

Sennie (SEN Specialist / Nanny) for B9

Crystal Palace, London, SE19 | Temporary | Live Out | Weekday Afternoon Cover

Additional needs present:	Location:	Salary:
B9: ADHD, FASD, learning difficulties, trauma	Crystal Palace, London, SE19	£18 to £25 per hour gross, depending on experience
Live out Driver: Preferred, with own car required	Pets: Dog	Days & Hours: TEMPORARY contract - 16th Nov - 18th Dec <i>(ideally available for some paid settling in session w/c 11th Nov)</i> Four afternoons per week, approx. 16 to 18 hours: - Monday 12–5pm - Wednesday 12–4pm - Thursday 12–4pm - Friday 12–5pm More hours can be discussed.

Essential Skills / Traits:

- 2+ years of SEN childcare experience, ideally with ADHD and early trauma, and with children who need constant one-to-one supervision
- A trauma-informed, relational approach: calm, predictable, patient and consistent, even when B9 tests boundaries or becomes overwhelmed
- Strong co-regulation skills: noticing early signs of overwhelm and following an agreed plan to help him settle
- Reliable, consistent and punctual, and able to commit to the full temporary period
- A full UK driving licence and own car is preferred (B9 travels to activities by car, taxi or public transport; travel costs reimbursed)
- Comfortable and happy with outdoor activities
- Warm, honest communication
- *Desirable, not essential: experience with looked-after children and with FASD (or a willingness to learn); training in PACE, Theraplay, Zones of Regulation or similar; experience with sensory needs and visual timetables.*

About the Child & Role

SENNIES is delighted to support a warm family in Crystal Palace, South London, in finding a dedicated temporary Sennie to provide one-to-one care for B9, a lively, affectionate and active nine-year-old who thrives with calm, steady, one-to-one support.

B9 has a diagnosis of ADHD (combined presentation) and is currently being assessed for FASD. He has also experienced early trauma and has some learning difficulties, and is currently out of school on professional advice while a gradual plan to rebuild his sense of safety is put in place. His mornings are covered by home tutoring, so this role is for the afternoons. B9 needs a calm, familiar adult with him at all times. He finds multi-step instructions, changes and transitions hard, and processes things more slowly, so he does best with short, simple, one-step instructions and plenty of advance warning of what is coming next. He can become overwhelmed quickly and may be very eager to please, which often means he is feeling anxious rather than relaxed. He finds groups and other children difficult, so he is at his

happiest one-to-one. He is very sensitive to feeling unsafe and can find being touched or held difficult, so trust is built gently and patiently, and physical restraint is never used.

B9 is happiest when he is active and outdoors. He loves cycling, climbing, swimming, horse riding, football, trampolining and forest group, as well as Lego, singing and dog walks. With a warm, steady adult and activities he enjoys, he is funny, enthusiastic and full of energy, and he takes real pride in what he can do. What helps him most is a predictable routine, a visual plan, calm and quiet language, regular movement and sensory breaks, and an adult who tells him plainly what is going to happen next.

This is a temporary role of approximately 16 to 18 hours per week across four afternoons, running from w/c 16 November to 18 December 2026, with a possible extension into the new year. Introductory visits with his family present take place from 11 November so B9 can get to know his Sennie, with the first one or two activity trips done together to begin with (all paid). The family do not have a car, so the Sennie will take B9 to his activities by their own car, taxi or public transport, with travel costs reimbursed.

Key development areas: building positive, trusting relationships with adults, and helping B9 feel safe and regulated.

Medication: None.

Sensory & Safety Checklist — *the family have identified that B9:*

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| <ul style="list-style-type: none">● Finds it easier to listen when not looking at the person● Finds crowded areas very difficult● Prefers to sit at the back or front of a group● Can hear sounds which others do not● Does not like shaking hands or being hugged● Only seems to hear the first words of a sentence | <ul style="list-style-type: none">● Very good auditory memory for songs and rhymes● Does not always seem aware of pain or temperature● Dislikes certain foods and drinks● Likes food presented a certain way on the plate● Does not always know where his body is in space● Can be clumsy and bump into objects and people |
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Main Duties & Responsibilities

- Provide calm, consistent one-to-one care and supervision for B9 across four afternoons a week
- Take B9 to and from his activities by car, taxi or public transport (travel costs reimbursed)
- Support him to take part in enjoyable activities such as riding, cycling, climbing and swimming
- Help him with regulation and transitions, following the calm, low-demand approach agreed with his family
- Give his family a short update after each session, and flag anything of concern straight away
- Build trust gently through the introductory visits before the role begins

The Sennie will not be expected to teach B9 formally, or to care for his younger sibling, unless extra hours are agreed.

Lead Recruiter: Georgia — georgia@sennies.co.uk

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REF: T027

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