# Memory Care Suites

#### Silvergate San Marcos

memory care raises the bar for seniors living with memory loss. Our residents receive round-the-clock care from a highly specialized team of veteran nurses and caregivers in our beautifully appointed Memory Care Suites -- giving families the peace of mind they are seeking.

Nestled within our retirement community campus, this dedicated building offers a safe and nurturing environment for those living with Alzheimer's, dementia or memory loss.



Silvergate's Memory Care Suites provide families with a secure and supportive care solution that offers key advantages in design, privacy, care, and amenities, including:

- ❖ A Unique "Neighborhood" Design
- ❖ A Positive Approach To Care™
- Industry-Leading Caregiver-to-Resident Ratio
- Private Accommodations

- Healthy, Chef-crafted Cuisine
- Interactive Activities Program
- Premier Amenities
- ❖ All-Inclusive Care Pricing

For more than 30 years, the Silvergate mission has been to deliver best-in-class care to seniors with the same compassion, respect and affection we would want for our own families.

When you want the absolute finest care available in the most beautiful setting possible, entrust your loved one to Silvergate Memory Care Suites...

Where Every Day Matters



Silvergate's distinct "Neighborhood Design" takes a more personalized, home-like approach to resident care. The Memory Care Suites are divided into six uniquely themed "Neighborhoods" to create an easy-to-navigate community floorplan with an intimate feel. Each ideally sized neighborhood gathers six resident suites around a central, shared living room, kitchen, and dining room space.

This safe and secure design facilitates the highest level of resident comfort, engagement, and supervision. With no corridors or hallways to wander, residents are less likely to experience confusion or anxiety, which creates both a familiar and comfortable environment for seniors living with impaired memory.

# Outstanding Care

#### Industry-Leading Caregiver-to-Resident Ratio

With one of the highest caregiver-to-resident ratios in the industry, our experienced team is ever-present, providing high-touch care 24 hours a day, seven days a week. Having more eyes on fewer residents ensures the greatest standard of care and provides increased supervision -- assuring the safety and security of your loved one.

Our Resident Care Director oversees a staff of Licensed Vocational Nurse (LVN) Supervisors, professional caregivers and trained medication technicians to provide continuity of care and manage all prescribed medications. Families hear directly from an LVN with progress updates if and when their loved one's care needs change.



#### A Positive Approach to Care™

Silvergate Memory Care uses the renowned Positive Approach To Care™ model, championed by trusted industry expert, Teepa Snow.

This successful and proven method allows our certified nurses and trained staff to deliver best-in-class care with the greatest degree of dignity, respect and sensitivity.

By improving positive interactions with residents who are experiencing memory loss, we can focus on what's left... not what's lost.



## Premier Amenities

#### Family Parlor

This elegant Family Parlor gives residents a special place to celebrate memorable occasions or gather with loved ones for birthdays, anniversaries or the holidays.

#### Memory Care Activity Room

At the heart of the Memory Care Suites is the airy, sun-drenched Suites Activity Room. The roster of exciting indoor activities rotates daily and is sure to inspire creativity.

#### Beauty Salon

This full-service salon provides residents the perfect place to be pampered on a quiet afternoon and take on a fresh, new look.

#### Intimate Spaces

Intimate spaces throughout the building create opportunities for quiet, one-on-one conversations with family or friends.

Family Parlor







Intimate Spaces

## Chef-crafted Cuisine







#### Nutrient-rich Meals & Snacks

Good nutrition plays a vital role in promoting brain health, as well as physical and mental well-being.



In Silvergate's gourmet kitchen, our Executive Chef passionately creates mouth-watering cuisine that is both visually appealing and exciting to the taste buds.



# Enriching Activities

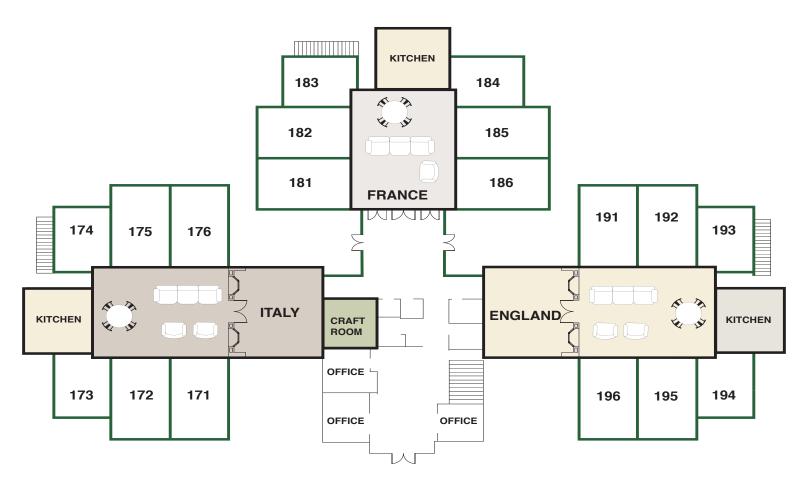
#### Always Something New To Do

Our compassionate staff plans and implements fun and diverse memory-enhancing activities every day -- to help residents find joy in meaningful moments.

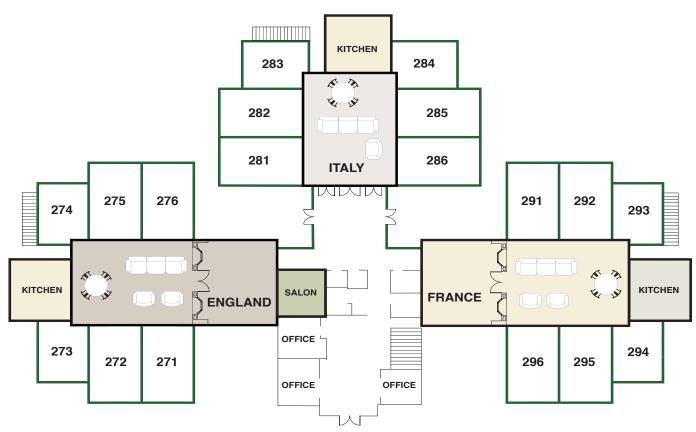
Our professionals use cognitive, reminiscence, physical and occupational therapies to encourage resident participation. Our proven enrichment activities combine sensory stimulation, social engagement and exercise as part of our Memory Care Activities Program.

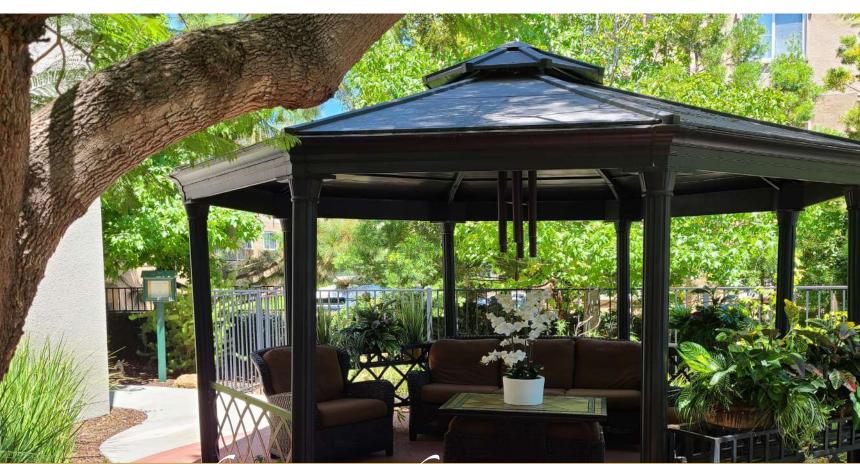


#### MEMORY CARE SUITES 1st Floor



### MEMORY CARE SUITES 2<sup>nd</sup> Floor





Garden Gazebo



## Private Accommodations

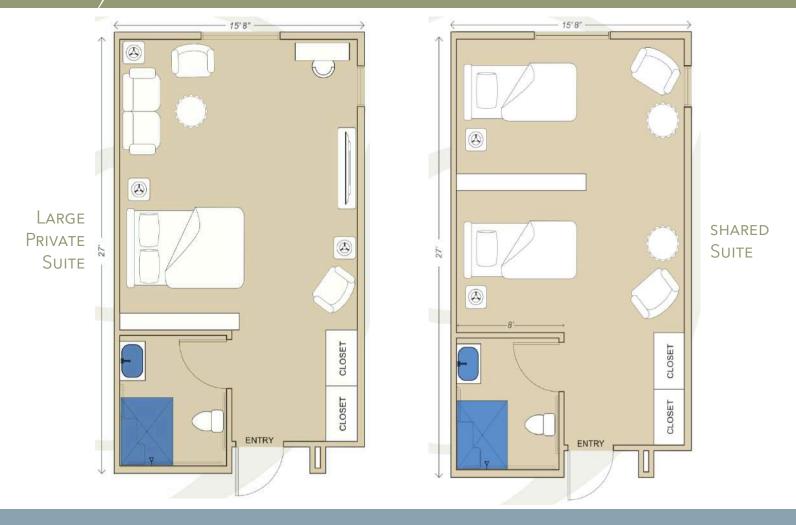
Silvergate Memory Care Suites offers private and shared accommodations with some of the largest floorplan designs available in the marketplace today.

Each Suite boasts high ceilings, large windows, built-in closets, natural light and calming colors -- providing residents with an elegant retreat to call home.

All Suites open directly to an inviting and open shared living room space to encourage resident interaction and daily socialization.

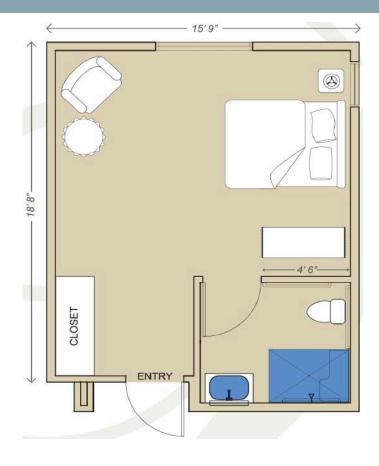
## Large Private Suite

### LARGE PRIVATE SUITE & BATHROOM 405 SQUARE FEET



## Private Suite

## PRIVATE SUITE & BATHROOM 307 SQUARE FEET



# Peace of Mind





#### All-Inclusive Care



At Silvergate, our Memory Care Suites offer an added layer of peace of mind -- convenient, All-Inclusive Care Pricing.

Regardless of your loved one's needs, our simple All-Inclusive Care Pricing assures the right level of care is always provided without any change in cost.

#### Care Services & Amenities

- Licensed On-Site Nursing Staff
- 24-hour Monitoring & Supervision
- All Activities of Daily Living (ADLs)
- Medication Management
- Vital Sign Monitoring
- Diabetes Oversight & Care
- Regular Care Assessments
- Appointment Scheduling
- All Private Accommodations
- 24-hour Security
- Incontinence Care

#### Healthy Mealtime Experience

Three Chef-crafted Meals Daily& Anytime Snacks

#### Interactive Activity Program

- Dedicated, Full-Time Activity Director
- Brain Health & Memory Activities
- Regular Music & Art Therapy
- Daily Social Engagement

#### Housekeeping

- Daily Housekeeping Services
- Linen & Laundry Service