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INDEPENDENT EDITORIAL INTELLIGENCE

This Is Your Mind on AI

A practical protocol for AI and human judgement: verify fluent answers, retain essential understanding, count hidden workflow costs and assign responsibility for consequential decisions.

WTM Visual Intelligence · Noir Spider Atelier

EDITION 09 · 01/07
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VISUAL INTELLIGENCE · 01

Fluent output is not the same as verified knowledge

An answer becomes evidence only after checking.

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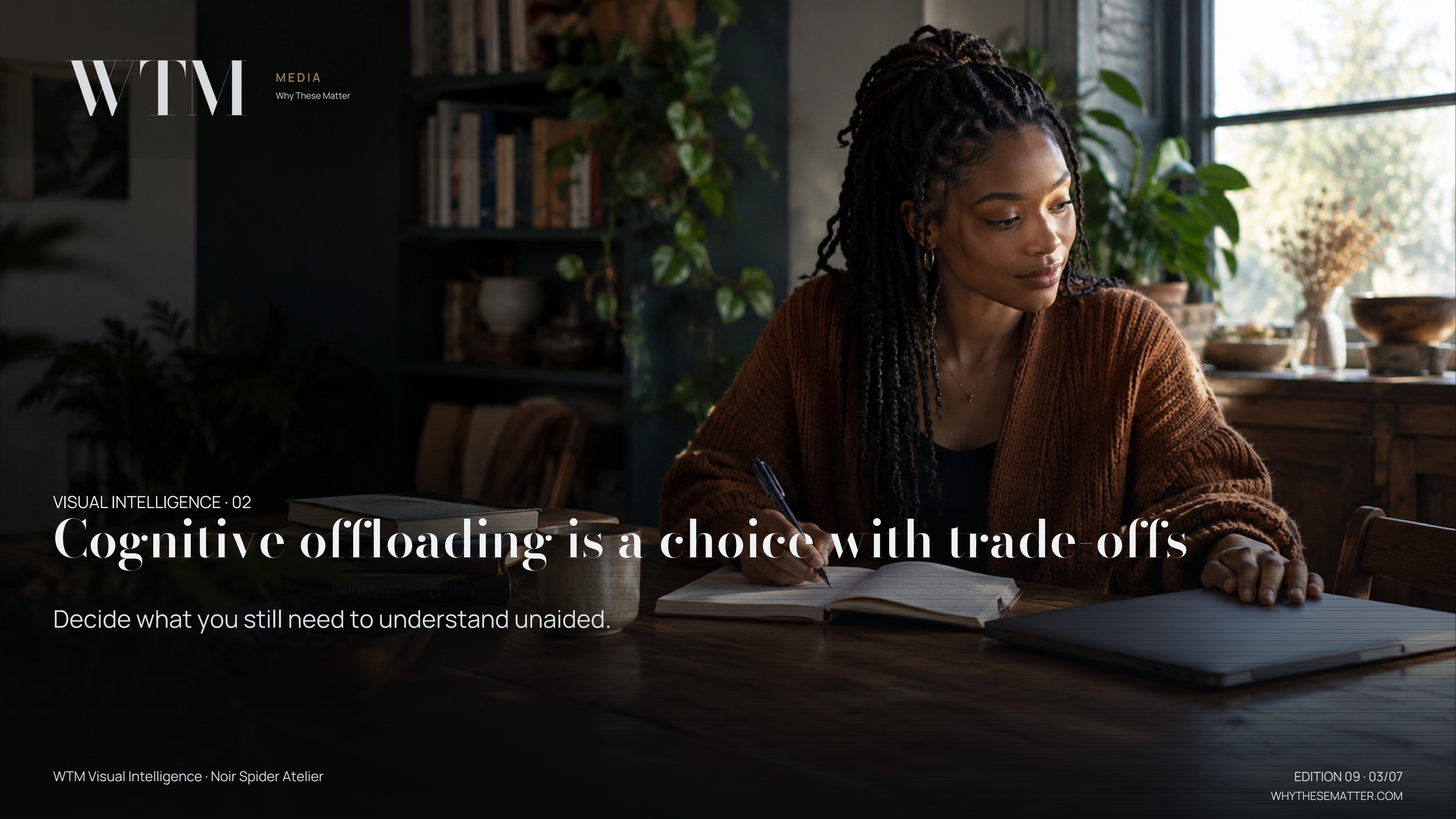

VISUAL INTELLIGENCE · 02

Cognitive offloading is a choice with trade-offs

Decide what you still need to understand unaided.

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VISUAL INTELLIGENCE · 03

The promise of efficiency hides who pays

Count the work moved elsewhere.

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VISUAL INTELLIGENCE · 04

Automation bias is a governance failure waiting to happen

Assign authority before a consequential error.

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VISUAL INTELLIGENCE · 05

Build a personal protocol for human judgement

Define, verify, decide and record.

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Research, decisions and context

Evidence review · 18 October 2026 · WTM Media editorial production

Use this intelligence

01 An answer becomes evidence only after checking.

02 Decide what you still need to understand unaided.

03 Count the work moved elsewhere.

04 Assign authority before a consequential error.

05 Define, verify, decide and record.

Editorial boundaries

A proposed judgement protocol supported by voluntary risk-management guidance. No tool is certified by this editorial. It makes no universal claim that AI use causes cognitive damage.

[1] NIST · Generative AI Profile, AI 600-1 (2024)

tsapps.nist.gov · Sections 2.2, 2.5, 2.7 and 2.12: confabulation, environmental, human-AI and value-chain risks.

[2] NIST · AI Risk Management Framework 1.0 (2023)

www.nist.gov · Govern, Map, Measure and Manage; voluntary guidance.

Visual provenance

AI-generated illustrative scenes with fictional adults. The visuals support the analysis and do not document reported events or research participants. Visuals: WTM Visual Intelligence · Noir Spider Atelier.