American Heart Association.
AMERICAN HEART CHALLENGE™

ACTIVATE YOUR HEART POWER

Dear Parent/Guardian,

We are excited to announce that our school will be participating in American Heart Challenge this October!

By joining American Heart Challenge, your student will learn how to keep their heart, body and brain healthy while helping kids with special hearts live longer, healthier lives. It's a fun and meaningful way to teach lifelong healthy habits while helping others. **Plus, you'll be helping our school earn P.E. equipment while your student earns fun rewards!**

Get started today! Sign up at http://www2.heart.org/goto/MottHall or on the **Heart Schools** app.

Steps to Get Started:

1. **Sign Up:** Scan the QR code, download the **Heart Schools** app or visit http://www2.heart.org/goto/MottHall to sign up today on our school's team.
2. **Complete Your Challenge:** Follow all the steps in Finn's Mission - your family will learn lifesaving skills, including how to call 911 in an emergency and how to B.E. F.A.S.T. when someone is having a stroke.
3. **Send messages and share on social media:** Messages are already written for you in the Heart Schools app and on your online headquarters. Invite 10 family and friends to support you.

HEART SCHOOLS APP
Download on the App Store
GET IT ON Google Play

SCAN ME!

When your student completes their mission, they will earn 8 hours of community service hours!

Thank you for supporting our school, our community and the lifesaving work of the American Heart Association!



MEET OUR HEART HERO, ELOISE

Students participating in Kids Heart Challenge are raising funds to help kids with special hearts-kids like Eloise. Eloise was born with several heart defects, including holes in her heart and valves that didn't work the right way. Doctors found these when she was 3 years old, and she needed open-heart surgery to fix them. Before surgery, Eloise got tired easily and had trouble keeping up. Today, her heart is much stronger. Eloise loves dancing, swimming and playing sports. She is proud of her scar and dreams of becoming a nurse one day, inspired by the nurses who helped her.