

Sennie (SEN SPECIALIST/NANNY/MANNY) for B8 & G6

Additional needs present: ADHD, ASD, PDA, emotional dysregulation, slow processing	Location: London, SW12	Salary: From £18 per hour gross
Live out Driver: Not-Essential Pets: None Sole charge / Shared care	Days & Hours Required: Approx 25 hours per week • Mon: 07:30-09:00 and 16:30-20:00 • Tues: 07:30-09:00 and 16:30-20:00 • Wed: 07:30-09:00 and 16:30-20:00 • Thur: 07:30-09:00 and 16:30-20:00 • Fri: 07:30-09:00 and 16:30-20:00 Essential Skills / Traits • Minimum of 2+ years SEN childcare experience • Experience supporting children with Autism Spectrum Disorder (ASD) and ADHD • Skilled in recognising and managing emotional dysregulation, using calm, consistent, and supportive strategies. • Knowledge and practical experience with sensory circuits to help promote regulation, focus, and engagement. • Patient, empathetic, and adaptable, with strong communication skills and a positive, proactive approach to supporting children's development.	

About the role/children: **SENNIES** is delighted to support a warm and welcoming family based in Balham in their search for an afterschool Sennie for their two children, B8 and G6. The family live on the same road as the children's school, making pick-ups and travel extremely convenient.

This is a part-time role, Monday to Friday, ideally covering mornings from 7:30–9:00am and afternoons (essential) from 4:30–7:30/8:00pm. Morning hours will involve helping the children get ready for school and ensuring they arrive on time. The family is happy to consider candidates who can only commit to the afternoon hours. Core duties include collecting the children from school, taking them to after-school clubs (mostly on-site), preparing dinner (most meals are pre-cooked by a family chef), overseeing bath and bedtime routines, and carrying out light child-related household tasks.

Both children are bright, affectionate, and full of personality. **B8** has ADHD and ASD, and benefits from support with executive functioning, sensory regulation, and habits such as nail-biting. He can experience challenges with focus and impulse control. A calm, structured routine and gentle guidance help him thrive. B8 recently started ADHD medication and is responding well.

G6 is autistic with a PDA (Pathological Demand Avoidance) profile. She experiences emotional dysregulation and slower processing, which can make transitions and demands difficult. G6 also has sensory integration challenges and tends to avoid drinking, which contributes to constipation; she is prescribed Movicol to support regularity. She can find social situations tricky and may avoid activities or playdates when anxious, so she benefits from a patient, non-pressured approach that builds confidence and emotional safety.

The family work closely with professionals to support both children's development. Current interventions include Occupational Therapy, Play Therapy, support from a private psychologist, and ELSA (Emotional Literacy Support Assistant) sessions at school. The Sennie will be encouraged to work in line with these therapeutic approaches to provide consistency across home and school environments.

This role will suit a caring, proactive, and experienced Sennie who understands the needs of neurodivergent children, particularly those with autism, ADHD, and sensory processing or emotional regulation needs. The ideal

candidate will bring patience, warmth, and creativity—someone who can balance gentle structure with fun, engaging play, and help both children feel secure, understood, and happy in their daily routines.

Main duties / responsibilities:

- Collect the children from school and accompany them to after-school clubs, activities, or appointments as required.
- Support morning routines (7:30–9:00am), helping the children get ready for school and ensuring punctual arrival.
- Engage the children in structured, stimulating, and age-appropriate play that supports their development and interests.
- Prepare meals (most meals are pre-cooked by family chef and so only reheating / serving as necessary) and support evening routines, including baths, bedtime, and preparation for the following day.
- Implement strategies recommended by therapists to support speech, language, emotional regulation, social skills, and sensory integration.
- Support B8 with executive functioning, ADHD and ASD-related needs, helping him focus, manage energy, and maintain personal habits such as hygiene and bedtime routines.
- Support G6 with PDA, emotional dysregulation, and sensory integration challenges, encouraging engagement in activities and play without pressure and assisting with routines to maintain physical well-being (e.g., drinking, toileting, and medication where applicable).
- Monitor and respond to behaviours such as nail-biting, emotional meltdowns, or refusals to engage, using calm, consistent, and positive approaches.
- Foster social skills development, turn-taking, sharing, and collaborative play with peers when appropriate.
- Liaise regularly with parents and therapists to maintain consistency between home and professional support strategies.
- Be flexible to provide additional support on ad hoc mornings, evenings, or babysitting sessions if required.

Lead Recruiter: Aimee - aimee@sennies.co.uk / Emily - emily@sennies.co.uk

Please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

REF: PPH 035

Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>