

Sennie (SEN Specialist / Nanny / Manny) for B10

South Birmingham & Earlswood | Permanent Role | Full Time | Dual Household

Additional needs present:	Location:	Wage / Salary:	Driver:
B10: Autistic, ADHD, PICA, Impulse control	South Birmingham, B9 & Earlswood area	From £20 - £25 per hour gross Approx - £36,400 - 50,000 per annum gross depending on experience	Essential — own car required.
Live in/out:	Pets:	Days & Hours:	Start Date:
Live out	Dog(s)	Up to 35 - 40 hours per week Term time: Before and/or after school support (school transport collects), and some weekends School Holidays: Daytime hours (8am - 5pm) <i>Occasional overnight and potential holiday travel by mutual agreement</i>	ASAP

Essential Skills/Traits:

- 2+ years of SEN childcare, specifically with Autistic children and/or ADHD
- Confident understanding of PICA — able to maintain active 1:1 supervision to prevent ingestion of non-food items, and to risk-assess environments quickly
- Experience supporting children with impulse control challenges, particularly in food-related and outdoor settings
- Physically active, energetic and robust — able to keep up with a tall, active boy who loves movement and outdoor adventure
- Confident in the water — swimming is a core activity and a real strength for B10
- Warm, positive and genuinely fun — able to build a trusted, long-term relationship that B10 will value and rely on
- Calm and patient — able to support demand avoidance and sensory dysregulation without escalation
- Full, clean UK driving licence with own car
- Happy to work a flexible pattern across term time (afternoons/evenings/weekends) and school holidays (daytime)
- Comfortable working across two households (approx 15 mins apart) and building relationships with both parents
- Confident cooking for B10 — mindful of his strong food motivation and PICA needs
- First Aid trained or willing to obtain training for role

Important — PICA: B10 has PICA and requires active 1:1 supervision to prevent ingestion of non-food items. The Sennie must be confident and vigilant in managing this, particularly in outdoor, public and unfamiliar environments. Safe, controlled spaces exist at both homes. Candidates must have a clear understanding of PICA before applying.

About the Role & Family

SENNIES is excited to support a warm, dedicated and forward-thinking family in finding an exceptional long-term Sennie for their son, B10. This is a permanent, full-time role where the Sennie will become a consistent, trusted and genuinely important person in B10's life, working across both Mum's home in South Birmingham and Dad's home in Earlswood (approximately 15 minutes apart), providing continuity and connection between both households.

Both parents work in demanding roles and are committed to finding someone exceptional. What matters most is finding someone who B10 genuinely likes and trusts and who is committed to building a real long-term relationship with him. The

family hope to offer the successful candidate a probation period with clear objectives to ensure the role is the right fit for everyone.

During term time, B10 attends a specialist Autism school in central Birmingham with school transport, and has an after-school club four days a week. The Sennie's term-time hours will therefore focus on after school, evenings and some weekends. During school holidays, hours shift to daytime. There is potential for occasional overnight support and for the Sennie to accompany the family on holidays — the family often spend time in North Wales and would welcome someone who is happy in that environment too.

The Sennie will be expected to cook for B10 — the family has a housekeeper, so housekeeping is not required, but preparing meals mindful of B10's food motivation and PICA is an important part of the role. A full driving licence with own car is essential, and all mileage will be reimbursed.

About B10

B10 is an energetic, friendly and physically active 10-year-old who loves being outside and on the go. He is naturally accepting of new people and warms to others quickly — making him a real joy to spend time with for the right person. He is verbal and able to communicate his wants and needs clearly, though conversation is more limited. He is big for his age — tall and over 50kg — and has a lot of physical energy that he channels best through movement and sensory activities.

B10 is Autistic and has ADHD, PICA and significant impulse control challenges. He is very strongly motivated by food and can grab food impulsively in public settings — environments like beaches or markets require active supervision and planning ahead. He has some demand avoidance and can find it hard to slow down or transition between activities, so a Sennie who is physically active, imaginative and able to keep him engaged is essential.

B10's absolute favourite activities are swimming and water-based activities — he thrives in water and this is one of the most powerful regulation tools available to him. He also loves bouncing and trampolining, adventure activities, being outdoors, train and car journeys, and sensory play. He attends SALT weekly and OT less regularly. He is not currently on medication and sleeps well.

Therapies: Speech and Language Therapy weekly. Occupational Therapy less frequently. No medication.

Sensory & Safety Checklist — *The family have identified that B10:*

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| <ul style="list-style-type: none">• Touches the walls of rooms• Enjoys certain patterns (e.g. brickwork, stripes)• Gets lost easily• Has difficulty catching balls• Smells, licks and taps objects and people• Remembers routes and places extremely well• Finds crowded areas very difficult• Prefers to sit at the back or front of a group• Covers ears when hears certain sounds• Can hear sounds which others do not hear• Bangs objects and doors• Likes a hug if chosen to do this | <ul style="list-style-type: none">• Repeats exactly what others have said• Dislikes the feel of certain fabrics and substances• Dislikes certain foods and drinks• Seeks pressure by crawling under heavy objects• Hugs very tightly• Enjoys feeling certain materials• Eats materials which are not edible• Likes to have food presented in a certain way on the plate• Really enjoys crunchy food• Finds fine motor movements hard• Has poor balance• Quite clumsy and bumps into objects and people |
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Main Duties & Responsibilities

- Provide consistent, active 1:1 support for B10 across both Mum's and Dad's homes
- Active PICA supervision — keeping B10 safe by monitoring environments and preventing ingestion of non-food items, particularly in public and outdoor settings
- After-school collection and care during term time — supporting B10 through his evening routine
- Weekend support as agreed — accompanying B10 on activities, outings and adventures
- Daytime care and activities during school holidays
- Swimming, water-based activities, trampolining, adventure activities and outdoor exploration — being an enthusiastic and physically active companion
- Support B10 with regulation — helping him transition between activities and manage moments of dysregulation or demand avoidance with calm, patience and creativity
- Manage food and impulse control in public settings — planning ahead, risk-assessing environments and maintaining active supervision
- Cook meals for B10, mindful of his food motivation and PICA profile

- Supporting B10 with personal care, hygiene and daily living skills — building independence over time
- Transport B10 to activities, clubs, appointments and outings — own car essential
- Implement SALT and OT strategies in daily activities and interactions
- Liaise regularly with both Mum and Dad, maintaining clear communication and consistency across both households
- Occasional overnight support at either home by agreement
- Potential to accompany the family on holidays
- Support B10 in gradually accessing more community activities and experiences with increasing independence

Who This Role Would Suit

- A warm, positive and physically active Sennie who is energetic enough to keep up with a very active, outdoorsy 10-year-old
- Someone with clear understanding and experience of PICA — who can maintain calm, vigilant supervision without the environment feeling restrictive
- An individual who is genuinely committed to building a long-term relationship — someone who wants to become a familiar, important and trusted person in a child's life
- Someone calm and resilient under pressure — able to manage impulse control and demand avoidance without escalating
- A confident swimmer and outdoor enthusiast — happy in water, on adventures and in the natural environment
- An individual who is flexible and open to shaping the role around what works best for B10 and the family

Lead Recruiter: Anita — Anita@sennies.co.uk

To apply for this amazing role, please head to the SENNIES website and fill in our online application form. Already registered? Please [log in to your online SENNIES account](#), find this role in your Suggestions, and click 'like' to apply.

REF: 0372

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