



Lincoln – A Great Place To Be!

Parenting in 2025: Its Tough, Its Beautiful and Its OK to Ask for Help

**SELWYN
PARENTING
WEEK
2025**

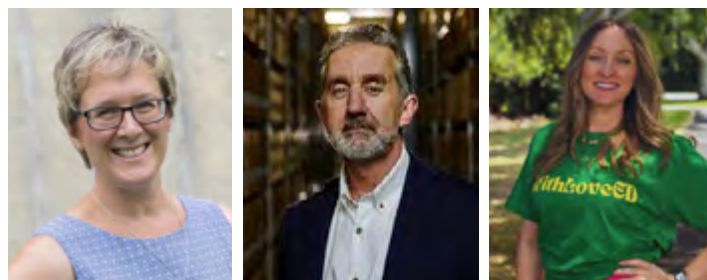
12TH – 18TH MAY

Selwyn Parenting Week returns with real support for real families

Parenting is one of the most important jobs in the world – and let's be honest, it can also be one of the hardest.

Selwyn Parenting Week is about real talk, real support, and bringing our community together to navigate parenting with honesty, strength, and heart. In a world full of pressure, constant comparison, and endless opinions online, Selwyn Parenting Week 2025 is here to cut through the noise with something real. From Monday 12 May to Sunday 18 May, we're bringing together expert voices, practical tools, and a whole lot of heart to support parents, grandparents, carers, and whānau across Selwyn.

This is your chance to hear from some of Aotearoa's most trusted parenting educators and advocates – all in one powerful week. Whether you're raising toddlers or teens, this week is designed to help you feel more confident, more connected, and a little less alone.



Some of the fantastic speakers at events during Selwyn Parenting Week include (from left): Professor Julia Rucklidge; Nigel Latta; and Rebecca Pappill.

You'll hear from Nigel Latta with his real, raw, and often hilarious take on parenting today. Professor Julia Rucklidge brings groundbreaking insights into how micronutrition can support our kids' mental health and resilience. Holly Brooker joins us online with a practical and empowering session on parenting in the digital age. Dawn Wilson from *The Buddy Zone* creates space for

parents of neurodivergent children to feel seen, supported, and better equipped, and Craig McGuigan shares the powerful story of *Kidz Need Dadz* and how strong father-child relationships can change lives.

We're also tackling big topics like eating disorders in young people, raising neurodivergent children, supporting picky eaters, and the link between nutrition and mental health – all delivered by professionals who get it and want to help.

Most events are free, thanks to the generous support of our community partners. A few sessions carry a small cost – but these are heavily subsidised to keep them accessible for everyone. We're literally just covering our speaker fees and venue hire, so we can continue offering quality support without barriers. If cost is a barrier to attending, please reach out – we know times are tough and we don't want anyone to miss out.

And it's not just about the events – throughout the week, we'll also be sharing free resources, tools, and tips across our social channels, signposting support and providing easy access to trusted info and local service providers.

This isn't about perfect parenting. It's about real parenting, and knowing you don't have to figure it all out on your own.

Selwyn Parenting Week 2025 is proudly brought to you by the Selwyn Parenting Network – a grassroots, registered charity working across Selwyn and wider Mid Canterbury to support families through connection, education, and practical, community-led support. We're here to walk alongside parents, offering navigation support and helping to bridge the gaps in access to services. We advocate for what's needed in our communities – especially in New Zealand's fastest-growing region.

Spaces are limited and bookings are essential – so get in quick. Check out the events timetable on page 19 or online.

Facebook: Selwyn Parenting Network

Instagram: selwyn_parenting_network

www.spn.org.nz

lincoln community and residents' association incorporated

Hello to the Lincoln community from Lincoln Community and Residents Association Inc. (LiCRA). We hope you had relaxing Easter and ANZAC weekend, and perhaps you got to the ANZAC event at the Lincoln Event Centre.

LiCRA had a notable meeting in April with council attending to respond to the businesses concerns regarding the Town Centre Upgrade. The council was represented by Cr. Grant Miller, Luke Thomas (SDC Project Manager), and Andrew Mazey (SDC Strategic Rooding Planner).

There was a really good turnout of business owners, fronted by Mufa Valibhai from Hammer Hardware. Mufa did a great job presenting a submission. The council listened but sadly they were in no mood to compromise on the design that is only at the 80% stage.

The basic points in the submission were firstly to propose that at least some of the on-street parking be kept to support the 'grab and go' model that works for customers and the type of businesses that are successful in Lincoln and then questioning the need for designated cycleways on both sides of the road from West Belt to the Liffey. He proposed wide multi-use promenades on both sides instead as constructed in Tennyson Street in Rolleston as a compromise. The council worked with businesses in Rolleston, in Lincoln they have not. A disappointing outcome.

The second disappointing recent outcome was the decision by the council to adopt the creation of the separate organisation option for the 'Water Done Well' water management reform required by the Government. Our association submitted against this in favour of the council in-house option. We did this after investigation and consideration of the little amount of information that was provided

during consultation. We can only assume that the decision was a philosophical one rather than based on a detailed plan and defined operating model. This decision is unlikely to be reversed and we can only hope that we don't live to regret it.

On a more positive note, we can report that there are a couple of council projects that we are being consulted on that are exciting. There is the extension of Meijer Drive through to Boundary Road that will include more sports ground space, a dog park, and the relocation of the bike jump park. Then the council in conjunction with Rotary, The Historical Society, and possibly LiCRA, is underway planning a historical site project at the Millpond weir. It will include the reconstruction of the weir, the installing of a pond access deck, and the installation of a water-wheel to commemorate the flour mill that operated there some 150 years ago. We will report more as these projects progress.

We are always keen to hear your comments on these issues or any others that concern you so please get in touch. You are also very welcome to attend our meetings to share your thoughts.

All the best to everyone.

Lindsay Wilson, (Chairperson)

Other committee members:

Rebecca Dollary (Secretary); Tanya (Treasurer); Andre Straus; Cam Holmes; Katheryn Claridge; Sam Elder.

Next meeting is 7pm, Monday 12 May at Community Care Lincoln, 16 Lyttelton Street.

Connect with us: Email: Lincolnresidentsinc@gmail.com

Facebook: [Lincoln Community and Residents Association Inc.](https://www.facebook.com/LincolnCommunityandResidentsAssociationInc)

editorial info.

Lincoln Community News is the official newsletter of the Lincoln Community and Residents' Association Incorporated. It is produced by The Selwyn Printing Company and comes out monthly, with the exception of January.

We're seeking stories!

Do you have a story to share? We are always looking for news and information about what is happening in Lincoln and the Selwyn District. We'd like to hear the stories of residents' achievements, exciting happenings, community developments and more! This is a community newsletter and we welcome your voice.


Deadline is 20th of month preceding publication month. Text should be supplied as a non-formatted Word or Text document. Please supply any images as high resolution JPEG files. Adverts should be supplied as print ready, high resolution PDF files.

**TO SUBMIT ARTICLES, STORIES OR
ADVERTISING, PLEASE EMAIL:
LCN@selwynprint.co.nz**

**READ ISSUES ONLINE AT
www.selwynprint.co.nz**



Views expressed within this newsletter are not necessarily those of the publisher.



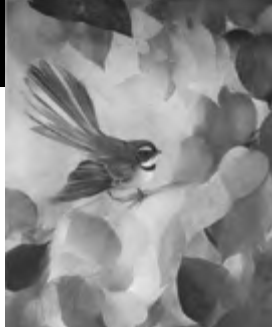


Down by the Liffey Gallery

Lincoln's Community Art Gallery, 1 James Street, Lincoln


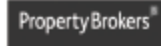


Rhythms of nature

VIV WOTTON + HILARY BROWNING + ZOE WISEMAN
MAY 7 - JUNE 1



'Rhythms of Nature' features talented artists: Viv Wotton, Hilary Browning and Zoe Wiseman.
Viv's landscapes reflect a discovery into connection, seeking to reveal how memory and belonging can be felt in 'place'. Hilary uses a variety of materials to create her ceramics, playing with different textures, glazes and shapes resulting in lovely ceramics. Zoe's paintings explore the evocative colours, intricate patterns, and natural rhythms of the New Zealand environment. Together they bring together a lovely exhibition filled with a beautiful array of greens and earthy tones.

Open: Wed-Thur 11.30am-2.30pm Fri-Sun 10am-4pm
liffeygallery1@gmail.com www.downbytheliffeygallery.com



selwyn community patrol

March and April have again been busy months for the patrol. During March we had 120 volunteer hours, and 919 kilometres were covered.

Amongst our other activities during these months, we hosted Meg Back and John – urban design consultants for Selwyn District Council specialising in urban design to reduce crime. They were particularly interested in the new Lincoln town centre area for the upcoming improvements. We had an interesting evening with them and learnt a lot about lighting, carpark design, walkways, and a lot more to make our towns safer. Some of our patrollers have been out to Coes Ford and our other wider areas familiarising themselves with the issues that our rural community experience. Our trainers have also been involved in helping the wider Canterbury Community Patrols with a 'train the trainer' evening as we are fortunate enough to have several very experienced patrol trainers.

Other issues arising have been an increase in misuse and damage to public property and historical buildings. As a result, we are increasing our daytime patrols and will be hoping to have more of a presence around schools, public areas such as playgrounds, toilets, car parks and pedestrian crossings. If you have some spare time during the day this can be a fantastic way to get to know your area and your community. Our patrollers also get sponsored hot drinks from the amazing Good Home in Prebbleton so that can be a great stopping point whilst on patrol.

A slightly different issue also came to our attention in Lincoln. The community are very protective and keen to preserve the habitat and activities of our local eel population. So, we have added this



to our list of regular patrol areas as they are a protected native species and as such should be looked after.

If you are interested in being a patroller, we are always looking for new people and ask a minimum of one, three-hour patrol per month once you are trained. You can contact us on 03 660 0320 and someone will get back to you with all the details. You can also follow us on Facebook at facebook.com/SelwynCommunityPatrol or if you would like to donate to help keep the patrol on the road, we have a 'Give a Little' page for Selwyn Community Patrol if you look us up on givealittle.co.nz

– Denise Carrick, Selwyn Community Patrol
media@selwyncommunitypatrol.org.nz

**WE NOW SUPPLY
A RANGE OF
BICYCLE
TYRES, TUBES &
ACCESSORIES**

BRIDGESTONE **TYRE CENTRE**
LINCOLN

📍 23 Gerald Street, Lincoln

☎ 03 325 2129 🌐 fb.com/bridgestonelincoln

SELWYN COMMUNITY PATROL

Do you have some spare hours during the day? We are looking to increase our daytime patrols which are a great way to get to know your area and your community. Contact us on ☎ 03 660 0320

Lincoln, Prebbleton, Leeston and surrounding areas

Follow us on Facebook to keep up with our local activities

Now in LINCOLN!

the mobile ear nurse

Mondays in Lincoln at 16 Lyttelton Street!
Professional and friendly ear nursing service.
Book your appointment now!

Ear wax removal by microsuction
Removal of foreign bodies
Management of ear infections
Assistance with other ear conditions
ACC registered provider
Veterans' Affairs provider

Sabine Hellenbrand *Registered Nurse*
Email: sabine@mobile-ear-nurse.nz Ph: 022 188 3755
www.mobile-ear-nurse.nz

We knew it was going to be busy, but we did not realise quite what that would bring! From a mass eel stranding to disappointing consultations, to flooding, to government visitors, to financial questions of Selwyn District Council – it has indeed been busy!

First was the submissions for 'Our Water Done Well'. 424 public submissions including ours, 360 were for an improved in-house model, 33 were in favour of creating a whole new 'council owned water company just for drinking water and sewage, whilst keeping stormwater still in-house (26 people had put both.) We read all 424 of them and not one person put forward a convincing rational for the Council Owned Water Company (WSCCO).

Many people, including all the Residents' Associations for Lincoln, Darfield, Leeston, Prebbleton, West Melton, the Malvern Community Board and many other highly qualified, knowledgeable, and experienced individuals wrote thorough, detailed, and researched submissions.

Deliberations were delayed by a week from March 26th to April 2nd – but since the decision had already been made last year and a chairperson had already been employed to set up the new company, that was another wasted week and yet more wasted money. The vote was close – 6 to 5 – against most of the public submissions and in favour of a separate new Council-owned company for drinking water and sewage (WSCCO), whilst keeping stormwater still in house as it is now.

AGAINST A SEPARATE WATER COMPANY WSCCO	FOR A SEPARATE WATER COMPANY WSCCO
Debra Hasson	Sam Broughton
Grant Miller	Malcolm Lyall
Elizabeth Mundt	Phil Dean
Bob Mugford	Sophie McInnes
Lydia Gliddon	Shane Epiha
	Nicole Reid

You can read more public opinion in the Selwyn Times at this link: www.yumpu.com/en/document/read/70273010/selwyn-times-april-09-2025

One of the biggest issues raised by this vote and surrounding discussions was the prospective increase in rates over the next ten years and was this acceptable and sustainable or not

to the average Selwyn ratepayer. After a lot of digging, we got the average predicted rates rises for having a separate council owned water company (WSCCO) as in the table below however there are still questions around how exact this will be and if it accounts for inflation, house price rises etc. We would say that this is not sustainable for many rate payers including those on fixed incomes, elderly, single incomes and in fact most people with average jobs who currently are in the position of seeing very little pay rises now or in the coming years.

See Table 1.

This leads on to other questions around the growth of Selwyn – and wasn't the growth of the population supposed to pay for itself? Well, it has not – which is not a surprise to some of us – but does seem to be a surprise to Selwyn District Council.

Maxine Jacob's authored a great article in The Press about Selwyn's growth issues, and they are definitely being felt here in Lincoln. If you missed it, you can read it as this link: www.thepress.co.nz/nz-news/360608999/selwyns-growth-nightmare-cost-government-oversight

Lincoln Event Centre and Library are struggling to keep up with demand for space, our town centre is being 'revamped' after a ten+ year delay – but is it what current Lincoln residents want?



Table 1.

	This Year	LTP	LTP	LTP	LTP	LTP	LTP	LTP	LTP	LTP
	2024/25	2025/26	2026/27	2027/28	2028/29	2029/30	2030/31	2031/32	2032/33	2033/34
Capital Valuation	847,000	847,000	847,000	847,00	847,000	847,000	847,000	847,000	847,000	847,000
Total Rates exc. Water and Sewer	2,804	3,171	3,572	4,016	4,332	4,606	4,774	4,984	5,130	5,321
WSCCO Charges Water supply	370	470	526	673	673	680	680	680	680	680
Metered Water	258	338	439	614	614	627	627	627	627	627
Sewerage	702	892	1,053	1,348	1,348	1,361	1,361	1,361	1,361	1,361
Total Proposed WSCCO Charge	1,330	1,700	2,018	2,635	2,635	2,668	2,668	2,668	2,668	2,668
TOTAL RATES BILL	\$4,134	\$4,871	\$5,590	\$6,651	\$6,967	\$7,274	\$7,442	\$7,616	\$7,798	\$7,989

Safety of our roads feature every week on local social media with discussions around safety for our children going to and from school. Local resident Ben Thompson did well for the Verdecce Park community to get a pedestrian crossing put in on Springs Road, but so much more needs to be done to make it safer. Which leads to the question we have been asking for months now – where do the developers contributions go to? We have had some information but still nothing substantial. Then we listen to the Audit and Risk Subcommittee Meetings to hear how the finances of Selwyn District Council are like steering the 'Titanic' and cannot be turned around in a year – or even two! They are still wading through the 24,000 – yes 'twenty-four thousand' expense codes that projects have been charged to over the last 15 years! A normal company the size of Selwyn District Council should have around 200 – no wonder the answers about where money has been spent are slow in coming!

Along with a sinking Titanic, this month saw the stranding and subsequent deaths of thousands and thousands of eels at Te Waihora – Lake Ellesmere. This triggered a bit of a frenzy of social media, local and national press and even made it to TVNZ One News and Radio NZ. A blame game started in earnest between Environment Canterbury, Ngai Tahu, Department of Conservation, and even the local councils chipped in.

Some tried to say this is a natural event that happens all the time. Some tried to bizarrely blame the eels, however predominantly the local opinion and expert scientific opinion was that this could have and should have been prevented. Both long and short fin eels are 'at risk' species and are supposed to be precious protected taonga of our country.

The lakes – both Lake Forsyth and Lake Ellesmere have been damaged by manmade activities over the decades so surely the least that we can do is learn and make sure that the management plan that is supposed to be in place works and prevents this happening again. You can read more about it on the Lincoln Voice Facebook page where we have various posts, opinions and videos from over the time of the annual eel migration.

Lincoln also has seen a brief visit from Nicola Grigg Selwyn MP along with the Rt Hon Christopher Luxon Prime Minister. Possibly not as warm a welcome at Lincoln Event Centre as they may

have expected. Reuben Davidson MP for Christchurch East and spokesperson for Labour Science, Technology and Innovation also visited one of our local science research centres Manaaki Whenua, Landcare Research.

Kim Hill was here at a packed Lincoln Envirotown event at the University – Powering Our Future, Our Social and Environmental Responsibility. A key thought that was clearly popular with the audience was the idea of 'degrowth' – which may not be exactly what you think!

Finally, there is a last-minute debacle with the Representation Review. The original Council voting had resulted in a surprise decision to listen to the public consultation results and keep the existing wards and councillor numbers. The Staff, Mayor and some Councillors had wanted the number of Councillors to go down to just eight and to have no Malvern Community Board. This was appealed by Rolleston Residents' Association regarding a dispute of boundaries around Burnham and also concerns that process had not been followed, as keeping the 'status quo' had not been consulted on. A hearing was held with Local Government NZ (LGNZ) and rather than Selwyn District Council turning up and defending their decision and democratic vote at the Council table they decided to only have the Mayor, Councillors and staff who had not got what they wanted at the original vote. So, they did not defend the original decision but had another go at getting their own way! This didn't work out either and another option has been thrown into the mix – which has also not been consulted on with the public.

See Table 2 below.

This leaves Ellesmere with one Councillor rather than two; Malvern with one Councillor rather than two; and the new 'at large Councillors' x two. Interesting!

Local elections are coming this year – October 11 – not just for our local Selwyn Council but also our Regional Council Environment Canterbury – so please get involved and get out and vote.

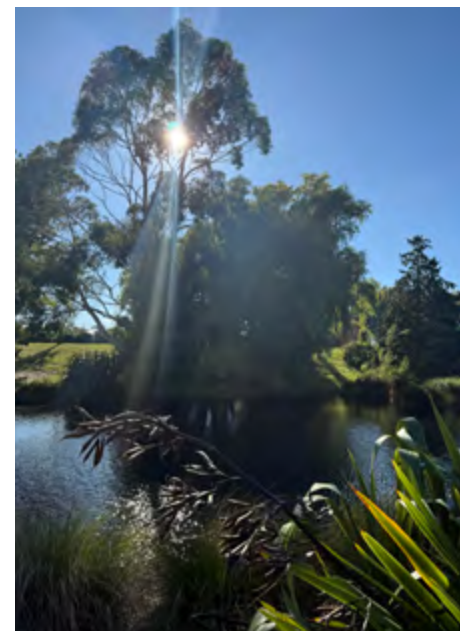
– Denise Carrick, on behalf of all Lincoln Voice Inc.

Email lincolnvoice@yahoo.com

Facebook.com/LincolnVoice

Table 2.

Wards	Population*	Number of members	Population per member	Deviation from average population per member	% deviation from average population per member
Tawera Malvern	9,510	1	9,510	-645	-6.35
Kā Puna Springs	28,490	3	9,497	-658	-6.48
Te Waihora Ellesmere	10,930	1	10,930	+775	+7.63
Kā Mānia Rolleston	32,310	3	10,770	+615	+6.06
Total Wards	81,240	8	10,155		
At-large members		2			
Total	81,240	10			





From left: Senior Champ: H Rycroft; Intermediate: C Stewart; Junior A: T Davey. All presented by Ross Pamment, Club President.

The end of Daylight Saving has signalled the final round of the Twilight competition. Played every Thursday night after work (4–7) over 9 holes Stableford, best 19 of the Twilight period. This year's trophy was won by Sam Newton with a total score of 298 points.

The major event of the month was also the finals of the men's club championships. Four full grades of 16 players each battling in match play until one is left standing. The finals were played on the 12th April and the winners were:

Senior Champion (President's Challenge Cup)

Winner: H Rycroft

Runner up: D Shannon

Intermediate Champion (L.G.C Cup)

Winner: C Stewart

Runner up: S Lacey

Junior A Champion

Winner: T Davey

Runner up: A Stewart

Junior B Champion

Winner: P Sugrue

Runner up: K Bogue

Despite some wet weather at the end of March the course remained in terrific stage. It is so consistently commented on by visitors as to how great the course is looking and what a pleasure it is to play on. Big thanks to our green staff and volunteers to make it what it is.

The ladies held their 0-40 tournament at the end of March with a full field of 64 players. While the team winners were Russley

our very own Sally Newton came out on top of the individual competition. Well done, Sally.

How is Lincoln doing In Interclub?

Shield team with just a couple of rounds to go, some catching up is required. The team lies equal fourth but only three points behind.

Brownie team is leading the pack just one point ahead of Weedons with three rounds left to play.

Patterson Cup (North), Lincoln is leading the way here too, but equal first with Horoata.

Patterson Cup (South) is trailing the leaders by three points with three rounds to go. A lot of teams between us and the top.

Mid-week ladies are running second in their competition and the Weekend ladies coming in at third just a couple of points behind the leaders.



ELLESMERE LIONS PEA STRAW

TAKING ORDERS – PEA STRAW AVAILABLE NOW

Help the Lions continue with their current fundraising projects. Small bales \$8 and medium bales at \$70. Price includes delivery in Lincoln and Selwyn District.

Contact: Richard Boyce, phone 027 7141 324 or 325 2279

or Alex Hayward, phone 324 4094. Email lionspeastraw02@gmail.com with name, address, telephone number and amount required.



Waitātari Hart's creek walkway has re-opened

Progress on the much-loved Waitātari Hart's Creek walkway is now well under way. Over summer members of the Ellesmere Lions club who have partnered with local businesses' Ellesmere Excavation and Aggregate Ltd, Johnston Civil Ltd and Rathgen Fencing have cleared away old fencing, and realigned the approximately 1.5km long existing track beside the old one.

The old track had in parts fallen away into the creek and the track in general needed to be future proofed hence this project, led by Ellesmere Lions was commenced to rejuvenate the track. This has only been made possible by the generosity of the local land owners who have donated land to allow the expansion.

The new track has been formed and a base of aggregate laid over top. The track will now be left over winter in its present state to allow for natural compaction before it is finished next summer. A new boundary fence and planting will then be added to finish it off, to once again make it a valuable local asset for all to enjoy.

In the meantime, the Waitātari Hart's Creek Bird Hide and Board Walk Rejuvenation Project Working Group is making progress on the separate project to rebuild the bird hide and board walk.



GET READY TO FALL FOR YOUR NEW BACKYARD!

Our expert sales team is here to help!

With our personalised service and in-depth knowledge of the local market, we'll support you every step of the way to ensure a smooth transition and help you **achieve the best possible price for your property.**

Contact us today for a free, no-obligation appraisal of your home and discover its true market value.



Crystal
Giles

Felicity
Darling

Tarcille
Roffey

Jeremy
Andrews

Ross
Mitchell

Jan
Green

Rachael
McIntosh

Matthew
Hale

Julian
Twiss

Dane
Petheram

Jessica
Hope

Harcourts Four Seasons Realty

Lincoln Office ☎ 03 662 9933 ✉ lincoln@harcourts.co.nz



Licensed Agent REAA 2008

lincoln senior citizens

The 1st of April saw 40 of our members board our bus in Lincoln, with our trusty driver, Hamish in control, he took us over to the Little River area. Many of our members had not been over there for some time so was great to see the smiles as they looked around and remembered this lovely area.

Our first port of call was to the "Little River Gallery Gift and Craft shop" where we disembarked and wandered around the shop and the gallery with several of our members purchasing gift and craft items. Then it was all aboard for the trip to the "Little River Inn".



As it was one of those Canterbury overcast days with a cool breeze, we seem to get occasionally, so no one lingered about and we all headed inside for that all important chat time and of course their lunch. So after the essential refreshments were ordered it was time to find a table and a seat with friends old and new, and await lunch. A very enjoyable lunch was served promptly in a very relaxed atmosphere, there were lots of smiles observed, so well done to Sarah and the "Little River Inn Team". This left lots of time for more chatting, mingling and meeting with others and of course discussing those all important topics like how the Crusaders were going this year and who should be on the bench and who was coming back from injury. There was only the odd comment heard about world affairs and someone called Trump. All too soon we got the "all aboard" call so we loaded up and cruised back to home in Lincoln, thanks Hamish, well done again.

It was a great day enjoyed by all those who were able to come along. So if this feels like a group that you would like to be part of come along and meet everyone we always welcome new members.

Upcoming Events

On the 6th of May we are back at the Lincoln Events Centre for our monthly meeting with a start time of 1.30pm. We will have a guest speaker, some great raffles and the sales table and yes another scrumptious afternoon tea. There will be time for lots of chat and a chance to catch up with old friends and maybe make some new ones. So if you think this something you would enjoy, come along and meet others who also enjoy a good time and some laughter. You don't have to be a "Crusaders fan", yet, but you may be in the future!

New members are always welcome and if you think this is for you and you would like to join us we would love to meet you. Contacts: Evelyn on 027 712 7195 or Gloria on 027 4346 554.

lincoln playcentre

Lincoln Playcentre are looking forward to being back in action for Term 2. We currently have the following spaces on our sessions. All sessions run 9am–1pm at 158 North Belt, Lincoln.

Email lincoln@playcentre.org.nz or message us to book in a visit.



lincoln scout group

Kia ora! As Lincoln continues to grow, Lincoln Scout Group is also expanding. We are looking for new leaders to join us.

If you are interested or would like more information about these opportunities, please reach out to Sophia Sturgess, Group Leader, at groupleader@lincolnscouts.org.nz. Thank you!

Check us out online for more information:
<https://scouts.nz/group/lincoln-scout-group>

LINCOLN SCOUT GROUP
We're seeking more Leaders to help with our expanding Kea Clubs, Cub Packs, and Scout Troop.

If you're keen to camp, tramp, learn, and make new connections, get in touch.



Join the Adventure! **SCOUTS**

Tuesday Kōkore Cub Pack (8-11 years)
Time: 6:30 pm till 8:00 pm every Tues
Wednesday Hawaki Cub Pack (8-11 years)
Time: 6:30 pm till 8 pm every Wed
Monday Kaiti Cub Pack (8-11 years)
Plan for Term 3 or Term 4

Tuesday Mōrapora Kea Club (5.5-8 years)
Plan for Term 3 or 4.

Wednesday Kākāpō Kea Club (5.5-8 years)
Time: 5:00 pm till 6:00 pm every Wednesday



Join the Adventure! **SCOUTS** New Zealand



Thursday Scout Troop (11-14 years)
Time: 7 pm till 9 pm every Thursday

Venturer Unit (14-18 years)
Time: 7 pm to 9 pm every Thursday

For more information regarding leadership, please contact Sophia Sturgess, Group Leader;
groupleader@lincolnscouts.org.nz

For youths who wish to join our group, please follow this link: <https://scouts.nz/groups/lincoln-scout-group/>

Please note: Lincoln Scout Group relies on the availability of leaders who volunteer their time. As each session is filled, new requests for membership will be placed on a waitlist. The more leaders we have, the more young people we can support!



Staying Safe – A refresher course for older drivers

You will have noticed that things have changed on our roads since you obtained your driver's license at 15.

For many of us roads are our lifeline – our ability to drive is a means of independence, social connection to family and friends and access to essential services especially in rural areas where doctors and banks etc. are not just within walking distance down the road.

As we age, our physical and cognitive abilities, such as reaction times, vision, hearing, and concentration, naturally decline. These changes can subtly affect our driving, making it essential for us older drivers to update and sharpen our skills.

A refresher course not only ensures we stay informed about current road rules and regulations but also helps us adapt to advancements in car technology and changing traffic patterns.

The risks associated with us older drivers continuing to drive without undergoing refresher training cannot be overstated. Declining reaction times can mean slower responses to sudden hazards, while diminished peripheral vision or hearing loss may make it harder to detect potential dangers, such as a pedestrian stepping onto the road or an approaching vehicle in a blind spot. Similarly, outdated knowledge of road rules could lead to unintentional traffic violations, increasing the likelihood of accidents.

We all know that over-confident and inexperienced young drivers are a menace on the roads but statistics show that older drivers are at a higher risk of being involved in fatal accidents, particularly at intersections or during lane changes. While experience on the road is valuable, complacency or overconfidence can sometimes lead to risky driving behaviours. A refresher course can help us refine our techniques and boost our confidence.

By attending an Age Concern Canterbury Staying Safe Driving refresher course, we demonstrate a commitment to our safety



and the well-being of others on the road. This theory-based course, run in association with NZTA and NZ Police (a local Police Officer from the Road Safety Unit gives a presentation), offers practical tips, simulated scenarios, and personalized feedback, empowering us older drivers to maintain our independence while ensuring our driving is as safe as possible.

In brief, the course covers the following themes:

- **Keeping Safe:** Assessing your driving safety and how ageing affects driving safety.
- **Being Safe:** Key factors affecting driving safety, recognising the effects of adverse driving conditions, decision making and route planning.
- **Safe Journeys:** Intersections and give way rules, roundabouts, open road driving and busy roads.
- **Driver Licence renewal process.**

When: Wednesday, 21st May 2025, 10am–2pm, at Lincoln Community Centre, 16 Lyttelton Street, Lincoln.

A light lunch is provided (a donation is welcome).

This course is very popular, and numbers are limited. To secure your place please phone Wendy Fox at Age Concern, Canterbury, on 03 331 7808 or email wendy.fox@ageconcerncan.org.nz

Kind regards,
Community Care Lincoln

Web: www.lincolncomcare.co.nz
Facebook: fb.com/lincolncommunitycare
Email: admin@lincolncomcare.co.nz
Phone: (03) 325 2007

STAYING SAFE – A REFRESHER COURSE FOR OLDER DRIVERS

10am–2pm, Wednesday 21 May 2025

Lincoln Community Centre, 16 Lyttelton Street, Lincoln

Secure your place – phone Wendy Fox at Age Concern on 03 331 7808
or email wendy.fox@ageconcerncan.org.nz



Luke Clark (s) and Martin Rowson.



John O'Connell.



Helen McIsaac.



Ellesmere Women's COC Fours Team winners – Valmai Hantz, Kay Titheridge, Dallas Hoskin, and Pam Lee.

Lincoln Bowling Club 2024–2025 Season

Lincoln Bowling Club members had a very successful 2024–2025 season both in Ellesmere and Centre events.

Centre

The Lincoln Men were Runners Up to a strong Belfast team in the centre Watson Shield final.

Ellesmere

Champion of Champion Singles and 1st & 2nd Year Singles

The Ellesmere Bowls COC 1st and 2nd Year Singles and Singles were played on Sunday 23rd March at Dunsandel Bowling Club. The games are decided on the first player to 21 shots. In his first match John O'Connell defeated Diamond Harbour 21-15 and Dunsandel 21-14 in the semi-final. John went on to win the final 21-12 against Akaroa's Mark Walker.

In the Women's Singles Lincoln's Helen McIsaac was one of three players with a bye going straight to the semi-finals. Helen played Leeston's Valmai Hantz and defeated Valmai 21-15. The final was played between Helen and Tai Tapu's Heather Murdoch. The scores were tied five times during the game with the lead changing a number of times. At 18-12 down Helen scored 6 over the next 3 ends to level the score 18 all. Heather then picked up 2 to lead 20-18 looking for 1 for the win. Helen then picked up 3 to take out the Ellesmere Women's COC singles title 21-20.

Champion of Champion (COC) Pair and Fours

Dunsandel Bowling Club had a busy weekend on 5–6 April hosting the Ellesmere Bowls COC pairs and fours.

Lincoln pairs team, Luke Clark (skip) and Martin Rowson had a 14–13 win over Akaroa in the first round. The semi-final was not so close with Lincoln defeating Diamond Harbour 25–8. In the final Luke and Martin – with some very consistent bowling – took out the 2025 Ellesmere Men's COC pairs title defeating Dunsandel 17–10.

Women's COC Fours started with semi-final games. Lincoln defeating Akaroa 17–10. The final resulted in a win for Lincoln's Valmai Hantz (s), Kay Titheridge, Dallas Hoskin and Pam Lee 21–12 over Leeston.

Presidents Tournament and Prizegiving 12th April

The president's tournament was well supported by members. Sixty-four members played two games of fours. The Martin Rowson skipped team of Margaret Ward, Colin Stevenson and Ivan Fletcher being declared the winners. A catered afternoon tea was then served followed by the prizegiving.

Lincoln Bowling Club welcomes non bowlers and new members.

Loan bowls are available and coaching can be arranged.

Social and competitive bowling is available. Contact secretary

Dave Kelly secretary@lincolnbowlingclub.com for membership enquiries.



Winners at the prizegiving.

Part-Time Position – Lincoln Envirotown Trust

Responsible Business Coordinator



LINCOLN ENVIROTOWN TRUST
**Selwyn
Responsible
Business
NETWORK**

Lincoln Envirotown Trust is seeking a passionate and dedicated individual to coordinate our Responsible Business Network and Award Scheme across Selwyn.

About the Role:

The scheme encourages and supports local businesses to enhance their environmental practices and community engagement. This varied role involves developing strong ties with businesses through direct contact, encouraging their enthusiasm for the project.

You will conduct site visits to businesses to discuss their good practices, which will be showcased through an awards process. Planning future initiatives and follow-up support will also be an important part of the work.

What We're Looking For:

- Possesses a genuine passion for environmental sustainability and community development
- Has excellent communication and relationship-building skills
- Is self-motivated with strong organizational abilities
- Business background or experience preferred but not essential
- Knowledge of sustainability practices is advantageous

Position Details:

- Part-time contract: 30 hours per month
- Must be a Selwyn District resident
- Own transportation required (travel allowance provided)
- Must be legally permitted to work in New Zealand

How to Apply:

Interested parties are encouraged to contact Dave for more details.

Phone: 03 423 0445

Email: projectmanagerlet@gmail.com

Application Deadline: Tuesday, 13th May 2025

Email the following to Dave at projectmanagerlet@gmail.com:

- Cover letter
- Concise CV
- Contact details for two referees (if possible)

HELP SHAPE THE FUTURE OF SUSTAINABLE BUSINESS IN SELWYN

Selwyn Timebank
'Share, Learn, Connect'

To find out more contact

03 423 0456

selwyntimebank@gmail.com



**Selwyn
Time Bank**

facebook.com/selwyn.timebank

FREE PREDATOR TRAP HIRE AND ADVICE



Lincoln Farmers & Craft Market

**SATURDAY
31ST MAY
10 AM – 12 PM**

Usually open on the last Saturday of every month at the Lincoln Farmers & Craft Market.

selwyntraplibrary@gmail.com

www.facebook.com/groups/pflincoln

lincolnenvirotown.org.nz



Re
DISCOVER



REPAIR CAFE

**SATURDAY 24 MAY, 10 AM - 1 PM
PINES RESOURCE RECOVERY PARK**

We are planning to provide repairs for the following:

- ★ Bikes
- ★ General Repairs
- ★ Knife Sharpening
- ★ Electrical and Electronics
- ★ Clothing
- ★ Household Appliances

events.humanitix.com/repair-cafe-may25

Phone: 03 423 0445





Green manure

Every time you mow your lawns and harvest your vegetables, it's inevitable that nutrients are removed from their soil systems. If these nutrients are not replaced, eventually the lawn will deteriorate in quality, and vegetable production will diminish. Farmers are very aware of this fact in their crops and pastures.

However, garden soil can be refreshed in various ways, and one method that we advocate is "green manure". This involves planting a crop specifically to improve soil health by being integrated with the soil rather than being harvested. Green manure crops are usually fast-growing and include legumes such as clover which can fix nitrogen from the air to enrich the soil. Other popular green manures include mustard and oats. Our local soil expert prefers green manure to reinvigorate his highly-productive vegetable garden, rather than applying compost to the soil.

We have been donated a generous quantity of legume seeds, and we toss handfuls evenly across bare soil at the end of the growing season. The surface is raked to cover most of the seeds, and the shoots soon appear. When the plants have grown to around a height of around 25–30cm, we cut them off at ground level using hedge clippers. A spade is then used to turn the soil over so that most of the plant material will be buried. By the start of the next growing season this material will have mostly broken down.

The benefits of green manure are:

- It improves soil health by enriching the soil with organic matter, which improves its structure and its ability to retain moisture and nutrients.
- Nitrogen fixation by legumes reduces the need for synthetic fertilisers.
- The dense growth of green manures suppresses weed growth, and covers bare soil during the cooler months.
- Reduces soil erosion.

The photos at the top of this page show (a) the seeds sprouting, and (b) the plants ready for cutting and digging in.



"Awesome bees"

For over a year we have been hosting a beehive. This was provided by **Bee Awesome**, New Zealand's leading honey bee and hive education programme for schools.

Our hive has been maintained by Lesley Hurst, the Bee Awesome Group Coordinator. Over the past 12 months she has brought several school groups into the gardens to learn about bee keeping and honey harvesting.

Lesley reports that she has harvested 15kg of honey from the hive this season. This quantity is less than anticipated, probably due to our cool, cloudy summer.



Backyard Biodiversifier

In March, we were pleased to welcome back our local ecologist Mike Bowie for his Backyard Biodiversity workshop.

Mike practices what he preaches in his own garden, attracting native birds, insects and lizards by various techniques. He demonstrated to us his weta motel, which is easy to make and simulates a natural habitat for insects to hide in.



Valued volunteer

Since Barbara Cameron retired from teaching, she is enjoying being a volunteer at the Community Gardens. One of her activities involves helping children from the Lincoln Kidsfirst Kindergarten with their garden. The children, teachers and whānau make regular visits to the Gardens to plant, weed and harvest their plot.

Barbara says, "It's a great way for children to learn, and develop skills around growing their own food. This year we have harvested lettuce, spinach, silver beet, rhubarb, courgettes, carrots and herbs. We have had a very successful growing season."



Upcoming workshops

- **Saturday 24th May – Bonsai Refresher Workshop**
For people who have previously participated in Tony Bywater's beginners' workshop, or want to improve the shape of their existing bonsai tree.
- **Saturday 7th June – Apple Tree Maintenance**
A workshop for beginners covering the basic techniques of tree selection, training, pruning, and dealing with common pests.

See the posters for more details.

– Ruth Wood, Coordinator,
Lincoln Envirotown Community Gardens
Email: ruth.wood@xtra.co.nz
Mobile: 021 074 3905



Bonsai Refresher Workshop

at Lincoln Baptist Church

from 9.30 – 1.30pm on Saturday 24th May

An invitation from our presenter Tony Bywater:



"If you have already done a beginner's workshop, or have some bonsai of your own at home, here is a chance to get further input into the styling and care of your trees. The workshop focuses on further development/refinement and care of existing bonsai, so bring one or more of your trees along for advice and assistance"

If you don't have a tree to bring along, we will supply one for you. Please notify us when registering.

Registration fee - \$25

To register, contact the Lincoln Community Gardens Coordinator
(Email: ruth.wood@xtra.co.nz)

www.lincolnenvirotown.org.nz



Apple Tree Maintenance

A workshop for beginners

at the Lincoln Envirotown Community Gardens*
on Saturday 7th June, from 10.30 to 11.30am



We will cover the basic techniques of tree selection, training, pruning, and dealing with common pests.

A gold coin donation to support the activities of the Gardens will be appreciated.

* The Lincoln Envirotown Community Gardens are located on James Street, Lincoln, at the rear of the former Lincoln Maternity Hospital.

For more information please contact Ruth Wood,
Lincoln Community Gardens Coordinator
(Phone: 021 074 3905 or ruth.wood@xtra.co.nz)

apollo cinema & the laboratory

We have been spoilt for choice lately with many quality films being released, and this month is no exception. Whether you're craving a local documentary, edge-of-your-seat action, big laughs, a touch of romance, or a fun-filled family outing – we've got something for everyone. Check out the exciting new releases coming your way:

Marlon Williams: Ngā Ao E Rua – Two Worlds

Documentary

Screening now

Filmed over the course of four years, this intimate documentary follows musician Marlon Williams as he takes on a deeply personal project — producing his first album entirely in Te Reo Māori, *Te Whare Tiwēkaweka*.

Williams began his musical journey as a teen, songwriting in Lyttelton, then carved out his own distinctive country sound that quickly took him to the world stage. Now, through Te Reo Māori, he sets out to reconnect with his Ngāi Tahu and Ngāi Tai roots.

Directed by Ursula Grace Williams in her feature debut, the film follows Williams through international tours to quiet home life, all while working on the album. The journey is on one hand, a familiar experience for him – writing the songs for a new album. But the other parts of this journey challenge him emotionally, intellectually, and spiritually. Weaving together the different worlds Marlon belongs to, he reflects on his work, relationships and lifestyle habits, ultimately leading him to self-growth. It situates Marlon Williams, the man, the musician, the actor in the bicultural surroundings of New Zealand – as a singer whose

powerful voice one hears whispers of the traditions that have sustained and nurtured him: the buzzing marae, the vast interior of the cathedral, the nicotine-rasped voices of Roy Orbison and other singing legends in whose domain Marlon has found enduring success.

In keeping with Marlon's laid-back personality, the film never takes itself too seriously. It never forgets that, at heart, it is a story of joyful self-discovery; this is always something to celebrate.

The Salt Path Biographical Drama (M)

From 15 May

A deeply moving and beautifully told true story that follows Raynor and Moth Winn – a couple who, after losing their home and facing devastating news, decide to walk the 630-mile South West Coast Path, England's longest uninterrupted footpath.

With just a tent, a few basic supplies, and each other, they set out along the stunning yet unforgiving coastline of Cornwall, Devon, and Dorset. What begins as a desperate act soon becomes something far more powerful: a journey of healing, resilience, and rediscovery. Step by step, they reconnect with nature, with themselves, and with what it really means to have a home.

This film is not only a breathtaking visual journey– it's a heartfelt reminder of how we can find strength in the most unexpected places. *The Salt Path* is as exhilarating as it is intimate, and it speaks to anyone who's ever had to start over, find peace in the wild, or simply hold on to hope.

Beautiful performances by Gillian Anderson and Jason Isaacs.

The LABORATORY

LINCOLN'S BREWPUB & KITCHEN

May Events & Entertainment

Fresh Hop Tap Takeover

Sat 3rd May 11am-late

Local Breweries - Live Music 2-5pm

Karma Keg - Dead End Derby

Sat 10th May 2pm-4pm

Family Friendly Fundraising

Jackie Goes Prima Diva

Mon 26th May 7pm - doors open 5.30pm

A night with Jackie Clarke

Tickets on Eventfinda or at the bar

Sunday Music Sessions

Every Sunday 3pm-5pm

Live Music - Various Artists

Apollo CINEMA

LINCOLN'S BOUTIQUE CINEMA



thelaboratory.co.nz

goodparties@thelaboratory.co.nz

17 WEST BELT - LINCOLN - 03 3253006

Mission: Impossible – The Final Reckoning

Action

From 17 May

Ready for action, danger, thrills, romance and full-throttle escapism? Tom Cruise returns as IMF agent extraordinaire Ethan Hunt, who he first portrayed in 1996 in the original *Mission: Impossible*. Nearly 30 years later the 62 year old is still running and of course still doing his own stunts! Expect all the usual jaw-dropping action, globe-trotting adventure, unexpected twists ... and yes, sparks will fly. Every mission. Every choice. It's all led to this.

Grab your popcorn and a drink for hydration ... you're in for a wild ride of almost three hours duration!

Lilo & Stitch Family/Adventure

From 22 May

Ohana means family. Family means nobody gets left behind or forgotten.

Set against the lush backdrop of Kauai, *Lilo & Stitch* is a heartwarming, hilarious tale about finding family in the most unexpected places. When Stitch – a chaotic alien experiment – crash-lands on Earth, he ends up being adopted by Lilo, a lonely little girl struggling to hold onto her family after losing her parents. What follows is a wild ride of mayhem, misunderstandings, and ultimately, deep connection.

As Lilo tries to teach Stitch about love, ohana, and how to be a "model citizen," he learns what it truly means to belong. Full of island spirit, *Lilo & Stitch* is a story about chosen family, second chances, and the messy, beautiful chaos of love. Big laughs, big heart, and big fun for the whole family!

Check out the favourites still stealing the show:

A Minecraft Movie Adventure/Comedy (PG)

This hugely popular kids film is not failing to disappoint kids both young and old!

Project Fiftyone Documentary (E – Exempt from rating)

A must see and extremely moving documentary of a young Afghan-New Zealand couple honouring the 51 lives lost in the Christchurch mosque attacks.

The Penguin Lessons Drama/Comedy (M)

Based on a true story – a disillusioned Englishman, a stranded penguin and unruly Argentinian school boys make for a heart-warming and amusing story.

The Correspondent True Story/Thriller (M)

A powerful gripping true story of Australian war correspondent Peter Grest's imprisonment for accused terrorism in Egypt in 2013. Imprisoned for seven years despite his innocence he survives on wits alone – a compelling testament to the to the relentless pursuit of truth and the triumph of the human spirit.

Tinā Drama (M)

A must if you haven't already, or even for a second time! We continue to run this emotional and beautiful film that is captivating audiences everywhere.

Would you like to have the cinema all to yourself? You can!

Hire the entire cinema (all 15 seats) for your next special occasion: Work Do's, Children's Parties, Girls Nights and Boys Nights. Whatever the occasion we have you sorted at The Apollo and The Laboratory!

For more information or to get a date locked in please email us at: goodparties@thelaboratory.co.nz or visit our website: apollo.thelaboratory.co.nz

What's on at The Laboratory



Our Sunday Music Sessions run every Sunday from 3–5pm. Come on down and enjoy the good food, good brews and good tunes!

Sat 3 May	Hop Notch – Fresh Hop Tap Takeover! From 11am, with live music 2–5pm
Sun 4 May	Sunday Music Session: Bradley McIntosh
Sat 10 May	Karma Keg 2–4pm for Dead End Derby
Sun 11 May	Sunday Music Session: Bone & String
Sun 18 May	Sunday Music Session: Hannah May
Sun 25 May	Sunday Music Session: Duopoly
Mon 26 May	Arts on Tour Event: Jackie Goes Prima Diva , tickets available at the bar and on Eventfinda

SELWYN AUTO

Friendly service, and quality workmanship you can trust
FREE COURTESY CARS, PICK UPS AND DROP OFFS AVAILABLE

Located just 3 minutes from Lincoln!

VEHICLE REPAIRS & SERVICING

PARTS & ACCESSORIES

WOFS & DIAGNOSTICS

03 329 5841

office@selwynauto.com

132 Leeston Rd, Springston

WWW.SELWYNAUTO.CO.NZ

Broadfield Flowers
FLORIST SHOP

Mother's Day - Sunday 11 May

P 325 2621 • 3 Gerald St, Lincoln • broadfieldflowers@xtra.co.nz
Order online www.broadfieldflowersflorist.co.nz

Lincoln University and ELLS partners forge stronger connections for future collaborations

In a landmark visit, Te Whare Wānaka o Aoraki Lincoln University welcomed a delegation from the Euroleague for Life Sciences (ELLS) to its campus in March, marking the alliance's first official visit to Aotearoa New Zealand. Lincoln University is the sole ELLS partner in New Zealand and one of the only two based outside Europe.

Representatives from the majority of member universities attended and the four-day meeting was significant in solidifying and strengthening Lincoln's partnership with the ELLS alliance.

Deputy Vice-Chancellor Student Life, Damian Lodge, says it was wonderful to host ELLS partners and show them Lincoln University's revitalised campus, research facilities and exciting new educational programmes.

"This was an opportunity for the specialised agricultural and life sciences universities from Europe to meet with our academic staff, build networks and discuss student mobility and potential future research collaborations," says Damian.

ELLS TaskForce Chair Professor Arnold Bregt from Wageningen University in the Netherlands says he was impressed by the facilities at Lincoln University and enjoyed the welcoming environment.

"As a partner of ELLS, we were delighted to visit Lincoln University. We host meetings at a different member university annually. We have especially enjoyed visiting the University's farms and research facilities and learning about the planned agrivoltaic installation.

"ELLS is an alliance of land-based universities, each focusing on areas including natural resource management, agricultural and forestry sciences, life sciences, animal sciences, food sciences, agricultural

economics, environmental sciences and rural development. This cohesion allows ELLS to promote the global exchange of knowledge and innovation through student exchanges, Master's programmes and summer school, offering students many amazing opportunities from undergraduate to post-graduate studies."

Unique to ELLS is the annual Scientific Student Conference, established over a decade ago, to encourage students within the life sciences to engage with one another and share their research. This student-centric event is organised by ELLS' Student Association (ELSA). One of the ELSA leadership team, Master's student Tereza Otcova, was among the delegation visiting Lincoln University.

"Each member and partner university in ELLS has two student representatives on ELSA. I was excited to come to Lincoln and share what we do with Lincoln University Students' Association and organise the appointment of two student representatives to ELSA."

One of the 13 member universities, BOKU University in Vienna, has already established a student exchange with Lincoln to encourage student mobility and knowledge exchange as Professor Hermann Birstmayr from BOKU University shares.

"The Master of Natural Resources Management and Ecological Engineering from Lincoln allows students to study for a semester at BOKU University in Vienna. There are many benefits to exchanges like this. Not only are students experiencing a different culture, but they are also expanding their skills and knowledge in new areas. Farm systems, for example, differ from country to country, so there is much that can be learnt, with the view of adopting new methods that can create more sustainable systems worldwide."



“They never get proper food”: Dhaval’s dream of making dysphagia diet delicious

People with eating disabilities deserve to enjoy their food too.

That’s why Dhaval Patel is working in the lab to modify the food many of us take for granted. The modified meals he is creating for his Master of Science in Food Innovation may soon help people with swallowing issues by replacing liquid food with a nutritious and enjoyable alternative.

Dhaval is in the initial sensory testing phase of creating a texture-modified chickpea mix, designed for people with dysphagia, a disorder preventing them from swallowing food comfortably or safely. The disorder mostly affects elderly people.



There are a few causes of dysphagia, including a lack of saliva in the mouth and poor muscle coordination in the throat.

When the average person swallows, the sensations in their mouth and throat automatically interact with the brain and allow us to propel food down to our stomachs. If that system doesn’t work correctly, food can get stuck in the throat, go into the lungs or be painful to eat. It gets worse if the mouth cannot produce enough saliva to lubricate food first.

The most common solution is to have food prepared by a carer. All the ingredients get thrown into a blender and mixed with gum to create a safe texture, but it’s an approximate process with little thought put into taste or enjoyment.

Dhaval wants to change that. His model study on modified chickpeas could open the door to a wide world of safe and nutritious food that mimics the tastes and sensations of normal food.

“Everyone deserves good food. People who have this condition are eating smoothies and liquid food. They never get proper food,” says Dhaval.

“They can’t swallow, but this food can mimic the proper sensations. If they can feel the food and it has more flavour it’ll be far more enjoyable for them.”

To create the mixture, Dhaval blends up chickpeas and puts them through a series of sieves, each with different size openings. The small pieces of chickpea fall through, getting stuck in the appropriate size sieve. This leaves him with a range of chickpea particles, ranging from 150 micrometres to 2mm. It’s then mixed with different types and quantities of gum, making it smooth and easy to swallow.

To ensure the mixture is safe, Dhaval used a device which measures

swallowing force. The food is placed into the machine which applies the minimum amount of force needed to swallow the food. The result is a quantifiable figure showing if it’s safe or not.

The next step was testing on real humans. People from around the university were invited to take part in a sensory sampling season of the different chickpea mixtures. This way Dhaval could narrow down what people enjoyed eating and what they thought about different characteristics, such as the texture or viscosity.

Dhaval is now working on refining the enjoyability and swallowing comfortability of the mixture. Following that, he plans to conduct sensory tasting on people suffering from dysphagia.

Once the model study is complete, Dhaval hopes to see his work combined with emerging technologies like 3D printing. Safe and delicious foods could be printed to mimic real foods, making them more appetising and safer to eat.

“We could make this food into appetising shapes that look nice on a plate. It’s appealing to them, but it also helps increase saliva production.”

Dhaval has always had a passion for health and nutrition. Before starting his postgraduate studies at Lincoln he worked in the food technology industry, contributing to brands like Go Healthy. Once he’s finished his Research Master’s, Dhaval will begin working on a PhD as one of our Food Transitions 2050 scholars.

MAINSCAPE

GARDEN SUPPLIES

Making your great outdoors greater

DRY SCREENED TOPSOIL

\$517.50
10m³

\$287.50
5m³



**Free
delivery**

Check out our all new website
www.mainscapedgardensupplies.co.nz

Contact Us

📍 1543 Springs Road, Lincoln

📞 021 241 7908

✉️ sales@mainscape.co.nz

Mon - Fri

8:00am - 5:00pm

Saturday

8:00am - 3:00pm

Did you know there's an art gallery in Lincoln?

Each month Down By The Liffey Gallery features a selection of talented local artists in an exciting exhibition.

This month's exhibition is **'Rhythms of Nature'** held from Wednesday 7th May to Sunday 1st June. **'Rhythms of Nature'** features talented artists Viv Wotton, Hilary Browning and Zoe Wiseman.

Viv's landscapes reflect a discovery into connection, seeking to reveal how memory and belonging can be felt in 'place'. Hilary uses a variety of materials to create her ceramics, playing with different textures, glazes and shapes resulting in lovely ceramics. Zoe's paintings explore the evocative colours, intricate patterns, and natural rhythms of the New Zealand environment.

Together these artists bring together a lovely exhibition filled with a beautiful array of greens and earthy tones.

Opening hours are 11.30am–2.30pm Wednesday and Thursday, 10am–4pm Friday to Sunday.

Down By The Liffey Gallery, 1 James Street, Lincoln.
downbytheliffeygallery.com



A landscape created by Viv Wotton.



Painting by Zoe Wiseman.



Ceramics by Hilary Browning.

GRANT APPLICATIONS

The Lincoln Community Trust has funds invested for the benefit of the community of Lincoln. Grant applicants should be Community organisations who must reside, ideally pay rates, or operate within the Lincoln Community rating area.

Such funds may be distributed twice a year. Applications for such grants may be made at any time but must be in the hands of the Trust by the 31st of March or the 30th of September each year.

Application forms are available from Lincoln Community Care, 16 Lyttelton St, Lincoln or via email from admin@lincolncomcare.co.nz



useful contacts

Art Group of Lincoln	Faye 347 3399
Community Garden	021 074 3905
Death Café Lincoln	020 425 0369
Down by the Liffey Gallery	325 2877
Ellesmere Badminton Club	027 325 2044
Ellesmere Indoor Bowls	325 3143
Ellesmere Probuc Club	325 6165
Junior Enviro Action Group	027 307 0767
Kaituna Golf Course	027 477 9425
Liffey Toastmasters	027 955 7996
Lincoln Badminton Club	347 9707
Lincoln Bowling Club	325 2289
Lincoln Bridge Club	325 3222
Lincoln Business Assn	325 2039
Lincoln Community Care	325 2007
Lincoln Community Committee	021 171 1054
Lincoln Cricket Club	029 240 0093
Lincoln & Districts Historical Society	325 3320
Lincoln Envirotown	329 5858
Lincoln Farmers' Market	329 5757
Lincoln Girl Guides	027 462 8871
Lincoln Golf Club	325 2453
Lincoln ICONZ	347 8722
Lincoln Indoor Bowls	347 3212
Lincoln Masonic Lodge	349 9905
Lincoln Men's Shed	260 1348
Lincoln Netball Club	lincolnnetballsecretary@gmail.com
Lincoln Outdoor Bowls	325 2289
Lincoln Patchwork and Quilting	021 129 2833
Lincoln Plunket	325 2179
Lincoln Rugby Club	027 303 1879
Lincoln Scouts	021 258 5680 (text)
Lincoln Table Tennis Club	325 7694
Lincoln Tennis Club	lincolntennissnz@gmail.com
Lincoln Women's Institute	741 1549
Mother4Mother	357 4970
Rotary Club of Lincoln	029 999 8330
Selwyn Lions	325 7957
Selwyn Parenting Network	021 166 8603
Selwyn Printing Co.	325 2052
Senior Citizens Club	027 712 7195
SeniorNet	027 547 4793
Spinning/Knitting Group	325 3320
Springs Day Club	329 5634
Springston Evening Garden Club	344 5781
Springston Garden Club (daytime)	325 5002
Tai Tapu Garden Club	329 6268
Time Banking	423 0456
Toy Library	021 044 2407
U3A Ellesmere	028 415 4961
Community Dental	0800 846 983
Healthline	0800 611 116
Lincoln Comm. Response	325 7732
Lincoln Library	347 2876
Lincoln Maternity Hospital	325 2802
Lincoln Police	378 0160
Lincoln Fire Station	325 2801
Nurse Maude	375 4200
Selwyn Community Patrol	660 0320
	info@selwyncommunitypatrol.org.nz

The information included in this newsletter is provided as a service to our community. Selwyn Print is not responsible for the accuracy of information. Any updates or alterations, please contact LCN@selwynprint.co.nz

Selwyn Parenting Week calendar of events

12TH – 18TH MAY

SELWYN
PARENTING
WEEK
2025

MONDAY 12 MAY

Adventures in Parentland with Nigel Latta

A flagship event to kick off the week. Funny, raw, and refreshingly honest. 7pm, Lincoln Event Centre.

TUESDAY 13 MAY

Eating Disorders & Our Kids

Early signs, real talk, and support that actually helps. 7.30pm, West Melton Community Centre.

Understanding & Supporting Big Emotions: A Real Parents Webinar

7.30pm, Online.

WEDNESDAY 14 MAY

Brains Under Pressure: How Nutrition Can Support Our Kids Mental Health

7pm, Hope Presbyterian Rolleston.

THURSDAY 15 MAY

Raising Confident Eaters

Strategies for supporting restricted eaters. 12.30pm, Online.

Thriving with Neurodiversity

A strengths-based approach for parents. 7.30pm, Online.

FRIDAY 16 MAY

Three pop-up casual events. Details will be added to the main Selwyn Parenting Network Facebook page and also our website: www.spn.org.nz

SATURDAY 17 MAY

Beyond the Diagnosis: with Dawn Wilson from The Buddy Zone

2pm, Generation House, 646 Springston Rolleston Road.

SUNDAY 18 MAY

Left to Their Own Devices: Parenting in the Digital Era

With Holly Brooker. Supporting parents to navigate screen time, gaming, and the digital world with confidence and practical tools. 3–4pm, Online.

Kidz Need Dadz: A Conversation About Connection

Real insight into what families – especially dads – are going through. 7.30pm, Online.

Further resources will be shared online throughout the week. Full details and info at: bit.ly/SelwynParentingWeek25
Follow us: @SelwynParentingNetwork

ARTS ON TOUR
NEW ZEALAND
PRESENTS

Back by Popular Demand

Jackie goes Prima Diva

Jackie Clarke sings iconic songs with tender soul and gleeful virtuosity accompanied by her trusty side-kick Maestro on piano.

Monday 26 May 7pm
The Laboratory, Lincoln
\$40
Book: Eventfinda or at the Bar

creative NZ

AMAZON TOURS & TRIPS

Community Trust South

OTAGO Community Trust

Central Lakes TRUST

Rātā Foundation

Community Trust North

Community TRUST

Pub Charity

Meet Your Award Winning Lincoln Agents!



- ✓ \$12,500 ^{+GST} flat fee *
- ✓ Free marketing pack
- ✓ No upfront costs
- ✓ No sale, no fee



Thinking of selling?
Tracy and Anna are
here to help!



Tracy Stevenson

Anna James

📞 027 543 9029

✉️ tracy.s@arizto.co.nz

📞 027 222 2742

✉️ anna.j@arizto.co.nz

Arizto Ltd. Licensed REAA 2008 | *T&C's Apply



FASHION For Hope

FEATURING LOCAL CANTERBURY FASHION DESIGNERS AND BUSINESSES

MAY 4TH 2025

LINCOLN EVENTS CENTRE
DOORS OPEN AT 5.30PM,
GRAZING TABLE AND
RAFFLES ON THE NIGHT

A CELEBRATION OF FASHION, FUN AND FRIENDSHIP
JOIN US TO MAKE A DIFFERENCE AND GIVE BACK

CHARITY FASHION SHOW

OFFICIAL SASHING OF MISS CANTERBURY 2025 FINALISTS

ALL PROFITS DONATED TO TE TAHI YOUTH

TICKETS \$40
PLUS BOOKING FEE

PROUDLY SPONSORED BY
ONE AGENCY
REAL ESTATE SPECIALISTS

MISS CANTERBURY

Te Taahi Youth
LIFE + WELLBEING SUPPORT

FASHION FOR HOPE Charity Fashion Show in Lincoln!

After a sell out event in 2024, raising \$9,000 to support youth mental health, we are back again – this time to raise funds for Te Taahi Youth. To make things more exciting, we will be hosting the official sashing of the Miss Canterbury finalists for 2025.

Join us on Sunday May 4th at the Lincoln Event Centre for a night to remember. Doors open at 5.30pm, and the runway action starts at 6pm.

Fashion for Hope will have something for everyone – from ball gowns and boutique clothing, to completely thrifted outfits, to handmade crochet garments and a stunning Great Gatsby inspired collection! Featuring real people as models, and showcasing some of our local businesses.

We have teamed up with One Agency Real Estate Specialists to raise funds for Te Taahi Youth, an incredible Canterbury charity that is a 'one-stop shop' for medical, sexual and mental health services, as well as mentoring and employment support to help our young people find your way through life.

Enjoy some food from our delicious grazing table and non-alcoholic drinks from the cash bar. We will also have some beautiful raffle prizes up for grabs.

Tickets are just \$40+bf each. Every ticket sold helps us make a real difference in the lives of our youth, with all proceeds after costs donated to this amazing charity.

Prepare for an evening of style at Fashion for Hope - where fashion meets compassion. Get your tickets now and join us in the countdown to this awesome event!

For full information and to secure your tickets visit:
events.humanitix.com/fashion-for-hope-2025

FREE!

bollywood

DANCE FITNESS

1st & 3rd Saturday
of the month
Lincoln Event Centre
11.00am



EVERYONE WELCOME – JUST COME ALONG

This FREE 55 min Bollywood Fitness Class is designed to leave you feeling fit and fabulous. Enjoy a great playlist of Bollywood songs with choreography that's easy and fun to follow.

For more information please contact
Archana Tandon 021 032 0915 or
email: archnatandon13@gmail.com

Kindly brought to you by
Canterbury Indian
Women Group Trust.

CIWG

Selwyn
District Council



Lincoln Motel

21 luxury motel units in the heart of Lincoln

Studio & 1 Bedroom Units | 2 Bedroom Units
Spa Bath Units | Access Units

4-6 Maurice Street, Lincoln

Reservations 0800 001 689 | Ph. (03) 974 1620

www.lincolnmotel.co.nz



Every Saturday
10am–1pm

**Baking, floral & bouquets, cheese makers,
crafters, ready to eats, produce, seedlings,
garden plants, condiments and much more!**

On the Green beside Lincoln Library



Selwyn Lions Event Cancellation

Selwyn Lions have announced that, due to unforeseen circumstances, they have cancelled the **Decorate a Bra and Blokes Undies Competition**. The event was scheduled to take place on Sunday 3 May, and was featured on the front page of last month's issue of Lincoln Community News.

Selwyn Lions posted online: "We know how much this event means to our community and how many of you were looking forward to it – believe us, we were too. This wasn't an easy decision, but it was made with everyone's best interest in mind. Thank you for your understanding and continued support. We're already thinking ahead to future events and can't wait to bring the fun back when the time is right! Stay creative, stay connected, and we'll see you soon."

Selwyn Lions will be in touch with those who have purchased tickets and those who entered the competition.

Free Skin Cancer Checks

BUT HERE'S SOME GOOD NEWS! Selwyn Lions are offering FREE skin cancer checks with the Lions Club Skin Cancer Screening Bus! Held 10am–2pm, Saturday 3 May in the car park of Lincoln Event Centre. To book, call Barbara on 021 257 9201. Spaces are limited.

Greenpark Memorial Community Centre Open Day 1–3pm, Sunday 4 May 2025

The Greenpark Memorial Community Centre is officially open and ready to host your next event. Head along to their Open Day on Sunday 4 May for a fun afternoon with a bouncy castle, sausage sizzle, soft play and face painting. Take a tour of the hall, meeting room, and kitchen, all available for hire and meet with our knowledgeable staff who can answer your questions and help you book your next event.

Whether you're planning a birthday party, family gathering, community event, or programme, Greenpark is a great venue to bring your ideas to life, located just outside of Lincoln.

Springston Garden Club (Day)

Springston Garden Club meets on the first Thursday of the month, 1.30pm at the Lincoln Events Centre. We have a variety of interesting speakers, raffles, sales table, and garden tours with like-minded gardening enthusiasts.

If you are an experienced gardener, novice or just curious to know more please contact Sue Warman, (Secretary) on 027 303 2706 or springstongardenclub@gmail.com. New members welcome.

Lincoln Scottish Country Dance Club

The Lincoln Scottish Country Dance Club meets in the Lincoln Events Centre, Meijer Drive, from 7.30pm on Tuesdays. Looking for fun, friendship and fitness? Then come along for a look as the first night is free. New members are most welcome as full tuition is given and a partner is not essential. For further info, contact Annette (03) 349 7126 or Coreen (03) 344 2057. Email: lincoln@dancescottish.org.nz

St Patrick's Craft and Friendship Group

Join a small, friendly group of people, who either bring along a current craft project or come just for friendship and afternoon tea. Current group members include knitters, embroiderers and sewers so they can teach others or help with any problems. Everyone is welcome to come along. The group meet in St Patrick's Parish Centre, which is joined to St Patrick's Catholic Church at 31 Gerald Street, from 1.30pm to 3.30pm every Tuesday. For more information contact Yvonne on (03) 366 9795 or 027 334 1151.

Lincoln Spinning & Knitting Group

The Lincoln Spinning and Knitting Group is now meeting at Lincoln Library on the 1st and 3rd Thursdays of the month from 11am to 1pm. All welcome to join our small, friendly group. For more information phone Adriana on (03) 325 3320 or Rosemary on (03) 337 4811. Find us on Facebook by searching 'Lincoln Spinning & Knitting Group – Canterbury, N.Z.'



Ellesmere Badminton Club

Friendly Social Badminton

Everyone welcome, Beginners to experienced players

Tuesdays 7.30–9.00pm

First Tuesday in April until last Tuesday in September

Lincoln Event Centre

\$5 per person/night

For more info contact Katinka 027 325 2044



Tai Tapu Garden Club

Our garden club meets every 3rd Monday at 1pm
at Tai Tapu Community Centre.

Flower competitions each month, raffles and afternoon tea,
with a variety of garden visits and speakers.

Please contact Lynne Parker (Secretary) on 027 505 9573.

NEW MEMBERS WELCOME

Lincoln Bridge Club

Free Beginners Lessons

Tuesday evenings 7.30–9.30pm. Lincoln Event Centre

Contact Stuart on 325 3222.

Lincoln Bridge Club is a friendly, social club playing Duplicate Bridge. The club meets on Monday afternoons at the Event Centre from 1.30–4.30pm and on Thursday evenings from 7.00–10.30pm.





TAMARIKI Time

AFTER SCHOOL PROGRAMME

For ages: 5 to 12

**Thursdays
3:15–4:30pm**

• Afternoon Tea • Music
• Games • Crafts • Bible Stories

children@lincolinchurch.org.nz
or phone Clau 027 389 8516

www.lincolinchurch.org.nz
www.facebook.com/lincolnunion


Te Whare Manaaki
THE WELCOME PLACE

EVERY SATURDAY: Lincoln Farmers' & Craft Market – On the green beside Lincoln Library. 10am–1pm

May 2025

FRIDAY 2 MAY

Vintage Fest

9am–4.30pm, Rolleston

SATURDAY 3 MAY

Basic Bonsai Workshop

9.30am, Lincoln Baptist Church, Registration fee \$25, Email ruth.wood@xtra.co.nz

Hop Notch:

Fresh Hop Tap Takeover

From 11am, with live music 2–5pm, The Laboratory

Death Café Lincoln

2.30pm, Lincoln Event Centre

SUNDAY 4 MAY

Greenpark Memorial

Community Centre Open Day

1–3pm, Take a tour of the newly opened venue. Enjoy a bouncy castle, sausage sizzle, and face painting.

Pioneer Hall Open Day

Lincoln's first Library building. Corner Gerald St & Kildare Tce, Open 2–4pm

Liffey Cottage Open Day

Step back into the past! James Street, open 2–4pm

Sunday Music Session at The Laboratory

3–5pm, feat. Bradley McIntosh

Fashion for Hope 2025

Charity fashion show hosted by Miss Canterbury, raising funds for Te Tahi Youth. Doors from 5:30pm, Lincoln Event Centre, Tickets \$40+bf from Humanitix

TUESDAY 6 MAY

Mother's Day Crafts

3.30–4.30pm, Lincoln Event Centre, all ages, \$5pp, bookings required via events.humanitix.com

THURSDAY 8 MAY

Uncovering the World of Insects

6–7pm, Lincoln Library, selwynlibraries.co.nz/events

SATURDAY 10 MAY

Karma Keg at The Laboratory

Fundraising for Dead End Derby, 2–4pm



9 & 10 MAY

The Gluten Free Food Festival

Friday 5pm–8pm and Saturday 9am–3pm, Lincoln Event Centre. Tickets and info: theglutenfreefoodfestival.co.nz

SUNDAY 11 MAY

Sunday Music Session at The Laboratory

3–5pm, feat. Bone & String

MONDAY 12 MAY



Adventures in Parentland with Nigel Latta

7pm, Lincoln Event Centre. Hosted by Selwyn Parenting Network, Tickets from Humanitix

FRIDAY 16 MAY

Selwyn Stars Talent Search Lincoln Heats

6–8pm, Lincoln Event Centre, 5–13 years & 14–18 years, \$5 entry fee, spectators free.

Register on events.humanitix.com

SUNDAY 18 MAY

Sunday Music Session at The Laboratory

3–5pm, feat. Hannah May

WEDNESDAY 21 MAY

Staying Safe: Refresher Course for Older Drivers

See page 9

SATURDAY 24 MAY

Youth Week: Students Swim Free at Selwyn Aquatic Centre

8am–8pm, free entry to the pool with student ID, with inflatable obstacle course out during 5–7pm.

Aimed at 12–24 years.

Bonsai Refresher Workshop

9am, Lincoln Baptist Church Registration fee \$25, Email ruth.wood@xtra.co.nz

ReDiscover: Repair Café

10am–1pm, Pines Resource Recovery Park, 183 Burnham School Roads

Te Ara Kākāriki Volunteer Planting Day

10am–1pm, Register at kakariki.org.nz/volunteer

SUNDAY 25 MAY

Sunday Music Session at The Laboratory

3–5pm, feat. Duopoly

MONDAY 26 MAY

Arts on Tour Event:

Jackie Goes Prima Diva

7pm, The Laboratory, Tickets available on Eventfinda or at the bar at The Laboratory



THURSDAY 29 MAY

Canterbury Museum Presents: Samoan Material Value

6.30–7.30pm, Lincoln Library, Free, Bookings required, selwynlibraries.co.nz/events

SATURDAY 31 MAY

Selwyn Trap Library

Free trap hire and advice at the Lincoln Farmers' Market

Selwyn Stars

Talent Search Finals

5–7pm, Rolleston Community Centre, spectators free. Register attendance via events.humanitix.com

June 2025

SATURDAY 7 JUNE

Apple Tree Maintenance

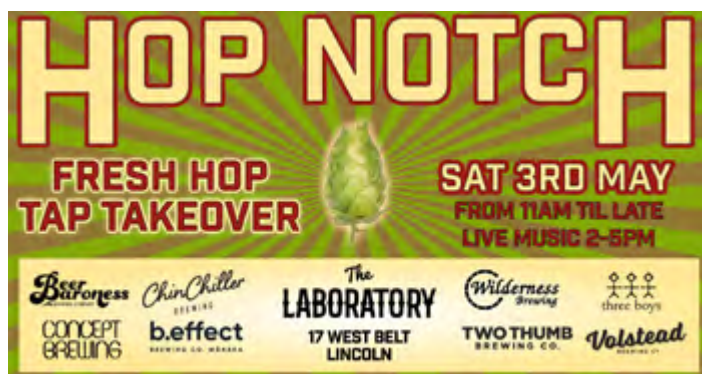
Workshop at Lincoln Envirotown Community Gardens, 10.30am

SATURDAY 14 JUNE

Karma Keg at

The Laboratory

Fundraising for Lincoln Netball Club, 2–4pm





Lincoln group All welcome!

Termtime Wednesday mornings from 9.15am
Te Whare Manaaki, 20 James Street, Lincoln
\$4 per family per session

- Friendly, welcoming and caring environment
- Meet other local mums, dads and caregivers
- Suitable for 0 to 5 years
- Fun songs, rhymes and actions which help your child's development
- We provide instruments and props
- We provide morning tea, and toys for the children to play with before and after the music session

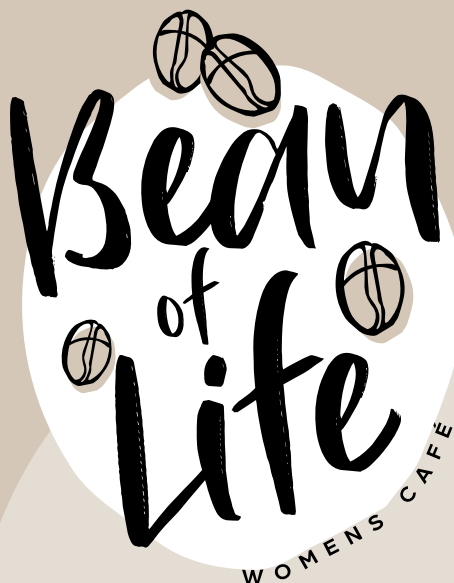


lincolnmainlymusic@gmail.com

Do you want to get to know people.
Maybe new to Lincoln.

Just want a place to have a coffee & chat.

We have the place for you.



Great coffee & baking - No charge

Open every Tuesday morning,
9.30am-11.30am during school term time

Where: Lincoln Union Church in
 Te Whare Manaaki, 20 James Street

Preschoolers welcome
Hope to see you there



Church Ph: 03 325 2257

faith in your community



ST. PATRICK'S CATHOLIC CHURCH

31 Gerald Street, Lincoln

Saturday Vigil: 5.30pm

Sunday Mass: 8.30am

Weekday Mass: Tuesday to Friday 9am

Parish Priests

Fr Brian Fennessy, M: 027 675 8456

Fr Chris Orr, M: 027 659 1962

Selwyn Parish Leadership Team Chair
 Tricia Smith Ph: 325 2234

selwyncatholicparish@gmail.com



LIFE CHURCH SELWYN

10am Sundays at Lincoln
 Event Centre (Meijer Drive).

All welcome – an intergenerational
 and multicultural church.

Life Kids programme available
 during service.

Campus Pastors: David & Jo Bennetts

Life Church Office:
 1543 Springs Road, Lincoln

www.lifechurch.nz
 selwyn@lifechurch.nz



LINCOLN BAPTIST CHURCH

109 Carnarvon Drive, Lincoln

10am Sunday Service

All welcome.

An intergenerational and
 multicultural church

Youth and children's programme
 available during service.

Life/home groups;
 Youth Groups

Phone: 325 3396

Email: admin@thelink.nz
 www.thelink.nz



LINCOLN ANGLICAN PARISH

Incorporating St Stephen's, Lincoln;
 St Mary's, Springston; St Mark's,
 Greenpark and St Paul's, Tai Tapu.

St Stephen's and St Paul's have a
 weekly service at 10am Sundays.
 The others meet at 9 or 9.30am,
 2-3 times a month.

Contact for more details:
 Polly Warren, People's Warden
 Ph: 321 7370. Mob: 027 8787 643
 Rev. Mark Barlow
 lincolnanglican.org



LINCOLN UNION CHURCH

20 James Street, Lincoln

Sunday Service 10am
 Together with God

Sunday School
 10am during term time

Mainly Music 9:15am Wednesdays
 during term time

All welcome.

For more information contact:
 Minister: Rev. Phyll Harris
 Ph: 325 2257
 www.lincolnchurch.org.nz



LINCOLN CHINESE CHURCH

20 James Street, Lincoln

Sunday Service 2pm

Youth Group:
 Every Friday 6pm-9pm
 (Free meal, Bible study,
 Group sharing)

All welcome.

Pastor: Charles Yu

Tel: 325 3238
 Mobile: 027 615 9796
 Email: yuf228@hotmail.com



All Nations
Baptist Church

ALL NATIONS BAPTIST CHURCH

Join us – Everyone is welcome.

In our church you will find

- Traditional Hymns • KJV Bible
- Great Fellowship
- International Community

Every Sunday at 4pm
 Lincoln Community Care
 16 Lyttelton Street, Lincoln.

Pastor Paul Anger
 Ph: 021 033 7274
 Email: paul.anger@hotmail.com

Lincoln Community News

We welcome stories,
 listings, articles and
 news from community
 groups, organisations
 and residents of Lincoln
 and surrounding areas.

For more information
 or to submit articles,
 please email:

LCN@selwynprint.co.nz

Re
DISCOVER



REPAIR CAFE

SATURDAY 24 MAY, 10 AM - 1 PM
PINES RESOURCE RECOVERY PARK

We are planning to provide repairs for the following:

- ★ **Bikes**
- ★ **General Repairs**
- ★ **Knife Sharpening**
- ★ **Electrical and Electronics**
- ★ **Clothing**
- ★ **Household Appliances**

events.humanitix.com/repair-cafe-may25
Phone: 03 423 0445

