

TIGER KICKS MARTIAL ARTS - CLASS SCHEDULE (AS OF TUESDAY, SEPTEMBER 1, 2026)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30 – 5:00PM TIGER TOTS (30 MINS)	4:20 – 5:00PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW GREENSTRIPE	4:30 – 5:00PM TIGER TOTS (30 MINS)	4:20 – 5:00PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW GREENSTRIPE	4:20 – 5:00PM JR. TAEKWONDO GREENSTRIPE GREEN BLUESTRIPE	10:00 – 10:30AM TIGER TOTS (30 MINS)	10:00 – 11:15AM COMPETITION TKD TEAM INVITATION ONLY
5:00 – 5:40PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	5:00 – 5:30PM TIGER TOTS (30 MINS)	5:00 – 5:40PM JR. TAEKWONDO GREENSTRIPE GREEN	5:00 – 5:30PM TIGER TOTS (30 MINS)	5:00 – 5:30PM TIGER TOTS (30 MINS)	10:30 – 11:10AM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	BOOK YOUR FREE TRIAL CLASS  SCAN ME 
5:40 – 6:20PM JR. TAEKWONDO GREENSTRIPE GREEN	5:30 – 6:10PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	5:40 – 6:20PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	5:30 – 6:10PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	5:30 – 6:10PM JR. BEGINNER TKD WHITE YELLOWSTRIPE YELLOW	11:10 – 11:40AM TIGER TOTS (30 MINS)	
6:20 – 7:00PM JR. TAEKWONDO BLUESTRIPE BLUE REDSTRIPE	6:10 – 6:50PM JR. TAEKWONDO GREENSTRIPE GREEN	6:20 – 7:00PM JR. TAEKWONDO BLUESTRIPE BLUE REDSTRIPE	6:10 – 6:50PM JR. TAEKWONDO GREENSTRIPE GREEN	6:10 – 6:50PM JR. TAEKWONDO BLUE REDSTRIPE RED BLACKSTRIPE	11:40 – 12:20PM JR. TAEKWONDO GREENSTRIPE GREEN BLUESTRIPE	
7:00 – 7:40PM JR. TKD/BLACK BELT CLASS RED BLACKSTRIPE BLACKBELTS	6:50 – 7:30PM JR. TAEKWONDO BLUESTRIPE BLUE REDSTRIPE	7:00 – 7:40PM JR. TKD/BLACK BELT CLASS RED BLACKSTRIPE BLACKBELTS	6:50 – 7:30PM JR. TAEKWONDO RED BLACKSTRIPE	6:50 – 7:30PM FAMILY TAEKWONDO CLASS	12:20 – 1:00PM JR. TAEKWONDO BLUE REDSTRIPE RED	
7:40 – 8:25PM TEENS/ADULT TAEKWONDO ALL BELTS	7:30 – 8:10PM JR. TAEKWONDO RED BLACKSTRIPE	7:40 – 8:25PM TEENS/ADULT TAEKWONDO ALL BELTS	7:30 – 8:10PM JR. TAEKWONDO BLUESTRIPE BLUE REDSTRIPE	ROOM 1 7:30 – 8:15PM TEENS/ADULT TAEKWONDO ALL BELTS	1:00 – 1:40PM JUNIOR DEMO TEAM INVITATION ONLY	
8:25 – 9:10PM TEENS/ADULT KICKBOXING ALL SHORTS	ROOM 1 8:10 – 8:55PM BLACK BELT CLASS BLACKBELTS	8:25 – 9:10PM TEENS/ADULT KICKBOXING ALL SHORTS	ROOM 1 8:10 – 8:55PM BLACK BELT CLASS BLACKBELTS	ROOM 2 7:30 – 8:45PM HIGH PERFORMANCE ACADEMY	1:40 – 2:25PM JR. TKD/BLACK BELT CLASS RED BLACKSTRIPE BLACKBELTS	BOOK YOUR BIRTHDAY PARTY AT TIGER KICKS 
	ROOM 2 8:10 – 9:25PM HIGH PERFORMANCE ACADEMY		ROOM 2 8:10 – 9:25PM HIGH PERFORMANCE ACADEMY	ROOM 1 8:25 – 9:10PM TEENS/ADULT KICKBOXING ALL SHORTS	2:25 – 3:05PM SENIOR DEMO TEAM INVITATION ONLY	



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