

KAYS

VERDENSKØKKEN

- UGE 46 -

Mandag

Dansk bornholmsk bonde gryde lavet på gris og kylling serveret med flødekartofler og syrligt kål

Vegetar:

Dansk bornholmsk vegetar bonde gryde lavet på tempeh og masser af grønt serveret med flødekartofler og syrligt kål

Tirsdag

Mexicansk kalkun med sorte bønner, grillet padron peber, semi dried tomat, syltet majs serveret med bulgur

Vegetar:

Mexicansk grønsagsager i tomat med sorte bønner, grillet padron peber, semi dried tomat, syltet majs serveret med bulgur

Onsdag

Paneer, chickpea og spinat karry, indisk vegeater ret med lune kryderier, hertil brune ris, raita og hjemme lavet naanbrød

Torsdag

Asiatisk nudelsalat med langtidsstegt oksekød toppet med friteret glasnudler og friske urter, chili og hvidløgs olie on the side

Vegetar:

Asiatisk nudelsalat med krydret tofu toppet med friteret glasnudler og friske urter, chili og hvidløgs olie on the side

Fredag

Kentucky fried chicken med pommes frites, chili mayo, krydder syltet agurke dice hertil soft dinner rolls

Vegetar:

Kentucky fried soya protein med pommes frites, chili mayo, krydder syltet agurke dice hertil soft dinner rolls

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- Week 46-

Monday

Danish Bornholm farmer's stew made with pork and chicken served with creamed potatoes and sour cabbage Vegetarian: Danish Bornholm

Vegetarian:

farmer's stew made with tempeh and lots of vegetables served with creamed potatoes and sour cabbage

Tuesday

Mexican turkey with black beans, grilled padron pepper, semi-dried tomato, pickled corn served with bulgur

Vegetarian:

Mexican vegetable stew in tomato with black beans, grilled padron pepper, semi-dried tomato, pickled corn served with bulgur

Wednesday

Paneer, chickpea and spinach curry, Indian vegetarian dish with warm spices, served with brown rice, raita and homemade naan bread

Thursday

Asian noodle salad with slow-roasted beef topped with deep-fried glass noodles and fresh herbs, chili and garlic oil on the side

Vegetarian:

Asian noodle salad with spicy tofu topped with fried glass noodles and fresh herbs, chili and garlic oil on the side

Friday

Kentucky fried chicken with french fries, chili mayo, pickled cucumber dice and soft dinner rolls

Vegetarian:

Kentucky fried soy protein with french fries, chili mayo, spices pickled cucumber diced for this soft dinner rolls