

St. Catharines North Location

Grand Master Jeong's Family Taekwondo

38A Secord Dr., St. Catharines, ON

(905)938-3232

FALL SCHEDULE – Sept. – Dec. 2023

*This schedule will start from **Tuesday, Sept. 5th**

Belt level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday(am)
Children's Class (Ages 6-12)						
White	4:40 – 5:25	6:30 – 7:15	4:00 – 4:45		5:25 – 6:10	10:20 – 11:05
Yellow	4:40 – 5:25	6:30 – 7:15	4:00 – 4:45		5:25 – 6:10	10:20 – 11:05
Yellow St	4:40 – 5:25	6:30 – 7:15	4:00 – 4:45		5:25 – 6:10	10:20 – 11:05
Orange	5:35 – 6:20	4:55 – 5:40	6:30 – 7:15	4:00 – 4:45		11:15 – 12:00
Orange St	5:35 – 6:20	4:55 – 5:40	6:30 – 7:15	4:00 – 4:45		11:15 – 12:00
Green	5:35 – 6:20	4:55 – 5:40	6:30 – 7:15	4:00 – 4:45		11:15 – 12:00
Green St	6:30 – 7:15	4:00 – 4:45	6:30 – 7:15	4:55 – 5:40	4:30 – 5:15	12:10 – 12:55
Blue – Blue St	6:30 – 7:15	4:00 – 4:45		4:55 – 5:40	4:30 – 5:15	12:10 – 12:55
Brown, Red, DanBo	6:30 – 7:15	4:00 – 4:45		4:55 – 5:40	4:30 – 5:15	12:10 – 12:55
SPARRING				6:35 – 7:20	7:30 – 8:15 (TEEN/ADULT) <i>*Pendale</i>	
Teen / Adult Must be 13 and up to attend this class (Age restriction)						
All Teen/Adults	8:15 – 9:00	8:15 – 9:00	8:10 – 8:55	8:20 – 9:05	7:10 – 7:55	1:05 – 1:50
Black Belt Class (Only 13 and up Black Belts can attend Adult class; Children – 13 years&under)						
1 st Black Belt	7:25 – 8:10	7:25 – 8:10	7:20 – 8:05	7:30 – 8:15	7:10 – 7:55	1:05 – 1:50 Teen/Adults
2 nd Black Belt 3,4 th Black Belt	7:25 – 8:10	7:25 – 8:10	7:20 – 8:05	7:30 – 8:15		1:05 – 1:50 Teen/Adults
Family Class						
These classes are for families only all ages welcome. (Minimum 6 years old)						
Family Classes			4:55 – 5:40		6:20 – 7:05	
Little Tigers (Ages 4,5)						
When student turns 6 years old, they will move to the children class.						
Little Tigers	4:00 – 4:30	5:50 – 6:20	5:50 – 6:20	5:50 – 6:20		9:40 – 10:10

- Please let us know ahead of time if students will be missing classes due to illness, vacation, or other reasons.
- We kindly ask that students are to be picked up and dropped off for their classes.
- *Sparring Classes*** (Orange Belt & Higher) – Sparring Equipment is required.
*SCHEDULE IS SUBJECT TO CHANGE

***If You are enjoying your classes, please tell a friend!
We appreciated your referral.***

For Jeong's Family TKD News/Holidays/Snow Days/Testing/Closures & Special Events – Follow/Like us on:

EMAIL: jeongsfamilytkdsecord@gmail.com

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