

Sennie (SEN SPECIALIST/NANNY/MANNY) for G11 & G8

Additional needs present: Autistic, ADHD	Location: West Greenwich, SE10	Salary: Approx £20 per hour gross
Live out Driver: Essential Pets: None Sole charge / Shared care	Days & Hours Required: Approx 12 hours per week <ul style="list-style-type: none"> Monday - Thursday: 3.30pm - 6.30pm Essential Skills / Traits <ul style="list-style-type: none"> Minimum of 2+ years SEN childcare experience Calm, patient, and kind approach Respectful of children's need for downtime, space and decompression Ability to tune into each child's individual preferences and energy levels Engaging and creative Confident managing transitions from school to home and supporting big emotions/meltdowns with calm and care Responsible and confident driver Comfortable working alongside parents who may be working from home, maintaining clear communication and professional boundaries Reliable, and committed to building a long-term relationship with the girls Warm, open-hearted, and adaptable, with a genuine enjoyment of supporting children as they grow and thrive Tolerance for navigating ambiguity in a flexible way Prior experience with PDA profiles and/or managing siblings is a bonus, but not a requirement 	

About the role/children: **SENNIES** are happy to support a warm and thoughtful family seeking a Sennie to support their two daughters, G11 and G8, in a low-demand, and emotionally attuned home environment. Both parents work, sometimes from home, and value kindness, consistency, and long-term relationships; the girls have always been cared for by nannies in some capacity and respond best to someone who brings patience, empathy, and an open heart.

G11 is an 11-year-old autistic girl who is kind, intelligent, and introverted, but can also be quite rigid in her needs. She enjoys quiet, imaginative pursuits such as reading, Pokémon, pandas, Taylor Swift, and gaming on Roblox. After school, she typically needs significant time and space to decompress independently in order to regulate and recharge. The Sennie's role will be to respect this need for solitude while providing gentle guidance around decision-making, particularly in relation to screen use and sensory needs, and supporting her to navigate moments when her needs may conflict with family rules or her sister's needs. At times, she will need and benefit from downloading and conversing on a preferred topic. G11 currently works with a Speech and Language Therapist and the family are in the process of integrating Occupational Therapy support. She also has school accommodations in place that allow for reduced demands and regular decompression during the day.

G8 is an 8-year-old child with an AuDHD profile who is energetic, imaginative, and creative. She loves writing and drawing comics, Pokémon, cats, and playing Minecraft. G8's needs after school can vary; at times she enjoys space to generate her creations, but more often than not she seeks connection through conversation, a co-creator for her worlds, shared drawing, or games. She benefits from a little more structure, reminders to complete tasks, and having complex activities broken down into manageable steps. Emotional regulation is an ongoing focus, and she needs a caring adult who can help her process and hold her big feelings with warmth and reassurance. G8 is starting play therapy this month, and the family are currently developing a support plan and accommodations to support her at school.

Both girls attend school at Blackheath High and finish at approximately 3:30pm. The role involves collecting them from school and driving them home to West Greenwich, then supporting the transition from school to home in a way that allows their nervous systems to settle and recharge. The family prioritise a low-demand, regulation-focused approach, with an emphasis on emotional safety, flexibility, and connection rather than rigid expectations. The

Sennie will play a key role in creating a calm after-school environment, balancing space and support for G11 with gentle engagement and affection for G8, and working collaboratively with the parents and external professionals to help both children feel secure, understood, and ready for the next day.

Main duties / responsibilities:

- Collect G11 and G8 from school each afternoon and transport them safely home, supporting a calm and regulated transition from school to home.
- Create a low-demand, emotionally safe after-school environment that allows both children to decompress, regulate, and recharge.
- Respect and support G11's need for independent downtime while remaining available for gentle guidance, reassurance, and support as needed.
- Provide calm, supportive input to help G11 make positive choices around screen use, food, and daily routines, and gently guide her during moments of conflict or rigidity.
- Offer warm, attentive support to G8, adapting to her varying needs for connection, conversation, shared play, or quiet time.
- Encourage non-screen, creative play with G8, including drawing, writing, imaginative games, and shared activities aligned with her interests.
- Support G8 with emotional regulation by helping her process big feelings through empathy, reassurance, and co-regulation.
- Break tasks and routines into manageable steps for G8, providing reminders and structure in a calm, encouraging way.
- Work collaboratively with parents and external professionals, following guidance from Speech and Language Therapy, play therapy, and school support plans.
- Prepare tea as required. Children have a stable and consistent group of meals they enjoy (such as eggs on toast, pasta, sandwiches).
- Hold big feelings when needed, and navigate conflict between the siblings with calm and compassion
- Maintain clear communication with parents regarding the children's well-being, regulation, and any concerns or progress observed.

Lead Recruiter: Aimee - aimee@sennies.co.uk

Please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

REF: PPH 044

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