



21 TO 26 OCTOBER 2026

Restore yourself

LIKE A KINTSUGI

Beneath the Hunter's Moon ☾
in Todos Santos

Hotel Galería Guaycura, Todos
Santos, Baja California Sur, México
Optional extension: 27 to 28 Oct

4 days
until the Hunter's Moon

	Group arrival and check-in 2:00 PM – 3:00 PM Welcome kit on every bed, including twin rooms	GUAYCURA Elisa Salas
	Brief rest and group meet-up Meeting place at Guaycura Lobby	
	Welcome meal 3:30 PM (Transfer) 	AL MAR Elisa Salas
	6:00 PM Return transfer 	
	Social Sketching Club 7:00 PM (Opcional) Ideal for anyone with energy and a wish to socialise	
	Return to the hotel to rest 10:00 PM	GUAYCURA

THURSDAY
22 OCTOBER 2026

 Observing the illuminated cracks

 3 days
until the Hunter's Moon

	Breakfast 8:30 AM	GUAYCURA
	Guided meditation + stretching 9:30 AM – 10:15 AM (Transfer)  Themed beach walk Identifying the Soul's Scars	EL FARO BEACH CLUB Gonzalo Cortés
	Writing workshop: identifying our early cracks 10:30 AM – 12:30 PM Sensory writing on recurring flashbacks	Jacinta Lanz
	Lunch and free time 2:00 PM – 7:00 PM	
	Integration dinner 7:00 PM	AL MAR Elisa Salas
	Evening bonfire A colourful surprise by the fire, with relaxing music	
	Return to the hotel to rest 10:30 PM (Return transfer) 	GUAYCURA

FRIDAY
23 OCTOBER 2026

 Breaking to Restore

 2 days
until the Hunter's Moon

 **Breakfast** **GUAYCURA**
8:30 AM

 **Guided meditation + stretching** **AL MAR**
9:30 AM – 10:15 AM (Transfer) Gonzalo Cortés

Themed walk
Rhetorical Questions / Maieutics

 **Writing workshop: Journaling** **Jacinta Lanz**
10:30 AM – 12:00 PM
Techniques to explore our truth / Mindfulness

 **Kintsugi Workshop** **Elisa Salas**
12:15 PM – 2:15 PM
Individual restoration kit; the catharsis of
breaking ceramics to join them with gold



Lunch

AL MAR

2:30 PM – 3:30 PM



Time for introspection

4:00 PM

Suggested: continue the morning Journaling exercise at the Beach Club



5:00 PM

Return transfer



Curated Gallery Tour in Todos Santos

GUAYCURA

5:30 PM – 6:30 PM

Elisa Salas



Free Evening

FRIDAY

23 OCTOBER 2026



Breaking to Restore

SATURDAY
24 OCTOBER 2026

 Emptying

 Eve
of the Hunter's Moon

 **Breakfast** **GUAYCURA**

8:30 AM

 **Guided meditation + stretching** **EL FARO BEACH CLUB**

9:30 AM – 10:15 AM (Transfer) Gonzalo Cortés



Themed walk
On the Human Essence
“We are made to heal”

 **From Shipwreck to Helm** Claudia Lozano

10:30 AM – 12:00 PM

Choose the gold, take the reins
of your own story

● 1:00 PM
Return transfer



 **Free day to enjoy Todos Santos** **GUAYCURA**

1:00 PM

Lunch on your own in town:
cafés, restaurants, craft shops

5:15 PM
Transfer



Meeting Point Lobby



Surprise Activity

5:30 PM – 6:30 PM

(To be confirmed)

4 Vientos

(Subject to availability)

6:50 PM
Return transfer





Reunion with the Source

7:00 PM – 8:00 PM

Reconnecting with your inner child / intuition

Teaching the inner child techniques for self-regulation

LA TERRAZA

Claudia Lozano



Dinner "Ojos que Sienten"

8:30 PM

Dinner in the dark

Guided sensory experience in awareness

GUAYCURA

Gina Badenoch

Meeting Point Lobby

SUNDAY
25 OCTOBER 2026



● The Hunter's Moon Rises 5:20 PM

✦ Breakfast GUAYCURA

8:30 AM

✦ Guided meditation + stretching EL FARO BEACH CLUB

9:30 AM – 10:15 AM (Transfer)

Gonzalo Cortés



Themed walk
On emptying the cup / Preparing
to receive the new tea

✦ Writing workshop: memory of origin Jacinta Lanz
10:30 AM – 12:30 PM

Letter to the inner child: how can I
give it today what it lacked?

✦ Lunch
12:30 PM – 2:00 PM

✦ Closing art therapy: Ikigai Elisa Salas
2:00 PM Gina Badenoch

Reintegration and grounding,
preparing to return home

Meeting Point

4:50 PM
Transfer

EL FARO BEACH CLUB



Transfer to El Mirador Restaurant

5:15 PM

A unique experience offering 360° views of the Pacific Ocean and the Sierra de la Laguna, where you can watch the sunset and the moonrise where the ocean meets the desert.



The Hunter's Moon rises as the sun sets

EL MIRADOR

5:20 PM

Kintsugi Dinner under a Celestial Phenomenon
Farewell

8:30 PM
Return transfer



Return to the hotel to pack and rest

GUAYCURA

8:30 PM

Cosmic integration of restorative
lunar energy during sleep

SUNDAY

25 OCTOBER 2026



Rebirth

MONDAY | FAREWELL
26 OCTOBER 2026

 Harvesting and Closing

● Full Moon at its height 9:13 PM

	Breakfast 8:30 AM	GUAYCURA
	Guided meditation + stretching 9:30 AM – 10:15 AM (Transfer)  Themed beach walk Closing to Open	EL FARO BEACH CLUB Gonzalo Cortés
	Closing writing workshop: the Harvest 10:30 AM – 11:45 AM All that was sown this year, conscious preparation for the year's end	EL FARO BEACH CLUB Jacinta Lanz



Mexica Ritual on the Beach

12:00 PM

Sound and healing mantras: a canopy/palapa will be set up for the midday sun



Closing with healing frequencies

2:00 PM

Rebirth and new beginnings

Claudia Lozano
Elisa Salas



Lunch at El Faro Beach Club

3:00 PM

Meeting Point



4:15 PM
Transfer to town

EL FARO BEACH CLUB



Logistics note: As Monday is the last night with the closing dinner, check-out will take place on the morning of 27 October, except for those extending their stay, who should inform Reception.

SLOW EXTENSION (OPTIONAL)
TUESDAY 27 AND WEDNESDAY 28 OCTOBER

Preferential rate for room and breakfast

	Accommodation	GUAYCURA
	At the preferential rate	
	All day Free time Continue writing, or optional adventure activities: surfing at Cerritos Beach, the Arch at Cabo San Lucas, or swimming with sea lions in La Paz. (additional cost, arrange with concierge)	Adventure time Surf Lessons with Mario

Signature retreat by Elisa Salas

 Please note: Kindly join the group video call 3 weeks later to follow up on your return and reintegration into daily life with the retreat's new tools.