

MARINA INTERNATIONAL SCHOOL

PHYSICS SCHEME OF WORK

FORM 4 - TERM 1

WEEK	TOPIC	TOPIC DETAILS
1.1	Measurement	<ul style="list-style-type: none"><input type="checkbox"/> Use and describe the use of rules and measuring cylinders to find a length or a volume.<input type="checkbox"/> Use and describe the use of clocks and devices, both analogue and digital, for measuring an interval of time.<input type="checkbox"/> Obtain an average value for a small distance and for a short interval of time by measuring multiples (including the period of a pendulum).<input type="checkbox"/> Understand that a micrometer screw gauge is used to measure very small distances.
2.1	Scalars and vectors	<ul style="list-style-type: none"><input type="checkbox"/> Understand that vectors have a magnitude and direction<input type="checkbox"/> Demonstrate an understanding of the difference between scalars and vectors and give common examples<input type="checkbox"/> Determine graphically the resultant of two vectors
3.1	Mass and weight	<ul style="list-style-type: none"><input type="checkbox"/> Show familiarity with the idea of the mass of a body<input type="checkbox"/> State that weight is a gravitational force<input type="checkbox"/> Distinguish between mass and weight<input type="checkbox"/> Recall and use the equation $W = mg$<input type="checkbox"/> Demonstrate understanding that weights (and hence masses) may be compared using a balance.<input type="checkbox"/> Demonstrate an understanding that mass is a property that 'resists' change in motion.<input type="checkbox"/> Describe, and use the concept of, weight as the effect of a gravitational field on a mass

WEEK	TOPIC	TOPIC DETAILS
4.1	Energy	<ul style="list-style-type: none"> <input type="checkbox"/> Identify changes in kinetic, gravitational potential, chemical, elastic (strain), nuclear and internal energy that have occurred as a result of an event or process <input type="checkbox"/> Recognise that energy is transferred during events and processes, including examples of transfer by forces (mechanical working), by electrical currents (electrical working), by heating and by waves <input type="checkbox"/> Apply the principle of conservation of energy to simple examples <input type="checkbox"/> Recall and use the expressions kinetic energy = $\frac{1}{2}mv^2$ and change in gravitational potential energy = $mg\Delta h$ <input type="checkbox"/> Apply the principle of conservation of energy to examples involving multiple stages <input type="checkbox"/> Explain that in any event or process the energy tends to become more spread out among the <ul style="list-style-type: none"> <input type="checkbox"/> objects and surroundings (dissipated)
5.1	Energy resources	<ul style="list-style-type: none"> <input type="checkbox"/> Describe how electricity or other useful forms of energy may be obtained from: <ul style="list-style-type: none"> <input type="checkbox"/> Chemical energy stored in fuel water, including the energy stored in waves, in tides, and in water behind hydroelectric dams <input type="checkbox"/> Geothermal resources <input type="checkbox"/> Nuclear fission heat and light from the Sun (solar cells and panels) <input type="checkbox"/> wind <input type="checkbox"/> Give advantages and disadvantages of each method in terms of renewability, cost, reliability, scale and environmental impact <input type="checkbox"/> Show a qualitative understanding of efficiency <input type="checkbox"/> Understand that the Sun is the source of energy for all our energy resources except geothermal, nuclear and tidal <input type="checkbox"/> Show an understanding that energy is released by nuclear fusion in the Sun <input type="checkbox"/> Recall and use the equations: efficiency = $\frac{\text{useful energy output}}{\text{energy input}} \times 100\%$ efficiency = $\frac{\text{useful power output}}{\text{power input}} \times 100\%$
6.1	Work and Power	<ul style="list-style-type: none"> <input type="checkbox"/> Demonstrate understanding that work done = energy transferred <input type="checkbox"/> Relate (without calculation) work done to the magnitude of a force and the distance moved in the direction of the force <input type="checkbox"/> Recall and use $W = Fd = \Delta E$ <input type="checkbox"/> Relate (without calculation) power to work done and time taken, using appropriate examples <input type="checkbox"/> Recall and use the equation $P = \frac{\Delta E}{t}$ in simple <ul style="list-style-type: none"> <input type="checkbox"/> systems

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7.1	Density	<ul style="list-style-type: none"> <input type="checkbox"/> Recall and use the equation $\rho = m/V$ <input type="checkbox"/> Describe an experiment to determine the density of a liquid and of a regularly shaped solid and make the necessary calculation <input type="checkbox"/> Describe the determination of the density of an irregularly shaped solid by the method of displacement <input type="checkbox"/> Predict whether an object will float based on density data
8.1	Pressure	<ul style="list-style-type: none"> <input type="checkbox"/> Recall and use the equation $p = F/A$ <input type="checkbox"/> Relate pressure to force and area, using appropriate examples <input type="checkbox"/> Describe the simple mercury barometer and its use in measuring atmospheric pressure <input type="checkbox"/> Relate (without calculation) the pressure beneath a liquid surface to depth and to density, using appropriate examples <input type="checkbox"/> Use and describe the use of a manometer Recall and use the equation $p = h\rho g$
9.1	Motion	<ul style="list-style-type: none"> <input type="checkbox"/> Define speed and calculate average speed from total distance total time <input type="checkbox"/> Plot and interpret a speed–time graph or a distance–time graph <input type="checkbox"/> Recognise from the shape of a speed–time graph <input type="checkbox"/> when a body is at rest moving with constant speed moving with changing speed <input type="checkbox"/> Calculate the area under a speed–time graph to work out the distance travelled for motion with constant acceleration
10.1	motion	<ul style="list-style-type: none"> <input type="checkbox"/> Demonstrate understanding that acceleration and deceleration are related to changing speed including qualitative analysis of the gradient of a speed–time graph <input type="checkbox"/> State that the acceleration of free fall for a body near to the Earth is constant <input type="checkbox"/> Distinguish between speed and velocity <input type="checkbox"/> Define and calculate acceleration using change of velocity time taken <input type="checkbox"/> Calculate
11.1	motion	<ul style="list-style-type: none"> <input type="checkbox"/> Calculate speed from the gradient of a distance–time graph <input type="checkbox"/> Calculate acceleration from the gradient of a speed–time graph <input type="checkbox"/> Recognise linear motion for which the acceleration is constant <input type="checkbox"/> Recognise motion for which the acceleration is not constant <input type="checkbox"/> Understand deceleration as a negative acceleration <input type="checkbox"/> Describe qualitatively the motion of bodies falling in a uniform gravitational field with and without air resistance (including reference to <input type="checkbox"/> terminal velocity)

WEEK	TOPIC	TOPIC DETAILS
12.1	Forces Effects of forces	<ul style="list-style-type: none"> <input type="checkbox"/> Recognise that a force may produce a change in size and shape of a body <input type="checkbox"/> Plot and interpret extension-load graphs and describe the associated experimental procedure <input type="checkbox"/> Describe the ways in which a force may change the motion of a body <input type="checkbox"/> Find the resultant of two or more forces acting along the same line <input type="checkbox"/> Recognise that if there is no resultant force on a body it either remains at rest or continues at constant speed in a straight line
12.2	Forces Effects of forces	<ul style="list-style-type: none"> <input type="checkbox"/> Understand friction as the force between two surfaces which impedes motion and results in heating <input type="checkbox"/> Recognise air resistance as a form of friction <input type="checkbox"/> State Hooke's Law and recall and use the expression $F = kx$, where k is the spring constant. <input type="checkbox"/> Recognise the significance of the 'limit of proportionality' for an extension-load graph <input type="checkbox"/> Recall and use the relationship between force, mass and acceleration (including the direction), $F = ma$ <input type="checkbox"/> Describe qualitatively motion in a circular path due to a perpendicular force ($F = mv^2 / r$ is not required)
13.1	Turning effect Moment of force	<ul style="list-style-type: none"> <input type="checkbox"/> Describe the moment of a force as a measure of its turning effect and give everyday examples <input type="checkbox"/> Understand that increasing force or distance from the pivot increases the moment of a force <input type="checkbox"/> Calculate moment using the product force \times perpendicular distance from the pivot <input type="checkbox"/> Apply the principle of moments to the balancing of a beam about a pivot <input type="checkbox"/> Apply the principle of moments to different situations <input type="checkbox"/> Conditions for equilibrium <input type="checkbox"/> Recognise that, when there is no resultant force and no resultant turning effect, a system is in equilibrium <input type="checkbox"/> Perform and describe an experiment (involving vertical forces) to show that there is no net moment on a body in equilibrium

PHYSICS SCHEME OF WORK

FORM 4 - TERM 2

WEEK	TOPIC	TOPIC DETAILS
1.1	Momentum	<ul style="list-style-type: none"><input type="checkbox"/> Understand the concepts of momentum and impulse<input type="checkbox"/> Recall and use the equation momentum = mass \times velocity, $p = mv$<input type="checkbox"/> Recall and use the equation for impulse $Ft = mv - mu$<input type="checkbox"/> Apply the principle of the conservation of momentum to solve simple problems in one dimension
2.1	Thermal Physics	<ul style="list-style-type: none"><input type="checkbox"/> Simple kinetic molecular model of matter<input type="checkbox"/> States of matter<input type="checkbox"/> State the distinguishing properties of solids, liquids and gases<input type="checkbox"/> Describe qualitatively the molecular structure of solids, liquids and gases in terms of the arrangement, separation and motion of the molecules<input type="checkbox"/> Interpret the temperature of a gas in terms of the motion of its molecules<input type="checkbox"/> Describe qualitatively the pressure of a gas in terms of the motion of its molecules
3.1	Molecular model	<ul style="list-style-type: none"><input type="checkbox"/> Show an understanding of the random motion of particles in a suspension as evidence for the kinetic molecular model of matter<input type="checkbox"/> Describe this motion (sometimes known as Brownian motion) in terms of random molecular bombardment<input type="checkbox"/> Relate the properties of solids, liquids and gases to the forces and distances between molecules and to the motion of the molecules<input type="checkbox"/> Explain pressure in terms of the change of momentum of the particles striking the walls creating a force<input type="checkbox"/> Show an appreciation that massive particles may be moved by light, fast-moving molecules

WEEK	TOPIC	TOPIC DETAILS
4.1	Evaporation	<ul style="list-style-type: none"> □ Describe evaporation in terms of the escape of more-energetic molecules from the surface of a liquid □ Relate evaporation to the consequent cooling of the liquid □ Demonstrate an understanding of how temperature, surface area and draught over a surface influence evaporation □ Explain the cooling of a body in contact with an evaporating liquid
5.1	Pressure changes	<ul style="list-style-type: none"> □ Describe qualitatively, in terms of molecules, the effect on the pressure of a gas of: a change of temperature at constant volume a change of volume at constant temperature □ Recall and use the equation $pV = \text{constant}$ for a fixed mass of gas at constant temperature
6.1	Thermal properties and temperature -Thermal expansion of solids, liquids and gases	<ul style="list-style-type: none"> □ Describe qualitatively the thermal expansion of solids, liquids, and gases at constant pressure □ Identify and explain some of the everyday applications and consequences of thermal expansion □ Explain, in terms of the motion and arrangement of molecules, the relative order of the magnitude of the expansion of solids, liquids and gases
7.1	Measurement of temperature	<ul style="list-style-type: none"> □ Appreciate how a physical property that varies with temperature may be used for the measurement of temperature, and state examples of such properties □ Recognise the need for and identify fixed points □ Describe and explain the structure and action of liquid-in-glass thermometers □ Demonstrate understanding of sensitivity, range and linearity □ Describe the structure of a thermocouple and show understanding of its use as a thermometer for measuring high temperatures and those that vary rapidly □ Describe and explain how the structure of a liquid-in-glass thermometer relates to its sensitivity, range and linearity

WEEK	TOPIC	TOPIC DETAILS
8.1	Thermal capacity (heat capacity)	<ul style="list-style-type: none"> <input type="checkbox"/> Relate a rise in the temperature of a body to an increase in its internal energy <input type="checkbox"/> Show an understanding of what is meant by the thermal capacity of a body <input type="checkbox"/> Give a simple molecular account of an increase in internal energy <input type="checkbox"/> Recall and use the equation thermal capacity = mc <input type="checkbox"/> Define specific heat capacity <input type="checkbox"/> Describe an experiment to measure the specific heat capacity of a substance <input type="checkbox"/> Recall and use the equation change in energy = $mc\Delta T$
9.1	Melting and boiling	<ul style="list-style-type: none"> <input type="checkbox"/> Describe melting and boiling in terms of energy input without a change in temperature <input type="checkbox"/> State the meaning of melting point and boiling point <input type="checkbox"/> Describe condensation and solidification in terms of molecules <input type="checkbox"/> Distinguish between boiling and evaporation <input type="checkbox"/> Use the terms latent heat of vaporisation and latent heat of fusion and give a molecular interpretation of latent heat <input type="checkbox"/> Define specific latent heat <input type="checkbox"/> Describe an experiment to measure specific latent heats for steam and for ice <input type="checkbox"/> Recall and use the equation energy = ml
10.1	Thermal processes Conduction	<ul style="list-style-type: none"> <input type="checkbox"/> Describe experiments to demonstrate the properties of good and bad thermal conductors <input type="checkbox"/> Give a simple molecular account of conduction in solids including lattice vibration and transfer by electrons <input type="checkbox"/> Convection <input type="checkbox"/> Recognise convection as an important method of thermal transfer in fluids <input type="checkbox"/> Relate convection in fluids to density changes and describe experiments to illustrate convection <input type="checkbox"/> Radiation <input type="checkbox"/> Identify infrared radiation as part of the electromagnetic spectrum <input type="checkbox"/> Recognise that thermal energy transfer by radiation does not require a medium <input type="checkbox"/> Describe the effect of surface colour (black or white) and texture (dull or shiny) on the emission, absorption and reflection of radiation <input type="checkbox"/> Describe experiments to show the properties of good and bad emitters and good and bad absorbers of infrared radiation <input type="checkbox"/> Show understanding that the amount of radiation emitted also depends on the surface temperature and surface area of a body

WEEK	TOPIC	TOPIC DETAILS
11.1	Consequences of energy transfer	<input type="checkbox"/> Identify and explain some of the everyday applications and consequences of conduction, convection and radiation

PHYSICS SCHEME OF WORK

FORM 4 - TERM 3

WEEK	TOPIC	TOPIC DETAILS
1.1	Properties of Waves -Properties of waves, including light and sound General wave properties	<input type="checkbox"/> Demonstrate understanding that waves transfer energy without transferring matter <input type="checkbox"/> Describe what is meant by wave motion as illustrated by vibration in ropes and springs and by experiments using water waves <input type="checkbox"/> Use the term wavefront <input type="checkbox"/> Give the meaning of speed, frequency, wavelength and amplitude <input type="checkbox"/> Distinguish between transverse and longitudinal waves and give suitable examples
2.1	Properties of waves, including light and sound General wave properties continue	<input type="checkbox"/> Describe how waves can undergo: reflection at a plane surface refraction due to a change of speed diffraction through a narrow gap <input type="checkbox"/> Describe the use of water waves to demonstrate reflection, refraction and diffraction <input type="checkbox"/> Recall and use the equation $v = f \lambda$ <input type="checkbox"/> Describe how wavelength and gap size affects diffraction through a gap <input type="checkbox"/> Describe how wavelength affects diffraction at an edge
3.1	Light-Reflection of light	<input type="checkbox"/> Describe the formation of an optical image by a plane mirror, and give its characteristics <input type="checkbox"/> Recall and use the law angle of incidence = angle of reflection <input type="checkbox"/> Recall that the image in a plane mirror is virtual <input type="checkbox"/> Perform simple constructions, measurements and calculations for reflection by plane mirrors
4.1	light-Refraction of light	<input type="checkbox"/> Describe an experimental demonstration of the refraction of light <input type="checkbox"/> Use the terminology for the angle of incidence i and angle of refraction r and describe the passage of light through parallel-sided transparent material <input type="checkbox"/> Give the meaning of critical angle <input type="checkbox"/> Describe internal and total internal reflection <input type="checkbox"/> Recall and use the definition of refractive index n in terms of speed <input type="checkbox"/> Recall and use the equation $\sin i \sin r = n$ <input type="checkbox"/> Recall and use $n = \frac{c}{v}$ <input type="checkbox"/> Describe and explain the action of optical fibres particularly in medicine and communications technology

WEEK	TOPIC	TOPIC DETAILS
5.1	Thin converging lens	<input type="checkbox"/> Describe the action of a thin converging lens on a beam of light <input type="checkbox"/> Use the terms principal focus and focal length <input type="checkbox"/> Draw ray diagrams for the formation of a real image by a single lens <input type="checkbox"/> Describe the nature of an image using the terms enlarged/same size/diminished and upright/inverted <input type="checkbox"/> Draw and use ray diagrams for the formation of a virtual image by a single lens <input type="checkbox"/> Use and describe the use of a single lens as a magnifying glass <input type="checkbox"/> Show understanding of the terms real image and virtual image
6.1	Dispersion of light	<input type="checkbox"/> Give a qualitative account of the dispersion of light as shown by the action on light of a <input type="checkbox"/> glass prism including the seven colours of the <input type="checkbox"/> spectrum in their correct order <input type="checkbox"/> Recall that light of a single frequency is described as monochromatic
7.1	Electromagnetic spectrum	<input type="checkbox"/> Describe the main features of the electromagnetic spectrum in order of wavelength <input type="checkbox"/> State that all electromagnetic waves travel with the same high speed in a vacuum <input type="checkbox"/> Describe typical properties and uses of radiations in all the different regions of the electromagnetic spectrum including: radio and television communications (radio waves) satellite television and telephones (microwaves) electrical appliances, remote controllers for televisions and intruder alarms (infrared) medicine and security (X-rays) <input type="checkbox"/> Demonstrate an awareness of safety issues regarding the use of microwaves and X-rays <input type="checkbox"/> State that the speed of electromagnetic waves in a vacuum is 3.0×10^8 m / s and is approximately the same in air
8.1	Sound	<input type="checkbox"/> Describe the production of sound by vibrating sources <input type="checkbox"/> Describe the longitudinal nature of sound waves <input type="checkbox"/> State that the approximate range of audible frequencies for a healthy human ear is 20 Hz to 20 000 Hz <input type="checkbox"/> Show an understanding of the term ultrasound <input type="checkbox"/> Show an understanding that a medium is needed to transmit sound waves <input type="checkbox"/> Describe an experiment to determine the speed of sound in air <input type="checkbox"/> Relate the loudness and pitch of sound waves to amplitude and frequency <input type="checkbox"/> Describe how the reflection of sound may produce an echo <input type="checkbox"/> Describe compression and rarefaction <input type="checkbox"/> State typical values of the speed of sound in gases, liquids and solids

