

Sennie (SEN Specialist / Nanny / Manny) for B15

Ruislip, Middlesex | Pay Per Hour Role | Live Out | After School

Additional needs present:	Location:	Salary:
B15: Autistic, ADHD, PDA/ODD, SEMH	Ruislip, Middlesex, HA4	£18 per hour gross
Live out Driver: Not essential Pets: Other	Days & Hours:	Now – April 2027: Mon–Thu, 3:15pm–6:15pm (12 hrs/week) April – Sept 2027: Potential full-day cover (GCSE study leave) — to be confirmed

Essential Skills/Traits:

- 2+ years of SEN experience working with young people, ideally in a 1:1 or support worker capacity
- Strong understanding of Autism, ADHD, PDA/ODD and SEMH — and how these present together in a teenager
- Mentally resilient and emotionally regulated — able to remain completely calm when language or behaviour becomes challenging
- Experienced in de-escalation — able to recognise early signs of dysregulation and respond with skill rather than reaction
- Genuinely funny and warm — someone B15 will respect and want to engage with
- Confident with homework support — able to get a resistant teenager started, keep them on track and support as much as needed in the moment
- Understanding of PDA and demand avoidance — uses indirect, low demand approaches naturally
- Comfortable supporting a young person with echolalia and understanding that repeated language does not reflect the young person's true character
- Interested in Lego, Nintendo, Pokémon, football cards and board games — genuine shared interests will go a long way!

About the Child & Role

SENNIES is delighted to support a warm, open and deeply committed family based in Ruislip in finding the right Sennie for their 15-year-old son. The family are two Mums — both of whom are incredibly engaged and thoughtful parents. Their two children are adopted full siblings, they have both experienced early years trauma. They have also been totally honest about his challenges, because finding the right fit matters far more to them than selling the role.

B15 is in Year 11 at a SEND school in Acton and is working towards five GCSEs. He arrives home by school taxi at around 3:30pm each day. The role starts at 3:15pm — the Sennie arrives before B15 gets home, is there to let him in and greet him, and the day ends at 6:15pm when one of his Mums is home. During the after-school hours, the structure is: a drink and snack, homework at the dining table, one hour of electronics once homework is done, then Lego or other activities before a light tea.

This role runs Monday to Thursday until April 2027, with the possibility of full-day cover from April to September 2027 when B15 will be on GCSE study leave. An additional sibling (B17) is also in the household — he attends college independently and supporting him is not a requirement of this role.

B15 is a charismatic, funny and genuinely charming young man. He loves to chat, ask questions, be cheeky and make people laugh. He is passionate about Lego and construction kits, Pokémon, football cards, his Nintendo and PS4, and board games — and he brings real enthusiasm and personality to these interests. He has a strong sense of humour and can be enormously engaging company when he feels settled and regulated.

B15 is Autistic, has ADHD and PDA/ODD, and a complex SEMH profile, he is constantly in fight or flight mode. When he arrives home from school he can be significantly dysregulated — school is demanding and overwhelming — and this period requires the most skill and patience. He doesn't like taking turns, can struggle with perspective-taking and can be verbally challenging or hurtful when in this state. He has a tendency to repeat language and phrases he has heard, which can include offensive content — the family and school are actively working on this, and it is important for candidates to understand this in its full context.

The family's approach is built around calmness, fairness, discipline, forgiveness and starting afresh — every day. They don't hold grudges and don't expect the Sennie to either. What they need most is someone who can hold the line with warmth and good humour, who B15 genuinely respects, and who can get him through that homework without it becoming a battle.

Medication: B15 takes Lisdexamfetamine 50mg, Fluoxetine 5ml and Risperidone 500mcg — all prescribed by CAMHS and taken in the morning. The Sennie will administer a single top-up tablet at 4:30pm. Full guidance and training provided by the family.

Main Duties & Responsibilities

- Arrive at 3:15pm and be ready to welcome B15 when he arrives home by taxi at approximately 3:30pm
- Greet B15 warmly, read the room and support his decompression after school
- Prepare and give a drink and snack
- Support B15 with homework at the dining table — getting him started, keeping him on track, reading questions aloud and discussing answers
- Administer B15's top-up medication tablet at 4:30pm as prescribed
- Once homework is complete, supervise one hour of electronics (Nintendo/PS4)
- Engage B15 in preferred activities — Lego, construction kits, Pokémon, football cards, board games
- Prepare a light tea (sandwich) as B15 will have had a hot dinner at school
- De-escalate calmly if B15 becomes dysregulated — using the family's approach of calm, fairness and a fresh start
- Maintain firm, consistent and warm boundaries throughout
- Support B15 in building respect, thoughtfulness, calmness and the ability to move on to the next task
- Hand over clearly to Mum on her return at approximately 6:00pm, flagging anything relevant
- During GCSE study leave (April–September 2027): full-day support to be discussed and agreed in advance

Who This Role Would Suit

- An experienced SEN support worker, youth worker, teaching assistant or Sennie who is genuinely comfortable with the full picture of this role
- Someone mentally strong, emotionally regulated and genuinely unflappable — who can absorb a challenging arrival home without reacting
- A person who is funny, engaging and real — someone B15 will respect and actually want to spend time with
- Someone with a genuine interest in and knowledge of Autism, ADHD, PDA/ODD and SEMH in teenagers
- An individual who shares some of B15's interests — Lego, gaming, Pokémon, football — and can use these naturally to build connection
- Someone who truly believes in the approach of calmness, fairness, forgiveness and starting fresh

Lead Recruiter: Emily — emily@sennies.co.uk

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