

Sennie (SEN SPECIALIST/NANNY/MANNY) for B8 & G8 (Twins)

Additional needs present: ADHD, ASD	Location: Kew Gardens, TW9	Wage / Salary: Between £31,200 - £39,000 per annum gross	Driver: Not-essential
Live in/out: Live-out or Live-In A lovely top floor room with large windows and views over the garden, with its own bathroom. No one sleeps on this floor, so it is quite private.	Pets: Cat(s)	Days & Hours: Approx 30 hours per week <ul style="list-style-type: none"> Monday - Friday: 3.30pm-8.30pm <i>One additional night (5 hours babysitting)</i> 	Start Date: ASAP

Essential Skills/Traits:

- Minimum of 2+ years SEN childcare experience
- Extensive experience working with children with ADHD and autism.
- Calm, confident, and emotionally resilient.
- Trained and experienced in de-escalation strategies.
- Patient, observant, and responsive.
- Strong communication skills.
- Reliable, organised, and consistent.

About the role/family: **SENNIES** is excited to support a lovely family seeking a calm, experienced, and well-trained Sennie to support their lively and engaging eight-year-old twins, a boy and a girl, both diagnosed with autism and ADHD. Both children are verbal and attend mainstream school, with their son receiving additional support through an EHCP. The parents are actively involved and often at home, and are looking for someone who will work alongside them to support family life rather than take sole charge at all times. The role is for around 30 hours per week, typically from 3:30–8:30pm on weekdays, with at least one evening of babysitting, and the family is open to both live-in and live-out arrangements. For a live-in candidate, a private top-floor bedroom with its own bathroom and garden views is available, offering a peaceful and comfortable space within this happy, relaxed family home.

The household is warm, calm, and structured, with an emphasis on routines, emotional understanding, and fun. The parents work hard to understand what is going on for the children emotionally and use clear, firm boundaries alongside supportive strategies such as cool-off time in separate rooms when needed. The children benefit from predictable routines, calm communication, and positive behaviour support, and the family values a Sennie who is confident in de-escalation techniques and low-arousal approaches. While therapies are supported through school and existing professional input, consistency at home is key, and the Sennie will play an important role in reinforcing strategies that support emotional regulation, focus, and positive behaviour.

A Sennie in this role can make a meaningful difference by engaging the children in enjoyable, structured activities, supporting after-school routines, and helping to maintain a relaxed but organised home environment. Confidence in cooking, taking initiative, and bringing new ideas for play, outings, and learning will be highly valued. The family enjoys nature, visiting places such as Kew Gardens, and travelling to fun destinations, and would love to find someone open to joining them on trips. The ideal Sennie will be calm, capable, proactive, and flexible, with strong experience supporting children with ADHD and autism, excellent communication skills, and the ability to balance warmth, structure, and humour.

About the child/children: B8 is an energetic, bright, and very verbal eight-year-old boy with autism and ADHD. He loves to talk and has a huge amount of enthusiasm, particularly when engaging with his special interests, where his focus and intelligence really shine. B8 is affectionate, kind, and enjoys being at home, where he feels most settled and secure. Busy or overstimulating environments, particularly at school, can overwhelm him, and when this happens he may experience autistic meltdowns that require calm, skilled support.

B8 benefits from adults who understand emotional regulation and can help him recognise early signs of overwhelm, reduce sensory input, and recover in a calm, reassuring way. He responds best to patient, low-arousal approaches that validate his feelings while guiding him back to regulation. Supporting B8 to interact kindly with his sister and to remain calm and respectful around others is an important part of his development. With consistent routines, clear expectations, and warm, steady guidance, B8 is able to build emotional resilience, develop positive social interactions, and feel confident and supported both at home and in the wider world.

Sensory and safety checklist: *The family have identified that B8:*

- *Resists changes to familiar routines; Can memorise large amounts of information on certain topics; Finds crowded areas very difficult; Likes a hug if chosen to do this; Dislikes certain foods and drinks; Hugs very tightly; Eats materials which are not edible; Likes to have food presented in a certain way on the plate*

G8 is a bright, bubbly, and engaging eight-year-old girl who has been diagnosed with ADHD and, while not formally diagnosed with autism, presents with many autistic traits. She is warm and friendly and loves activities that allow her to express herself and stay active, including singing, gymnastics, crafting, and spending time with horses. G8 is confident and capable in the school environment and does not require significant support there, but she finds home life more emotionally demanding, particularly around family dynamics and transitions.

G8 can struggle with her relationship with her brother and may become distressed when she feels overwhelmed, misunderstood, or when her parents leave, leading to periods of separation anxiety and emotional meltdowns. She benefits from calm, reassuring adults who can help her understand and manage her feelings, support positive sibling interactions, and provide clear boundaries alongside emotional validation. With consistent routines, gentle preparation for transitions, and patient emotional support, G8 is able to build resilience, improve her regulation at home, and develop confidence in managing her emotions and relationships.

Sensory and safety checklist: *The family have identified that G8:*

- *Resists changes to familiar routines; Does not like shaking hands or being hugged; Very good auditory memory for songs and rhymes; Dislikes certain everyday smells; Eats materials which are not edible; Really enjoys crunchy food*

Main Duties and Responsibilities:

- Provide consistent, patient, and calm support for B8 and G8 during after-school and home routines.
- Support B8 with emotional regulation, recognising early signs of overwhelm, and guiding him through meltdowns using low-arousal, patient strategies.
- Encourage and support positive social interactions between B8 and his sister, helping him engage kindly and calmly with others.
- Support G8 in managing separation anxiety from her parents, offering reassurance and helping her feel secure during transitions.
- Assist G8 in developing positive interactions with her brother and modelling strategies for navigating sibling conflicts.
- Engage both children in activities that match their interests, such as gymnastics, crafting, singing, horse-related activities for G8, and special-interest games or projects for B8.
- Maintain calm, structured routines that help both children feel secure and supported, reinforcing boundaries with warmth and consistency.
- Provide one-to-one support during homework, leisure, and playtime, ensuring tasks and activities are engaging and developmentally appropriate.
- Collaborate with parents and, where relevant, professionals to maintain consistency in approaches to emotional regulation, behaviour support, and development.
- Assist with light household tasks as needed to support smooth daily routines, such as meal preparation, tidying, and organising children's belongings.

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

REF: 0342

Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>