

**Sennie (SEN SPECIALIST/MANNY) for B16, B15 & B7**

<b>Additional needs present:</b> ADHD, Autism	<b>Location:</b> Durham, DH8	<b>Wage / Salary:</b> Between £39,780 - £44,200 per annum gross	<b>Driver:</b> Essential - with own car
<b>Live in/out:</b> Live-Out (if local) or Live-In  ----- Private annex. Includes kitchen, bathroom, sitting room and one bedroom.	<b>Pets:</b>  Dog(s); Cat(s); Horses; Other	<b>Days &amp; Hours: Approx 42.5 hours per week</b>  • <b>Monday - Friday: 7.30am - 4pm</b>	<b>Start Date:</b>  ASAP

**Essential Skills/Traits:**

- 2+ years of SEN childcare experience
- Kind, patient, and nurturing, with a calm and grounded approach.
- Able to be firm yet gentle, providing clear boundaries and consistent routines.
- Strong understanding of ADHD and autistic behaviours
- Energetic, fit, and outdoorsy, with a genuine enjoyment of physical activity and active play.
- Proactive and confident in taking initiative, planning activities, and managing daily routines.
- Highly organised, reliable, and able to prioritise the children's needs throughout the day.
- Flexible and adaptable, able to adjust to changing circumstances, varying energy levels, and unexpected challenges.

**About the role/family:** *SENNIES* is excited to support a family seeking an exceptionally kind, reliable, and capable Sennie to support their three boys aged 16, 15, and 7 who all have autism and ADHD and require calm, consistent care. B7, in particular, presents behavioural challenges and will need someone experienced, patient, and confident in supporting emotional regulation and creating a safe, predictable environment. The children's mum has recently returned home following treatment for depression, and the family now need a dependable and nurturing professional who can help stabilise routines, bring structure back into the household, and ensure that the children feel secure and supported as they settle back into daily life.

This role is based near Consett, County Durham (DH8), with the option of live-in accommodation in a self-contained annex, though local applicants are welcome. The Sennie will provide consistent, thoughtful care before and after school, prepare simple meals, maintain routines, assist with homework, and create a calm, structured household. While the boys are at school, the role will also involve completing household tasks, including general housework, laundry, tidying, and meal preparation, ensuring the home remains organised and supportive of the children's needs. The family would also benefit from someone able to support the eldest child (16) who may be home educated via an online school until May and may require encouragement, structure, and calm supervision to help him engage with his learning during the day.

The boys respond best to warm, patient adults who can set firm, fair boundaries and offer stability. Understanding autistic behaviours, sensory differences, and predictable routines is essential, as is a calm, emotionally mature, and grounded presence. With B7 in particular, the Sennie will support emotional regulation, model communication strategies, and reduce anxiety through planning and thoughtful transitions. The family values someone active and outdoorsy, able to facilitate after-school activities, clubs, and outings, helping the boys develop confidence, independence, and social skills in a supportive, structured environment.

**About the child/children:** B16 is a bright, curious sixteen-year-old with a strong love of physical activity, particularly cycling and the gym, which helps him manage stress and stay focused. He learns best with autonomy, clear explanations, and tasks connected to his interests. Mainstream schooling has been challenging, and he sometimes struggles with routine, transitions, and motivation. He benefits from calm, patient support, gentle accountability, and positive reinforcement focused on effort rather than outcomes.

A Sennie can support B16 by helping establish manageable routines, breaking tasks into achievable steps, assisting with school travel, and linking his interests to learning goals. With structured yet flexible support, encouragement, and collaborative planning, B16 can build confidence, re-engage academically, and feel in control of his daily life.

**B15** is a kind, gentle, and thoughtful fifteen-year-old with a warm personality once he feels comfortable. He enjoys the outdoors, especially cycling, and has a love of horses, often enjoying visits to the family horse kept at livery. Diagnosed with autism and ADHD, B15 thrives with predictable routines and adults who take the time to build trust and understanding. He is polite, calm, and happiest in familiar surroundings or engaged in quiet activities. B15 can struggle with self-confidence and social interaction, particularly in new situations, and may appear shy at first. With reassurance and support, he opens up, showing his gentle humour and thoughtful nature.

B15 benefits from consistent encouragement, positive feedback, and one-to-one support. He thrives with structured opportunities for achievement, guidance in sharing his thoughts, and support navigating social interactions. Maintaining a predictable routine is important, and visual schedules, clear communication, and offering choices help him feel calm and secure. A Sennie in this role can support B15's confidence, social development, and emotional wellbeing by providing patient, attentive care, engaging him in activities he enjoys, and fostering independence in a nurturing, stable environment.

**B7** is a bright, energetic boy who loves being outdoors, especially riding his bike and playing football. He thrives with space to move and opportunities for active play. B7 can struggle with transitions and changes in routine, sometimes becoming frustrated, shouting, using inappropriate language, or lashing out physically. With calm, consistent guidance and clear boundaries, he responds well and is able to calm down and cooperate. He benefits from a Sennie experienced in managing challenging behaviours, who can provide positive reinforcement, gentle redirection, and predictable routines. Simple, clear language, visual aids, and giving him choices help B7 communicate and cooperate. Structured social and learning activities, achievable goals, and movement breaks also support his focus, confidence, and engagement.

When he feels understood and supported, B7's affectionate, playful, and humorous nature shines. A Sennie in this role can help him develop emotional regulation, social skills, and resilience while providing a secure, nurturing environment and opportunities for active play and positive interactions.

#### **Main duties and responsibilities:**

- Provide consistent, patient, and structured one-to-one support tailored to each child's individual needs, including emotional, social, and behavioural support.
- Help B16 build confidence, maintain motivation, and engage with school and personal goals through structured autonomy and gentle guidance.
- Support B15 in developing social skills, confidence, and emotional regulation, providing reassurance and positive feedback.
- Manage B7's emotional regulation and behavioural challenges, using calm, firm, and consistent strategies, de-escalation techniques, and positive reinforcement.
- Establish and maintain predictable daily routines for all three children, including school preparation, travel, and transitions.
- Assist with homework, learning activities, and skill-building tasks appropriate to each child's developmental level.
- Facilitate social, recreational, and physical activities, including outdoor play, sports, and interests such as cycling, horses, or football.
- Liaise with schools, therapists, and other professionals to ensure consistent strategies and reinforcement across home and educational settings.
- Encourage independence, life skills, and positive social interactions, while providing support and guidance as needed.
- Maintain a calm, safe, and nurturing environment that promotes wellbeing, confidence, and emotional stability for all children.

REF: 0338



**Lead Recruiter:** Anita - [Anita@sennies.co.uk](mailto:Anita@sennies.co.uk)

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

**If you are already registered**, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

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