

## Sennie (SEN SPECIALIST NANNY/MANNY) for B12 & B6

Islington, North London | Two Roles Available | Full Time | Live Out

Additional needs present:	Location:	Wage / Salary:	Driver:
B12: Autistic, PDA, ADHD, EBSA, Anxiety, autonomic dysfunction, hypermobility, depression B6: Autistic, ADHD, PDA, EBSA, anxiety (including separation anxiety and agoraphobia),	Islington, North London, N1	<b>Role 1 — SEN Nanny:</b> £51480 - £57000 Per Annum Gross  <b>Role 2 — SEN Support Worker / Therapeutic Nanny:</b> £41000 - 48000 Per Annum Gross	Not essential
Live in/out:	Pets:	Days & Hours:	Start Date:
Live out	Cat(s) Dog(s)	<b>TWO ROLES AVAILABLE:</b> <b>Role 1 — SEN Nanny:</b> Monday–Friday, 7:30am–6:30pm (55 hrs/week) <b>Role 2 — SEN Support Worker / Therapeutic Nanny:</b> Monday–Friday, 11:00am–7:00pm (40 hrs/week)	ASAP

### Essential Skills/Traits:

- 2+ years of SEN childcare or therapeutic support experience
- Strong understanding of Autism, PDA and demand avoidance — low demand approach essential
- Experience supporting children with EBSA (Emotionally Based School Avoidance) and anxiety
- Calm, emotionally regulated and grounded — able to create psychological safety
- Skilled in co-regulation and understanding of neurodivergent nervous systems
- Patient, trustworthy and able to build relationships slowly on the child's terms
- Able to engage children through humour, shared interests and genuine connection
- Comfortable with a flexible, child-led approach — not behaviour compliance focused
- Understanding of sensory processing and sensory integration needs
- Able to work collaboratively as part of a team with parents, another nanny and wider professionals

### About the Role & Family

SENNIES is delighted to support a warm, thoughtful and well-supported family in Islington, North London, in their search for two exceptional SEN professionals to join their household. The family are caring for two intelligent and engaging neurodivergent boys — B12 and B6 — and are seeking individuals who truly understand neurodivergent nervous systems and value connection, co-regulation and trust-building above all else.

Both boys are primarily home-based and require calm, emotionally attuned adults who can build relationships gradually through a low demand, relationship-led approach. These are highly rewarding roles for experienced professionals who are grounded, patient and genuinely motivated by making a meaningful difference within a family that is deeply engaged in their children's wellbeing.

The family are looking for two Sennies to work collaboratively in a multidisciplinary team. A respectful, team-oriented approach is essential. The family offers a long-term opportunity with consistency, stability and excellent rates of pay dependent on experience.

## About the Children

**B12** is a bright, kind and thoughtful young person who is Autistic with a PDA profile, significant anxiety, low self-esteem and Emotionally Based School Avoidance (EBSA). He is incredibly intelligent and, while he can mask his struggles well, social situations and everyday demands can be genuinely overwhelming for him. He was home-educated after experiencing burnout in 2022, which has helped him feel more secure, but he requires consistent, daily support to manage his emotions and build his confidence over time.

B12 has specific needs around sensory integration and co-regulation, particularly during activities like gaming — which he uses as a valued form of relaxation and regulation. He needs a Sennie who can be present in a way that feels non-intrusive and supportive, helping him navigate moments of overwhelm without imposing demands. He loves to "info dump" — sharing detailed information about topics he is passionate about — and responds beautifully to someone who is genuinely interested and engaged. The goal is not to change B12's routines or habits, but to help him feel safe, respected and in control.

### Sensory & Safety Checklist — *The family have identified that B12:*

- Resists changes to familiar routines
- Dislikes bright lights
- Is startled when approached by others
- Can memorise large amounts of information on certain topics
- Finds crowded areas very difficult
- Prefers to sit at back or front of group
- Covers ears when hears certain sounds
- Is very distressed by certain sounds
- Bangs objects and doors
- Does not like shaking hands or being hugged
- Dislikes the feel of certain fabrics and substances
- Seems unaware of pain and temperature
- Dislikes certain foods and drinks
- Seeks pressure by crawling under heavy objects
- Enjoys feeling certain materials
- Dislikes certain everyday smells
- Likes to have food presented in a certain way on the plate
- Really enjoys crunchy food
- Finds fine motor movements hard

**B6** is a delightful, energetic and cheerful little boy who brings enormous joy to the family. He loves chatting, maths and music, and is always eager to explore and learn. He used to enjoy outdoor spaces and physical activity, but he has since undergone a period of EBSA and burn out and currently struggles to go anywhere except the back garden. Both boys will be cared for by both SENNIES. They will need to work together and minimise competition over their time and attention between the boys (equalising) which may result in meltdowns/conflict.

## Main Duties & Responsibilities

- Provide a calm, low demand and nurturing environment for the children at all times
- Be present to support co-regulation, especially during gaming and moments of heightened anxiety (be aware that B6 has very acute separation anxiety)
- Offer emotional support and build trust at the children's pace — never forcing interaction or connection
- Respect the children's need for free choice and autonomy
- Assist with technical troubleshooting and support for the children's gaming setup and other interests
- Provide sensory integration support through activities, grounding techniques or simply being present
- Help build the children's confidence and self-esteem through gentle encouragement and reassurance
- Support and encourage both children with personal care in a sensitive, low demand way. B12 struggles with basic hygiene such as tooth brushing and bathing. He is occasionally incontinent during a meltdown. B6 has soiling and wetting accidents related to demand avoidance and needs compassionate support around these.
- Facilitate enjoyable, low-pressure activities at home and, where appropriate, in the community. Research and introduce activities within the home and nearby as/when tolerated by both children. Including virtual playdates.
- Support movement, hobbies, interests and creative activities
- Encourage confidence, independence and life skills development gradually over time
- Assist with gentle community reintegration where the children are ready
- PA duties for the children and family
- Light housekeeping during quieter periods of the day
- Work collaboratively and supportively alongside the family's other team members including the tutor, housekeeper, parents and wider professionals
- Maintain a calm, safe and consistent environment at all times

## Who This Role Would Suit

- An experienced SEN professional — backgrounds in SEN nannying, Autism support, specialist education, psychology, OT assistance, SALT assistance, mental health support or therapeutic childcare are all of interest
- Someone calm, adaptable and emotionally regulated in themselves — able to model the regulation they are supporting
- An individual with a strong understanding of PDA, low demand approaches and neurodivergent nervous systems
- Someone patient and trustworthy — B12 takes time to trust new people and needs someone who will never rush that process
- A person who can engage children through humour, shared interests and genuine connection rather than compliance
- Someone who is able to let the children see them as an equal, rather than in a place of authority over them
- Someone who values working flexibly and creatively around fluctuating anxiety levels

**Lead Recruiter:** Anita — [Anita@sennies.co.uk](mailto:Anita@sennies.co.uk)

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**REF: 0360**

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