<i>circle one</i>)</b> | <b>Yes</b> | <b>No</b> |
| <input type="checkbox"/> _____ | <b>Did it help? (<i>circle one</i>)</b> | <b>Yes</b> | <b>No</b> |
| <input type="checkbox"/> _____ | <b>Did it help? (<i>circle one</i>)</b> | <b>Yes</b> | <b>No</b> |
| <input type="checkbox"/> _____ | <b>Did it help? (<i>circle one</i>)</b> | <b>Yes</b> | <b>No</b> |

Do you have balance difficulty? (*circle one*)    **Yes**    **No**

If yes, have you fallen? (*circle one*)    **Yes**    **No**

If yes, how often?

- ☐ Daily    ☐ Weekly    ☐ Monthly    ☐ Yearly

Do you have sleep difficulty? (*circle one*)    **Yes**    **No**

*If yes, check all that apply:*

- |   |  |
|---|--|
| <input type="checkbox"/> Falling asleep                         | <input type="checkbox"/> Excessive daytime sleepiness                        |
| <input type="checkbox"/> Staying asleep                         | <input type="checkbox"/> Walking up short of breath                          |
| <input type="checkbox"/> Vivid dreams                           | <input type="checkbox"/> Feeling of needing to move the legs and walk around |
| <input type="checkbox"/> Talking/Kicking/Fighting in your sleep |  |

Do you have anxiety, depression, mood/personality changes? (*circle one*)    **Yes**    **No**

*If yes, check all that apply:*

- ☐ Anxiety    ☐ Personality change    ☐ Depression    ☐ Mood change

Do you have problems with memory? (*circle one*)    **Yes**    **No**

*If yes, check all that apply:*

- ☐ Remembering short term events (events from the past week/month)
- ☐ Remembering long term events (childhood/early adulthood memories)
- ☐ Difficulty concentrating
- ☐ Difficulty finding words
- ☐ Other: \_\_\_\_\_