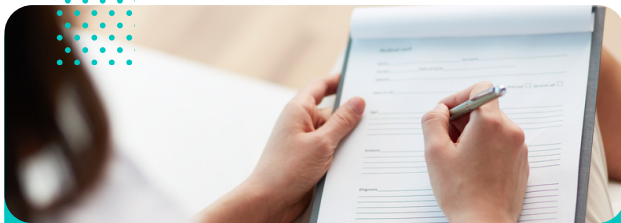




2026 Wellness Program

Choctaw Nation of Oklahoma is dedicated to fostering the health and wellbeing of our employees. Medically enrolled employees and covered spouses can complete the program requirements by **October 31, 2026**, to earn a premium reduction of \$50 per month for the employee and \$50 per month for the spouse.



REQUIREMENTS

1

Complete your Annual Physical & Biometrics

2

Complete your applicable Preventive Screenings

- OB/GYN Screening
- Mammogram
- Colonoscopy

Please Note: All exams must occur between 10/1/2025 and 10/31/2026

For full program details, please reference your 2026 Program Guide located in the Wellness Locker.

Log In To The Wellness Portal

1. Go to www.wellworksforyoulogin.com
2. Your username will be **CNO_First name Initial + Last Name + Month and Day of Birth** (no spaces, dashes, or other punctuation)
3. Your temporary password* will be: **First Name Initial + Last name initial + MMDDYYYY** (case sensitive - please capitalize your first initial and last initial)
4. Select **Login**
5. Accept the terms of the Consent Form
6. Fill in the required information

- Example:
 - Username: **CNO_JSmith0228**
 - Temporary Password: **JS02281980**

PLEASE NOTE: The temporary password is only for the first time you access the Wellness Portal, and you will be prompted to change it upon entry. If you have accessed the Wellness Portal in the past, you should continue to use your existing password.

Forgot Your Username Or Password?

1. Go to www.wellworksforyoulogin.com
2. Click the link **Forgot Username** or **Forgot Password**
3. Follow the instructions to retrieve your username or reset your password
4. If issues persist, please contact Wellworks For You at **800.425.4657**

GET MORE INFORMATION



Download the Wellworks For You Mobile App today!