

Sennie (SEN Specialist/Nanny) for G10, B7 & B3

London, SW11 | Temporary Role — September 2026 | Live Out

Additional needs present:	Location:	Wage / Salary:	Driver:
G10 & B7: ADHD B3: Mosaic Down Syndrome	London, SW11	£18 per hour gross	Not essential
Live in/out:	Pets:	Days & Hours:	Start Date:
Live out	None	TEMPORARY ROLE — September 2026 and possibly October 2026 Thursday 3rd September 2026 Tuesday 8th September 2026 Thursday 17th September 2026 Thursday 24th September 2026	September 2026

Essential Skills/Traits:

- Minimum of 3+ years SEN childcare experience
- Ability to build strong bonds and rapport with children quickly — including settling into an established family routine
- Calm, confident approach to behaviour support, with the ability to set clear boundaries, manage dysregulation effectively, and use praise alongside consistent, fair consequences
- Competent in managing medication and health routines, including administering daily medication and supporting conditions such as eczema
- Highly organised and proactive — able to hit the ground running across three children with different needs
- Confident supporting home learning, structured activities and daily routines
- Experienced implementing OT and SLT strategies in everyday play and routines
- Takes pride in maintaining a well-organised, child-focused home environment

About the Role & Family

SENNIES is excited to support a warm family of five based in SW11 in finding a dedicated temporary Sennie for September 2026 and possibly October 2026. The family have three children — G10, B7 and B3 — all with additional needs and requiring consistent, structured and nurturing support. This role requires someone who can step confidently into an established family routine from day one.

G10 and B7 attend school, and B3 attends nursery during term time. The role involves supporting all three children with activities, meals, play and daily routines, while maintaining the calm, predictable and boundaried environment that all three children thrive in. A key focus is supporting emotional regulation and behaviour, particularly during transitions and sibling dynamics. The family uses structured routines, clear boundaries and positive reinforcement strategies, which the Sennie will be expected to follow consistently throughout.

The Sennie will also support B3 with calm, play-based developmental activities and practical strategies recommended by his OT and SLT, while ensuring G10 and B7 receive appropriate emotional and behavioural support tailored to their needs. Strong organisation, proactive planning and the ability to manage multiple needs calmly and confidently are essential.

About the Children

G10 is a bright, energetic girl who takes daily medication with breakfast to support her focus and emotional regulation. She thrives with clear routines, calm boundaries and consistent positive reinforcement, and can become dysregulated when frustrated or overtired, particularly during transitions. She is very sporty — netball is her main passion — and is confident, expressive and creative through arts and crafts including drawing and painting. She benefits from support with attention, focus, time management and organisation, and from structured "homes" for her belongings.

B7 is a sensitive, affectionate boy with ADHD and higher support needs. He can struggle with impulse control and emotional regulation and is particularly vulnerable to becoming "hangry", so proactive snack management is essential. The family are exploring a pathway towards medication alongside a holistic support approach. He is very empathic, deeply affectionate once trust is built, and loves performance, arts, crafts, singing, dancing and music. He can become frustrated quickly and benefits from calm co-regulation, gentle scaffolding, praise and encouragement. He has a very limited diet and requires patient, non-pressured support around food.

B3 is a sweet and inquisitive little boy with Mosaic Down syndrome. He is happiest sharing books, being read to, and enjoying bubbles, music, dancing and interactive play. He is very affectionate and loves quiet moments curled up with a story. B3 has regular OT and SLT input and requires consistent, calm support to embed therapeutic guidance into everyday routines in a playful and nurturing way.

B3 is nearly potty trained and needs gentle, consistent support and reassurance particularly around a current regression in toileting confidence. He also benefits from structured early learning, fine motor activities and OT-informed exercises. He has a very limited diet and requires patient, low-pressure exposure to encourage progress with new foods.

Main Duties & Responsibilities

- Provide consistent, tailored support for G10, B7 and B3, adapting care to their individual ADHD, emotional and developmental needs
- Support G10 with routines, transitions, organisation and emotional regulation, while encouraging her strengths in sport, creativity and performance
- Support B7 with emotional regulation, attention and impulse control through calm co-regulation, structure and positive reinforcement
- Proactively manage B7's snacks and meals, supporting his limited diet with patient, non-pressured approaches to food
- Encourage B7's creative, musical and social development through play, arts, crafts and structured engagement
- Support B3's development through play-based learning, following OT and SLT guidance within daily routines
- Support B3's communication, potty training progress and confidence, particularly around toileting anxiety
- Deliver structured early learning, fine motor and language activities for B3
- Plan engaging daily activities for all three children, ensuring balanced attention and individualised support
- Administer daily medication correctly and manage health routines including eczema care
- Maintain a calm, consistent and nurturing environment that supports emotional wellbeing
- Reinforce therapeutic strategies from ADHD support, OT and SLT input in daily routines
- Maintain clear communication with parents regarding progress, behaviour and daily updates
- Support organisation of children's belongings, routines and spaces to encourage independence
- Meals, tidying, laundry and child-related housekeeping

Who This Role Would Suit

This role would suit a warm, organised and emotionally intelligent Sennie who thrives in a busy household. The ideal candidate will be calm under pressure, proactive and confident in managing ADHD, emotional regulation and early developmental support, while building strong, trusting relationships with each child quickly. Someone who is playful, structured and genuinely passionate about helping children grow in confidence and independence will be a great fit for this family.

Lead Recruiter: Anita — Anita@sennies.co.uk

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REF: TEMP 0357

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