

Instructions for High Resolution Oesophageal Manometry and 24-Hour pH Impedance Monitoring

Prior to the Tests

PLEASE DO NOT EAT FOR 4 HOURS BEFORE THE TESTS

Please take your medication as normal except for the following:

7 DAYS before your appointment STOP:

- omeprazole (Losec)
- lansoprazole (Zoton)
- pantoprazole (Protium)
- esomeprazole (Nexium)
- rabeprazole (Pariet)

2 DAYS before your appointment STOP:

- ranitidine (Zantac)
- cimetidine (Tagament, Dyspamet)
- nizatidine (Axit)
- famotidine (Pepcid)
- cisapride (Propulsid)
- metoclopramide (Maxolon)
- domperidone (Motilium)
- ondansetron (Zofran)
- baclofen (Lioresal)
- hyoscine butylbromide (Buscopan)
- alverine citrate (Spasmonal)
- morphine or any other opioid medication such as codeine and co-codamol

24 HOURS before your appointment STOP:

- Gaviscon
- Peptac
- Rennies

And any other simple antacid medication

Please continue to take your inhalers if you are asthmatic and any medication for heart problems.

If you have any questions regarding the procedures or your medication please call the department for advice or leave a message on the answer phone.

