

Sennie (SEN SPECIALIST/NANNY/MANNY) for B7 & B4

Additional needs present: ADHD, PDA	Location: Islington / Highbury N5	Salary: From £20 per hour gross
Live out Driver: Not essential Pets: None Shared Care	Days & Hours Required: Approx 20 hours per week (TERM-TIME ONLY) - Monday - Friday: 3pm - 7pm Essential Skills / Traits - Minimum of 2+ years SEN childcare experience - Proactive - Confident in setting gentle but clear boundaries - Skilled in de-escalation when frustrations arise	

About the Role/children: **SENNIES** are excited to support a family with two boys, currently aged seven and four, living in Islington. Both children attend the same school, which is nearly two miles away. B7 presents with symptoms of PDA and ADHD. He can be highly energetic, resistant to demands, and requires calm, consistent support to help him regulate. B4 is neurotypical but can be more challenging to manage when the boys are together, as their dynamic often amplifies difficulties. While they are both lively and affectionate children, the end of the school day and evening routine can be particularly demanding, especially for Mum managing them on her own before Dad returns from work.

The role will involve collecting the boys from school, supporting them on the journey home, and helping them transition into the evening routine, including play, winding down, and preparation for bed. At this stage, there are no external therapies or interventions in place, but for B7, a Sennie with experience in supporting children with PDA and ADHD would be invaluable. Someone who can apply low-demand strategies, use positive behaviour support, and create a structured yet flexible environment will make a significant difference. The Sennie should be patient, resilient, and warm, able to balance energy and calm depending on the situation.

The school is approximately two miles away (around a 40-minute brisk walk) and is difficult to reach efficiently by public transport. To make this easier, the family are happy for the Sennie to use their cargo bike, which reduces the journey to about 15 minutes and provides a smoother, less demanding trip for B7. The Sennie would just need to collect the bike from home before school pick-up.

In addition, Mum will often be at home and will share duties with the Sennie. For this reason, the role can often involve looking after either B7 or B4 individually.

B7 is bright, independent, and full of energy, but his strong PDA and ADHD can make everyday routines challenging, particularly getting home, managing transitions, and preparing for bed. Tasks such as bath time are often points of resistance, which can be difficult for the family to manage consistently. A Sennie will support B7 by using low-demand strategies, offering choices, and reframing routines to reduce pressure and encourage cooperation.

B4 is easy-going, funny, and has a great sense of humour. He is neurotypical and enjoys playful interaction, thriving when his individuality and curiosity are encouraged. While he does not have additional needs, a Sennie can support him by ensuring he feels included and valued alongside his sibling, offering reassurance, encouragement, and one-to-one attention where possible.

Main duties / responsibilities:

- Support B7 by using low-demand approaches, offering choices, and reframing tasks to make daily routines—such as coming home, bath time, and bedtime—more manageable.
- Provide calm, structured guidance to help manage transitions and channel energy in positive ways through engaging and active activities.

- Build trust and rapport, setting gentle but clear boundaries to reduce resistance and encourage cooperation.
- Nurture B4's easy-going and humorous personality, ensuring he feels included and valued within the family dynamic.
- Offer reassurance, one-to-one attention, and encouragement to B4 to help build confidence, independence, and resilience.
- Balance the needs of both children, supporting positive sibling interaction and helping to maintain harmony at home.
- Create a supportive, consistent, and engaging environment that allows each child to thrive according to their individual needs.
- Prepare simple meals and snacks for the children, ensuring they are ready for their evening routine.
- Assist with light household duties such as tidying up after play, keeping shared spaces organised, and helping the evening routine run smoothly.
- Communicate regularly with parents about the children's progress, routines, and any concerns.

Lead Recruiter: Aimee - aimee@sennies.co.uk / **Emily** - emily@sennies.co.uk

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REF: PPH 032

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