

Sennie (SEN Specialist / Nanny) for G12, G10 & G7

Chislehurst, London | Permanent Role | Live Out

Additional needs present:	Location:	Wage / Salary:	Driver:
G12: Autistic, ADHD, Dyslexia, Dysgraphia, Anxiety, JIA G10: Autistic, ADHD, Anxiety, SEMH G7: Autistic, ADHD, Selective Mutism, Dyslexia	Chislehurst, London, BR7	From £18 - £22 per hour gross	Essential — preferably with own car; mileage allowance provided for driving (significant driving required)
Live in/out:	Pets:	Days & Hours:	Start Date:
Live out	Dog	Monday & Wednesday: 7:30am – 7:45pm (preferred days, open to discussion)	ASAP

Essential Skills/Traits:

- 2+ years SEN childcare experience — specifically with Autism, ADHD, anxiety, SEMH needs and selective mutism across a range of ages
- Trauma-informed and emotionally attuned — able to support children with complex emotional and mental health profiles with warmth, patience and no judgement
- Experienced supporting children who struggle to leave the house and attend school — confident using low demand, relationship-led approaches
- Confident with medical care routines — able to support children in taking multiple daily medications correctly and consistently
- Aware of the implications of immunosuppression — understanding of hygiene and infection prevention for a medically vulnerable child
- Comfortable supporting children with sensory sensitivities, particularly around clothing, noise and environment
- Full, clean UK driving licence — essential, with significant driving required
- Calm, boundaried and emotionally regulated — able to hold space for big feelings without escalating
- Experienced supporting children with restricted eating and food aversions — patient, non-pressured approach essential
- Able to support executive functioning — time management, self-care routines, organisation and homework
- Comfortable around dogs

About the Role & Family

SENNIES is delighted to support a loving and committed family based in Chislehurst in finding an experienced, emotionally attuned Sennie for their three daughters. All three girls are Autistic with additional needs, each with their own very individual profile and set of strengths and challenges. The family's current nanny is leaving and they are looking for the right person to step into a long-term role — two days per week, with the option for a 3rd day to be agreed with the family for the right candidate. The family's preference is Monday and Wednesday, as these days align well with the extra-curricular activities we need support with, but if these days are a problem we are happy to discuss.

This is a highly specialised and deeply rewarding role that requires a candidate with significant SEN experience and genuine emotional resilience. The younger two children attend a school which is quite a distance, the older child has SEN transport. So driving is a central part of the day — a full, clean driving licence is essential. Mum is at home and will work collaboratively with the Sennie. Mum is looking to return to work/further study. Dad works in a high-profile role on US timezone hours. The family are looking for someone who can become a trusted, consistent and warm presence in the girls' lives.

About the Children

G12 is a really bright and imaginative young person who loves physical exercise and has a genuine passion for politics and current affairs. She can swing between presenting as quite introverted, to being very bubbly and energetic. She is now settled and happier at her new SEN school.

G12 is Autistic and also has ADHD, dyslexia, dysgraphia and anxiety, as well as Juvenile Idiopathic Arthritis (JIA) — an autoimmune condition for which she takes immunosuppressant medication. Because of her immunosuppression, she is particularly susceptible to skin infections and hygiene support is genuinely important from a medical perspective. She takes multiple daily medications including sertraline, melatonin, liquid iron, migraine supplements and immunosuppressants. The Sennie will need to support her in managing her morning and evening medication routines consistently and independently over time.

G12 has significant sensory challenges — particularly around clothing — and can sometimes find it hard to leave the house for school and activities. She benefits from patient, positive support with time management, self-care, organisation and building and maintaining friendships. Homework support in English and Maths is also a key focus.

Medication (G12): Sertraline, melatonin, liquid iron, migraine supplements, leflunomide and Yuflyma (immunosuppressants for JIA). Full guidance from the family.

Sensory & Safety Checklist — *The family have identified that G12:*

- Resists changes to familiar routines
- Dislikes fluorescent lights
- Is frightened by flashes of light
- Is fascinated by shiny objects and bright colours
- Touches the walls of rooms
- Has difficulty catching balls
- Is startled when approached by others
- Finds it easier to listen when not looking at person
- Can memorise large amounts of information on certain topics
- Finds crowded areas very difficult
- Can hear sounds which others do not hear
- Bangs objects and doors
- Does not like shaking hands or being hugged
- Seems unaware of pain and temperature
- Enjoys feeling certain materials
- Does not seem to know where body is in space
- Quite clumsy and bumps into objects and people

G10 is an extremely bright and academically able girl who loves puzzles, riddles and science, and is very talented at art and crafting. She has a strong attachment to the family dog. G10 is Autistic with ADHD and anxiety, and has a complex social, emotional and mental health profile. She can experience significant demand avoidance and can swing between being very withdrawn and internally focused, or very "fizzy" with ADHD energy. She internalises difficulties and can direct that inward as very negative self-talk and strong emotions.

G10 needs a Sennie who is deeply emotionally attuned, patient and non-judgemental — someone who can support her through transitions, getting ready for school, and managing complex feelings in a calm, safe and regulated way. She has a restricted diet and requires patient, non-pressured support around food. She benefits from support with self-regulation and with communicating with other children.

Medication (G10): Melatonin and magnesium supplements.

Sensory & Safety Checklist — *The family have identified that G10:*

- Resists changes to familiar routines
- Dislikes bright lights
- Dislikes fluorescent lights
- Is frightened by flashes of light
- Is startled when approached by others
- Finds it easier to listen when not looking at person
- Can memorise large amounts of information on certain topics
- Finds crowded areas very difficult
- Can hear sounds which others do not hear
- Does not like shaking hands or being hugged
- Likes a hug if chosen to do this
- Very good auditory memory for songs and rhymes
- Dislikes certain foods and drinks
- Seeks pressure by crawling under heavy objects
- Dislikes certain everyday smells
- Likes to have food presented in a certain way on the plate

G7 is the quietest and most cuddly of the three — a gentle homebody who loves looking after her soft toys and babies, and enjoys making drinks and caring for the people around her. She has a warm and nurturing spirit and loves it when the family feels settled and happy.

G7 is Autistic with ADHD, dyslexia and selective mutism. There was a period when she was unable to speak to or look at anyone outside the immediate family — she has made significant progress since then, but communication with others outside the home remains her biggest challenge. She has significant sensory sensitivities, particularly around light and sound, and finds getting ready and leaving the house for school very difficult. She benefits from patient, gentle and consistent support with transitions, routines and feeling safe enough to regulate and express herself. English and Maths support is also a helpful focus.

Medication (G7): Antihistamine and sometimes melatonin.

Sensory & Safety Checklist — *The family have identified that G7:*

- Resists changes to familiar routines
- Dislikes bright lights
- Dislikes fluorescent lights
- Is frightened by flashes of light
- Puts hands over eyes or closes eyes in bright light
- Has difficulty catching balls
- Is startled when approached by others
- Finds it easier to listen when not looking at person
- Finds crowded areas very difficult
- Covers ears when hears certain sounds
- Can hear sounds which others do not hear
- Is very distressed by certain sounds
- Likes a hug if chosen to do this

Main Duties & Responsibilities

- Morning routine support for all three girls — getting ready, managing sensory challenges around clothing, and supporting departure for school
- School drop-offs and pick-ups — significant daily driving
- Support G12 with her morning and evening medication routines, building towards greater independence over time
- Hygiene and skin care support for G12 — mindful of immunosuppression and infection risk
- Support all three girls with after-school decompression and emotional regulation
- Support G10 with transitions, managing complex emotions and self-regulation — using a calm, attuned and non-pressured approach
- Support G10 with food and eating in a patient, low-pressure way
- Support G7 with communication, transitions and feeling safe — building trust gradually and at her pace
- Homework support for all three girls — particularly English and Maths
- Support with time management, self-care and independence across all three girls
- Engage all three girls in their preferred activities — exercise, art, crafts, puzzles, reading, imaginative play
- Support G12 and G10 with getting out to extra-curricular activities when anxiety makes this difficult
- Children's laundry, organising belongings, tidying rooms and shared areas
- Meal planning and cooking for the children and family
- Bathtime and bedtime routine
- Liaise with Mum daily and communicate any concerns or observations clearly
- Work collaboratively with schools and any other professionals involved in the girls' support
- Taking G12 to evening sports clubs - requires a lot of driving and walking

Who This Role Would Suit

- An experienced Sennie or SEN specialist with a deep and genuine understanding of Autism, ADHD, anxiety, SEMH and selective mutism across a range of ages
- Someone emotionally resilient, regulated and deeply patient — able to hold space for complex, sometimes intense emotions without escalating
- A person who is completely comfortable with medical care routines and the particular sensitivities of supporting a medically complex, immunosuppressed young person
- Someone with experience of demand avoidance and restricted eating — who instinctively adopts a low demand, non-pressured approach
- A confident driver who is comfortable with a substantial daily school run
- Someone looking for a long-term, committed role — these girls need consistency and trust above all else
- An individual who finds genuine fulfilment in working with complex, brilliant children and who brings warmth, creativity and calm to every interaction

Lead Recruiter: Anita — Anita@sennies.co.uk

To apply for this amazing role, please head to the SENNIES website and fill in our online application form. Already registered? Please [log in to your online SENNIES account](#), find this role in your Suggestions, and click 'like' to apply.

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