

CYBER SAFETY

Cyber safety refers to staying safe and secure while using technology, particularly the internet. Here are some tips for practicing cyber safety:

Use strong passwords and change them frequently. Use a mix of upper and lowercase letters, numbers, and symbols.

Never share your address, phone number, or other sensitive information.

Tell a trusted adult if someone online makes you uncomfortable or says something that worries you.

Never click on links or download files from people you don't know.

Be wary of messages or emails asking for money or personal information.