

Memory Care Respite Stays



Giving family members the break they deserve

Silvergate's Memory Care Respite Stay provides seniors with a safe and nurturing place for overnight stays when family members are out of town or simply need a break from the routines and stress of daily caregiving. Let us care for your loved one as they stay overnight in our secure Memory Care building and continue to receive the care and supervision they need.

A short-term respite stay includes the following:

- ◆ Fully furnished private room
- ◆ 24-Hour monitoring & supervision
- ◆ Daily meals and snacks
- ◆ Licensed nurses available 24/7
- ◆ Specialized daily activities
- ◆ ALL-INCLUSIVE care services

\$350 per day
Shared Bath

\$400 per day
Private Bath

To Book A Respite Stay, Call (858) 451-1100

Reservation required / Based on Availability / Some Restrictions May Apply



SILVERGATE
RANCHO BERNARDO
Where Every Day Matters

Independent Living • Assisted Living • Memory Care • Respite Stays
16061 Avenida Venusto • San Diego, CA 92128 • SilvergateRR.com/RB

Respite Care Stays



Silvergate's Respite Care apartments provide seniors with a safe and nurturing place for overnight stays when family members are out of town or simply need a break from the routines and stress of daily caregiving. Loved ones receive round-the-clock supervision and the support services they need while family members refresh themselves and avoid caregiver burnout. Respite stays are also a great way for loved ones to rehabilitate after surgery or emerge more rested after a hospital stay.

Respite Care Stays include:

- ◆ Furnished studio apartment with private bath
- ◆ Three daily meals with room service options
- ◆ Cable, WiFi and phone service
- ◆ Weekly housekeeping service
- ◆ Medical transportation coordinated by staff
- ◆ Guest meal passes for visiting loved ones
- ◆ On-site activities and engagement programs
- ◆ 24-hour emergency response system
- ◆ Licensed nurses available 24/7

Additional Care Services:

**Medication Management • Bathing
Dressing Assistance • Continence Assistance
Diabetes Care Management
Escort Assistance**

These and other care services are available at an additional cost.
Care plan based on physician's report and assessment
by Silvergate staff.

Starting at \$200 A Day

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