



Lincoln's record-breaking Open Day



It was Lincoln University's biggest open day ever.

The university held its annual open day 18 July, which brought more than 1,500 people onto campus and into Lincoln township.

Almost 800 people checked in on the day, a whopping 40% increase on last year. Most guests were accompanied by at least one member of their whānau.

More than 200 of our visitors signed up to try our new dining hall experience. They got to sample the same food that students living on campus enjoy, providing a real look into the daily student life.

It wasn't just on campus they were eating. Families spread throughout the township for lunch, bringing extra business to our local economy.

It was great having so many people here from across New Zealand. We look forward to welcoming many fantastic new students to Lincoln.



Lincoln Community and Residents' Association (LiCRA) is closing in on the end of its first year in existence with the AGM planned for the 11th August. LiCRA wishes to reiterate that our responsibility of representing and supporting all members of this community is taken seriously and so requires an energetic and enthusiastic team to do so. If you are interested in contributing to the community please see the adjacent official advertising and come along on Monday evening (11th August) with someone to nominate you or we could help you out with that. There will be positions available on the committee.

For the July meeting we invited Derek Smith from Selwyn Print who produce, print, and distribute this community newsletter. We had been pre-warned that the Lincoln Community Newsletter (official newsletter of LiCRA) is not financially viable in its current model. Derek's report on the situation was dire indeed. Selwyn Print are indicating that they can only continue producing this newsletter for another couple of months without change. The committee wants the newsletter to be relevant and to reach as much of the community as possible. At present we are only get to a bit over half. Essentially it needs a combination of the following to survive; cost cutting; distribution planning; increased revenue/funding; and more community input.

LiCRA will continue working with Selwyn Print to achieve an acceptable outcome but if there are any ideas out there or opportunities for support please contact us.

The recent meeting had present a number of candidates standing for council at this year's local body elections. Discussions were constructive and interesting and avoided too much electioneering. Obviously the time is right to attract their interest in the Lincoln area (Springs Ward).

One important topic discussed was the 'Community Board' movement. The Malvern Community Board is the only one in existence in the Selwyn District and a recent attempt was made to get rid of it during the representation review. Due to overwhelming submissions to keep it, the council voted for it to stay. On top of that the government representation review report recommended for more Community Boards to improve community representation. Watch this space as there will be further community meetings on this matter and we may have a presentation at the AGM.

Due to many current councillors not standing and a very obvious disquiet in the community about the direction in which Selwyn District Council is heading, the election will be important to follow and partake in. I implore everyone in the community to take an interest, listen to the candidates, and to include your vote at election time. None of our current councillors in the Springs Ward are standing this time around.

All the best to everyone and we look forward to as many people as possible attending the AGM.

– Lindsay Wilson (Chairperson)

Lincoln Community and Residents' Association (LiCRA)
current committee members: Lindsay Wilson
(Chairperson); Rebecca Dollary (Secretary);
Tanya (Treasurer); Andre Straus; Ralph Scott;
Cam Holmes; Katheryn Claridge; and Sam Elder.

Connect with us:

EMAIL Lincolnresidentsinc@gmail.com

FACEBOOK Lincoln Community and Residents Association Inc.

Lincoln Community and Residents' Association Inc.

AGM

7pm, Monday 11th August 2025
at Lincoln Community Care

Agenda

Annual Reports

Election of Committee Members –
Nominations from the floor or in advance

At least three positions are vacant
(TBC on the night)

Voting – eligible to all those
present over 18 years

General business

Contact us

Email: lincolnresidentsinc@gmail.com

Facebook: Lincoln Community and
Residents Association Inc.

editorial info.

Lincoln Community News is the official newsletter of the Lincoln Community and Residents' Association Incorporated. It is produced by The Selwyn Printing Company and comes out monthly, with the exception of January.

We're seeking stories!

Do you have a story to share? We are always looking for news and information about what is happening in Lincoln and the Selwyn District. We'd like to hear the stories of residents' achievements, exciting happenings, community developments and more! This is a community newsletter and we welcome your voice.

Deadline is 20th of month preceding publication month. Text should be supplied as a non-formatted Word or Text document. Please supply any images as high resolution JPEG files. Adverts should be supplied as print ready, high resolution PDF files.

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Views expressed within this newsletter are not necessarily those of the publisher.



On the 1st of July, 37 of our members boarded our bus in Lincoln with our regular trusty driver, Hamish, at the wheel to take us on our outing to Kirwee and surrounding areas.

Firstly we headed to Rolleston for a drive through of the massive Izone Industrial Park. As most of our members have no reason to go into this area, it was a big surprise to most just how big this industrial area has now become and how many of our Canterbury and New Zealand's flagship businesses now call this home. Many of the buildings are so massive and a lot with names that many of our members had not even heard of but now know they are a part of what helps to make our supply network function efficiently.

After a full tour around, we cruised off towards the Kirwee area and eventually arrived at the Thirsty Acres for our lunch stop. The restaurant/bar is well setup with very friendly staff and where our members were made to feel very welcome. With everyone seated it was time to enjoy a lovely two course meal,

and enjoy they did with many positive comments. There was of course lots of chatter and talk with friends old and new with a refreshing beverage for those who wished or a tea or coffee available. All too soon for some it was time to board the big bus for a scenic tour home. Another well organised and planned outing for our members was enjoyed by all, with several members commenting "that was great enjoyable day team, when's the next one?" Watch this space for upcoming events.

Upcoming Events

Next event up on the Lincoln Area Senior Citizen's calendar is on the 5th of August at the Lincoln Event Centre starting at 1.30pm. We have a guest speaker and of course a delicious afternoon tea with the ever popular raffles and sales tables we look forward to seeing you there.

New members are always welcome and if you think this is for you and you would like to join us we would love to meet you. Contacts: Evelyn on 027 712 7195 or Gloria on 027 434 6554.

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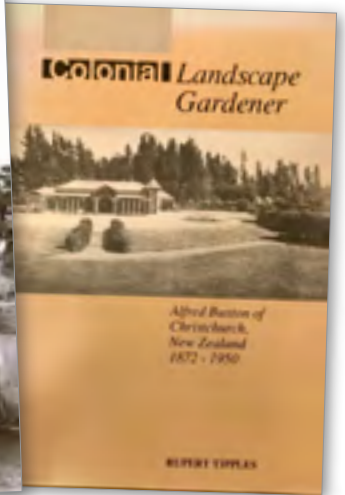
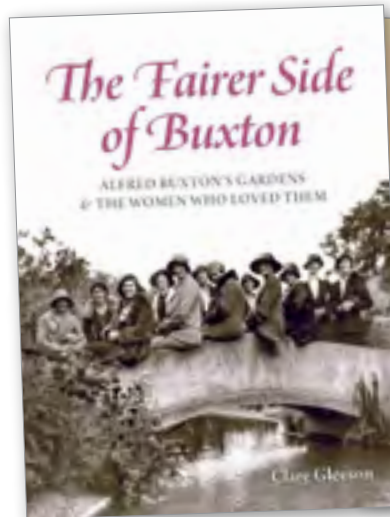
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Gerald Street, Lincoln, with a Buxton fence. (Photo D. Hollander, 1989)



The two biographies of Buxton (available at Selwyn Libraries).

The Gardens of Alfred Buxton

We are pleased to welcome Clare Gleeson from Wellington as guest speaker to our AGM this year.

Clare writes that Alfred Buxton is the father of landscape gardening in New Zealand. Based in Christchurch from 1900 to the mid-1940s his companies designed over 350 private and civic gardens throughout the South Island and much of the North. Extensive and expensive a 'Buxton garden' was highly desirable and the cachet associated with owning one still exists today.

The presentation is based on Clare's recently published book *The Fairer Side of Buxton: Alfred Buxton's Gardens and the Women Who Loved Them* (The Cuba Press, 2024) and will examine the gardens against the background of the society in which they were created.

It presents a female view of Buxton gardens in contrast to the male view of Rupert Tipples original primary biography *Colonial Landscape Gardener – Alfred Buxton of Christchurch, New Zealand 1872–1950* (Lincoln College, 1989).

The presentation will be preceded by a brief AGM which will receive the annual presidential and financial reports and approve a new set of rules to meet the requirements of re-registering for the Incorporated Societies Act 2022. These have already been circulated to members. Afternoon tea follows. All welcome.

– Rupert Tipples, President, Lincoln & Districts Historical Society



Buxton Nursery poplars delivered to Mr. Henley, Shands Road, 1925.

Lincoln & Districts Historical Society, Inc. Annual General Meeting
Sunday, 17 August 2025 in Lincoln Event Centre at 2pm

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Mark your calendars for these upcoming events in Lincoln

Lincoln Christmas Parade & Market

Save the date:

**Saturday 13 December 2025
9am–12.30pm**

New parade and stall layout for this year.

Contact:

lincolnxmasparade@gmail.com
or lincolnxmasstalls@gmail.com

Follow on Facebook: **Lincoln Christmas Parade and Market**



Plant Fair Lincoln Anglican Parish

Save the date:!

**Saturday 1 November 2025
9am–12.30pm**

Held at The Vicarage,
Edward Street, Lincoln



More information to come in future issues of Lincoln Community News.

**Lincoln isn't a brand.
It's a community.**

I will fight to:

- ☑ Cut rates
- ☑ Eliminate wasteful spending
- ☑ Restore transparency
- ☑ Focus on core infrastructure

**I fought for homeowners. I fought EQC. I fought the insurers.
Not with slogans — with grit.**

**Now Selwyn Council's unelected bureaucracy wants to run
council like it is their own business. Ratepayers become
customers. Democracy becomes a brochure.**

Not on my watch.

**Lincoln deserves more than smooth talk and spreadsheets.
It deserves a voice that bites back.**

Protect what matters. Disrupt what doesn't.

Zoran Rakovic

Independent, for Selwyn Council Kā Puna Springs Ward

"My husband and I were fortunate to have Zoran as our Engineer when we were going through a frustrating dispute with EQC after the earthquake. Zoran's expertise, professionalism, tenacity and determination went way over his brief, and over the 8 years of our dispute he became our confidante and support during the emotionally draining times. He has the skill to precisely analyse situations and work out logical solutions, which is an ability that's so necessary for anyone in a position in Council. He has a humanitarian heart and a strong character, a hard worker and would be an asset for our community. I commend him for standing as a Candidate for Council, and I can recommend him for your vote for him to be a Councillor on the Selwyn District Council." **Faye Parfitt, Prebbleton**

zoran4selwyn@gmail.com | 021 285 1229

Authorised by Z Rakovic, zoran4selwyn@gmail.com

Three-day camp brings rural careers to young urbanites

Agribusiness isn't just farming, but it can be hard to understand the industry if you're not from a rural background.

That's the point of the Rabobank Farm2Future programme, which introduces urban high schoolers to the wide range of developing career paths in the industry. The three-day programme is organised each year by Lincoln University Future Leader scholars and takes 25 pupils to a wide range of agribusiness operations around the Canterbury region. It's offers a rare chance for young people to immerse themselves in the industry, all-expenses-paid.

Destinations included Rakaia Island Dairy Farm, Willisden Farms, Original Foods Baking Company, NZ Merino, PGG Wrightson's, Farm Source and Food Stuffs.

Ruby Wilson, one of four Project Leaders, said more than 90 students applied to take part in the camp this year. Selection was based on which students would benefit the most from what the programme had to offer, and the majority of placements were given to urban students.

She said Willisden Farms was a particular hit among the urban students, as they had the chance to drench sheep and watch the heading dogs at work.

Seeing the inner workings of Original Foods was also popular.

"We had a whole factory tour. They loved that, just being able to see the scale of their production was really interesting."

Fonterra had many students asking questions, as the business had offered time with a wide variety of agribusiness professionals.

"It wasn't just farmers. There were consultants, people working on emissions plans, all these roles that weren't just on the farm.

"That's a big part of what we wanted to share with them. You don't need to wear gumboots to work in agriculture."

That message was something Project Leader Ben Allen was really proud to have delivered. "The feedback we've got showed many of them hadn't experienced that before."

He believed supporting urban-rural relationships was vital to the long-term health of the sector.

"It's a growing industry. For it to be able to function well, we have to be able to bring in external people. We can't just rely on us and our kids to build the industry.

"And it's not just about being on the farm. You always hear about what it's like to be a farmer, but people don't realise there's a whole network of people behind us."

Ruby agreed. "It was so nice to show them the industry and where it's going. There's so many moving parts that some of the students didn't know were career opportunities.

"They don't know what they don't know. We've provided them with that knowledge, now they have a chance to make that decision."

As well as the business visits, students heard from a panel of agribusiness professionals in all different career stages. There were fresh graduates and new business owners to industry veterans, providing a wide look at the industry.

Ed Tapp, a member of Rabobank's Upper South Island Client Council, said it was crucial to strengthen the relationship between urban and rural communities.

"There's a real disconnect between urban youth and knowledge of the opportunities within the agricultural industry.

"This initiative is one way the Upper South Island Rabobank Client Council is working to bridge that gap and one of the key messages we shared with students was that a successful career in agriculture doesn't require a farming background."



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When? Every Tuesday at 5:45pm

Where? Te Whariki Playground

How much? Gold coin

A group encouraging a community to exercise together



@RoadRunnersLincoln



Natural & Abstract

Hannah McKay + Rahil Kar



In this joint exhibition potter **Hannah McKay** and artist **Rahil Kar** bring this brilliant show to life. Hannah's nature based pottery features a focus on Canterbury and the South Island, Rahil brings her latest works, including landscapes bound to make an impact when viewed.

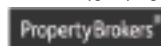


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Saving lives by rearranging sheep organs: How Lincoln helped revolutionise hormone research

"If you don't have these hormones, you're dead."

For some people, that's reality. With modern medicine we know how to treat hormone deficiencies, but the road to understanding was not an easy one. And for Eric Espiner, it began by rearranging the organs on a flock of sheep at Lincoln.

Eric is an endocrinologist and physician who has dedicated his life to understanding how hormones affect the body. Now 91-years-old, he has reflected back on his medical career in his new memoir, *A Physician's Journey*.

Eric became deeply engrossed in hormone research in the 1960s, when he was deployed as a registrar to the Medical Unit at the Princess Margaret Hospital in Christchurch.

The unit was run by Sir Donald Beaven, who had big ideas about the kind of research they could conduct there. He'd already made contact with researchers at Lincoln University, called Lincoln College by the time Eric arrived.

"I went up to see what my duties would be, and within a minute or two he asked what research I'd like to do," Eric said.

"He began talking about a new technique which he'd seen done in Melbourne. It was a very fancy surgical technique, they took the adrenal gland from its normal position in a sheep, along with its blood supply intact, and then sewed it into the neck."

What's an adrenal gland?

Inside of every person are two small mushroom-shaped glands sitting atop the kidneys. These tiny organs are vital to your health. The hormones they produce regulate your entire body, such as your metabolism, blood pressure, and immune system.

The adrenal gland is hooked up to a small part of your brain called the pituitary gland. This gland tells your adrenal gland how much cortisol to make and when.

These hormones are really important, and it can be seriously bad news if your glands start to fail. The most common cause of adrenal gland failure is Addison's Disease, which results in chronic fatigue, nausea, dehydration and low blood pressure leading to renal failure. It can be lethal if not cared for with hormone replacement treatments.

But back in the 60s, Eric and the staff at Princess Margaret Hospital didn't have much to offer in the way of hormone treatments. Diagnosing deficiencies or excesses of these hormones was difficult, and little was known about how the two glands interacted.

Eric didn't know what type of research to conduct, so Beaven suggested he work on the collaborative hormone research project with Lincoln College.

"What the research described was just fanciful. I was wanting to run for the door," Eric said.

"I was ignorant."

Despite having little experience in the area, Eric ended up as head of the project. Dr Joe Hart in the Department of Animal Science at Lincoln College was delighted by the idea of using sheep to advance medical research and offered a small flock for the research team to use.



The process of moving an organ is not a simple one, and it took many tries before the first successful operation. The team named the ewe Sheba, their golden fleece. She seemed happy and healthy, despite having her glands moved around. Eric described her as "perky."

But why?

"The point of all this is the ability to take a sample of blood from the adrenal gland at any time. No operation is needed," Eric said.

"If you were to do that where the adrenal gland lives normally, you'd have to open the animal up under anaesthetic, it would be a one-off kind of procedure."

Merino sheep have a handle of excess skin on their necks, called a dewlap. This was the perfect new home for the adrenal gland. Moving the organ provided easy and non-invasive access to what was normally a very internal organ. That meant unrestricted access to information on how the organ was behaving and why. They could take samples from it regularly and at any time of the day.

And that's what they did. Across 18 months the team conducted in-depth research on the hormone levels of a small flock of twelve modified sheep.

Eric remembered times when he would stay up all night with the animals, taking hormone samples every half hour. This provided valuable information into how the gland worked, as cortisol levels spiked at certain times of day.

The operation also allowed easy access to inject samples into the sheep. They took blood from humans that had hormone diseases, and injected it into the animal. This allowed them to see what was happening between the two glands when hormone levels were too high or low.

The next step was testing solutions on the sheep. Having easy access to hormone measurements meant the researchers could inject new treatments into the sheep, then measure how hormone levels were affected.

So what did they find?

By the end of their research, Eric and his team had a much greater understanding of the relationship between the two glands, the impacts of hormone failure, as well as how to treat it. In the end they had fourteen novel findings to share with the medical community.

Their research was published in the highly regarded UK publication *The Journal of Physiology*, and helped contribute to major developments in hormone treatments, many of which are used today.

It was also the start of a long and fruitful relationship between Christchurch medical researchers and Lincoln. Our researchers helped develop the understanding of heart failure, skeletal growth, fetal maternal welfare, and the brain itself.

This collaboration continues to this day, and has resulted in hundreds of research publications in leading international science journals.

*Interested in learning more about Eric, Lincoln's medical history and the glands controlling your body? Check out his new book, **A Physician's Journey: Chasing hormones you never knew you had, and why you need them.***

Partnering for safer schools and roads

New road crossing upgrades have opened around three Selwyn schools as part of a programme aimed at improving student safety in partnership with local schools.

Upgrades to add a raised zebra crossing outside Rolleston Primary School, re-locate the raised zebra crossing outside Lincoln Primary School, and a new painted crossing outside Darfield High, have been installed in time for the new school term.

Tim Mason, Council Executive Director Infrastructure and Property, said the Council is working closely with schools to ensure the upgrades meet each community's specific needs.

The Council's collaborative approach aims to ensure safer journeys for students across the district. A key part of the initiative is the introduction of variable speed limits around schools as well as looking at safer crossings and other infrastructure around schools.

"We are working on a programme for further upgrades in the next financial year, which will be finalised before September. We will be connecting with the schools on what is planned and working with them on the upgrades," Tim said.

Te Kura Taurua o Tawera Darfield High School Principal Andy England says the school and community were delighted with the crossing.

"We have been quietly working with Selwyn District Council to get the right solution to what is a very busy crossing for about ten minutes twice a day. The previous confusion, with some drivers stopping to allow students to walk and other drivers not stopping, is a thing of the past. With a 30km/h limit also in place, our students and the drivers are now much safer. Big mihi to the Council school road safety team for getting cracking with this – they were great to work with."



Darfield High School Principal Andy England, Deputy Principal Gavin Cate, Deputy Principal Nicola Turner and Year 13 Dean Jemma Rangi celebrate new school safety crossing in Darfield.

Te Kura o Tauhinu Lincoln Primary School principal Chris Nord says he pleased to see the relocation of the zebra crossing for his school.

"This is something our school community has been advocating for over several years, and it's fantastic to see action being taken to prioritise student safety.

"The new location, further down James Street, away from the busy North Belt intersection, makes a big difference for visibility and reduces congestion during peak drop-off and pick-up times. The raised crossing and improved signage also help slow traffic and make it much safer for our tamariki, whānau, and staff to cross the road.

"We're grateful to the Selwyn District Council for listening to our concerns and making this positive change. It's a great example of community voices being heard and real action being taken to support child safety."

Currently, the Council's programme is focused on improving school crossings.

"We also keep a list of general crossing locations, and improvements at these sites are carried out as funding becomes available," Mason added.

– Selwyn District Council



Maddie, Sophie and Frank, aged five, use the new crossing at Lincoln Primary School.

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Ellesmere Lions Club annual charity golf tournament

The 54th edition of the Lions Club of Ellesmere charity golf tournament was held on the 9th July at the Ellesmere golf club.

Despite the day being overcast and cold with a blustery easterly prevailing, 130 golfers faced the starter for a 11am multi-tee shotgun start. The course was in wonderful condition considering recent rain. The greens were lightning fast which made scoring difficult and the only players who impressed the handicapper were James Schrader (43 Points), Nadia Adams (42 points) and James Geddes (39 points) with the next best being 36 Stableford points.

Once again, we must thank the business community for their spectacular support, without them we are nothing. Contributions were large and small and 176 companies or individuals assisted. We urge the Lions members themselves and all the golfers to support these sponsors wherever possible, it is critical to the continued viability of this project.

As always, our big raffle was in hot demand with \$10,000 worth of prizes donated. Over twenty larger items were auctioned with a 100% clearance and solid demand for most things. All this added up to another spectacular net result with the amount raised, at the time of writing, closing in on last year's record level.

This year the proceeds are to be shared between the Southbridge Rugby Club for clubroom renovations and the continued restoration of the Harts creek Walkway, a Lions club of Ellesmere project.

The Lions Club of Ellesmere are very rightly, extremely proud of their continued participation in the annual golf fundraising project and are thrilled to report that over the 54 years of its existence close to half a million dollars has been raised for mostly local community projects, highlighting the club's value to the district.

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There's plenty to see on the big screen this month at The Apollo!

From exciting new releases to beloved classics, we've got something for everyone – whether you're after a night of laughs, thrills, or heartwarming stories. Take a look below and plan your next trip to the movies!



Freakier Friday Comedy (PG)

From 7 August

We've got exciting news for all the *Freaky Friday* fans out there – the long-awaited sequel is hitting the big screen very soon, and yes, you'll want to bring the whole family for this one.

Jamie Lee Curtis and Lindsay Lohan are back as Tess and Anna Coleman, the unforgettable mother-daughter duo who swapped bodies (and chaos) in the 2003 classic. This time around, the story picks up years later—Anna is now a mum herself, with a daughter and a soon-to-be stepdaughter, and Tess is still... well, Tess.

As their blended family tries to find their groove, it seems history might just repeat itself – because who says lightning can't strike twice? You won't want to miss this nostalgic (and hilarious) trip down memory lane.



The Friend Drama (M)

From 7 August

A heartwarming tale of grief, growth and one very large dog

What do you do when your quiet, carefully ordered life is suddenly turned upside down by a 150-pound Great Dane? That's exactly what Iris (played by the always-excellent Naomi Watts) faces in *The Friend*, a beautifully tender story based on the bestselling novel.

Set in New York, Iris is a writer and teacher whose world is thrown into disarray after the unexpected passing of her closest friend and mentor (Bill Murray, in a quietly moving performance). His final gift to her? His cherished but completely unmanageable dog, Apollo. Cue furniture destruction, eviction notices, and more than a few existential crises.

But as Iris slowly forms an unlikely bond with the regal (and stubborn) Apollo, she begins to unpack the layers of her past and rediscover her creative spark – proving that love and healing can arrive in the most unexpected ways.

The Friend is a gentle, heartfelt story about friendship, grief, and the messy beauty of starting over.

Mr Burton Drama (M)

From 14 August

Some are born great. Some are inspired to be great. And sometimes, greatness is unlocked by the right person at the right time.

Set against the rugged backdrop of post-war Wales, *Mr Burton* tells the moving true story of a boy from Port Talbot who would become one of the most celebrated actors of the 20th century – and the teacher who saw his potential long before the world did.

When Philip Burton, a passionate and principled schoolteacher, crosses paths with Richie Jenkins – a troubled but gifted teen – he sees something others have missed. With a mix of tough love, belief, and relentless encouragement, Philip helps shape Richie's future. That boy would grow up to be none other than Richard Burton.

Mr Burton is a stirring, heartfelt film about mentorship, transformation, and the power of someone believing in you.

It's a must-see for lovers of British cinema, inspiring true stories, and anyone who knows how much difference one teacher can make. We can't wait to share this one with you.

The Naked Gun Comedy (TBC)

From 21 August

Look out, crime – he's fully armed (and probably confused).

Get ready for a riotous return to the world of absurd police work with *The Naked Gun*, a fresh new chapter in the classic comedy series. This time, it's Lt. Frank Drebin Jr. (yes, the apple doesn't fall far from the banana peel), played by Liam Neeson, stepping into his father's hilariously oversized shoes.

From producer Seth MacFarlane (*Ted*, *Family Guy*), this reboot delivers all the slapstick chaos, ridiculous one-liners, and dramatic slow-motion pratfalls you'd expect – and then some.

If you've been craving a comedy that doesn't take itself seriously (at all), *The Naked Gun* is your ticket to some seriously silly fun.

What's on at The Laboratory



Our Sunday Music Sessions run every Sunday from 3–5pm. Come on down and enjoy the good food, good brews and good tunes!

Sun 3 August	Sunday Music Session: Serenade
Sun 10 August	Sunday Music Session: The Blue Gals
Sun 17 August	Sunday Music Session: Hannah May
Sun 24 August	Sunday Music Session: Henry McIlraith
Sat 30 August	Karma Keg 2-4pm for Lincoln Toy Library
Sun 31 August	Sunday Music Session: Michele Ducray Duo



Jaws – 50th Anniversary Adventure (M) From 28 August

It's been fifty years since *Jaws* first hit the big screen – and terrified an entire generation out of the water. Now, we're bringing Steven Spielberg's iconic thriller back where it belongs: on the big screen, where the tension, the music, and that shark can truly make waves.

Released in 1975, *Jaws* changed cinema forever. With its unforgettable score, edge-of-your-seat suspense, and perfectly timed scares, it turned summer movies into full-blown blockbusters – and made everyone just a little more cautious about going for a swim. As we celebrate five decades of this classic, it's the perfect time to revisit (or discover!) the brilliance of *Jaws*—from its quietly heroic performances to its masterful pacing and practical effects that still hold up today.

Join us for some special anniversary screenings, and relive the fear, the adventure, and the moment that made film history. Just remember: don't go into the water...

Screening from the 28th of August for a limited time!

Check out the favourites still stealing the show:

Four Letters of Love Romance/Drama (M)

Four Letters of Love is a heartfelt, life-affirming tribute to the courage it takes to follow your heart. Uplifting and unforgettable, this romantic odyssey reminds us that sometimes love truly is written in the stars.

Smurfs Family/Adventure (G)

Everyone's favourite blue crew is back! Don't miss this colourful, fun-filled journey that's sure to cast a spell on audiences of all ages!

Superman Action/Sci-fi (M)

Get ready for a cinematic journey that's as heartfelt as it is heroic – *Superman* is set to redefine what it means to be a hero for a new generation.

Would you like to have the cinema all to yourself? You can!

Hire the entire cinema (all 15 seats) for your next special occasion: Work Do's, Children's Parties, Girls Nights and Boys Nights. Whatever the occasion we have you sorted at The Apollo and The Laboratory!

For more information or to get a date locked in please email us at: goodparties@thelaboratory.co.nz or visit our website: apollo.thelaboratory.co.nz

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Canterbury Indian Women Group present

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Diwali**

The Festival Of Lights

**3-9pm Saturday
1 November 2025**

**FIREWORKS FROM 8.45PM
FREE EVENT
AT LINCOLN DOMAIN (OUTDOORS)**

IN ASSOCIATION WITH

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Communities
Te Tari Mātauranga

Rātā
Foundation

For more information:
Archana Tandon 021 032 0915 • Surinder Tandon 021 295 1089 • selwyndiwali@gmail.com

Recognising the volunteers at LDCC

In 2023, an application was made by Lincoln & Districts Community Care Association (LDCC) to the Selwyn Awards in the "Community Volunteering" Section which included the words:

"Considering their exceptional voluntary contribution to the Selwyn District, the LDCC volunteers deserve recognition for their outstanding work. They have demonstrated a commitment over 45 years to improving the quality of life for individuals and families in the community through their diverse range of initiatives. By honouring them with an award, it would not only acknowledge their achievements but also inspire and encourage other organisations and individuals to engage in similar efforts, leading to further positive transformations within the Selwyn District."

The LDCC volunteers were awarded a Gold Award.

Long Service Awards

In 2024 it was decided to acknowledge the individuals who had served more than 15 years as volunteers by issuing them with a framed certificate. Those who attended the AGM were presented with their awards at the meeting while the remaining volunteers were presented at LDCC HQ.

2024

Erica Cleland	15 years
Ginny Gardiner	15 years
June Gillanders	15 years
Clive Marshall	27 years
Jean Marshall	27 years
Annette Parkinson	15 years
Colleen Pender	15 years
Margaret Rea	22 years

As you can see from the list Clive and Jean Marshall had served 27 years, followed closely by Margaret Rea with 22 years' service.

In 2025 it was decided to award all those who had served 10 or more years. It was also decided to actively encourage all recipients to attend the AGM to make this meeting more of a celebration.

2025

Marion Burnett	15 years
Maureen Fisher	11 years
Pam Grenside	12 years
Basil MacPherson	12 years
Denise MacPherson	12 years
Nancy Moroney	12 years
Ann Odell	11 years
Miriam Pascoe	12 years
Noeline Ward	11 years
Fay Wilcock	12 years



Pauline Noonan accepting flowers from Vice-Chairman Lester Balantine.



Noeline Ward (right) with Janice Burnett after receiving her certificate.



Fay, Nancy, Marion, and Pam are all keen golf players as well as being long term volunteers for LDCC. Apparently they took up golf and volunteering independently and now they are pleased to have interests in common.



Nancy Moroney receiving her certificate from Janice Burnett.



Community Care Lincoln
Supporting our Community

Life Membership Award

Another highlight of the AGM was a Life Membership granted to Pauline Noonan. Appreciation was expressed by Janice Burnett, Past Chairperson, in words similar to that used by the LDCC Board in an application to this year's Selwyn Awards for Pauline.

"Pauline Noonan is a truly outstanding volunteer, donating days of professional accounting service to assist the smooth running and effortless administration provided by the Lincoln & Districts Community Care organisation in Lincoln. This outstanding effort spans 13 years and covers all related accounting, audits, banking, reports, meetings, presentations and responsibilities associated with the Community Care Board's financial role. Pauline is an exceptional asset in Selwyn, tirelessly grasping present day requirements and taking ownership of the delivery of these requirements while always drawing in the skills of volunteers and appreciating their efforts."

Kind regards,
Community Care Lincoln

Web: www.lincolncomcare.co.nz
Facebook: fb.com/lincolncommunitycare
Email: admin@lincolncomcare.co.nz
Phone: (03) 325 2007

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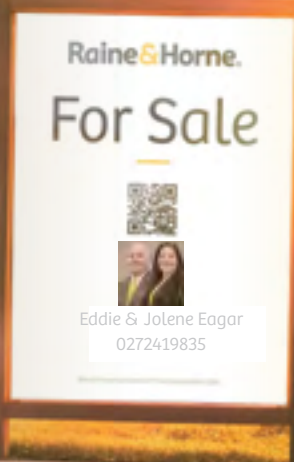
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Did you know there's an art gallery in Lincoln?

Each month Down By The Liffey Gallery features a selection of talented local artists in an exciting exhibition.

This month's exhibition '**Natural and Abstract**' is on from Wednesday 13th August – Sunday 7th September. In this joint exhibition potter Hannah McKay and artist Rahil Kar bring this brilliant show to life. Hannah's nature based pottery features a focus on Canterbury and the South Island, Rahil brings her latest works, including landscapes bound to make an impact when viewed.

Opening hours are 11.30am–2.30pm Wednesday and Thursday, 10am–4pm Friday to Sunday.

Down By The Liffey Gallery,
1 James Street, Lincoln.
downbytheliffeygallery.com



Your Health is Wealth – Movement and Menopause

Friday 29 August 2025, 7–9pm
Selwyn Sports Centre Pavilion, Rolleston

Two presentations, two inspiring speakers – join us for an educational journey to optimal wellbeing. This event is not to be missed!

Health is Wealth with Vui Suli Tuitaupe

Suli is a registered nurse, health promoter, and Les Mills New Zealand group fitness presenter. He is committed to assisting individuals and families in their health journeys and to helping stimulate communities with the Samoan message: "Health is wealth". O lou, soifua maloloina lelei! Suli has been working as a group fitness instructor for over 25 years and still loves it! He will share some of his passions in physical activity promotion, health, and wellbeing.

Key topics and discussions:

- Illness prevention verses illness cure
- Understanding health promotion
- Benefits of physical activity and movement
- The power of community and connection
- Understanding your WHY!
- Changing the NARRATIVE for YOU!!

Let's Talk Menopause with Alana 'AJ' Joe

This isn't information just for women, it's more than that. We all have wonderful women in our lives either as daughters, mothers, sisters, aunts, grandmothers or nieces.

Key topics and discussions:

- Define peri-menopause, menopause and post-menopause
- Understand the impact for women
- Clarify and debunk myths around menopause
- How to support and have the conversations with women working through this phase of their lives.

Suitable for adults and teens 16+ years. \$10 for group fitness members, \$20 for non-members. Book now:
events.humanitix.com/movement-menopause-healthiswealth

SELWYN COMMUNITY PATROL

Do you have some spare hours during the day?
We are looking to increase our daytime patrols which are a great way to get to know your area and your community.

Contact us on
 03 660 0320

Lincoln, Prebbleton, Leeston and surrounding areas

Follow us on Facebook to keep up with our local activities

Every Saturday 10am–1pm

Baking, floral & bouquets, cheese makers, crafters, ready to eats, produce, seedlings, garden plants, condiments and much more!

On the Green beside Lincoln Library



Liz Willis shared some rose pruning tips at Lincoln Community Gardens.

While winter is a relatively quiet time in the Community Gardens, currently we have garlic, broad beans, brassicas, spinach, and silver beet growing well. The unused plots are covered with a layer of pea straw until spring, when the straw will be dug in.

Rose pruning workshop

Liz Willis conducted a rose pruning workshop recently, and she passed on some useful tips.

- Some people face this task with trepidation, but it is important to know that roses are extremely resilient, and will recover from a few misjudged snips. It is better to prune your roses than to leave them untouched.
- The aim is to eliminate diseases, allow sunlight penetration and air circulation, and redirect new growing shoots. Pruning is undertaken to encourage new growth by removing old and spindly growth.
- Correct pruning increases light and air circulation into the plant, improved flower production and maintains the shape of the plant.
- The best time for pruning is mid to late winter, when the plant is dormant.
- Ensure your secateurs are sharp to enable cleaner cuts.
- Reduce the rose bush by about half, remove dead or damaged limbs; take off branches that are crossing over, then smaller branches thinner than a pencil.
- Look for outwardly facing buds, cut about 10mm above this on a 45-degree angle.
- The same rules apply to standard roses, but you can prune harder, leaving each branch 15–20 cm long. Prune the main branches so that the standard head forms a vase shape with at least four strong leaders with outward facing buds. Leave the inside of the crown open.
- Get rid of all clippings, and clear around the base of the plant to prevent any diseases.



Georgia Hill – volunteer at Lincoln Community Gardens and finalist in Miss Canterbury.

A young volunteer

Recently, Georgia Hill spent time assisting us. She is a finalist in Miss Canterbury, and as part of this contest she is required to undertake some community service. Georgia was selected to be included in a group of seven finalists, from over 300 entrants, and she has a Diploma in Beauty Therapy. Georgia assisted me in making colourful display items that make the Community Gardens more attractive, especially during the winter season.

Forthcoming events

We have two workshops coming up soon, focusing on different aspects of soil:

- On Saturday 27th September, Dr Sally Price will speak on the theme **"Knowing your soil"**. We will learn about how to improve our soil's physical attributes and health, based on Sally's research for over 15 years.
- On Saturday 18th October, Roger McLenaghan and Josie Mazzetto of Lincoln University return to present the popular workshop **"Don't treat your soil like dirt"**.

Our annual workshop **Veges 101** will be on Saturday 1st November. This basic workshop, conducted by Errol Wood and Graham Burge, is for people with little or no experience in growing vegetables.

A worm-farming workshop will be presented by Ben Hogan on 8th November. More details later.

All our workshops run onsite from 10.30 to 11.30am. A koha from participants to support the Community Gardens is appreciated at these events.

See the posters at Lincoln Library, Lincoln Events Centre, or Hammer Hardware. Event details are also available on the Lincoln Envirotown website: www.lincolnenvirotown.org.nz

– Ruth Wood, Coordinator, Lincoln Envirotown Community Gardens
Email: ruth.wood@xtra.co.nz, Mobile: 021 074 3905



Selwyn Timebank
'Share, Learn, Connect'

selwyntimebank@gmail.com facebook.com/selwyn.timebank



You and your whānau will be buzzing as some of our nation's best writers and illustrators hit Te Ara Ātea for a day of special story-times, fun activities and a few surprises. Featuring Rachel Clare, Jane Arthur, Kiri Lightfoot, David Riley, Rachael King and Juliette MacIver. This is your chance to meet some of the finalists of the New Zealand Book Awards for Children and Young Adults before the awards are announced on 13 August. Tau kē! Awesome!

As well as colouring and craft activities all day, you can go to the following sessions... all for free!

10.30am–11am: Juliette MacIver!

Join for a special story time with singing and clowning around with Juliette MacIver, writer of over 20 children's books including *Marmaduke Duck and the Marmalade Jam*, *That's Not a Hippopotamus!*, and her two latest, *The Grizzled Grist Does not Exist* and *Duck Goes Meow*. Best for ages: 0–7 and their grown-ups.

11.15am–11.45am: Rachel Clare!

How great is playing outside? Rachel Clare brings nature inside with her book *Play Wild* which is full of fun activities. Come and forage for special treasures to make a nature wristband with and hear other cool ideas to celebrate te taiao / our natural world. Best for ages: 4–10 and their grown-ups.

12.00pm–12.30pm : Kiri Lightfoot!

As the sun sets, which creatures come to life as others drift to sleep? What goes on in the forest under cover of darkness? Join Kiri Lightfoot, listen to her brand new book *Te Ngahere i te Pō / The Forest at Night* and explore the hidden world of nocturnal creatures in Aotearoa New Zealand's bush. Listen to some bird song and make your very own Ruru. Best for ages: 4 – 8 and their grown-ups.

12.45pm–1.15pm: David Riley!

David Riley writes books about his favourite sports people. His new book *Black Magic* looks at our sports uniforms with silver ferns that are worn by Aotearoa's teams. In this session he wants to help you make and publish your own book! So get thinking, what sports do you love and who is your favourite sporting hero and why? Best for ages: 7–12 and their grown-ups. This is for all tamariki, but is especially inspiring for boys.

1.30pm–2pm: Rachael King!

Come join our band and celebrate Rachael's awesome book series *Violet and the Velvets*, about tween Violet and her ragtag group of friends who love music, mystery and adventures. Expect music and fun! Best for ages 8–14 and their grown-ups.

Saturday 8 August Te Ara Ātea, Rolleston

Registrations recommended. Visit selwynlibraries.co.nz/events

Supported by Selwyn District Council and the New Zealand Book Awards for Children and Young Adults.

lincoln envirotown trust



Lottery Grants Board
Te Pūtea Tūhono
Whānau Ora Trust



Don't treat your soil like dirt!

A workshop on the key characteristics of soil, their importance, and how to maintain healthy garden soil



The soil is the foundation of a healthy garden, whether it is a lawn, a vegetable garden or a simple flower garden.

Roger McLaren of Lincoln University, assisted by Josie Mazzetto, will present the workshop at the Lincoln Envirotown Community Gardens on

Saturday 18th October, from 10.30 to 11.30am.

Roger is a Senior Tutor in the Soil Science Department. He is responsible for the soil science laboratories for undergraduate classes, and lectures to Diploma students.

Bring along an icecream container of your vegetable garden soil if you would like to have it assessed by Roger

The Lincoln Envirotown Community Gardens are located on James St, in the grounds of the former Lincoln Maternity Hospital.

Gold coin donation appreciated to support the Community Gardens.

For more information, contact the Coordinator, Ruth Wood
(Mobile: 021 074 3905; Email: ruth.wood@xtra.co.nz)

www.lincolnenvirotown.org.nz



Lottery Grants Board
Te Pūtea Tūhono
Whānau Ora Trust



Knowing your soil

and how to help it work better for you



Learn about how to improve your soils physical attributes for better soil health

Dr Sally Price will present the workshop
at the Lincoln Envirotown Community Gardens on
Saturday 27 September from 10.30 to 11.30am.

Sally has been involved in soil research for 15 + years and is currently working on a 2 year agricultural soil health project which involves sharing her knowledge with the community.

The Lincoln Envirotown Community Gardens are located on James St, in the grounds of the former Lincoln Maternity Hospital.

Gold coin donation appreciated to support the Community Gardens.

For more information, contact the Coordinator, Ruth Wood
(Mobile: 021 074 3905; Email: ruth.wood@xtra.co.nz)

www.lincolnenvirotown.org.nz

Selwyn Schools' Waste Art Competition

Lincoln Envirotown Trust is again running its Waste Art Competition for students of Year 7 and above who attend a school, live, or are home-schooled in Selwyn.

This competition first ran in 2021 at the suggestion of a local businessperson who felt strongly that too many materials which can find other uses are discarded.

The artwork is aimed at making us reconsider our views on rubbish and reusing. The pieces must be assembled or constructed from previously used materials, which otherwise would have likely gone to landfill. The work must be done individually or in pairs.

All entrants receive a prize, with special prizes for age category winners and an overall prize.

The response to this recently introduced project has been overwhelming and it now runs every two years. In the first year, there were 22 entries, and in the 2023 event, there were over 30 pieces of art presented. The judges from the Youth Council, along with a local artist and library team member, were hugely impressed with the high standard of work.

In recent years, the awards and exhibition of work have been held over a weekend in Te Ara Atea in Rolleston. This is the perfect venue, and Lincoln Envirotown is very grateful for the support and assistance of Selwyn District Council's library team and the Creative Communities Scheme. The whole project is enhanced by excellent work being on public display in this prominent venue.

We hope to see many interested young artists again this year.

To find out more, including how to enter, go to Humanitix events:

humanitix.com/selwyn-waste-art

Details can also be obtained by emailing Dave at projectmanagerlet@gmail.com or calling 03 423 0445.



FREE PREDATOR TRAP HIRE AND ADVICE



Lincoln Farmers & Craft Market

**SATURDAY
30TH AUGUST
10 AM – 12 PM**

Usually open on the last Saturday of every month at the Lincoln Farmers & Craft Market.

selwyntraplibrary@gmail.com

www.facebook.com/groups/pflincoln

lincolnenvirotown.org.nz



Selwyn High Schools'

WASTE ART COMPETITION

Competition and exhibition to challenge the way we look at waste







Prizes

Awards & Public Exhibition
Sat 13 & Sun 14 September
Te Ara Atea, Rolleston

Entry Deadline: Monday 1st September 2025
Register: events.humanitix.com/selwyn-waste-art
Open to Selwyn Students Year 7 - Year 13
Contact Dave 03 423 0445 projectmanagerlet@gmail.com






**Bhartiya Samaj Canterbury and
Canterbury Indian Women Group present**

**SELWYN
Diwali**
The Festival Of Lights

**3-9pm Saturday
1 November 2025**

**FIREWORKS FROM 8.45PM
FREE EVENT
AT LINCOLN DOMAIN (OUTDOORS)**

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For more information:
Archana Tandon 021 032 0915 • Surinder Tandon 021 295 1089 • selwyndiwali@gmail.com

useful contacts

Art Group of Lincoln	Faye 347 3399
Community Garden	021 074 3905
Death Café Lincoln	020 425 0369
Down by the Liffey Gallery	325 2877
Ellesmere Badminton Club	027 325 2044
Ellesmere Indoor Bowls	325 3143
Ellesmere Probus Club	325 6165
Junior Enviro Action Group	027 307 0767
Kaituna Golf Course	027 477 9425
Liffey Toastmasters	027 955 7996
Lincoln Badminton Club	347 9707
Lincoln Bowling Club	325 2289
Lincoln Bridge Club	325 3222
Lincoln Business Assn	325 2039
Lincoln Community Care	325 2007
Lincoln Community Committee	021 171 1054
Lincoln Cricket Club	029 240 0093
Lincoln & Districts Historical Society	325 3320
Lincoln Envirotown	329 5858
Lincoln Farmers' Market	329 5757
Lincoln Girl Guides	027 462 8871
Lincoln Golf Club	325 2453
Lincoln ICONZ	347 8722
Lincoln Indoor Bowls	347 3212
Lincoln Masonic Lodge	349 9905
Lincoln Men's Shed	260 1348
Lincoln Netball Club	lincolnetballsecretary@gmail.com
Lincoln Outdoor Bowls	325 2289
Lincoln Patchwork and Quilting	021 129 2833
Lincoln Plunket	325 2179
Lincoln Rugby Club	027 303 1879
Lincoln Scouts	021 258 5680 (text)
Lincoln Table Tennis Club	325 7694
Lincoln Tennis Club	lincolntennissnz@gmail.com
Lincoln Women's Institute	741 1549
Mother4Mother	357 4970
Rotary Club of Lincoln	029 999 8330
Selwyn Lions	325 7957
Selwyn Parenting Network	021 166 8603
Selwyn Printing Co.	741 3049
Senior Citizens Club	027 712 7195
SeniorNet	027 547 4793
Spinning/Knitting Group	325 3320
Springs Day Club	329 5634
Springston Evening Garden Club	344 5781
Springston Garden Club (daytime)	325 5002
Tai Tapu Garden Club	329 6268
Time Banking	423 0456
Toy Library	021 044 2407
U3A Ellesmere	028 415 4961
Community Dental	0800 846 983
Healthline	0800 611 116
Lincoln Comm. Response	325 7732
Lincoln Library	347 2876
Lincoln Maternity Hospital	325 2802
Lincoln Police	378 0160
Lincoln Fire Station	325 2801
Nurse Maude	375 4200
Selwyn Community Patrol	660 0320
info@selwyncommunitypatrol.org.nz	

The information included in this newsletter is provided as a service to our community. Selwyn Print is not responsible for the accuracy of information. Any updates or alterations, please contact LCN@selwynprint.co.nz

**TAMARIKI
Time**

AFTER SCHOOL PROGRAMME
For ages: 5 to 12

Thursdays 3:15-4:30pm

- Afternoon Tea • Music
- Games • Crafts • Bible Stories

children@lincolnchurch.org.nz
or phone Clau 027 389 8516

www.lincolnchurch.org.nz
www.facebook.com/lincolnunion

**Te Whare Manaaki
THE WELCOME PLACE**

Variety Dance Club

6–7pm Fridays from 15 August, Selwyn Sports Centre

Variety Dance Club is back with a new line-up of beginner dance classes for you to discover and try. Choose from K-Pop, Latin dance, Afro dance and more. Try out one, some or all of these awesome dance genres.

- Friday 15 August: Bachata
- Friday 22 August: Irish Dance
- Friday 5 September: K-Pop
- Friday 12 September: Scottish Country Dance
- Friday 19 September: Afro Dance

All ages welcome. \$7 per person, bookings required.

Visit: events.humanitix.com/variety-dance-club-2025

Springston Garden Club (Day)

Springston Garden Club meets on the first Thursday of the month, 1.30pm at the Lincoln Events Centre. We have a variety of interesting speakers, raffles, sales table, and garden tours with like-minded gardening enthusiasts.

If you are an experienced gardener, novice or just curious to know more please contact Sue Warman, (Secretary) on 027 303 2706 or springstongardenclub@gmail.com. New members welcome.

Lincoln Spinning & Knitting Group

The Lincoln Spinning and Knitting Group is now meeting at Lincoln Library on the 1st and 3rd Thursdays of the month from 11am to 1pm. All welcome to join our small, friendly group. For more information phone Adriana on (03) 325 3320 or Rosemary on (03) 337 4811. Find us on Facebook by searching 'Lincoln Spinning & Knitting Group – Canterbury, N.Z.'

Lincoln Scottish Country Dance Club

The Lincoln Scottish Country Dance Club meets in the Lincoln Events Centre, Meijer Drive, from 7.30pm on Tuesdays. Looking for fun, friendship and fitness? Then come along for a look as the first night is free. New members are most welcome as full tuition is given and a partner is not essential. For any further information, contact Annette (03) 349 7126 or Coreen (03) 344 2057. Email: lincoln@dancescottish.org.nz

St Patrick's Craft and Friendship Group

Join a small, friendly group of people, who either bring along a current craft project or come just for friendship and afternoon tea. Current group members include knitters, embroiderers and sewers so they can teach others or help with any problems. Everyone is welcome to come along. The group meet in St Patrick's Parish Centre, which is joined to St Patrick's Catholic Church at 31 Gerald Street, from 1.30pm to 3.30pm every Tuesday. For more information contact Yvonne on (03) 366 9795 or 027 334 1151.

Save the date – CultureFest 2025

Selwyn's annual multicultural festival – CultureFest – is scheduled to be held at the Lincoln Event Centre on Sunday 14 September. Save the date as you won't want to miss this fantastic event.



Ellesmere Badminton Club

Friendly Social Badminton

Everyone welcome, Beginners to experienced players

Tuesdays 7.30–9.00pm

First Tuesday in April until last Tuesday in September

Lincoln Event Centre

\$5 per person/night

For more info contact Katinka 027 325 2044

Lincoln Bridge Club Free Beginners Lessons

Tuesday evenings 7.30–9.30pm. Lincoln Event Centre

Contact Stuart on 325 3222.

Lincoln Bridge Club is a friendly, social club playing Duplicate Bridge. The club meets on Monday afternoons at the Event Centre from 1.30–4.30pm and on Thursday evenings from 7.00–10.30pm.



GRANT APPLICATIONS

The Lincoln Community Trust has funds invested for the benefit of the community of Lincoln. Grant applicants should be Community organisations who must reside, ideally pay rates, or operate within the Lincoln Community rating area. Such funds may be distributed twice a year. Applications for such grants may be made at any time but must be in the hands of the Trust by the 31st of March or the 30th of September each year.

Application forms are available from
Lincoln Community Care, 16 Lyttelton St, Lincoln
or via email from admin@lincolncomcare.co.nz

Tai Tapu Garden Club

Our garden club meets every 3rd Monday at 1pm
at Tai Tapu Community Centre.

Flower competitions each month, raffles and afternoon tea,
with a variety of garden visits and speakers.

Please contact Lynne Parker (Secretary) on 027 505 9573.

NEW MEMBERS WELCOME

High Tibetan Lama's first ever visit to Christchurch: A rare opportunity in August

Christchurch residents are in for a rare and enlightening experience as His Eminence the 7th Kyabje Yongzin Ling Rinpoche makes his first-ever visit to the city from August 29th to 31st. Recognised by His Holiness the Dalai Lama as the reincarnation of his own revered teacher (His Holiness the 6th Ling Rinpoche) he carries forward a lineage of profound scholarship, compassion, and wisdom. This visit is a significant occasion for anyone seeking clarity, and courage in these uncertain times, or an interest in the wisdom offered by these Tibetan Buddhist masters.

A highlight of Ling Rinpoche's visit will be his public talk on August 29th, titled *"The Art of Letting Go - Facing Change and Uncertainty with Courage"*. This talk will explore how to view change and uncertainty as opportunities to develop greater clarity, compassion, and appreciation of life. Ling Rinpoche's teachings are designed for all audiences and speak directly to the human experience, making Buddhist wisdom accessible and enriching for people of any



background. The public talk will take place at the Christchurch Town Hall and tickets for the event can be purchased through Humanitix.com: General admission tickets are priced at \$25.00, while concession tickets for children under the age of 17, students, Gold Card, and Community Services Card holders are available for \$15.00. Additionally, a generosity ticket

option allows attendees to buy one ticket for themselves and gift another to someone where finances might be a barrier to attending.

Ling Rinpoche's visit to Christchurch is not just an opportunity to hear from one of the leading high lamas of Tibetan Buddhism, but also a chance to encounter a living bridge to an ancient tradition. His teachings offer something for everyone, whether you're curious about improving your own life circumstances or seeking deeper insight into Buddhist philosophy. There are also weekend teaching sessions which delve more deeply into traditional Buddhist teachings and spiritual blessings.

This is an extraordinary opportunity to sit in the presence of a teacher shaped by the very heart of the Dalai Lama's lineage. For more information and to purchase tickets, visit Humanitix.com.

Public Talk and/or Weekend Teaching Tickets: His Eminence Ling Rinpoche Christchurch Tour – events.humanitix.com/an-extraordinary-christchurch-opportunity/tickets

An Extraordinary Opportunity Awaits Christchurch

We are deeply honoured to announce the first full visit of His Eminence the 7th Kyabje Yongzin Ling Rinpoche to Christchurch – a momentous occasion for all those seeking wisdom, clarity, and courage in these uncertain times.

Recognised by His Holiness the Dalai Lama as the reincarnation of his own revered teacher, His Eminence carries forward a lineage of profound scholarship, compassion, and realisation. Rinpoche began his monastic journey at the age of five, earning the esteemed Geshe degree at Drepung Monastic University and completing advanced tantric studies at Gyuto Tantric College. Today, he is one of Tibetan Buddhism's most respected masters, known for his remarkable clarity and deeply moving presence.



His Holiness the 14th Dalai Lama (left) with Ling Rinpoche

This is not just a public event -



it is an invitation to encounter a living bridge to an ancient tradition, a chance to sit in the presence of a teacher shaped by the very heart of the Dalai Lama's lineage.

Friday 29th August – Public Talk

5:30 PM to 7:00 PM |

Christchurch Town Hall - Lime Room

'The Art of Letting Go: Facing Change and Uncertainty with Courage'

Saturday 30th August – Teaching

10:00 AM to 4:00 PM |

Chateau on the Park

'The Four Noble Truths'

Sunday 31st August – Jenang (blessing)

10:00 AM to 12:00 PM |

Chateau on the Park

'The Three Wrathful Ones'

Christchurch Tour 29th - 31st August - H.E. 7th Kyabje Yongzin Ling Rinpoche

Day tickets

Weekend packages

All Inclusive Packages

concessions available

"Reflecting on impermanence awakens the mind to what truly matters."
- H.E. Ling Rinpoche



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JEKYLL AND HYDE

25 SEPTEMBER - 4 OCTOBER 2025

NIGHTLY 7.30PM, ELMWOOD AUDITORIUM,
AIKMANS ROAD, MERIVALE
TICKETS \$25 / \$23. PHONE (03) 335 8874
PRESENTED BY ARRANGEMENT WITH NZ PLAY BUREAU

ELMWOODPLAYERS.ORG.NZ

BY ROBERT LOUIS STEVENSON,
ADAPTED BY NEIL BARTLETT
DIRECTED BY SONYA CAMERON



Collection of recycled spectacles

Our sincere thanks to all the wonderful Lincolmites who have donated to this worthy cause – to date we have received 311 pairs! These will be sent to Auckland to be repaired and collated before forwarding to the Pacific Islands. We can now announce that due to the success of this project, we are making it a permanent feature. Our grateful thanks to Ceri from Lincoln Pharmacy who has generously agreed to have a collection box on display at his premises for locals to drop off their recycled spectacles. What a great outcome.



Selwyn Lions Club's monthly social meeting

Club members meet monthly at The Flaming Rabbit to enjoy a catch up and a savour a delicious meal. At our July meeting new member, Sheryl was inducted into the club, supported by her sponsor Lynne. We love welcoming new members to our club and enjoy working alongside them on our various projects and activities. Social meetings include a guest speaker – this one was a 'surprise'. It turned out to be member Carol who is an author, indeed a surprise. Carol has written several historical romances and it was fascinating to learn about the challenges she faced along the way.



Sponsor Lynne (left) with new member Sheryl and President Sharon at Sheryl's induction.

Car marshalling to support Selwyn District Council

Friday 11th July was the date for the Selwyn District Council's Mid-Winter Market at Lincoln Event Centre. What a night it was, the weather provided quite a challenge. Barbara W., Jane, Lynne, Helen W. and Lois, clad in our clubs' fluorescent vests over numerous layers of clothes, braved the strong winds and heavy rain to ensure cars were guided safely in and out of the parking areas. Despite the dreadful conditions there was a good turnout to this event. You just never know where you will spot our ladies!

Doing our bit for the environment

Lions Clubs worldwide have eight main global causes that we provide supports for – Hunger, Youth, Humanitarian needs, Childhood Cancer, Disaster Relief, Diabetes, Vision, and the Environment.

On Sunday 9th June ten team members, led by Jo and assisted by her husband Malcolm, collected rubbish around the central streets of Lincoln. We were also assisted by Helen's two grandsons, and her dog, Nigel. There was a large number of bags as a result of scouring the areas around the university and some interesting finds in the Liffey stream – including a road sign and a boogie board (hand strap still intact).



Transporter Malcolm (left), with Selwyn Lions Club members (accompanied by Riley, Blake and dog Nigel), all about to set off for the rubbish cleanup.



Raeleen, Sue M., Kathy and Carol with rubbish retrieved from around Lincoln University.

Orientation session for new and long-standing members

On Saturday 12th July both longstanding and current members gathered at Avril and Richards' home for an orientation session. PDG (Past District Governor) Richard delivered an interesting address outlining the history of LCI (Lions Clubs International); the many global causes supported by clubs worldwide; the Lions Clubs relief projects in New Zealand; structure of Lions Clubs internationally through to those locally and the current statistics e.g. there are over 49,000 clubs and over 1,333,000 members across the world. It certainly made us proud to be members of such a vast, well respected and giving organisation. Our motto "**We serve**" is very appropriate.



President Sharon and Richard relaxing after the orientation session.

EVERY SATURDAY: Lincoln Farmers' & Craft Market – On the green beside Lincoln Library. 10am–1pm

August 2025

SATURDAY 2 AUG

Garden Composting
Workshop at Lincoln
EnviroTown Community
Gardens, 10.30am

SATURDAY 2 AUGUST SELWYN AWARDS 2025

Selwyn Sports Centre, 6pm,
Tickets via Humanitix

SUNDAY 3 AUG

Family Wellbeing Connection
Casual drop-in session
with the Selwyn Parenting
Network, 10.30am–1.30pm,
Lincoln Library

Pioneer Hall Open Day
Lincoln's first Library building
Corner Gerald Street &
Kildare Terrace, open 2–4pm

Liffey Cottage Open Day
Step back in time – past
the new landscaping!
James Street, open 2–4pm

**Sunday Music Session
at The Laboratory**
3–5pm, feat. Serenade

WEDNESDAY 6 AUG

Youth BoxFit
4pm, Selwyn Sports Centre,
12–17 years, \$7 per session,
bookings required

THURSDAY 7 AUG

**TALK: Understanding
Te Tiriti o Waitangi**
6.30–8pm, Te Ara Ātea,
Rolleston, bookings via
selwynlibraries.co.nz/events

FRIDAY 8 AUG

Family Games
Lincoln Event Centre,
all ages, \$5 per person,
bookings via Humanitix

SATURDAY 9 AUG

Books Come Alive!
Various session times,
Te Ara Ātea, Rolleston
selwynlibraries.co.nz/events

SATURDAY 9 AUG

**Women and Girls
Pool Session**
Selwyn Aquatic Centre,
5.30–8pm, normal pool
entry applies

SUNDAY 10 AUG

UV Dodgeball
1–4pm, Selwyn Sports Centre,
family tournament (min age 8),
\$30 per team of six.
Bookings via Humanitix

**Sunday Music Session
at The Laboratory**
3–5pm, feat. The Blue Gals

MONDAY 11 AUG

MONDAY 11 AUGUST LINCOLN COMMUNITY AND RESIDENTS' ASSOCIATION INC. AGM

7pm at Lincoln
Community Care

THURSDAY 14 AUG

TALK: Veganism 101
6–7.30pm, Te Ara Ātea,
Rolleston, bookings via
selwynlibraries.co.nz/events

SATURDAY 16 AUG

**Pelvic Floor
Confidence Workshop**
Selwyn Sports Centre,
1.30pm, FREE for groups
fitness members,
\$10 for non-members.
Bookings via Humanitix

SUNDAY 17 AUG

**Lincoln & Districts
Historical Society AGM**
With guest speaker,
author Clare Gleeson 2–4pm,
Lincoln Event Centre

**Sunday Music Session
at The Laboratory**
3–5pm, feat. Hannah May

THURSDAY 21 AUG

TALK: Longshot Distillery
6.30–8pm, Te Ara Ātea,
Rolleston, 18+, bookings via
selwynlibraries.co.nz/events

FRIDAY 22 AUG



**Prebbleton Playcentre
Bingo Night**
7pm, Prebbleton Hall,
tickets via eventfinda.co.nz

SUNDAY 24 AUG



Selwyn Pet Expo
West Melton Community
and Recreation Centre,
9am–1pm. \$5, under 5's free.
Bookings via Humanitix

**Sunday Music Session
at The Laboratory**
3–5pm, feat.
Henry McIlraith

THURSDAY 28 AUG

**TALK: Northbound – Four
Seasons of Solitude on
Te Araroa with Naomi Arnold**
7–8.30pm, Te Ara Ātea,
Rolleston, bookings via
selwynlibraries.co.nz/events

SATURDAY 30 AUG

**Karma Keg at
The Laboratory**
Fundraising for Lincoln
Toy Library, 2–4pm

Selwyn Trap Library
Free trap hire and
advice at the
Lincoln Farmers' Market

SUNDAY 31 AUG

Scarf Weaving Workshop
10.30am–3pm, Lincoln
Library, bookings via
selwynlibraries.co.nz/events

**Sunday Music Session
at The Laboratory**
3–5pm, feat.
Michele Ducray Duo

September 2025

WEDNESDAY 3 SEPT

**Dads Rock –
Father's Day Craft**
3.30–4.30pm, Lincoln
Event Centre, \$5pp.
Bookings via Humanitix

SATURDAY 6 SEPT

Young Driver Course
9am–2pm, Air Force Museum,
Wigram. Bookings via
Humanitix. Selwyn residents
use discount code SDCSYD

**Te Ara Kākāriki
Volunteer Planting Day -
Lincoln & Tai Tapu**
10am–4pm, For info:
kakariki.org.nz/volunteer

FRIDAY 12 SEPT

**Property Brokers
Charity Golf Tournament**
Proceeds to Rural Support
Trust, registrations and
info via 03 975 4506 or
darfield@pb.co.nz

13 & 14 SEPTEMBER SELWYN SCHOOLS' WASTE ART COMPETITION

Exhibition of entries at
Te Ara Ātea, Rolleston.
Awards ceremony held
2pm Sunday 14 September

SUNDAY 14 SEPT

CultureFest
10am–3pm, Lincoln Event
Centre, free to attend

Future events

SATURDAY 1 NOV

**Sewlyn Diwali:
The Festival of Lights**
Family friendly, free event at
Lincoln Domain, 3–9pm with
fireworks display at 8.45pm.

SATURDAY 8 NOV

Hororata Highland Games
9am–5pm, Hororata Domain



Lincoln group All welcome!

Termtime Wednesday mornings from 9.15am
Te Whare Manaaki, 20 James Street, Lincoln
\$4 per family per session

- Friendly, welcoming and caring environment
- Meet other local mums, dads and caregivers
- Suitable for 0 to 5 years
- Fun songs, rhymes and actions which help your child's development
- We provide instruments and props
- We provide morning tea, and toys for the children to play with before and after the music session

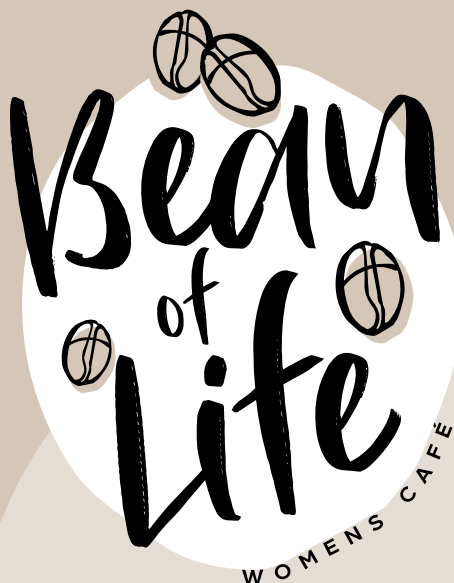


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Great coffee & baking - No charge

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9.30am-11.30am during school term time

Where: Lincoln Union Church in
 Te Whare Manaaki, 20 James Street

Preschoolers welcome
Hope to see you there



Church Ph: 03 325 2257

faith in your community



ST. PATRICK'S CATHOLIC CHURCH

31 Gerald Street, Lincoln

Saturday Vigil: 5.30pm

Sunday Mass: 8.30am

Weekday Mass: Tuesday to Friday 9am

Parish Priests

Fr Brian Fennessy, M: 027 675 8456

Fr Chris Orr, M: 027 659 1962

Selwyn Parish Leadership Team Chair

Tricia Smith Ph: 325 2234

selwyncatholicparish@gmail.com



LIFE CHURCH SELWYN

10am Sundays at Lincoln
 Event Centre (Meijer Drive).

All welcome – an intergenerational
 and multicultural church.

Life Kids programme available
 during service.

Campus Pastors: David & Jo Bennetts

Life Church Office:
 1543 Springs Road, Lincoln

www.lifechurch.nz
 selwyn@lifechurch.nz



LINCOLN BAPTIST CHURCH

109 Carnarvon Drive, Lincoln

10am Sunday Service

All welcome.

An intergenerational and
 multicultural church

Youth and children's programme
 available during service.

Life/home groups;
 Youth Groups

Phone: 325 3396

Email: admin@thelink.nz
 www.thelink.nz



LINCOLN ANGLICAN PARISH

Incorporating St Stephen's, Lincoln;
 St Mary's, Springston; St Mark's,
 Greenpark; and St Paul's, Tai Tapu.

Please see the website
 for service times

lincolnanglican.org

Or contact the parish office
lincolnanglican@snap.net.nz
(03) 325 2780

The Venerable Mark Barlow, vicar.



LINCOLN UNION CHURCH

20 James Street, Lincoln

Sunday Service 10am
 Together with God

Sunday School
 10am during term time

Mainly Music 9:15am Wednesdays
 during term time

All welcome.

For more information contact:

Minister: Rev. Phyll Harris

Ph: 325 2257

www.lincolnchurch.org.nz



LINCOLN CHINESE CHURCH

20 James Street, Lincoln

Sunday Service 2pm

Youth Group:
 Every Friday 6pm-9pm
 (Free meal, Bible study,
 Group sharing)

All welcome.

Pastor: Charles Yu

Tel: 325 3238

Mobile: 027 615 9796

Email: yuf228@hotmail.com



ALL NATIONS BAPTIST CHURCH

Join us – Everyone is welcome.

In our church you will find

- Traditional Hymns • KJV Bible
- Great Fellowship
- International Community

Every Sunday at 4pm
 Lincoln Community Care
 16 Lyttelton Street, Lincoln.

Pastor Paul Anger

Ph: 021 033 7274

Email: paul.anger@hotmail.com

Lincoln Community News

We welcome stories,
 listings, articles and
 news from community
 groups, organisations
 and residents of Lincoln
 and surrounding areas.

For more information
 or to submit articles,
 please email:

LCN@selwynprint.co.nz

The LABORATORY

LINCOLN'S BREWPUB & KITCHEN

APOLLO CINEMA

LINCOLN'S BOUTIQUE CINEMA

Events & Entertainment

Sunday Music Sessions

Every Sunday 3pm-5pm

Live Music - Various Artists

Karma Keg - Lincoln Toy Library

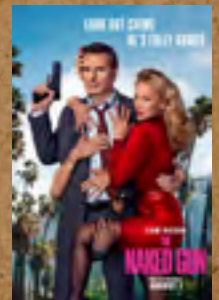
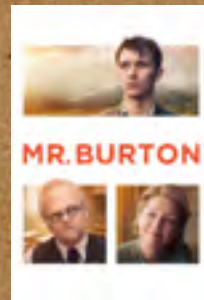
Sat 30th August, 2-4pm

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Limited screenings.
All tickets just \$13,
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17 WEST BELT - LINCOLN - 03 3253006



All proceeds go to
Rural Support Trust

Property Brokers Charity Golf Tournament

Hororata Golf Club
2597 Homebush Road
Glentunnel

Friday 12th September 2025

Please assemble by 10:30am for shotgun start at 11am

18 holes \$50 per player \$200 per Ambrose team of 4
Includes refreshments on course and afternoon tea.

Event is limited to 25 teams

Registrations close Monday 1st September

Registrations to Darfield PB Office

03 975 4506 - darfield@pb.co.nz

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businesses!

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Trust - either register a team
to play on the day or donate
items to auction on the day.

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Darfield PB Office today
on 03 975 4506

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