



River Health Starter Plan

Benefits Summary



Prescriptions



What's Included?

- ✓ \$0 for medications on the formulary.
- ✓ \$0 for Birth control on the formulary.
- ✓ \$0 refills for formulary drugs.
- ✓ \$0 shipping on prescriptions delivered to your home.
- ✓ \$0 local pharmacy pick up. (limited to formulary medications)
- ✓ \$0 test strips for diabetes with free shipping.

What's not included?

- ✗ Non-formulary drugs.
- ✗ Durable medical equipment.

Limitations, Exceptions, and other Important Information.

- i Prescriptions are at the discretion of the medical provider, and a treatment plan.
- i Not all formulary drugs can be airmailed.

Learn More/See Formulary: helloriver.com/rx

Lab Testing



What's Included?

- ✔ \$0 lab testing through virtual care, including BMP/CMP, CBC, TSH, Hemoglobin A1C, Lipid Panel, STI/STD testing for chlamydia, gonorrhea, HIV, syphilis, etc.
- ✔ \$0 in-person lab testing at all Quest Diagnostics locations (requires a lab order form from River Health).
- ✔ \$0 at-home lab testing kit available through virtual care.
- ✔ \$0 COVID-19 Test kit delivered to your home.
- ✔ \$0 preventative cancer screening: limited to pap smear test, colon cancer screening lab test, and prostate cancer screening lab test.

What's not included?

- ✗ Onsite clinic testing, specialty labs, or hospital lab testing and blood draw.

Limitations, Exceptions, and other Important Information

- ① Lab orders from in-person office visits must be faxed or emailed to River Health. Fax: **+1 218-319-4638**. Email: **team@helloriver.com**.

Learn More/See All Labs Offered: helloriver.com/labs

Imaging



What's Included?

- ✔ Onsite in-network primary care clinic/urgent care imaging for standard x-rays.
- ✔ Routine mammograms as part of well woman exams.
- ✔ Discounts on MRI, PET/MRI, PET/CT, and ultrasound from partner imaging centers.

What's not included?

- ✗ Onsite specialty center or hospital imaging.

Limitations, Exceptions, and other Important Information

- ⓘ Discounts for imaging services are offered by 3rd-party partner imaging centers. Discounts may vary.

Virtual Primary Care



What's Included?

- ✔ \$0 unlimited access to your dedicated River Health primary care provider via text, audio, and video visits.
- ✔ \$0 treatment for acute conditions, e.g., infections, STI treatments, birth control, allergies, skin conditions, colds, sick visits, and more.
- ✔ \$0 medication management, refills, and lab orders.
- ✔ Virtual chronic condition management for diabetes and hypertension.

What's not included?

- ✗ Controlled substance prescription refill.

Limitations, Exceptions, and other Important Information

- ⓘ In-person referrals will be made if medically appropriate.
- ⓘ Unlimited virtual care is only available through River Health providers.

Learn More: helloriver.com/virtual-care

In-Person Doctor Visit



What's Included?

- ✔ \$0 preventative care visits, i.e., annual physical, well-woman exam, well-child exam.
- ✔ \$0 In-network primary care, OBGYN, dermatology, or urgent care visits*.
- ✔ \$0 preventative vaccinations for Influenza, COVID-19, Tdap, and Td.
- ✔ \$0 Pap smears

What's not included?

- ⊘ Specialty care+ & procedures++ outside primary care, urgent care, obstetrics and gynecology, and dermatology

Limitations, Exceptions, and other Important Information

- ⓘ *Your first three office visits every 12 months are \$0, and \$99 for subsequent visits.

++Procedures: Aesthetic/dermal fillers, IUD insertion or removal, Biopsy procedures, colposcopy, allergy shots, skin biopsies, organ biopsies, and surgical procedures.

+Specialty care includes: neurology, orthopedics, cardiology, rheumatology, endocrinology, plastic surgery, anesthesiology, radiology, nephrology, surgery, immunology, colon/rectal surgery, gastroenterology, gerontology, hematology, infectious disease specialists, geneticists, oncology, ophthalmology, osteopathology, otolaryngology (ENT), podiatry, psychiatry, pulmonology, sleep medicine specialists, urology, emergency care, hospitalization, habilitation/rehabilitation services, occupational therapy, speech therapy.

Learn More: helloriver.com/officevisits

Family Plan

Additional Services



What's Included?

All the benefits of the primary care plan including

- ✓ Unlimited Virtual Care
- ✓ \$0 Prescriptions
- ✓ \$0 Labs
- ✓ \$0 Office Visits (Up to 3 \$0 office visits per individual)*

Limitations, Exceptions, and other Important Information

- ① *Your first three office visits every year are \$0, and \$99 for subsequent visits.

Learn More: helloriver.com/family

Wellness Service



What's included?

- ✓ Free premium meditation subscription from Calm

Learn More: helloriver.com/wellness



Get in touch

Need support? Call **(888) 814-6062** or
email **team@helloriver.com**.